

**PRACTICAL DIETETICS**; with Special Reference to Diet in Disease. By W. Gilman Thompson, M.D., Professor of Materia Medica, Therapeutics, and Clinical Medicine in the University of the City of New York; Visiting Physician to the Presbyterian and Bellevue Hospitals, New York. Large octavo, 800 pages, illustrated. Cloth, \$5; sheep, \$6. Sold by subscription only. New York: D. Appleton & Co.

The subject is one which does not receive much attention either in medical colleges or in the standard works upon the Theory and Practice of Medicine; the directions given in the latter being of a very general and vague character, and in the former it is dismissed in one or two lectures. In hospitals and in the training of nurses too little attention is often paid to the subject, while in works on food and dietetics the practical application of dietetics to disease usually receives but slight notice. This work is intended to remedy these shortcomings, and to furnish to the practitioner a text-book containing instructions as to the appropriate diet in diseases which are influenced by right feeding.

Beginning with the elementary composition of foods, the author next classifies them, and takes up in succession force production and energy; the force-producing value of the different classes; stimulating foods; their economic value; a comparison of the nutritive properties of animal and vegetable foods, and vegetarianism. The classes of foods are next considered, including water, salts, animal and vegetable foods, fats, and oils. In the section on animal foods much attention is given to the subject of milk in all its forms—pure, adulterated, prepared, etc.—in accordance with the great importance of the article so commonly used. Stimulants and beverages, with their good and ill effects, their comparative values, administration, and varieties, are fully and carefully considered.

The various methods of cooking food are given, with the effect of each method on the different classes; also the means used for condensing and preserving foods. The author considers the general relations of food to special diseases; those that are caused by dietetic errors and the administration of food for the sick, giving the necessary rules as to method, time, etc.

The feeding of pregnant women, nursing mothers, infants, and young children constitutes

a very important part of the work, and an appendix contains receipts for invalid food and beverages suitable for fevers and convalescence from acute illness.

**A MANUAL OF DISEASES OF THE NERVOUS SYSTEM.** By W. R. Gowers, M.D., F.R.C.P., F.R.S.; Consulting Physician to University College Hospital; Physician to the National Hospital for the Paralyzed and Epileptic. Second edition, revised and enlarged. Volume II. Diseases of the Brain and Cranial Nerves, General and Functional Diseases of the Nervous System; with 182 illustrations, including a large number of figures. Octavo, pp. 1069; cloth. Price \$4. Philadelphia: P. Blakiston, Son & Co. Toronto: Carveth & Co.

The author explains the lateness of appearance of the second volume of his work, by the necessary revision and incorporation of the most important results of the investigations of the past five years. A good deal of new matter has also been added—to the extent indeed of about a hundred pages.

To those of our readers who have been familiar with Gowers' work, nothing more need be said, than that he has brought the present edition fully up to the present time, and in such a way as he alone could do it. To those who have not read it, we may say that for conciseness, clearness of explanation and completeness, the work is the best in the English, and, we believe, in any language. To the practitioner and student the work is simply invaluable.

**MODERN MATERIA MEDICA, WITH THERAPEUTIC NOTES.** For the use of practitioners and students of medicine. By Dr. Otto Roth. Seventh edition. Revised by Dr. Gregor Smith, Würzburg. One volume of 467 pages, octavo, muslin binding. Price \$2. New York: William Wood & Co. Toronto: Carveth & Co.

The present revision brings the work up to the present time, including the many new drugs which now form so important a part of the practising physician's pharmacopœia. It is full of prescriptions, and the very clear and practical style in which it is written cannot fail to make it of the greatest assistance to the practitioner. It embodies just such matter as would be particularly useful to a final student, and so arranged as to be easily used.