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When we believe firmly that we can do a thing, and go ahead in that belief, and do our best, it is very rarely indeed that we are defeated. The most paralyzing, defeating thing in life is the fear that we shall fail. It is the consciousness of danger that makes it most dangerous. "He can conquer who thinks he can" is sound sense as well as high philosophy. It American any time after three conquer who thinks he can sense as well as high philosophy. It is our misgivings that keep us from compling the heights. Others no been paid the inve his policy con. is our misgivings that keep a from reaching the heights. Others no stronger than we conquer the peaks of life. We can climb on indefatigably in the strength of that belief. It may take five years, and eighteen climbs, for its full amount me as the surrender vide. Liberal protake five years, and eighteen climbs, to do it—but the steepest summit will lled security and as n at end of invest.

yield to us at last.

The Men That are Wanted "No chance," has ever been the excuse of those who fail. Interview the cuse of those who fail. Interview the great army of failures; most of them will tell you that they never had an opportunity like others, that there was no one to help them, and that no one would give them a boost. They will tell you that the good places were all filled, that every occupation or profession was crowded, that there was no abance for them, and that all the good chance for them, and that all the good

opportunities were gone.

After one of Alexander's compaigns he was asked if he intended taking the he was asked if he intended taking the next city if he had an opportunity. Opportunity!" he thundered, "Why, I make opportunities." It is men that make opportunities that are wanted everywhere.—O. S. M., in Success.

Young Men, Remember That it takes more than muscle to

nake a man. That bigness is not greatness. That it requires pluck to be patient. That selfishness is the most unmanly

ing in the world. That piety is not prigishness. That to follow a crowd is a confession

f weakness.
That street corners are a poor

That one real friend is worth a score

of more acquaintances.

That to be afraid to be one's noblest

self is greatest cowardice.

That it is never too soon to begin the business of making a man of one's self.
That what is put into the brain today will be taken out of it ten years

That the only manliness worth pos on is shown in the life of the Son

Be Prepared. We are living in an age of marvelous development, astounding enterprise.
The call of the twentieth century is a call to go up higher. The ladders by which you may climb are all about you. There is no town or hamlet which is not erying for young men of larger ability, of greater enterprise, to seize the splendid opportunities and possibilities that are waiting for them.

A new civilization is holding up new the property of the position of the property of the prop

and better prizes, but he who would win must have a better equipment and a finer training than the past required. If the prizes are greater than ever be-fore, the preparation also must be greater. He only who is prepared for his chance can hope to succeed.— O. S. M., in Success.

Don't get Discouraged.

Confidence is an aid to success. The optimist usually wins. A strong heart does not go slow because difficulties arise. Hope nerves the cheerful man

arise. Hope nerves the cheerful man to victory.

Whatever troubles a young man he should not give way to discourage ment. Time is on his side. Youth is on his side. Strength is on his side. Opportunity is on his side. Let him wait and work, strive resolutely and persistently, go forward daily to the goal of his ambition, and, in ninetygoal of his ambition, and, in ninetynine cases out of a hundred (barring the opposition of the will of Provihe is sure to attain his pur-

But some young men are easily dis-heartened. They give up before the east obstacle. They lack "grit." least obstacle. They lack They are deficient in stamina.

Spiritual writers say that it is a favorite temptation of the devil to avorte temptation of the different whisper to a man practising virtue:
"You'll never be able to endure this self-restraint all your life!" making the unfortunate person feel at one the unfortunate person leef at the time the sufferings of many years. To triumph over that temptation, those teachers say that the man must re-member two facts: 1. He is living only one second at a time, and he knows that here and now, with God's nelp, he can remain in virtue; and, 2, He has no assurance that he will live a long time, so that it is idle to endure now pains for years that may never come to his life. To-day is ours and

to-day, we can be good. Similarly young men worry over the ength of the road that is before them to success and over the height of the building that must be put up to reach the stars, forgetting that the longest be made by taking one step after another, and that the lottiest structures are reared by laying one

brick on top of another. In like manner, if anything is to be done by study or by work, it can be schieved by doing a little every day for a succession of years. So men have become learned, so fortunes have been accumulated, so great en-terprises have been completed. One page a day, one stroke of the hammer after another, one spadeful following another continuously to level the chasm, one dime laid by frequently on other dimes -what can they not accomplish?

Little drops of water.
Little grains of sand,
Make the mighty ocean
And the endless strand.

Don't get discouraged, but get to ork. Don't try to bear to-morrow's coubles to day. Don't be crushed by troubles to day. Don't be crushed by some reverses. Don't expect sunshine all the time, on the one hand, and, on the other, don't think at night that it

is always going to be dark.

Strive, hope, venture, try again, and be confident of ultimate victory.

Success in Sunlight.

