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Knowledge of self

Major Competency

Knowledge of personal background, motivations, and strengths and weaknesses.

Core Competency

- 6.1** IEPs have an understanding of their own culture and how it has shaped how they think, feel and react to people and events.

Behavioural Indicators

- 6.1** Interculturally Effective Persons have:

- a knowledge of “self”, in terms of core values, beliefs, and the support systems needed to live contentedly in the new culture, that helps to “anchor” a person living in another culture. They are able to describe:
 - their behaviour in terms of their own cultural logic (values, appearances etc.)
 - how their own filters of communication (perceptions, stereotypes, prejudices etc.) affect relations and communications with local colleagues and acquaintances
- insight into the sources of their cultural conditioning, but are also able to challenge that programming or at least be more accepting of someone else’s programming, by being able to:
 - articulate the negative attributions and stereotypes that are prevalent in their own society concerning the host country, culture, or region, and avoiding using these
 - act outside their own cultural values without feeling they have compromised their core sense of “self”
 - balance their need for safety and comfort while opening themselves to doing things differently in a new culture