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## When Dreams Came True

By BLANCHE GERTRUDE ROBBINS

Sunshine, gloriously exhilarating, obmerged Captain David's house on the first day of April. The tide, beat-

ing against the cliff below, dashed the bright surf high over the boulders. Jean MacAllister ran horriedly along the beach, her black hair shinwith glossiness and awave in the ee. She had left Milly with the children and run away for one last content and tun away for one last recruits in the mysteries of marching look at the house of her dreams. Last movements. After explaining and illustrating his remarks several times with Captain David. Into every nook and corner they had crannied, the him silently for a moment, then dependently of the whole thrilling the manded his name. Jean into a strange sense of tender-

Captain David had said that he noped his girl-the dearest girl in all the world-would come to him there to-day-this first day of the sunshiny And it had come over Jean suddenly, that if she wanted to dream alone once more in the home she had mediately put his squad in motion helped to make, it must come this again. The men advanced a dozen morning. It seemed out of place to wear the linen morning dress in the bride's house and so she had slipped bride's house and so she had slipped on her corn-colored dress, covering it DYES HER GARMENTS with a long, brown cloak. On the threshold she doffed the cloak and pushed open the new, heavy door with its dull brass knocker.

Very softly she stepped into the ing room where romance breathed from wonderful, old makeg-any furniture. She caught the gleam Use "Diamond Dyes," guaranteed to of richly-bound books in cases that igtee a new, rich, fadeless color to any had been empty the night before and fabric, whether it be wool, sfik, linen, ome there. Sunshine flooded the sweeping window and she turned for one last, glorious look-out over the Bay.

The window draperies of old blue stirred and Cortein Devid hericht.

To match any material, have dealer the sound, sink, linen, some kines of work. Rubber gloves to describe the sound, sink, linen, and resses, are expensive and old kid gloves too blueses, stockings, skirts, children's coats, feathers, draperies, coverings—

total goods,—dresses, are expensive and old kid gloves too blueses, stockings, skirts, children's coats, feathers, draperies, coverings—

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total goods,—dresses, feathers, draperies, coverings—

total goods,—dresses, feathers, drape

stirred, and Captain David, boyishly eager, was smiling at her. In confusion, she stepped back. She thought, of course, he would be a state of soap. To match any material, have dealer show you "Diamond Dye" Color Card.

To match any material, have dealer water, the soap washes out, leaving the nails clean and unstained.

There are a number of soap.

in a rapture of acceptance, cryma, "What a beautiful, beautiful joke!"

Language He Understood. The sergeant was instructing some recruits in the mysteries of marching movements. After explaining and il-

"Fitzgerald, sorr," was the answer

The sergeant turned away and im-"Squad, halt! Whoa, Fitzgerald!"

Shabby Apparel into New.



and, application

se. These articles are:

Manicure scissors, flexible steel nail

lightly. Polish the entire nail. After the polishing process comes a bath in the soapy water to remove every particle of powder. Then the hand should be carefully dried and the polishing completed with a perfectly dry buffer or chamois.

The buffer must be carefully used.

"Did you ever drive a donkey, Fitz-gerald?" was his next inquiry.

"Yes sour." was the man's reply.

"Yes sour." was the man's reply. "What did you say when you wanted im to stop?"
"Whoa!"

makes them brittle. A high polish is not in good taste. Lacking a buffer, the palm of the hand makes a very good substitute. Rub the nails of o hand over the palm of the other. A little talcum powder shaken into the

hand gives a more lasting polish. A thorough manicure once in two weeks and a little care every day will keep the hands in good condition. Pushing back the cuticle with the BUT NONE CAN TELL towel when drying the hands helps to "Diamond Dyes" Turn Faded, Should the cuticle be inclined to become hard and dry, cold cream, vase-line or oil rubbed into the base of the Don't worry about perfect results. nails at night will keep them soft and

show you "Blamond Bye" Color Card.

