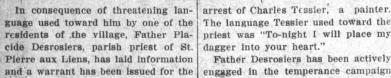


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priest was "To-night I will place my

Father Desrosiers has been actively

ttle Gents' Suits!



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5 Doors East of Post Office,

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10 cts. a yard

The Evening Chit-Chat



And for that reason nothing

and deprived of its right to sleep by the very people who ought to be the

most zealous guardians of that right. In the theatre car on which I came

ng uncomfortably against her mothboy of eight or nine, less obviously ufferng from sleeplessness, to be

customed to such hours. I don't suppose the society with a ified in stepping in in cases like those,

I wish there could be a law prolibiting parents from keeping childen under ten out after eight o'clock at night, unless they could show that such a proceeding was absolutely neessarv.

It is as cruel to children to bring them up without a full allowance of sleep as without sufficient food. One of the saddest sights in a

inalienable at eleven o'clock or midnight in sumchild- mer and see the little children still playing about the streets because it is too hot in the crowded, illy ventilto all the sleep it ated tenement houses for them to needs, even when have much chance of sleeping before that happens to them, and because they have parents be more than it that are too ignorant to realize what thinks it wants. | such hours mean for a child.

I think every child up to the age of fourteen might' go to bed at seven makes me more c'clock practically every night of its indignant than to life. Fourth of July, Christmas, my s e e a sleepy- birthday and the night of the Church headed little kiddle being hauled Fair were about the only exceptions around on the cars or streets at night to early retiring that I was allowed, and it didn't hurt me anv.

Indeed, I only wish it had been en forced longer.

From fourteen years of age until ame last night there were three of the child gets through high school, hem-one lucky in being small en- I don't think half-past eight or nine igh to sleep, a troubled, cramped, in- for every night in the week but Friermittent sleep, nothing like what day and Saturday is one bit too early.

should have been having in his Of course, there's going to be a rib at home, but still a sleep. One good deal of protest against such little girl five or six years old, lean- rule when other children are going t 's arm and occasionally lifting her hard-hearted father or mother that need to ask, fretfully: "Aren't we enforces it is going to be pleaded with nost there, mamma?" The third, a and accused of cruelty, and all that But never you mind.

Some day, when the girl realize sure, but an even more pathetic sight that she has a very much better comthan the other two, because he had plexion than the girls who went to beneath his eyes the deep circles that parties or sat up and read or went to showed that he was all too well ac- the theatre five nights of the week and your boy finds he has the kind of physique that's wanted on the varsity ong name, that abbreviates to S. P. C. | team, maybe they're going to realize ., would be considered exactly jus- that early bedtime had something to do with producing these blessings and come to the point of thanking the author of early bedtimes.

And even if they do forget that lit tle formality-which I suppose is, or the whole, rather likely-I fancy you are going to be so glad of thei healthy brains and bodies that you aren't going to need much other re

Remedies are Needed

Were we perfect, which we are not, nedicines would not often be needed. But since our systems have become weakened, impaired and broken down through indiscretions which have gone on from the early ages, through countless generations, remedies are needed to aid Nature in correcting our inherited and otherwise acquired weaknesses. To reach the seat of stomach weakness and consequent digestive troubles, there is nothing to food as Dr. Pierre's Golden Medical Discovery.

weakness and consequent algestive routiles, there is nothing so good as Dr. Pierce's Golden Medical Discovery, a glyceric compound, extracted from native medicinal roots—sold for over forty years with great satisfaction to all users. For Weak Stomach, Billiousness, Liver Comblaint, Pain in the Stomach after eating, Heartburn, Bad Breath, Belching of food, Chronic Diarrhea and other Intestinal Derangements, the "Discovery" is a time-proven and most efficient remedy. The genuine has on its

outside wrapper the Signature You can't afford to accept a secret n strum as a substitute for this non-alco-

holic, medicine of known composition not even though the urgent dealer may

thereby make a little bigger profit.
Dr. Pierce's Pleasant Pellets regul: e and invigorate stomach, liver and

bowels. Sugar-coated, tiny granules, asy to take as candy.

HOUSEHOLD NOTES.

pearance of the window.

When ironing with gas, place two

rons on one burner. A few peas added to the dish of light. creamed chicken, lobster, or shrimps

satisfying to the palate.

flavoring, remember that it is only the miutes. nolds the essential oil.

household ammonia, which converts to spread. the jodine into jodide of ammonia. Use two pieces of glass and two pic-

the cardboard between the two pic- needs cleaning.

on your medicine chest door, it will be underneath the spot to absorb the convenient in case someone unaccus- dirty cleansing liquid that soaks tomed to making them has to do so. A drop of oil of cloves on the tongue takes away the sense of taste for a perfectly by rubbing with a woolen moment, and disagreeable medicine cloth saturated with coal oil and af-

can be given without any trouble. If a pancake griddle must be kept sprinkled with cleansing powder. hot for late comers, slip it into the oven, close the door, and when the and with the tape about the neck griddle is needed again it is hot. drawn up slightly will not draw out A tablespoonful of Epson salts, of shape about the neck as they do

used for washing windows greatly thoroughly dissolved and poured over essens the labor and improves the ap- plant roots will hasten their growth wonderfully.

