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CHATS WITH YOUNG MEN. I HOW'S THIS ?

Mechanism of Character. It has been truly observed that it is one of the defects of business too exclusively followed, that it insensibly tends to a mechanism of character. The tusiness man gets into a rut, and often does not look heyand it.

iness man gets into a rut, and often does not look beyond it.

If he lives for himself only, he becomes apt to regard other human beings in so far as they minister to his needs. Take a leaf from the ledger of such men, and you have their life.

It is against the growth of this habit of incrdinate saving that a man needs.

of inordinate saving that a man needs most carefully to guard himself, else what in youth was simple economy, may

most carefully to guard himself, else what in youth was simple economy, may in old age grow into avarice.

He who recognizes no higher logic than that of the shilling may become a very rich man, and yet remain all the while an exceedingly poor creature. For riches are no proof whatever of moral wealth, and their glitter often serves only to draw attention to the worthlessness of their possessor, as the glow-worm's light reveals the grub.

Let a man be what he will, it is the mind and heart which makes a man poor or rich, miserable or happy, for these are always stronger than fortune not only industry, honesty, frugality, perseverance amid hardships and ever baffling discouragement, but much more miraculous attributes, as meek contentment, severe self-sacrifice, tender affections, unwavering trust in Providence, all are found blooming in the hearts of the poorest poor—even in the sunless regions of absolute destitution where honesty may be expected to wear an everlasting scowl of churchliness. sunless regions of absolute destitution where honesty may be expected to wear an everlasting scowl of churchliness, and a better disbelief of God to accompany obedience to the laws of man.

And more than this, it is well to remem-

ber that the greatest things which have been done for the world have not been accomplished by rich men, but by men generally of small pecunia y means.

Christianity was propagated over half the world by men of the poorest class, and the greatest thinkers, disclass, and the greatest chimies, dis-coverers, inventors, artists, have been men of moderate wealth, many of them little raised above the condition of manual laborers in point of worldly cir-cumstances. And it will always be so.

The youth who inherits weath is apt to have life made too easy for him, and he soon grows sated with it because he has nothing left to desire. Having no time hangs heavy on his hands; he remains morally and spiritually asleep; and his position in society is often no higher than that of a polypus over which the tide floats.

The highest object of life we take to be forming of a manly character, and to

much as—the poorest day-laborer, with-out injuring himselt. He can only eat about so much without paying the penalty in suffering; he can wear only about so much without being uncomfortable. so much without being uncomfortable. In fact, rich people are surprised to find how small and few their real wants are and how frugally and simply they must live in order to maintain health. The moment a man begins to overeat or to go to excess in pleasure of any kind, Nature grants the covaling of the property of ten in great suffer.

morning and after dilner work is over, improve your toilet.

Make it a rule of your daily life to "dress up" for the afternoon.

Your dress may, or need not be, anything better than cotton; but with a ribbon, or flower, or some bit of ornament, you can have an air of self-respect and satisfaction that invariably comes with being well dressed. to his highest development. The great incentive to self-enlargement, to self-improvement is removed. It takes a very strong mind to resist the temptation of wealth, to really do that which is the best for the man. It is surprising what few and what simple things will best serve the highest good of the human being.

The trouble with most of us is that we place a false estimate upon wealth, over-rate what it can do for the individual.

Nearly all of the most desirable things in the universe are within the reach of In the universe are within the reach of all of us. The sunlight, the air, the beauties of nature, wholesome, nourishing food, a sweet, attractive home cost but very little. If we did not emphasize the wrong things, if we spent our earnings for the things that are really worth while, we could get much more out of life than we do. Experience and observation have shown me that the observation have shown me that the simplest lives are the happiest. Great complexity of living is not conducive to happiness or the highest unfoldment of the individual. In fact, the moment our lives become complicated or complex we cease to grow along the noblest sides of our nature.