M. Lugeon, a professor in the University of Lausanne, recently made a study of conditions in some of the great

CHATS WITH YOUNG MEN. valleys in Switzerland. He found, as one would naturally expect, that three persons out of four made their homes on the sunny side of the valley. He also found that those who dwelt on the sunlit slopes were far superior in intel-ligence, education, and general pros-

perity to those whose homes were in the shadow. All vigorous vegetable and animal life is dependent on sunshine. Nature surrounds us with examples of failure from lack of it. We know how fatile it is to try to raise plants or flowers with-out the sun. Many men have been partial or total failures from lack of sunlight. They have lived in shadow, in houses with a northern aspect, or in basements or alleys where the sun has never penetrated.

see, in every large city, poor little human plants, trying to struggle to manhood in dark, unwholesome tene ments which have never been warmed

by the sun's rays.

Many a weak, sickly worker would Many a weak, sterly worker would become vigorous and strong by merely getting into the sunshine. We can not expect to put power into our work if it is not in the life; we can not put v gor into our thoughts unless vigor is first in the blood. Notice how quickly the not corrected to the blood begin to red corpuscles of the blood begin to fade and how soon the pale cheek takes tade and now soon the pate class takes takes the place of the rosy one when a person is robbed for any length of time of the life-giving power of the sun.

The light and warmth of the sun

develop strength, energy, ambition, and courage. A man's natural powers are more than doubled by contact with sun and air. If we want to be strong, mentally and physically at our best, we must have plenty of sunshine .- Suc-

Jesuit's Advice to Young Men That a man should meet his trouble face to face, measure it, weigh it, grap-ple with it, and by the invincible power of his spiritual will make of it not a curse, but a blessing, this is manly and what is manly elevates and cheers makes one sturdier, and, therefore braver, and, therefore, brighter. But that man when he has already what he can for his trouble, should return to it again and again, stare at it until his eye becomes dim, brood over it until his thoughts get entangled, lament over is until his will grows despondent, shiver and shudder over it until his nerves are unstrung, hysteri-

cal, this is not manly.

When you must think about trouble, give it all the quiet time and serious thought that it needs. Fix beforehand the property of the p some broad limit to this meditative study. Let it be real downright prac-tical study. Meditate intently upon what you can do and ought to do, in order to avert or endure or repair your misfortune, or it may be your fault. Let not your thought rest, even for one moment, upon any point that is not practical.

What is to be done? That is the What is to be done? That is the question that you have got to ask and answer. When you have reached the best road as you think to take do not keep looking back, wondering indeed whether you be right or wrong. Do not decide in a hurry, nor until you have thoroughly sifted the matter. But when you have once decided, turn your face resolutely forward, and inexorably face resolutely forward, and inexorably

set further reflection aside.

If still you allow this trouble to haunt your nights with spectral shape and to dog your days with importunate atter-thought, your mind, like a wild bird, caged and terrified, instead of seeking to escape through some opening, will beat itself helplessly against fatal bars; your energy will grow enervated, yet restless; your resolution spasmodic, yet vaciliating; your views morbid, your whole lite wretched, wasted, worth-

When trouble is over, do not still when trouble is over, to hot strivi-cling to it. "Let the dead past bury its dead." If there be aught in the past that tells a wise lesson, let it be listened to. If there be aught that is sacred to friendship, let it be revered. If there should have been much love. far more than we then knew, for which we should thank God, even though it be now lost, let this thought be cherished as a recollection to be brought with us

to Paradise.

But the past is dead. We may learn But the past is dead. We may learn from it. We may love it. We must not, we can not, live in it. Our life is in the present. We have our present work to do, our present load to bear, work to uo, our present load to bear, our present cross to carry and our present comfort to lean upon. We have our present life to live. You will, of course, look forward. But do not look at the learn with the bloom cook at the future with the blear eyes of senile despondency, nor with the superficial glance of infantile conceit. Look forward with the clear, practical gaze of robust anticipation, with the wise, quick intuition of a healthy tone of thought. Many people live in a misery of their own imagining. With hanker-ing morbidness they forecast trouble to come, so as to taste all its bitterness before ever it reaches to real life. Dotards live in the past; fools live in the future; men in to-day. Be brave, then, in your actual day.—Rev. Robert Kane, S. J.

Some Helpful Thoughts.

They who measure life's success by the pleasures extracted or the wealth accumulated are excellent exponents of early paganism. Yet are there not many so-called Christians who have no other apparent ambitions?

Disappointments to the well balanced Disappointments to the well balanced Christian never provoke despair. On the contrary, they serve to stimulate him to a more certain success. And this is true whether he is struggling for higher things, either in temporal or spiritual affairs.—Church Progress.