The stepped back. She thought, of course, he would be at the ship yard this morning. Why was he here?

Was he waiting for his girl—the dearest girl in all the world—to come?

"You came! I was howing to ments by the yard, but no one interpered. In fact, the other members of the club hoped he would go on; he club hoped he would go on; he waiting."

"You were waiting for her," she responded dully, a stabbing pain in her heart. It had been there, lo, these many weeks but not till now had she admitted its presence.

"Yes, I was waiting for the dearest with the show you "Blamond Bye" Color Card.

Last But Not Least.

He had uttered revolutionary statements by the yard, but no one interpered. In fact, the other members of the club hoped he would go on; he with and some with another. Equal sumshine. I was waiting."

"You were waiting for her," she responded dully, a stabbing pain in her heart. It had been there, lo, these many kings will be left in ten years' time?"

"Look at your monarchs!" he shricked. "What use are they? How many kings will be left in ten years' time?"

"Five," interrupted one watchful listener.

admitted its presence.

"Yes, I was waiting for the dearest girl in all the world," he answered huskily.

The luminous light of love was radiating Captain David's blue eyes as he spoke of the girl, but he was looking down into Jean's face and his arms were stretched out to her.

"Jean, darling! Haven't I told you in a thousand ways and all the time that we were building the dream house together, that it was for you



Our Beautiful Hands.

Hands were meant to be beautiful.

The hand that rocks the cradle might rule the world more easily were it always a beautiful hand, beauty, in this case being a matter of inclination much on the care they receive in early start in teaching children to care for their hands will bring its into little bits; then she turned to the day's date.

"The world is full of the kindest people, but mine are the very, very dearest of all," she wrote.

Shawls are of Oriental origin.

Keep Minard's Liniment in the house. years.

And application.

Hands subjected to the hardest kind of work will respond wonderfully to a little regular care. The outlay for the few articles needed for this care is small compared to the comfort and good looks which result from their use. These articles are:

years.

Half an hour every two weeks is only a little time in the interest of beauty and surely every woman is entitled to spend this much time on her hands. Beautiful, comfortable hands are worth much to every woman.

Louise's Diary.

Manueure sciesors, flexible steel nail file, orange wood stick, emery board, nail brush, bowl for soap water, good buffer, small package of absorbent cotton, peroxide, liquid or dry nail polish, a small bottle of oil or warm fresh lard.

Olive oil, which is the best oil to use, is almost prohibitive in price. Were always to be heard when Dorgen ware fresh lard.

And Jean laughed softly, gladly, tenderly, and turning to "the girl's house" she flung her hands out to it in a rapture of acceptance, crying, "What a beautiful heautiful joke" causes hanguile.

causes hangnails.

Polishing comes next. A drop of the polishing fluid or a bit of the powder should be placed on each nail things to eat, and as for the home

GIRLS WANTED

Experienced and Learners Underwear and Hosiery Depts.

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COARSE SALT LAND SALT **Bulk Carlots** ONTO SALT WORKS ecople and mother-words could not

be their care and thoughtfulness. The seventh week Lowise finally was able to limp across to her desk and her neglected deary. As she read the ast record a hot color burned her cheeks. What a different world she was living in now! Selfish? Mother and Doreen and Jimmy and Betty?

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# Genuine BB

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Thinned with linseed oil and turpentine, it makes a perfect white paint. Combined with coloring matter, it makes the satisfactory tinted paint of any shade. It is the basis for that finest of ready-mixed paint, B-H "English"

Made in a modern Canadian factory, and by the same process as was employed for its manufacture by its inventor in England, it is today the only survivor of all the patented white lead processes of that earlier generation. It has survived because it results in a white lead of exceptional fineness, whiteness and durability.

Look for the B-H dealer in your territory-the BH Sign hangs cutside his store.

Brandram Henderson

### POISON THAT COMFORTS US!

The widespread indulgence in the tea-drinking habit must have some ef-fect, either for good or evil, on the public health.