Just try to find out how little will make you really happy instead of how much. Most of us do not fully appreci-ate or get the full value out of what we have ourselves because our eyes are focused upon what other people have. The little we have is lost sight of, is covered up, in our magnifying the more which others have. We can not get the full value out of our own while we are thinking how much more others

What a boon for humanity could every child be taught the sweetness and beaut; and comfort of the simple life.—Success

Listening and Speaking. There is a grace of kind listening as well as a grace of kind speaking. Some men listen with an abstracted air, which shows that their thoughts are eisewhere. Or they seem to listen, but by wide answers and irrelevant questions show that they have been occupied with their own thoughts, as being

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more interesting, at least in the r own estimation, that what you have been saying. Some interrupt and will not hear you to the end. Some hear you to the end and then forthwith begin to talk to you about a similar experience which her heaftler themselves making which has befallen themselves, making your case only an illustration of their own. Some, meaning to be kind, listen with such a determined, lively, violent attention that you are at once made un comfortable, and the charm of conversa tion is at an end. Many persons, whose manners stand the test of speaking, break down under the trial of listening. But all these things should be brought under the sweet influences of religion.

OUR BOYS AND GIRLS.

Strength and Sweetness.

For centuries an old oak had guarded For centuries an old oak had guarded a corner of a great forest. Storm and tempest could not shake its big, brawny arms which seemed, with the years, only to root themselves more firmly in the earth. On a turfy knoll just beneath the oak grew a little violet.

"Are you not ashamed of yourself," said the oak one day, "when you look up at me, you little thing down there, and see how large I am and how small you are; how wide my branches spread, and how little space you occupy? You will very soon be dead and gone, but I shall live for centuries, for even when I am cut down my wood will make a mighty ship that will float over the great

deep."
But the violet was happy and content. It had no lofty, ambitious thought, but was quite satisfied with its lot.

was quite satisfied with its lot.

"We are both," replied the violet,
"where God placed us, and He has given
us both something. He has given you
strength and me sweetness, and I offer
Him back my fragrance and am thankful.
True, I may soon die and be forgotten,
but I am well content. I havelived fragrant, and I hope to die fragrant, and
this is all I desire."

This is the end; all else ought to be regarded but as the means. Accordingly, that is not the most successful life in which a man gets the most pleasure, the most money, the most power of place, honor or fame; but that in which a man gets the most manhood, and performs the greatest amount of useful work and of human duty.

Money is power, it is true, but intelligence, character, public spirit and moral virtues are power, too, and far nobler ones.

The Simple Life.

People who try to find their highest happiness in what wealth can give them are disar pointed that the millionaire can not eat any more than—usually not as much as—the poorest day-laborer, without injuring himselt. He can only eat about so much with.

her character.

The maiden who is slovenly in the morning is not to be trusted, however fine she may look in the evening.

Look tidy in the morning and after the dinner work is over, improve your tailet.

Anybody-Anytime

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WILSON'S FLY PADS Has actually killed a Bushel of Flies

should come in.

Moreover, your self-respect should demand decent appareling for your body.

the divine blessing on their daily meals and to return thanks for the same, determined to rebuke them. He invited the pages of his court to dine with him. A bountiful repast was spread, and when they were assembled around the table the King gave a sign that all was in readiness for them to begin. They all enjoyed the rich feast, but not one remembered to thank God. Just then there entered a poor ragged beggar, who unceremoniously seated himself at the royal table, and ate and drank undisturbed. Astonishment was depictively.

cried the pages.

It is needless to say the pages felt the

Father's Penholder.

A literary man who was compelled by

penholder fell out of his mouth, where

this life one can extricate oneself from by a laugh!

WHY NOT BE PERFECTLY WELL



SOLD BY ALL GROCERS

A girl with fine sensibilities cannot help feeling embarrased and awkward in a ragged, dirty dress, with her hair unkempt, if a stranger or a neighbor

You should make it a point to look as well as you can, even if you know nobody will see you but yourself.

Alfonso X., surnamed "The Wise," on learning that his pages neglected to ask the divine blessing on their daily meals disturbed. Astonishment was depicted on every face. When his hunger was appeased, the beggar arose, and without a word of thanks departed.