After troubles are long past we see how they benefited us. But when new afflictions come we think only of the bitterness, unmindful of the fact that they are God's tonic for the soul. Yet aware are the uses of advansity to them. sweet are the uses of adversity to them who can suffer patiently in deliberate resignation to the will of God.

The honest expression of the good will we bear one another makes no small part of life's happiness.

That best portion of a good man's life, His little, nameless, unremembered acts Of kindness and of love. WILLIAM WORDSWORTH.

Things looked at patiently, from one

side after another, generally end by showing a side that is beautiful.

The greatest conqueror of age is a cheerful, hopeful, loving spirit. A man who would conquer the years must have charity for all. He must avoid worry, envy, malice, and jealousy-all the small meannesses that feed bitterness in the heart, trace wrinkles on the brow, and dim the eye. A pure heart, a sound body, and a broad, healthy, generous mind, backed by a determination not to let the years count, consti-tute a fount in of youth which every-one may find in himself.—Success.

Be kind-to everyone, but first and foremost to your own—to those with whom you come in daily contact.

When you find yourself beginning to think things that you know perfectly well are unkind and uncharitable— don't. Pull yourself up short and resolu-tely turn your thoughts to other and pleasanter things. It's the only way. You must think about something, and the only way to keep the bad thoughts out is to fill your mind so full of good and kind ones that there is no room for others.

When questioned as to the secret of his marvelous youthfulness, in his eightieth year, Oliver Wendell Holmes replied that it was due chiefly 'to a cheerful disposition and invariable contentment in every period of my life with what I was. I never felt the representation of the property of pangs of ambition. . . . It is rest-lessness, ambition, discontent and disquietude that make us grow old prematurely by carving wrinkles on our faces. Wrinkles do not appear on faces faces. that have constantly smiled. Smiling is the best possible massage. Contentmen is the fountain of youth."—Success.

### OUR BOYS AND GIRLS. STORIES ON THE ROSARY

BY LOUISA EMILY DOBRER. The Crucifixion. A FOOL'S PARADISE.

"You are indeed," said Violet look

ing up from her book. "I quite covet those levely brushes with your monogram in turquoises-they are sweet "Yes, they are. I feel like a child over them, for I have arranged them several times on my dressing table, and now I find that they look best on a strip of pale blue silk. Has any one a pair of scissors to lend me? I want to

open my parcels."
"Here," said Lily handing her 'Here,' said Lily handing her a pair, which were soon employed by Cora in snipping the string. Lily, who went in for art, was a tall, pale girl with a thick fair fringe, Violet being small, with more color. The latter was devoted to cycling, liked saying just what she thought and shock-ing people if she could.
"It is so nice," said Cora. "having

all these presents. I never fancied I should. "Well, the coming of age of an important individual like you is an event. There's some sense in making a fuss about you; we, the unimportant ones,

can only look on. "It's all lovely, and I am enjoying it extremely," said Cora.
"I think it's a mistake usually fuss-

ing over birth days, it dates a girl," said Lily, sharpening her pencil slowly. "Dates don't matter with Cora, any way," said Violet. "She has got her mash." "I wish you wouldn't use those

words," said Lily, who abhorred slang as much as her sister loved it.
"I like them, they are telling, and besides it's the fashion."
"Only in your special set," said

Lily. "Possibly. Well, Cora, what have

you there? "Oh, just look!" exclaimed Cora, her voice sunk to an almost reverent whisper. "Did you ever see anything so perfectly lovely?" And she drew out of its case a most

out of its case a most beautiful ran.

"Who is it from? It is most artistic," said Lily. "The Duchess of Lanceton, you bet."

"Yes. You know she was a great

friend of my mother, and such a nice note with it," said Cora, handing Lily the brief note. "You see she says she has only just heard of my engagement."
"Hope she doesn't mean to kill two birds with one stone, and make this answer for a wedding present," said

"Oh, no. You see she especially "Oh, no. You see she especially mentions my birthday. The fan will go beautifully with my new dress. Oh, fancy, you know that new dress Madame Louise is making me for next Thursday —the Leonard Woods — she actually wrote and said that as the order had been given so late that she feared she could not get it done in time—some of her work-girls ill with Influenza, of ourse, an excuse, so I said I must have it. Well, I am pleased with the fan, and I will write the Duchess a very sweet note of thanks for it."

"You haven't opened that long You haven't opened that long

thing."

'No; the fan put it out of my head.

It's Uncle Dick's writing. What can he be sending me?"

"Well, open it and see."

" I like to try and guess, but I cannot imagine, it is such a queer shape. The box was opened, and from a crimson velvet case in which it was lying Cora drew out a large crucifix, both the cross and figure being made of

For a moment Cora's face fell, for she would have preferred some ornament or knick-knack.
"Uncle Dick always sends rummy

presents," said Violet. "Oh, but this is not strange, really, said Cora hastily. "As I am a Catholic he knew I should like it."
"I like a crucifix in my room," said

Lily, who was by way of affecting a little High Churchism, as she was fond of music, flowers and the prevails an almost incredible ignor-

that one is beautiful.