As no two individuals are exactly alike in the way their systems react to tea, or to any other solid or liquid which they consume, it is worth while for every reader to ask himself or her self whether or no the "cup that cheers" is really likely in the long run to do good or harm.

Tea is not really a food. It is not a necessary of life. Coffee is in the same category, and the essential element, the stimulating drug, is the

same in each—namely, theire.

For people who are in good health. ea properly made is quite wholesome and much better for them as mild stimulants during some period of their working day than are alcoholic bever-

Properly-made tea is tea made with fresh water, just brought to the boll. and poured over the tea which has been put into a warmed teapoi of earthenware (one teaspoonful for each person and one to the pot), allowed to infuse for two or three minutes and then drunk. Taken in moderation in the morning and in the afternoon, with or without the usual accessories,

this can hurt no healthy person.

But if tea is allowed, after being made, to simmer on the hob or to stew on the kitchen range, it becomes a very deadly concection indeed. shortens the life of those who already suffer from ailments of the stemaci or any other part of the digestive tabe

from heart disease or from various af-fections of the nervous system.

One of the troubles from which many ex-soldiers are suffering as a result of their Army training is abnormally rapid action of the heart. This is accelerated, and so made worse, t the consumption of such a strong heart-stimulant as tea. For this rea-son such people should abstain from tea drinking. Nervy and jumpy folk, persons who connot sleep, or who sleep badly, sufferers from various forms of dysper la, are amongst those on whom tea can scarcely fail to act harmfully.

Even in the case of healthy subjects, tea drinking may act injuriously when it is too strong, too long infused, and then taken on an empty stomach. Such a combination of evil factors acts upon the delicate lining membrane of the stomach as an irritant, causing a sort of rawing or abrasion of its surface, and paving the way for ulceration or even the development of a cancerous growth. On an irritate t surface the chemical properties of the tannin found in over-infused tel oct up a chronic irritation, which seems to form literally a hotbed for the develop-ment of that special form of mailgnant disease. The kidneys also are dan-aged by the same injurior; contents of over-drawn tea as these are not el out of the system.

Experience has proved that to2 taken at breakfast does not impair the perfect digestion of eggs and bacon or fresh fish. But they do retard the efficient digestion and absorption of butcher's meat and many other articles of diet. Hence the unsuitability of tea as a beverage at a meat

or at the dinner-table.

To anyone whose stomach is not of the most robust kind it is always at experiment which may easily end in disastrous failure, and is therefore not worth the risk.

Many inveigh against Indian tea as heing coarse and harsh in flavor. It is not so if made as good tea should be made and taken not too hot. Somprefer China tea, which is certainly more delicate—tasteless and insiple, some declare it to be. But whichever tea is chosen, it must be infused wis ly and drunk moderately. Only then will it prove a real blessing to the

The Best Way.

Jones has a car; he is very proud of it. But the neighbors are rather scornful about Jones' car. Perhaps they are jealous.

Anyhow, the other day he drove round to a local garage, and asked the man here what was the best thing to do with it. The motor-man looked the car over a silence for several minutes, after

which he grasped the horn and tooted he remarked quietly. "Suppose you jack it up, and run a new car under

Military Indecision

A sergeant was trying to drill a lot of raw recruits, and after working hard for three hours be thought they seemed to be getting into some sort of shape, so decided to test them. "Right turn!" he cried. Then, be-

fore they had ceased to move, came another order. "Left turn!" One hoodhum left the ranks and started off toward the barracks room. "Where are you going?"
"I've had enough," replied the re-cruit in a disgusted tome. "You don't

know your own mind for two minutes The average yield of potatoes per acre for Canada in 1919 was 160.75 bushels. The average yield of crops grown by four farmers in the neigh-borhood of Bridgewater, Lunenburg county, N.S., was 475 bushels per acre. These four men were the prine winners in the Field Crops Competi-tion in western Nova Scotia last year.