

## One Dose

Tells the story. When your head aches, and you feel bilious, constipated, and out of tune, with your stomach sour and no appetite, just buy a package of

## Hood's Pills

And take a dose, from 1 to 4 pills. You will be surprised at how easily they will do their work, cure your headache and biliousness, rouse the liver and make you feel happy again. 25 cents. Sold by all medicine dealers.

THERE ARE OTHERS, But only one Kendrick's Liniment. The greatest Modern household Remedy.

## MRS. GEO. TRAILL,

A Well Known Lady of Thornhill, Man.,

Got Almost Instant Relief From Heart Trouble by the Use of Milburn's Heart and Nerve Pills.

It is simply wonderful the number of western women who are coming forward to tell of the curative powers of Milburn's Heart and Nerve Pills.

This time it is Mrs. Geo. Traill, a highly respected lady of Thornhill, Man., who gives in the following words the history of her case:

"I obtained from Mr. J. A. Hobbs, druggist of Morden, Man., a box of Milburn's Heart and Nerve Pills, as I was very bad with heart trouble at the time.

"I used the one box and got almost instant relief. I then bought another box, but only had to use a few of the pills, as I have never been troubled with palpitation since using them.

"I am very thankful that I got the pills, and if this will be of any use to others suffering as I did you may publish it in the papers."

For pains and lameness use Kendrick's Liniment.

## INDIGESTION

CAN BE CURED.

An Open Letter from a Prominent Clergyman.

C. GATES, SON & CO.,  
(Middleton, N.S.)

Dear Sirs,—Please pardon my delay in answering yours of weeks ago. Yes, I have no hesitation in recommending your

## Invigorating Syrup.

During the fall and winter of '96 and '97 I was greatly distressed with indigestion. I tried several remedies, each of which gave me no relief. I was advised to try your Invigorating Syrup, which I readily did, and have felt grateful ever since to the one who gave such good advice. The very first dose helped me, and before half of the first bottle was used I was completely cured. Have not been troubled with the disease since. I have taken occasion to recommend your medicine publicly upon several occasions, and heartily do so now. You are at liberty to use this in any way you please.

Yours truly,

(REV.) F. M. YOUNG,  
Pastor Baptist Church, Bridgetown, N.S.

Sold Everywhere at 50 Cents per Bottle.

## PUTTNER'S EMULSION

Has never been surpassed as a remedy for chronic Coughs, Colds, Consumption and other disorders of the lungs and Chest.

Always get  
PUTTNER'S it is  
THE BEST.



## The Home

Two Little Boys.

A little bad boy with a little cross face  
Came slowly downstairs in the morning;  
Of fun and good nature he showed not a trace:

He fretted and cried without warning.  
He'd not touch his breakfast, he'd not go  
and play;  
If you spoke he just answered by snarling;  
He teased his pet kitten, and all the day  
long  
He really was "nobody's darling."

A good little boy with a little bright face  
Came down in the morning-time singing,  
And indoors and out, and all over the place,  
His laughter and music went ringing.

He ran grandpa's errands; his orange he shared  
With Sue; and he found Mamma's thimble,  
To do what was asked he seemed always prepared,  
And in doing it equally nimble.

These two little boys, who are wholly unlike,  
Though they live in one house are not brothers,  
That good little lad and that bad little tyke.  
Have not two kind fathers and mothers.

But they are two tempers to only one boy,  
And one is indeed such a sad one  
That when with the good one he brings us  
all joy,  
We ask, "Has he really a bad one?"  
—Selected.

To Correct Bashfulness.

"The bashful young girl must stop thinking about herself," writes Margaret E. Sangster in the April Ladies' Home Journal. "I heard the other day of a man, a college student, who went to visit his sister, a college student also. He was the one man, as it happened, in the dining-room with five hundred girls, and he had occasion to cross the room with their bright eyes beaming on him with curiosity and interest. Said my informant: 'The boy was completely at his ease. You would have thought his sister the only girl present.' Evidently the young man's mother had brought him up in a sensible way, and he was free from that bane of comfort, self-consciousness. It is hard for a very diffident person to be free from awkwardness, and very acute distress and much humiliation may be the results of an extreme shyness. Try not to think how you look, what impression you are making, what sort of gown you have on. Do not let your mind dwell on yourself, but think of what you are to do, and of making others pleased and happy. Once you are free from self-consciousness, bashfulness will trouble you no more."

