



**It's Pure**  
Cleans sinks, closets  
Kills roaches, rats, mice  
Dissolves dirt that nothing  
else will move

## HOTEL New SOUTHERN

Michigan Boulevard at 15th St.  
CHICAGO

One and one-half blocks from Central  
Station, Terminal of Illinois Central,  
Big Four, and Michigan Central Lines.  
Efficient, hospitable service, without  
showy luxury. Within easy reach of  
"The Loop," Chicago's business, shopping  
and theatre district.  
Moderate rates. Room with detached  
bath \$1.50 to \$2.50 a day; for two per  
sons \$2.50 to \$5.00 a day. 300 rooms.  
Excellent cuisine. Moderate prices.  
Meals in Cafe, Grill and Coffee Shop.  
L. C. PRANZ, Pres. and Mgr.  
Old Southern Hospitality in New  
Southern Hotel

## LEMON JUICE WHITENS SKIN

Girls! Make beauty lotion  
at home for few cents

Squeeze the juice of two lemons into a  
bottle containing three ounces of  
Orchard White, shake well, and you  
have a quart of the best bleaching  
and skin whitening lotion and com-  
plexion beautifier, at very, very small  
cost.

Your grocer has the lemons, and any  
drug store or toilet counter will supply  
three ounces of Orchard White for a  
few cents. Massage this sweetly frag-  
rant lotion into the face, neck, arms  
and hands each day, and see how tan,  
redness, sallowness, sunburn and wind-  
burn disappear, and how clear, soft and  
rosy-white the skin becomes. Yes! It  
is harmless.

## EVEN CROSS, SICK CHILDREN LOVE SYRUP OF FIGS

Look at tongue! If feverish,  
bilious, constipated, take  
no chances.

"California Syrup of Figs"  
can't harm tender stomach,  
liver, bowels.

Don't scold your fretful, peevish child.  
See if tongue is coated; this is a sure  
sign its little stomach, liver and bowels  
are clogged with your waste.

When listless, pale, feverish, full of  
colds, coughs, bad throat, sore, drowsy,  
eat, sleep or act naturally, has stomach-  
ache, indigestion, diarrhoea, give a tea-  
spoonful of "California Syrup of Figs,"  
and in a few hours all the foul waste,  
the sour bile and fermenting food passes  
out of the bowels and you have a well  
and plump child again. Children love  
this harmless "fruit laxative," and  
mothers can rest easy after giving it, be-  
cause it never fails to make their little  
"insides" clean and sweet.

Keep it handy. Mother! A little given  
today saves a sick child tomorrow, and  
get the genuine. Ask your druggist for  
a bottle of "California Syrup of Figs,"  
which has directions for babies, children  
of all ages and for grown-ups  
plainly on the bottle. Remember there  
are counterfeits sold here, so surely look  
and see that yours is made by the "Califor-  
nia Fig Syrup Company." Hand  
back with contempt any other fig syrup.

## YOU'LL LAUGH! DOESN'T HURT TO LIFT CORNS OUT

Magic! Costs few cents!  
Just drop a little Freezone on  
that touchy corn, instantly it  
stops aching, then you lift the  
bothersome corn off with the  
fingers. Truly! No humbug!



Try Freezone! Your druggist  
sells a tiny bottle for a few cents,  
sufficient to rid your feet of every  
hard corn, soft corn, or corn be-  
tween the toes, and calluses, with-  
out one particle of pain, soreness  
or irritation. Freezone is the  
mysterious ether discovery of a  
noted Cincinnati genius. Great!

# DAILY PAGE FOR EVERYBODY

## Secrets of Health and Happiness

### The Vapor Or Hot Air Bath Among the Best For Baby

By DR. LEONARD KEENE HIRSHBERG,  
A. B., M. A., M. D., (Johns Hopkins University.)



Dr. Hirschberg

When you give the baby a warm bath do not shock his anatomy by putting him at once into the heat of the water. The metal of his tub is probably hotter than the water itself, because it absorbs the heat from the water. In order that baby's skin may not touch the tub, insert a heavy Turkish towel under the baby and place him into it. After a warm bath, and especially if the bath has been hot, wrap the child in a blanket or a warm sheet, roll him up in it, and have your hands wait until his skin is completely dry and until his bodily temperature has become normal again. This is necessary in order that the heated skin may not be exposed to the outer air too soon, so that the heat of the bath may not be rapidly, and that the "cold" which so frequently comes after baths may not occur.

If you have decided to give baby a lukewarm or cold bath, and you are afraid of a shock you may accomplish the results you want by making the bath "graduated," that is, by making it cool gradually. Place a pipe beneath the bath sheet and attach it to the cold water faucet. When you have started to bathe the child turn on the cold water slowly. The change in the temperature of the water will thus be gradual and the child will hardly notice it.

Length of Bath. It depends on the temperature of the water as to the length of duration of the baby's bath. If the water is warm do not allow the child to remain in it longer than 15 minutes. The hot bath should be even briefer than the others.

