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Instantly stops the most excruciating pains, allays inflammation and cures congestions, whether of the lungs, stomach, bowels, or other glands or mucous membranes.

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TAKEN INWARDLY—A half to a teaspoonful in half a tumbler of water for stomach troubles, Colic, Wind in the bowels, Colds, Chills, Fever and Ague, Diarrhoea, Sick Headache, and all internal pains.

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Understand what is going on in the kitchen; the true housewife is mistress of her entire home.

When boiling tough meat or fowl, they will be made tender by putting a tablespoonful of vinegar in the pot.

Sprinkle powdered rice upon flat and apply to the bleeding of fresh wounds and the blood will stop running.

Icecream may be eaten either with a fork or a spoon. The use of the fork is, perhaps, a little the most correct.

Bread and butter plates are still used, and are likely to continue being so, as they have been found most useful and necessary.

A new material for decorative work is washable floselle. It is easy to work with, and will be welcomed by those desiring beautiful and fast colors.

To cure face pimples eschew very salt, rich or greasy food, and take a dose of magnesia occasionally. Also wash the face three or four times a day with diluted cologne water.

A level teaspoonful of boracic acid dissolved in a pint of freshly boiled water and applied cool is the best wash for inflamed sore eyes or granulated lids, and an excellent gargle for inflamed sore throat.

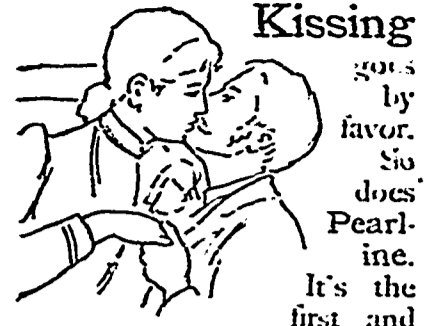
Steamed apples make a nice luncheon dish. First take the core out of a red-skinned apple, then clip the skin at the top lightly so that in cooking it will roll open and color the apple. Place the apple on a saucer in a colander, and put it in a covered saucepan with a small amount of water. Cook it very slowly, having only enough fire to create a steam.

To make good fritters, take stale bread and cut in small pieces, and soak it in cold water till very soft. Drain off the water and mash the bread fine. To three pints of bread thus prepared, add two eggs, four tablespoonfuls of flour, a little salt, one teaspoonful of soda in a cup of milk, which must be stirred into the bread, and a little more milk added, until thin enough to fry.

Onions are an excellent remedy for catarrhs and coughs. For this purpose they are chosen very large, cut in four and stewed in a covered pot with a little sugar candy; they should be left to stew slowly and for a long time; strain and bottle the juice, cork the bottles tightly and keep them in a temperate and dry room. A teaspoonful of the juice every two hours will be found very efficacious for bad colds.

To scallop oysters, one quart of solid oysters is required for a dish that will hold two quarts. Butter the dish and put on the bottom a layer of oysters. Cover them with a layer of rolled crackers or bread crumbs, sprinkle with salt and pepper and pieces of butter, and alternate until the dish is filled, using the crumbs for the last layer, moisten well with the oyster liquor and a wineglassful of good sherry. If milk is preferred in place of the oyster liquor, omit the wine and use spice to suit the taste. Bake in a hot oven thirty minutes.

Cutlets for breading should be cut thin, and then cut in pieces the proper size for serving. Cover them with boiling water and allow them to stand for five minutes. Drain and dry. Dip them into beaten egg and bread crumbs. Beat the eggs only enough to blend the yolk and white and add one tablespoonful of water to each egg. Saute in dripping, using not enough fat to cover, but fry first on one side and then on the other. When the cutlets are dipped so that the egg covers them fully, as well as the bread crumbs, if the grease is hot enough the covering will adhere.

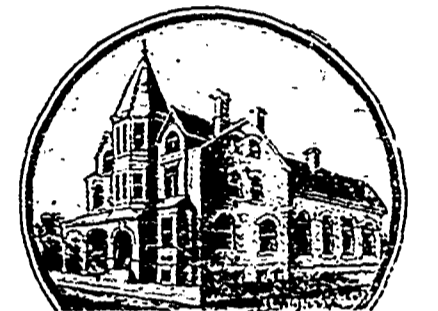


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