Helps for Conversation.

Conversation is weakened by a lavish use of expletives, is degraded by slang, is depreciated by the reckless admission of superlatives, is debased by the introduction of unkindness, malice or slander. We are in short, responsible for the style of our daily talk. At little formality do not hurt it. By the constant endeavor to express our thoughts clearly and in elegant English, we pay a debt to our mother tongue, elevate the tone of our associates, and learn to reason more directly, and to reach finer conclusions. Reading greatly assists conversation. They who are well informed about current history and politics, they who read good books, they who habitually study the Bible, will, as a rule, shine in conversation because they have something in their minds as the staple of the talk which is worth while for the speaker and for the hearer. Even the least observing among us has noticed how much one gains who is always attentive to the thing in hand. Persons who listen well are generally good talkers.—The Young Woman.

Use Wasting of Strength.

If women only knew it, they waste a great deal of strength by undue expenditure of emotion on small occasions. Part of the training of our young girls should be along lines of self-repression, in the way of the quiet manner, the restrained speech, the tranquil expression of face, and the reposeful carriage of the body. A young husband, accustomed to the calm easiness of a mother who might easily

have been mistaken for a friend, so silent and dignified was her fortitude in the presence of disasters, so equal was she to every emergency, was shocked and alarmed not long ago, to find his idolized wife almost thrown into convulsions by a household catastrophe of some sort—something not more dreadful than the breaking of a cherished bit of china. The girl wife came of a family whose custom it was to express themselves volubly, and to fly into frantic states of mind when there was apparently little reason for vehemence.

Apart from the lack of good taste here displayed, women often wear themselves out by too lavish a display of feeling. One may feel acutely without tearing passion to tatters, and it would be wise for mothers to inculcate on growing children a wholesome self-restraint.—The Presbyterian.

The body of Roderick McDonald of New Glasgow, was found in Pictou harbor Tuesday.

## After Doctors Failed.

HOW PERLEY MISNER OF WELLANDPORT, RECOVERED HEALTH.

He Suffered from Hip Joint Disease and Abscesses—His Friends Feared He Would Be a Permanent Invalid.

From the Journal, St. Catharines, Ont.

A reporter of the St. Catharines Journal visiting Wellandport not long ago, heard of one of those remarkable cures that have made Dr. Williams' Pink Pills famous as life savers the world over. The case is that of Perley Misner, son of Mr. Mathias Misner, who had suffered from hip joint diseases and abscesses, and who had been under the care of four doctors without beneficial results. Mr. Misner gave the particulars of the case as follows:—"In 1892 my son, Perley, who was then in his thirteenth year, began to complain of an aching in his hips, and later my attention was directed to a peculiar shamble in his gait. As the trouble gradually grew upon him I took him to a physician in Dunville, who examined him and said the trouble arose from a weakness of the nerves of the hip. The doctor treated Perley for weeks, during which time a large abscess formed on his leg, and he was obliged to get about on crutches. As he continued to decline I resolved to try another doctor, who diagnosed the case as hip joint disease. He treated Perley for six months. The lad slightly improved at first, but later was taken worse again. He would startle in his sleep and was continually in distress as he could neither sit nor recline with ease, and was weak, faint and confused. During this time the abscess had broken and was discharging in three places, but would not heal. A third doctor advised a surgical operation, which he objected to, and a fourth medical man then took the case in hand. This doctor confined Perley to the bed, and besides giving medicine, he ordered a mechanical appliance to which was attached a 15 pound weight, to be placed in a position by a pulley system so as to constantly draw downwards on the limb. This treatment was continued six weeks, causing much pain, but nothing in the way of benefit was noticed. The abscess was dressed twice and thrice a day for months, and frequently, despite the aid of crutches, it was necessary for me to carry him in my arms from the house to the vehicle when taking him out. In October of 1893, I decided, other treatments having failed, to try Dr. Williams' Pink Pills. I told the doctor of this decision, and he said that Dr. Williams' Pink Pills would quite likely be of much benefit. After using four boxes I could see some improvement. After this Perley continued the use of the pills for several months with constant improvement and new vigor, and after taking about 18 boxes the abscess was nicely healed, the crutches were dispensed with, and he was able to work and could walk for miles. I attribute the good health which my son enjoys to-day to the use of Dr. Williams' Pink Pills. This medicine achieved such a marvellous success in my son's case as to set the whole community talking about it. I consider no pen expressive enough to do Dr. Williams' Pink Pills justice, as I believe my son would still be a helpless invalid but for this medicine."