She was right. The artist who had carved the pure white ivery had done so with no little skill, and every line and proportion being absolutely true to the laws of art, and it was a wonderful piece of work. But the lovely Face in its calm beauty, the absolute repose of the smooth limbs, were not suggestive

of pain or suffering.
"The figure is all one piece, fancy!" "He must have paid a pot of money for it," said Violet. "Silver isn't in it where ivory is concerned; it is a

long way more valuable."
"I should think so, indeed," said
Lily. "And big pieces like that cost great deal apart from the workman-

"It's a dear," said Cora. "I shall put it up at once. It's the prettiest I have ever seen."
"I call it sweet," said Lily. "If it

"I call it sweet," said Lity. "If it were mine, I should nail up a bit of blue stuff and hang the crucifix cn it."

"Capital idea!" said Cora; "it will go then so well with my dressingtable and the new brushes. I am so fond of ivory."

"There's something so picturesque about a crucifix and it gives a nice

about a crucifix, and it gives a nice medieval look to a room," said Lily dreamily. She talked a good deal of rubbish very often, believing it to be real knowledge of art. "That one is so pure and white and artistic." Cora laid the crucifix back in its case.

while Violet remarked that they were to have tea in the morning room. "The drawing room is all topsy turvy," she continued. "I wonder at the mater giving a hop here, it would have been ever so much better to have had it in the Queen's Hall, but she

talked some rot about expense."
"It's nicer here," said Cora. "I
don't mind a little squashing, it's ex-"And you contrive generally to

dance all the same. How you managed at the Davertons not to have that lovely dress torn off your back, I do not "Certainly it was a crush."

"I am glad we are at home to-night," said Lily; "five balls a week are as much as I can stand, as I am not as strong as you two." TO BE CONTINUED.

#### AS TO THE PUNISHMENT OF CHILDREN.

Corporal punishment for children may sometimes be necessary, but there should be some intelligence shown by parents, or those who stand in the place of parents, regarding the administration of such punishment. When Solomon spoke in commendation of the rod, he didn't mean, we may be sure, that an irate father should break the rod on a boy's head, or that a flying kick at an offending youngster is an excellent mode of correction. there are some parents who seem to think that they may strike or kick their children in any way that the first impulse of anger moves them.

Particularly wrong and dangerous is the custom of boxing or pulling a child's ears, or "clouting" a child on the head. The human ear is one of the most delicate of organs, and serious injury often results from the unfair and, we may well say, inhuman habit which some parents have of punishing their children by striking them on the ear. Anybody who has ever known as a child the stunning sensation produced by a box on the ear from the heavy hand of a grown man can well appreci-ate the truth of the preceding sentence. No man ought to be guilty of striking a child on the ear, or of victously pulling

a child's ear. The head, another favorite point of attack on children, should never be struck. The human brain, the seat of intellect, is too precious an endow-ment of God's goodness to be subjected to violent shocks. The slightest injury to it may deprive a human creature of use of reason. To strike a child, therefore, upon the head is a very good way not of making him mind, but of knock-

ing the mind out of him.

Children who are thumped and buffeted this way are not getting fair treatment. Nay, they are being dealt with in a manner positively at variance with the spirit of Christianity, which is a ministry finetic and layer and which is a spirit of justice and love and God gives children that they mercy. may be brought up carefully to know and love Him. But He does not privi-lege fathers and mothers to abuse them. They must not be injured bodily or spiritually. If they must be punished let them be punished properly, not in a blind fury of passionate auger.

Sacred Heart Review.

#### POPE APPROVES OF UNIFORM CATECHISM.

Many years ago, when he was still Bishop of Mantua, the Holy Father showed the deep interest he took in the question of the unification and simplifying of the catechism, by sending an important communication to a Catechistical Congress held at Piacenza. Bishop Sarto then pointed out the inconvenience arising from the great number of different catechisms in use throughout Italy and from the unpractical character of many of them, and it was mainly due to his efforts that a standard catechism began to be used in most of the northern dioceses. Last week His Holiness learning that Father Ghizzoni, editor Catechista Cattolico of Pia cenza, has undertaken to organize an other congress with a similar scope, sent him a Brief warmly encouraging the project. "Of all the evils of the present day," says His Holiness, "one of the chief is that amid the great

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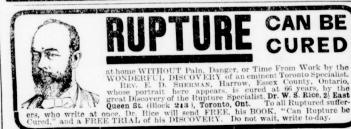
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cerning religion—and we are glad to see that you are boldly and diligently endeavoring to find a remedy for this vil."-Providence Visitor.

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