

## PARALYSED AND COULD NOT WALK

"Fruit-a-lives" Completely Restored Him Brunswick Merchant To Health.



MR. ALVA PHILLIPS

BREITON, N. B., July 25th, 1911.  
"I am unable to say enough in favor of 'Fruit-a-lives' as it saved my life and restored me to health, when I had given up all hope and when the doctors had failed to do anything more for me. I had a stroke of Paralysis in March, 1910, and this left me unable to walk or help myself, and the Constipation of the bowels was terrible. Nothing did me any good and I was wretched in every way. Finally, I took 'Fruit-a-lives' for the Constipation, and it not only cured me of that trouble but gradually this fruit medicine toned up the nerves and actually cured the paralysis. Under the use of 'Fruit-a-lives' I grew stronger and stronger until all the palsy and weakness left me. I am now well again and attend my store every day and all day."

ALVA PHILLIPS.

"Fruit-a-lives" is the only remedy in the world that is made of fruit juices and is tonic.  
50c. a box, 6 for \$2.50—trial size, 25c. At dealers or sent on receipt of price by Fruit-a-lives Limited, Ottawa.

### White Ribbon News.

Woman's Christian Temperance Union first organized in 1874.

Ans.—The protection of the home, the abolition of the liquor traffic and the triumph of Christ's Golden Rule in custom and in law.

Motto.—For God and Home and Native Land.

BAUCE—A knot of White Ribbon.

WATCHWORD—Agiate, educate, or ganize.

OFFICERS OF WOLFVILLE UNIONS.  
President—Mrs. L. W. Sleep.  
1st Vice President—Mrs. J. Kaye.  
2nd Vice President—Mrs. F. Woodworth.

Recording Secy.—Mrs. W. Mitchell.  
Cor. Secretary—Mrs. G. Bishop.  
Treasurer—Mrs. H. Pines.  
Auditor—Mrs. T. E. Hutchinson.

SUPERVISORS.  
Evangelists—Mrs. J. W. Brown, Mothers' Meetings—Mrs. Stachhouse, Lumbermen—Mrs. J. Kempton, Peace and Arbitration—Mrs. J. Reid, Temperance in Sabbath-schools—Miss A. S. Pich.

Juvenile Work—Mrs. B. O. Davidson, Girl Meetings—Mrs. (Rev.) McGro-Gor.

Press Work—Miss Margaret Barns, Flowers, Fruit, and Delicacies—Mrs. J. Kaye.

Laborer-Relief Work—Mrs. Woodworth, Home—Mrs. Fiddling.

Narcotics—Mrs. Bleakney, Regular Business Meeting last Friday in each month at 3.30 p. m., in Temperance Hall, Labrador. Meeting at the home of the members last and 2nd Tuesday evenings in the month.

### It Couldn't Be Done.

Somebody said that it couldn't be done, But he with a chuckle, replied That 'maybe it couldn't, but he would be one

Who wouldn't say so till he tried. So he bucked right in with the trace of a grin

On his face. If he worried, he hid it. He started to sing as he tackled the thing

That couldn't be done—and he did it! Somebody scoffed: "Oh, you'll never do that—"

At least no one ever has done it; But he took off his coat and he took off his hat,

And the first thing he knew he'd begun it. With a lift of his chin and a bit of a grin,

Without any doubting or quailing, He started to sing as he tackled the thing

That couldn't be done—and he did it! There are thousands to tell you it can not be done.

There are thousands to prophesy failure; There are thousands to point out to you one by one,

The dangers that wait to assail you, But just buckle in with a bit of a grin,

Then take off your coat and go to it; Just start in and sing as you tackle the thing

That 'couldn't be done'—and you'll do it. —Edgar A. Busst.

### Arthur Burbank on Alcohol and Tobacco.

We were intensely interested in an article from the pen of Arthur Burbank, which appeared a little while ago, in the 'Sunday School Times', on alcohol and tobacco. It will be remembered that the great florist is not a temperance worker, but a scientist and business man, hence the value of his opinion to the world at large.

"If answered your question by saying that I never use tobacco and alcohol in any form, and rarely collect tea, you might say that was a personal preference and not a scientific fact. But, I can prove to you most conclusively that even the mild use of stimulants is incompatible with work requiring accurate attention and definite concentration."

"To come to my work of breeding work that is an accurate and exacting work, I have a four-

twenty men. I have to discharge men from this force if incompetent. Some time ago my foreman asked me if I took pains to inquire into the personal habits of my men. On being answered in the negative, he surprised me by saying that the men I found unable to do the delicate work of budding invariably turned out to be smokers or drinkers. This set of men, while able to do the rough work of farming, call budding and other delicate work, 'puttering,' and have to give it up, owing to inability to concentrate their nerve force.