If you want to make baby comfortable, however, you may immerse him in the water once or twice after you take him out, but each time it is well to keep him in only for a few minutes at a time. This rule holds good also in the event of cold baths. Sometimes it is better to give a sponge bath. This is especially advisable if the child does not seem strong enough to stand cold water. Place the child upon a blanket or a bathing sheet and sponge the body part by part.

Ways to Prepare. The vapor bath can be used at times when the ordinary water bath or sponge bath is not found desirable for a special reason. This may be done in several ways. You can easily make steam with a group kettle, if, however, you do not possess one of these you could use the vapor out of a tea-kettle, and obtain good results. In either instance raise the bedclothing into a tentlike position either by the aid of hoops beneath or a cord from above, and let the vapor come in through a pipe at the bottom. If the child is old enough and able to sit up you may place him in a chair—either in an ordinary one or a cane-seated chair. Draw a blanket about the child and the chair so that both are enclosed as in a tent, the head alone being exposed. Put a heated brick or stone in a basin under the chair and allow hot water to drip slowly upon the brick. The heat of the stone vaporizes the water, which has already been made hot before it came in contact with the stone.

The hot air bath is even more efficient than the vapor bath, and can be accomplished in a similar manner. The heat in this form of bath is in that of the vapor bath is acquired from heated stones and a vessel of hot water.

### Answers to Health Questions

MR. M. S. N. Q.—Kindly advise what to do for a hollow in my chin.

A.—Deep breathing before an open window, swimming, gymnastic, standing and walking erect with shoulders back, will help. Electric battery and massage with olive oil is also good.

A. R. Q.—Kindly advise what to do for blackheads.

A.—Gentle massage with a sterilized

open to him—active service in the war—has been proved a true one with the coming of this little pin. And I must stand by him. After all, I am his wife, still. And—Madge, you know there was never any romance about our marriage. We were both past our youth, both disfigured with scars, I knew exactly what Harry was when I married him, and I mustn't back out of the bargain now when he isn't here when he is fighting.

She broke off abruptly at that which she saw in my face—that which a moment later broke forth in indignant, excited utterance:

"You mustn't back out of the bargain!" I explained. "Will you tell me what kind of broken bargain Harry Underwood gave you when he went to South America, when Grace Draper joined him there, and later when he broke every law of God and man, he could find to break? That he hasn't murdered on his soul is no fault of his. Only Dick's own wonderful presence of mind averted it. You know that. And because he's doing as an atonement what he ought to have done long ago, you're going to break the loyal heart of one of the best men in the world! Oh, Lillian, I have no patience with you!"

But I knew that I might as well have spoken to the chair in which she sat or any yielding her spirit gave. With a little feeling of despair I saw the lines around her mouth grow tense and white. I knew that though her heart broke with the decision, Lillian would tread the path she had laid out for herself.

How Harry Escaped. Lillian looked at me blankly for a second, then amazed realization flitted over her face.

"Forgive me, Madge," she said contritely. "I had forgotten that you knew nothing of my intercession for Harry after he disappeared. You see, from what Edith Fairfax told me I realized that Harry was no longer a menace. In fact, all that he did was in order to save you and your father from Grace Draper's devilish plans. And, of course, in my position it was easy for me to make known the real state of affairs, and make the pursuit of him simply a perfunctory one. And I guessed that when he came to himself—you know he had been drinking heavily at the time—at the time—"

She hesitated. I finished the sentence for her.

"At the time he nearly caused Dick's death," I said bitterly.

A shadow crossed her face. Lillian sticks to her bargain. "I cannot blame you for feeling that way, Madge, of course," she said, "but I mustn't let myself share your resentment. For the guess I made that when Harry came to himself he would want to atone for his deeds in the only way

ground like Mr. Mole does," replied Squeedee.

"How funny," laughed Doris. "You're such a tiny little fellow, too."

"I was just on my way home; suppose you join me," Mrs. Cricket will be glad to see you, I know," said Mr. Mole Cricket, and away he crawled over the leaves and grass with Doris and Squeedee at his side until he reached a low ridge of dirt raised above the ground.

"A mole's furrow!" exclaimed Doris, running over the ridge.

"Mine, you mean," laughed Mr. Mole Cricket, and he led his guests into a long hall. After winding in and out they at last found Mrs. Mole Cricket sitting on guard at the entrance of her nest.

She was glad to see her husband and friends, and let them tip-toe into the nursery.

Here in a nice soft nest the shape of half an egg cut lengthwise nestled at least a hundred grayish-yellow tiny eggs.

"Why, Daddy, what have you been doing to make your clothes shine so?" asked Mamma Mole Cricket, discovering for the first time Mr. Mole Cricket's shiny coat.

"Digging among the dead wood," laughed Daddy Mole Cricket. "It always makes my clothes shine. I'll soon wear off," and he led his guests back through the winding halls to the open air.

