

EB. 23rd, 1911

Miss Gertrude, retd. Hugh Harry, fine's St. Mr. care G. P. O. olds, T. W. Y.M.C.A. Susie, Goodview St. Mrs. S. A. Martin Johanna, card S. E. Mrs. Mrs. Golf Avenue Mrs. Rev. J. ...

The Evening Chit-Chat

By RUTH CAMERON



Ruth Cameron

There is a certain woman whom I know who prides herself greatly on the fact that she sleeps with her chamber window open even in the heat of winter. "My sleep wouldn't do me half so much good," she says, "if I didn't have all that good oxygen."

Believe that the living rooms are given a systematic all-the-windows-wide-open airing once a week in the winter, except on sweeping days. And I think they should be treated to one at least once a day—better twice.

No Man is Stronger Than His Stomach. A strong man is strong all over. No man can be strong who is suffering from weak stomach with its consequent indigestion, or from some other disease of the stomach and its associated organs, which impair digestion and nutrition.

A Mother's Warning.

Newfoundlanders look around you. Open wide your eagle eyes. Your country now attracts the Yankees. As molasses does the flies. They are coming in like foxes. They are coming with display. And unless your eyes are open They'll take the best of me away.

When I was dormant did they help me? When my life was nearly gone Did they come with restoratives. Did they sing a soothing song? Sons and daughters I am growing. I am growing with all speed. Thanks to you who for your mother Did not hesitate to bleed.

There's no reason why you shouldn't Let them come and try their skill; But why ask so much from you? Why offer such a pill? Children, don't be hoodwinked, Don't let dust destroy your sight; Take not the pill of poison And all your future blight.

Handle all the herring, th! They are willing so they say— As if you asked and begged them; What mean they, sons, I pray? Then, again, the subsidy. How much will they want, I wonder? Be very careful, statesmen. Or else you'll make a blunder.

GILLETT'S PERFUMED LYE. In the Standard Article READY FOR USE IN ANY QUANTITY. For soaking soap, softening water, removing old paint, disinfecting sinks, closets, drains and for any other purposes. A can equals 20 pounds SAL/SODA. SOLD EVERYWHERE. E.W.GILLETT CO. LTD. TORONTO, ONT.

Holiday Notes for 1910.

I. C. MORRIS. CHAPTER XIII (concluded) — Bristol's Part in the Guy Celebration.

All that Bristol did was well done and her contribution to the movement is in keeping with her traditions and her history. The tablet sent out by the old city will be the attraction of many a visitor, and will be a link uniting the two extremes, and will be as lasting as the granite column upon which it is to be inserted. But Bristol did not stop half-way in its good work, nor did it allow anything like smallness to defeat its intentions— sometimes we do allow a little smallness to defeat our better selves.

IN STOCK: MOLASSINE MEAL, 'HERCULES' FEED, WHOLE CORN, Yellow Cornmeal, White Hominy Feed, Bran, Oatmeal—the best, Diamond O OATS, Finest Fat White Oats, HAY, Good quality Baled Hay. HARVEY & COMPANY WHOLESALE.

YOU ARE JUDGED BY YOUR APPEARANCE! LADIES! WE ARE NOW SHOWING A FULL LINE OF The Famous D. & A. and P. C. CORSETS, In very Newest Styles. Prices—40c., 45c., 55c., 75c., up to \$1.60 a pair.

Artificial Teeth! It is almost impossible to obtain better fitting or more natural looking Artificial Teeth than can be obtained at The Maritime Dental Parlors. We give particular attention to this branch, as well as the treatment, filling and crowning of teeth.

Fads and Fashions. Hats designed for the between-season wear are strongly indicative of what we are to have for the coming spring and summer. Oddity of shape and line is the most noticeable characteristic, in many instances this being quite extraordinary.

