

or three easy passages a day, without any purging or griping. It does not leave constipation, as most of the ordinary blood purifiers in use do, but produces harmony in every part of the system. The liver is invigorated to secrete healthy bile and to filter impurities from the blood. By the use of this wonderful regulator and invigorator all the disagreeable and painful sensations above mentioned are one by one removed as the blood is cleansed and renewed. The skin loses its sallow appearance, and the bloom of health and beauty takes the place of the haggard, sallow hue of disease. *A dose of Mother Seigel's Curative Syrup, taken at night on going to bed, will, in a short time, give evidence of its purifying and cleansing properties by the brilliancy of the eye, the bloom of the complexion, and the vigor of the whole body.* A few doses of Seigel's Operating Pills will aid in effecting a cure.

THE BOWELS AND THEIR FUNCTIONS.

THE bowels, in a healthy state, carry off all useless matter which can be carried off in solid form. Sometimes the main channel becomes choked up by slime on the coating of the intestines, which gives rise to constipation and irregularity of the bowels. If the bile is not thrown out from the liver in sufficient quantities, the bowels become costive and the membranes of the bowels become weak and irritated. When much irritation exists, diarrhoea ensues, because the bowels have not the strength to do what is required of them, and inflammation follows. The fundamental cause of this irregularity is indigestion. The effect of this constipation is something awful to contemplate. The foul gas that arises from the focal matter becomes absorbed into the system, and acts as a slow but deadly poison. We all know the injurious effects of

Sewer Gas

when taken into the system, and we expend money and skill to so adjust the plumbing of

our houses as to shut the poisonous gas out. We have carts going about the city pouring disinfectants into the sewers, so as to obviate the poisonous influence of this terrible pest, but we allow this same gas to be generated within our own system.

If by constipated bowels we permit the formation of this sewer gas within the system (for this is what it really is), we expose ourselves to a slow but deadly poison. We should make use of Mother Seigel's Curative Syrup, and remove the constipation, and with it the danger.

NERVOUS DEBILITY.

This is caused by a long continued state of impurity of the blood, which irritates the nerves. Sleepless nights, twitching of the muscles, trembling of the limbs, poor appetite, easily disturbed by noise or excitement, desire to avoid company, peculiar sensations over the entire body, are among the difficulties which attend this complaint. A dose of Seigel's Curative Syrup, or Shaker Extract of Roots, at night, will, in a short time, so cleanse the blood and soothe the nerves, and restore strength to the body, as to make life enjoyable and happy. Nervous debility vanishes before the quieting, purifying, and healthful action of Mother Seigel's Curative Syrup.

SICK HEADACHE.

There are few persons who, at times, are not more or less subject to sick headache. Moderate and occasional use of the Syrup is a sure preventive, as thousands who have tried it are willing to testify.

DISEASES OF THE STOMACH.

When the stomach is too weak to properly digest the food, the person so diseased is usually afflicted. Dyspepsia shows itself in very many disagreeable forms, but more frequently in diseases of the stomach after eating, soreness of the stomach, beating and trembling of the stomach and sides, a sense of fullness, headache, dizziness, bad breath, loss of appetite, difficulty in breathing, rest-

Continued on page 22.

Young
I seen you
Col. Scr
likely; P

Lieut. 1
cantonre
magazine
Miss St
scribes for

DEI

A. J. WHITE

I have so
friends near
taken it th
stomach wit
eat anything
could eat a
And numbe
to buy it, th
sold it for
coughs, and
you is corre
a girl that
could not ke
and in less t
food, and nu

11th MO

Day Year.	Day Month.
305	1
306	2
307	3
308	4
309	5
310	6
311	7
312	8
313	9
314	10
315	11
316	12
317	13
318	14
319	15
320	16
321	17
322	18
323	19
324	20
325	21
326	22
327	23
328	24
329	25
330	26
331	27
332	28
333	29
334	30