"They certainly are a funny pair," laughed Doris when Mr. and Mrs. Mole Cricket disappeared. "But they certainly do remind one of a mole all right. I can see why they're called Mole Crickets."

When Doris turned around she found she was alone and talking to herself. Mole Cricket, his body glowing like a ball of fire.

Dr. Hirschberg will answer questions for readers of this paper on all matters of hygiene and sanitation subjects that are of general interest. He cannot always undertake to prescribe or offer advice for individual cases. Where the subject is not of general interest letters will be answered personally if a stamped and addressed envelope is inclosed. Address all inquiries to Dr. L. K. Hirschberg, in care of this office.

## To-morrow's HOROSCOPE

By Genevieve Kemble

DORIS AND MR. MOLE CRICKET.

One evening as Doris sat on the porch steps a beautiful shiny bug flew by and settled in the grass near the edge of the garden.

"It's a firefly, I do believe!" exclaimed Doris, running out to where the little shiny creature was sitting. "No, you don't flash like a firefly."

There was a rustle in the grass at her feet and Doris turned to see her little friend, Squeedee, smiling at her.

"Well, I'm not you, you wasn't afraid of him," laughed Squeedee merrily.

"I wasn't afraid, but what is it?" asked Doris.

"I was just on my way home," replied Squeedee, and waving his magic feather over Doris' head she began to grow smaller and smaller until she was no larger than Mr. Mole Cricket himself.

"Now you can see him better," laughed Squeedee, and he called Mr. Mole Cricket over and introduced him to Doris.

"I suppose you wonder why they call me Mole Cricket, don't you?" asked Mr. Mole Cricket, brushing the dirt from his hard, shell-like body with his horny leg.

"No, indeed," replied Doris. "For I can see you're something like a mole, you've the shape of your body. And, too, your front feet resemble Mr. Mole's."

"Sure, so he can burrow under the

open to him—active service in the war—has been proved a true one with the coming of this little pin. And I must stand by him. After all, I am his wife, still. And—Madge, you know there was never any romance about our marriage. We were both past our youth, both disfigured with scars, I knew exactly what Harry was when I married him, and I mustn't back out of the bargain now when he isn't here when he is fighting."

She broke off abruptly at that which she saw in my face—that which a moment later broke forth in indignant, excited utterance:

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To-morrow's HOROSCOPE

By Genevieve Kemble

SATURDAY, OCTOBER 25.

The figures obtaining among the sidereal forces for this day are not indicative of benefits or pleasant experiences, although a good transit of Saturn promises the removal of certain disappointing conditions and the upheaval of long-standing obstacles with some gain through elderly persons or from Saturnine occupations. This advantage is not operative for those in employment, neither will it obtain in social, domestic or affectional affairs, as those are under the affliction of Venus square Luna—warning against disorderliness, self-indulgence or possibly domestic dissatisfaction or turmoil. Likewise Mars in unfriendly position warns against disputes, quarrels, litigation and overhasty action, though the above mentioned Saturn position, making for coolness and deliberation, may offset the martial tendency and check its turbulence and self-will.

Those whose birthday it is should check the tendency to dispute, litigation and hasty actions, and protect their homes and positions with calmness and foresight. A child born on this day will be proud and forceful, but should be taught to cultivate amiability and cool demeanor.

We always love those who admire us; we do not always love those whom we admire.

All war is horrible and hateful, but there is no war so hateful as war of tended to greater harmony among ourselves.

He who believes in nobody knows that he himself is not to be trusted.

# War Efficiency and National Prosperity

More than a billion and a half dollars distributed in Canada for exported agricultural produce and the products of labor in the fiscal year ending March 31, 1918, has kept Canada busy and prosperous in spite of the war.



CANADA'S production in such enormous quantities was made possible only by the money received through Canada's War Loans. Canada thus was enabled to assist the Allies in their purchases here by establishing financial credits for their use in this country.

CANADA'S war loans not only have sustained Canada's war effort, but they have kept the wheels of production turning as they never turned before.

This is the flood of cash which poured in to Canada's farms for their exports in the fiscal year 1918, for:—

Butter.....	\$ 2,000,000
Cheese.....	36,602,000
Eggs.....	2,271,000
Oats.....	37,644,000
Wheat.....	366,341,000
Flour.....	95,896,000
Meats.....	76,729,000
Vegetables.....	19,034,000

Over six hundred and thirty-six million dollars for exported farm products alone!

AND the workers of Canada also shared greatly in Canada's export trade.

For their products there was distributed in Canada, during the year:—

Munitions.....	\$450,000,000
Metals.....	92,083,000
Vehicles.....	22,776,000
Wood Pulp and Paper....	59,599,000

These huge sums were spent in Canada by the Allies.

## Get Ready Now to Buy Victory Bonds

Issued by Canada's Victory Loan Committee in co-operation with the Minister of Finance of the Dominion of Canada