"What a despicably mean fellow !"

Calmly the King arose, and with much carnestness said: "Boys! bolder and more audacious than this beggar have you all been. Every day you sit down to a table supplied by the bounty of your Heavenly Father, yet you ask no blessing and return no thanks."

King's rebuke.

it had been all the time. How many of the little difficulties of

Herenles Danche, it against further attacks.

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and more for us. May God blesss you and your works. Yours truly, Fredericton, N. B., Jan. 28, 1909

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ever disease may exist in the system and fortifies

helps to maintain perfect heatlh.

Gentlemen, After ten years experience in the use of the instrument, I may say that I have greater faith in what Oxydonor can do for those that are sick or in poor health, than ever before. In my judgment it will restore health when it is

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WHY LIGHTS ARE USED.

"Why does the Catholic Church use lights in her services?" was a question recently asked the San Francisco Leader. The editor answered as fol-

"During the persecutions the Roman Christians worshipped in the Catacombs.

Asthose were all under ground it was nec-As those were all underground it was nec-essary to use lights during the services. This use was continued after the persecu-tions had ceased, both in remembrance of the persecutions and for symbolic reasons. In the first place Christ is the reasons. In the first place Christ is the Light of the world and as He is present on the altar the candles symbolize that on the altar the candles symbolize that presence. Secondly, it appears to be a natural instinct in man to use lights as a sign of joy. Towns and houses are illuminated on the occasion of great victories, and when people entertain visitors it is customary to decorate apartments with many lights. For this reason the Church uses lights even during the day. Just as the altar is built reason the Church uses lights even dur-ing the day. Just as the altar is built in the shape of a tomb, so the lights re-call the days of the Catacombs, and just as people adorn their houses with lights to welcome their guests so the Church adorns her altars to welcome our Lord.

"In early times the candles were not "In early times the candles were not placed on the altar, but on the ground on each side or else were held by the ministers. After the eleventh century like the Cross they were placed on the retable and sometimes at the corner of the altar itself. A lamp known as the Sanctuary Lamp burns day and night before the Blessed Sacrament."

Dean Burgon, who never missed the humorous side of life, has told us an incident that occurred when Hawkins had to be installed as Prayost. It was the custom then, and perhaps now, for the newly elected Head of Oriel to stand outside the college and knock at the closed gate for admission. The Fellows alleged 'oath of the Jesuits,' to be read and pondered. This is no thrice-told and pondered. This is no thrice-told atle, but a millionth, and as the zealous followers of Loyola have not as yet subjugated the consciences of men, not even a thousandth part of them, one may be pardoned for refusing to be come pain fully impressed."

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stood drawn up inside the quadrangle stood drawn up inside the quadrangle ready to receive him. Newman, as Dean, answered Hawkin's knock by the ques-tion: "Quis adest?" To every one's astonishment the quavering tones of a female voice replied: "Please, sir, it's me," and through the opened gate walked the college washerwoman laden with her basket.

The gate was immediately closed again, and then three loud knocks were heard, and in reply to Newman's question came Hawkin's solemn reply: "Edwardus Hawkins, Hujusce Collegii Proepositus.

"Those Terrible Jesuits." Under the above heading the Mexican Herald (non-Catholic) prints the following editorial: "Several agitated souls among our readers in the interior have thoughtful-ly reminded us to beware of the dan-gerous influence of the Jesuit Fathers

placed on the altar, but on the ground on each side or else were held by the ministers. After the eleventh century like the Cross they were placed on the retable and sometimes at the corner of the altar itself. A lamp known as the Sanctuary Lamp burns day and night before the Blessed Sacrament."

Newman at Oxford.

Writing delightfully in the Catholic World for July of Newman at Oxford, Wilfrid Wilberforce tells the following story:

Dean Burgon, who never missed the humorous side of life, has told us an independent of the Jesuits, to be read and pondered. This is no thrice-told and pondered. This is no thrice-told

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