Only One "BROMO QUININE," that is Laxative Bromo Quinine Cures a Cold in One Day, Grip in 2 Days. E. W. Groves on box 25c

Indigestion & Dyspepsia. In all its forms can be cured. It is quite a daily occurrence to hear persons say: "Oh, what a feeling of distress I have after meals, fullness of the stomach, heaviness and headache, I feel too tired to do anything. I have no heart to exert myself and at times I care for nothing. I often have a pain in the pit of my stomach, no appetite, my heart beats rapidly on the slightest exertion. I feel just as tired when rising in the morning as when retiring to bed. My sleep is often disturbed, and I often awake with a sense of suffocation and a difficulty of again going to sleep. I have to be careful of what I eat, and my life seems a veritable burden."

Dr. de Van's Female Pills. A reliable French regulator, never fails. These pills are exceedingly powerful in regulating the generative portion of the female system. Refuse all cheap imitations. Dr. de Van's are sold at \$1 a box, or three for \$10. Mailed to any address. The Sobell Drug Co., St. Catharines, Ont.

Patrick, schr. Norman O. Capt. Richard, schr. Nellie Burns Mrs. Edward T. schr. Nellie M. James T. schr. Oriental W. schr. Perceverance Milton, schr. Roma Herbert, schr. Robin Ed. Walter, schr. Ruby Capt. John, schr. Sisters Wm. G. schr. St. Elmo Capt. H. schr. Teobatic Richard, schr. Victory Robert J. Vaudeville Ed. Capt. Cyril, schr. Waterwitch Rock, E. schr. Western Lass Master General.

MAGIC HEADACHE POWDERS. Work like magic. We make them to do that. They must be good when a sufferer sends from far away Alberta, and says there is nothing like them. Don't defer, don't argue, buy a pkt. now at W. T. COURTENAY'S, cor. Duckworth and Prescott Sts.—Feb 25, 11.

DR. F. STAFFORD & SON, Duckworth Street and Theatre Hill. Small size, 25 cents; postage, 5c. extra; large size, 50 cents; postage, 10c. extra. Mail orders must be accompanied by remittance—oct 29, 11m.

Lenten Goods OF THE BEST QUALITY. From Manufacturers of Highest Standing. Fresh Halibut, Fresh Codfish, 5c. lb., Fresh Cod Tongues, Smoked Fillets of Cod, Hartley's Jams' 1's & 2's, Pink's Jams, 1's, Crosbie & Black'll's do, 2's, Local Jams, 1's. Sealshipt Oyster, 'Blue Point,' 50c. pt. No. 1 tinned Salmon, 15c, No. 1 Lobsters, Kip. Herring, tins, 15c. Fresh Shrimps, 15c. tin. Oysters—1's—15c. Oysters—2's—25c. SARDINES, 8 cents Tin up. Lyle's Golden Syrup, 4 lb. tins, Lyle's Golden Syrup, 1's and 2's, Canadian Table Syrup, 4 lb. tin, 35 cents. Marmalade, 7 lb. tins. Pan Cake Syrup, 25 cts. bottle. C. P. EAGAN, Duckworth St. and Queen's Rd.

Be Proud Then why rest contented with thin, scraggly, rough hair? Ayer's Hair Vigor gives softness and richness to the hair, makes it thicker, heavier. Cannot change the color. Safe to use? Ask your own doctor.

SPECTACLE and EYEGLASS fitting is not perfect unless the frames or mountings are properly adjusted, and that requires the expert hand. The beneficial effect of a correct glass may be upset by an ill fitting frame. It has been my special work for over twenty years to correct troubles emanating from eyestrain, and placing the proper lenses in the most suitable and becoming frame or mountings. All my work is guaranteed. R. H. TRAPNELL, Eyesight Specialist.

NO THOUGHT READER Can foretell the day or the hour when your property may burn. Most people are aware of this and make provision for the disaster by insurance. Why are you not so insured? I offer the lowest rates and strongest offices. The promptness and liberality of my settlements are well known. PERCIE JOHNSON, Insurance Aet. Office: corner Duckworth and Prescott Streets.