"Even men who smoke one cigar a day cannot be trusted with some of the most delicate work.

"Cigarettes are even more damaging than cigars, and their use by young boys is little short of criminal and will produce in them the same results that sand placed in a watch will produce—destruction.

"I do not think that anybody can possibly bring up a favorable argument for the use of cigarettes by boys. Several of my young friends are in their graves who gave promise of making happy and useful citizens, and there is no question whatever that cigarettes alone were the cause of their destruction. No boy living would commence the use of cigarettes if he knew what a useless, soulless, worthless thing they would make him."

### The Engineer Was Drunk.

The fast express train was taken out of Elmira, New York, the other day, for the run to Buffalo, on the Lackawanna Railroad. It had on board valuable property and still more precious lives. It went along safely until it approached Corning and then it ran into a limited passenger train, piled up a wreck of engines and cars, killed forty persons and injured sixty others.

What was the cause of the disaster? The engineer was drunk. Under the stupor of liquor he passed by the danger signal, paid no attention to the warning fuses that were burning, and disregarded the fluttering cloth of the flagman who had been sent back from the other train to flag him. 'Booze' had made him dull.

One more is added to the long list of horrors due to drink. It is a black record. It is the most powerful sermon for total abstinence that could be preached—hundreds of thousands of dollars worth of property destroyed, forty lives blotted out, and sixty cripples made, all by one man who was drunk.—Catholic Columbian.

### Tired-Out Kidneys.

Kidney troubles are so frightfully common because the kidneys are so easily upset by overwork or excessive eating and drinking. Cure is effected not by whipping them on to renewed effort, but by awakening the action of liver and bowels, the use of Dr. Chase's Kidney Pills. This restores the kidneys and makes them well, backaches and urinary disorders then disappear.

"There's so much bad in the best of us, And so much good in the worst of us, It hardly behoves any of us To speak ill of the rest of us."

—The Blind Ploughman, though brief, has especially appealed to the critics:

Set my hands upon the plough, My feet upon the sod; Turn my face toward the east, And praise be to God!

Every year the rains do fall, The seeds they sit and spring; Every year the spreading trees Shelter birds that sing.

From the shelter of your heart, Brother—drive out sin; Let the little birds of faith, Come and nest therein.

God has made his sun to shine On both you and me; God, who took away my eyes, That my soul might see!

Traveler—(settling bill)—Pardon my curiosity, sir, but what you do stuff your beds with in this hotel?

Landlord—(proudly)—Best straw to be had in the whole country, b'gosh.

Traveler—Ah, that's very interesting; I know now where the straw came from that broke the camel's back.

—'Dear me, I think I'm the most miserable creature in the world.'

'What's the matter?'

'I'm trying to follow this magazine's advice on how to be happy.'

Consider MINARD'S LINIMENT the BEST Liniment in use.

I got my foot badly jammed lately. I bathed it with MINARD'S LINIMENT and it was as well as ever next day.

Yours very truly, T. G. McMULLIN.

'What was he saying he couldn't afford?'

'Something his wife wants, I have no doubt.'

Look To Your Plumbing.

You know what happens in a house in which the plumbing is in poor condition—everybody in the house is liable to contract typhoid or some other fever.

The digestive organs perform the same functions in the human body as the plumbing does for the house, and they should be kept in first class condition all the time. If you have any trouble with your digestion take Chamberlain's Tablets and you are certain to get quick relief. For sale at all druggists.

Mrs. Youngwood (proudly)—"This is my first pie."

Youngwood—Er—don't you think, love, it would be nice to keep it that to eat it?

Straight as it.

There is no use of our 'beating around the bush.' We might as well cut with it as to cut it.

We can you to try Chamberlain's Cough Remedy the next time you have a cough or cold. There is no reason why you should not do so. This preparation is the remarkable drug has gained a world-wide reputation and people everywhere speak of it in the highest terms of praise. For sale by all druggists.

Minard's Liniment Cures Diphtheria.

Minard's Liniment Cures Colds, etc.

## PAINTING?

Forget color schemes awhile; get endurance truths first.

Take this good advice now, before you paint or let a contract. Four years from now you'll be glad you did. Learn how vital is the large percentage of Brandram's B. B. Genuine White Lead—World's hundred year standard—combined in

**BRANDRAM-HENDERSON**  
"ENGLISH" PAINT

Come in! We have a telling booklet that will arouse you to new interest in paint.