Dr. Williams' Pink Pills cure by going to the root of the disease. They renew and build up the blood, and strengthen the nerves, thus driving disease from the system. If your dealer does not keep them, they will be sent postpaid at 50 cents a box, or six boxes for \$2.50, by addressing the Dr. Williams' Medicine Co., Brockville, Ont.

## Make New Rich Blood

and remove impurities from the stomach, liver and bowels, by the use of the best blood purifier known. Put up in glass vials. Thirty in a bottle; one a dose. Recommended by many physicians.

## Parsons' Pills

"BEST LIVER PILL MADE." Positively cure Biliousness and all Liver and Bowel complaints. Sold by Druggists, or sent post-paid, for 25 cts. Book free. J. & J. JOHNSON & Co., Boston, Mass.

BUY KENDRICK'S LINIMENT.

FOR  
Impure Blood,  
Thick Water,  
Swellings,  
Fever, Cough,  
Lost Appetite, Etc.

USE THE RELIABLE  
**GRANGER**  
Condition Powder

THE BAIRD COMPANY, Limited, Proprietors.

## Chest Feels Tight.

You seem all choked up and stuffed up with the cold—find it hard to breathe. Cough that rasps and tears you—but little phlegm got up.

Now's the time to take Dr. Wood's Norway Pine Syrup before things get too serious. There is no remedy equal to it for making the breathing easy, loosening the phlegm and removing all the alarming symptoms of a severe cold.

"I caught a severe cold which settled on my chest, making it feel raw and tight. Seeing Dr. Wood's Norway Pine Syrup advertised I procured a bottle, which greatly relieved me. It loosened the phlegm, healed the lungs, and soon had me perfectly well."

NEIL McKAY, RIFLE, ONT.

Dr. Wood's  
Norway Pine  
Syrup.

ALWAYS KEEP ON HAND  
**Pain-Killer**  
THERE IS NO KIND OF PAIN OR AGUE, INTERNAL OR EXTERNAL, THAT PAIN-KILLER WILL NOT RELIEVE.  
LOOK OUT FOR IMITATIONS AND SUBSTITUTES. THE GENUINE BOTTLE BEARS THE NAME,  
PERRY DAVIS & SON.

Cowan's  
Royal Navy Chocolate and Hygienic Cocoa  
are always the favorites in the homes  
THE COWAN CO., TORONTO.

## MONT. McDONALD

BARRISTER, Etc.

Princess St. St. John

**EARN!**  
This beautiful Lady's Watch by selling only 50c. packages of 50c. each. Each large package contains 60 most fragrant varieties. All colors. Write and we send seeds. Sell them, return money, and we mail your watch all charges paid. The reward is short so order at once. Premium Supply Co., Box 7, Toronto, Can.

**FREE!**  
This beautiful Opal Ring in a handsome plush lined case for selling 10c. Twenty packages of Opal Rings and Earrings performed for each. This ring is made of the wonderful Metal, Goldalloy, which looks like pure gold, and never changes color. It is set with a beautiful Opal. Send us this ad. with your address and we mail perfume. Sell it, return money, we forward ring and case. Home Specialty Co., Box 7, Toronto.