Instead of just heating butter and rons side by side, then put one more sugar together for hard sauce stir on top of each. This will heat four into it one-half cup of whipped cream and the white of an egg, beaten very

When a white enamel vessel has are as pleasing to the eye as they are become discolored, simply fill the vessel with water and add a teaspoonful In using the rind of a lemon for of chloride of lime. Let boil a few

outer or yellow part of the rind that | The best frosting for cakes is made by simply mashing five or six dark The simplest thing for removing red strawberries and mixing with icdine from hands or white goods is confectioners' sugar until stiff enough

Put a cupful of Indian meal, half a cupful of white flour and three tabletures placed back to back in passe- spoonfuls of powdered borax into a partouting. Fasten the hangers to paper bag and shake any article that

In removing spots put a thick pad Put a receipt for making plasters of cheesecloth or some other material through the garment.

A wire clothesline can be cleaned terwards with the same cloth liberally

Union suits dried on a coat hange

Does not Color the Hair

'WAS FADING AWAY'

A Young Woman-Scarcely Thirty-Seemed to be Dying on Her Feet.

DR. HAMILTON'S PILLS CURED

"I think it should be the duty of the schools to teach children how to keep well," writes Miss Nannie E. Naydon, a well-known and highly esteemed re sident of Bristol. "Ignorance of the laws of health and the use of improper remedies destroyed my vigor and led me to the verge of invalidism. I was as a girl ruddy and strong. Nothing seemed to affect me until I was about thirty. Then gas began to form in the stomach. I suffered with bloating and a general failure in strength set in. If I went upstairs my breath hurt. My system was very irregular and until I grew pretty bad I didn't pay much heed to my condition. Then got blue, worried all the time, wakened in the night and couldn't get to sleep again. None of the medicine took helped me. One day I was reading of a very interesting case like mine cured by Dr. Hamilton's Pills. I took the same treatment. It was just right-didn't physic me to death, but took hold of the weak, sick parts of the system and set things right. It seems as if Dr. Hamllton's Cills have made me young again and all my color, spirits, vigor and health of former days have returned to stay.'

Take any old discarded toothbrush o blacken shoes with paste blacking. It is better than anything sold on the market for getting into cracks where lust is bound to collect.

When a cork falls into the vinegar bottle, to get it out tie a nail on the loop of a string so that it will not float, and it will be easy to get , the string into place under the cork.

Interest in the Paper Supply

New York, May 2 .- Arthur Spurgeon, J. P., president of the British International Society of Journalists, and general manager for Cassell and Cc., Ltd., publishers of London, who was a passenger on board the Carmania, which arrived from Liverpool yesterday, said that well bound books at a low price had come to stay and were causing publishers on the other side much concern.

"I know that the question of paper upply in this country is a grave one, he continued, "and I expect to look into the matter when I go to Canada On the other side there is much specu lation as to the value of the immense plant of Lord Northeliffe in Newfoundland and articles on the subject were read with much interest.'

Third \$50,000 Prize Offered by Daily Mail.

London, May 3 .- The third \$50,000 aviation prize offered by the London Daily Mail, was announced to-day, it being for a flight from London to

Following the winning of the Mail's \$50,000 prize for a London to Manchester flight by Louis Paulhan, the Mail announced a similar prize for another flight within England, which will probably be a round trip flight

between London and Edinburgh. The enthusiam aroused by the discussion of a London to Paris aerial trip has been such, however, that the

Mail has added this third prize. WHEN THAT COLD COMES!

How is it to be cured? This method is simplicity itself: Rub the chest and throat vigorously with Nerviline-rub it in good and deep, lots of rubbing can't do any harm. Then put some Nerviline in water and use it as a gargle; this will ease the cough, cut out the phlegm, assist in breaking up the cold quickly. There is no telling how quickly Nerviline breaks up a hard racking cough, eases a tight chest, relieves a pleuritic pain. Why, there isn't another liniment with half the power, the penetrative qualities, the honest merit that has made Nerviline the most popular American household liniment. A large 50c. bottle of Nerviline cures ills of the whole family-and makes the doctor's bill

Lost Newfoundlander Found.

The unfortunate young Newfoundand man named William Francis, who was reported missing at McGivney Junction, N.B., in these columns, was found Sunday night wandering in the forest. Chief of Police Galligher, of Fredericton, assisted by a number of railway construction men, discovered the demented young man far in the interior. He was sent here in charge of his cousin, George Pyke, who will accompany the unfortunate boy to his home in Burin, Nfld .- Ex.

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The treatise on the Gasoline Entine (Rieyele Car) cannot fail to prove valuable to anyone interested in Explos ve Motors. The Book contains 608 pages, over 400 diagrams and Illustrations, printed on fine paper, size 5% by 8} inches, with generously good binding. Highly endorsed. If you are interested ask for FREE circular, to be had at

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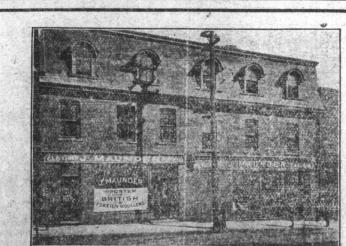
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USE

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