**L. W. SLEEP, WOLFVILLE, N. S.**

### 600 Eggs in Three Years.

The Cornell College of Agriculture claims the champion hen of the United States in point of egg-laying. Her name is Cornell Supreme, and she is the pride of Prof. James Rice of the poultry department of the college, who has just announced her record.

This hen has laid in three years 600 eggs, weighing an aggregate of 86 1/2 pounds, which is 25 1/2 times her own weight. This hen has now won the championship over 'Cornell Surprise,' another hen which laid 160, 186 and 196 eggs respectively in three years.

Gov. Ebenhart, of Minnesota, during an address, told the following story of his own experience:

"Once while travelling through my state I was noticing in particular the great amount of waste that was going about me. During the afternoon, I went into the dining car, which was crowded, so I sat down near the end of the car, opposite a fleshy lady, who I thought weighed 250 lbs.

"As I looked past the lady through the car window, not noticing her in particular, I was impressed by the vast amount of farm machinery that was unsheltered and exposed to the weather, and could not help but remark, 'What a waste!'

"The lady opposite me faced me squarely and said, 'Master, you just mind your own business!'

In England a volume of lyrics by Miss Margaret Radclyffe Hall dealing with rural life among the Malvern Hills has been receiving great praise. 'The Blind Ploughman,' though brief, has especially appealed to the critics:

My feet upon the plough, My face toward the east, And praise be to God!

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## COAL!

Acadia Lump, Albion Nut, Springhill, Inverness.

A. M. WHEATON.

Electric Restorer for Men. Phosphorus restores every nerve in the body to its proper tension; restores vitality, promotes energy and all general weakness, restores appetite, restores the system to its normal state. Price 50c. per bottle. Write for full particulars to A. M. Wheaton, 1111 St. John Street, Montreal, Que. Or at Read's Drug Store.

Try the 40c. package of Red Rose Tea.

Although the 30c. and 35c. qualities are generously good, people who use the 40c. quality believe it to be worth the extra money. It's a stronger, finer-flavored tea. It goes farther in the pot.

N.B.—Coffee users will find Red Rose Coffee as generously good as Red Rose Tea.

**RED ROSE TEA**  
"Is good tea"

Do You Know What This Label Means?

It means cement of the highest possible quality. It means cement tested by experts whose authority is final at all our mills. It means cement acknowledged by engineers, architects and hundreds of thousands of farmers to fulfill every requirement of scientifically made Portland cement. It means a cement that is absolutely reliable, whether used for a great bridge or for a concrete watering trough. You can use

### Canada Cement

with complete confidence that your concrete work will be thoroughly satisfactory. You ought to have this confidence in the cement you use, because you have not the facilities for testing its quality, such as are at the disposal of the engineers in charge of big contracting jobs. These engineers know that when cement has passed the tests made upon it at Canada Cement mills, it will stand all their tests. And this same cement is sold to you for your site, your foundations, your feedings, your milk-houses or your watering-troughs. Write for the book, "What the Farmer can do with Canada Cement," which will give you full particulars. Write for the book, "What the Farmer can do with Canada Cement," which will give you full particulars. Write for the book, "What the Farmer can do with Canada Cement," which will give you full particulars.

There is a Canada Cement Dealer in Your Neighborhood. Address: Farmers' Information Bureau.

Canada Cement Company Limited, Montreal.

### The Excelsior Life Insurance Co.

HEAD OFFICE: TORONTO.

High Interest Earning, Low Mortality and Economy in Management make us a desirable company to insure in.

CAPT. S. M. BEARDSLEY, Wolfville, Prov. Mgr.

### AN OPPORTUNITY FOR A RELIABLE MAN IN WOLFVILLE.

We have some Gilt Edged original prairie Townships, (not subdivisions), which appeal to the intelligent investor, and we intend to put on an extensive advertising campaign in WOLFVILLE as soon as we complete arrangements with a first-class man, who can follow up inquiries. We mail the district thoroughly. The right man who will apply himself can make this a permanent and very profitable position. Apply

H. W. McCURDY

102 Temple Building, - - Toronto.

Hutchinson's Express & Livery.

UP-TO-DATE IN EVERY RESPECT. Borden, Barouches, Single and Double Carriages. Good Horses, Careful Drivers. Terms at all Times and Bids. Baggage carefully transferred. Telephone No. 55.

HUTCHINSON, Prop., WOLFVILLE, N. S.

