to owe people money? Paul says, "Owe no man any thing, but to love one another" (all repeat). We must not owe money to anybody, we must pay for what we get. But there is one thing Paul tells us we all owe to everybody. Here it is. Print, Love. All repeat. "Thou shalt love thy neighbor as thyself."

What Love Does—Let us think what we do for those we love. "Take care of them", "Help them", "Keep them from harm", "Speak kind words to them", "Obey them", "Make them happy."

What Love Does Not—All repeat, "Love worketh no ill to his neighbor." If we love a person, we shall not hurt his body in any way. We shall not strike nor injure him. We shall not speak in a cross, rude way to him. We shall not tell lies about him. We shall not covet good things he may happen to have. We shall not lead him into wrongdoing (give simple illustrations of these things).

Lovely Lives—Two little sisters were playing with their little brother. "Now, dear, be careful, you'll fall"; "Oh, you must not touch that, it is not good to eat"; "Don't step there, it is not safe." These were words that showed they were trying to keep the

baby brother from harming himself. Why? Because they loved im.

Keep Others from Harm—Print, "Thou Shalt Love Thy Neighbor" (our neighbor means everybody). If we 'ove our neighbor, we shall try not to hurt him or let him hurt himself. We harm people when we let them harm themselves.

A Harm Doer—Can you think of one thing that many people drink that causes them to do great harm to themselves, as well as to other people? Print, Strong Drink. How can our love keep people from this harmfulness?

Golden Text—The Romans were great soldiers and knew all about the use of armor (explain). Paul tells Christians about an armor which will keep them safe from strong drink and all other harmful things. Repeat Golden Text. Draw a shield, and print Text.

Darkness and Light—We, too, must put away all works of darkness (sins) from our life and live shining lives for Jesus. Our hours and days are quickly passing. We must be up and doing, while we can, getting ready ourselves, and helping others to get ready, to live with Jesus.

Something to Think About-I should not harm any one.

FROM THE PLATFORM

"CAST OFF" .. "PUT .. ON"

Print on the blackboard, "Cast Off". The scholars will readily tell in answer to questioning, that Paul bids Christians cast off "the works of darkness". It will be easy, also, to bring out by questions, that the works of darkness mean all kinds of sin. Now, there is one sin referred to in the Lesson, which is the cause of many others,—they will say at once that this is "drunkenness", or intemperance. Examples will readily occur of sins to which the use of drink leads,—lying, because drink deadens the conscience; stealing, because drink robs of money, and tempts to the getting of more dishonestly; and even murder, because drink makes its users mad with passion. We should be careful, therefore, to cast off drink as one of the worst works of darkness. But Paul says also, "Put. On". Question out what it is to put on the Lord Jesus (see Exposition), and impress the truth that it is by having Him living in us that we shall be able to put away every evil thing.