

Now, examine your own teeth, or look at the picture of a set of human teeth on front page, and see whether they are more like a cat's, or more like a cow's. If you look carefully, you will find that the very front teeth are the same in a man, cat and cow. The next teeth on each side are much alike in man and in the cat; but they are almost absent in the cow. The third kind, the grinding teeth are alike in man and in the cow, but are entirely absent in the cat. So that, judging from the kind of teeth which we have, a scientific man would say that because human beings have both sharp-pointed teeth and grinding teeth, God meant them to use both meat and vegetables for food.

Another point. The stomach and bowels of a man resemble those of a cat more than those of a cow. The length of the bowel in the cow is, in proportion to its size, greater than it is in a cat. Moreover a cow has four stomachs, a cat has only one. Now, the longer bowel and the four stomachs are common among animals that are vegetarians; whereas the shorter bowel and the single stomach are the rule among flesh-eating animals. How does a man's bowels and stomach compare with those of the cat and ox? Well, they resemble the cat's much more nearly than the ox's. So, here again is another reason for concluding that man is a meat-eater as well as a vegetable eater. Besides, there is attached to the side of the bowel at one point in both a cat and a man, and indeed in most flesh-eating animals like the lion and tiger, a little stomach that is of no use, so far as we know. In fact, it is sometimes a real drawback to our health. This little unused stomach in man, cat and tiger is situated where one of the four stomachs lies in the ox. It is of no use in man, because it has often been cut out without causing him any trouble afterwards, but it cannot be removed from the ox without doing him harm. It is needed for digesting vegetable food, but does not appear to be needed in digesting animal food, and is therefore not needed in animals of the cat kind. All of which goes to show that man is naturally a meat eater as well as a vegetarian.

But there is another point from which this question may be viewed. What is the custom among people of our own race? Are they not all, as a rule, meat eaters? Were not the Jews, Greeks, and Romans meat eaters? Of course, we know that many of the people of India, China and Japan are vegetarians, and live largely upon rice. But it may be doubted whether these people would not eat meat too if they could afford to buy it. The "strong man," the professional athlete in Japan, is fed largely on meat.

And this brings up another very important matter which I wish you girls and boys would think about. In 1889, the Commissioner of Education in Washington published some very important facts about the pupils in the Washington schools. These facts were published because they seemed to be almost exactly like some other facts which were said to be true of many European schools. Here they are, and if they are true, as seems likely, then every boy and girl in America should weigh them well:

"1. As circumference of head increases, ability increases.