### FRAME STOCK

SAWED TO ORDER.

athes, Shingles, Sheathing and Flooring.

WRITE FOR PRICES.

H. HICKS & SONS

BRIDGETOWN, N. S.

SH STORE! COAL & BRIQUETTES.

Have a pile stock of Oranges, nice and sweet Grape Fruit, Malay Grapes. Prices Right.

Also Celery, Lettuce and Parsley.

O. W. STRONG

Dr. de Van's Kidney Pills. Home and lot on east side of Highway Avenue. Apply to E. S. Chaffey, Solicitor, Wolfville, Nova Scotia.

### FRANCE'S PRESIDENT

Not Chosen Directly by the People and Has Little Real Power.

From the point of view of salary and other emoluments the Presidency of the French Republic is the most desirable position in the world, since the President is entitled to a salary of \$120,000 a year, and expenses amounting to as much more. He is the master of great patronage, and is always able to well provide for his family and personal friends. Also it is his duty to form cabinets. Nevertheless, the President of France is in many respects a figurehead, the real power being the Premier, or chief of the cabinet. The people of France, recognizing the fact, decline to get excited about the President's election. If they were permitted to do the electing the citizens of France might show more interest in it, but, seeing that the chambers are the real electors, the people of France are able to preserve a detached attitude. They are neither greatly enthusiastic nor very critical of the choice of the chambers, but having a president elected for them, they treat him with all the respect elsewhere accorded to crowned heads.

In France there is no public campaigning for the presidency; no mass meetings are held; there are no caucuses and no dummy elections. It is true that the newspapers do not hesitate to point out to the representatives their duties for the Presidency, but the election is more like a lobby than a campaign.

It must be noted that the President of France is more like a king in a democratic country than like a President. Normally he is head of the state, and possesses great powers, including the supreme power of vetoing any measure he does not like. He has the right to propose what his cabinet advises him to do. If he chooses to disregard the advice of his cabinet he is the President. The new cabinet, however, must be able to command the support of a majority in the chamber. If it does not, it must resign. It often happens that there is only one set of men who can command necessary support. This group is chosen by the president when he forms his original cabinet. Should he disregard the advice of his cabinet, the cabinet resigns and, failing to nominate another cabinet, the president resigns.

### CHEERS IN ALL TONGUES

Reiner Burghard, the well known war correspondent, says that the Bulgarian cheer sounds very much like an English "hurrah" except that the Bulgarian people usually pronounce it "Burr-rah." The Bulgarian cheer is "Oorrah," with no initial "B" and with an indefinite prolongation of the "ah." The Russian cheer is the same, and is also pronounced "Burr-rah," used not only by the English but also by the Germans, Swedes, Danes and others. But it is more frequent in the Slav than in the Teutonic countries.

In Germany "three cheers" for the Kaiser means not three hurrahs, but three "Hurrah's." In Hungary, the "three cheers" for the Czar means three "Hurrah's." The Russian cheer is different. They usually shout "Burr-rah," which is the equivalent of the French "Vive!" the Italian "Viva!" and the Hungarian "Huj!"

### CHILD DRUNKARDS

Terrible Conditions Prevail in Russian Schools.

Remarkable statements concerning drunkenness among Russian school children are made by H. M. Grosse, the British Consul in Moscow. He is quoted as saying that in the trade of the school children in Russia is very rapidly increasing among the school children in Russia. The Moscow school children are in the habit of going into the streets and drinking. It is stated that of the adults who are addicted to drink and violent drinking, that 50 per cent. learned to drink while still at school. Out of 12,194 schoolboys in the Moscow province, 66 per cent. of the 12,194 schoolboys, or 66 per cent. drink strong liquor, and out of 14,694 girls of the same age, 72 per cent. also drink.

Alabaster Sphinx Found.

Another sphinx, weighing 40 tons and carved from a single block of alabaster, was unearthed at a point between the world-famed Colossi in the water-filled plain of Memphis in Egypt. For hundreds of years it has lain in a tomb beneath the sands of the desert. This discovery of an ancient sphinx was betrayed in its hiding place by its tail, which Mr. Mackay, one of the students of the British school in Egypt, discovered about a year ago. The figure bears no inscription, but it is considered by Prof. Flinders Petrie, the director of the British school in Egypt, to have been carved about 1500 B.C.

Much Be-Titled Family.

Lord Montgomerie, whose death took place at Midlothian in Scotland, was the fourth holder of an Irish viscountcy. He was created first Baron Nidd in 1911. He was a member of the famous Irish family of the Marquesses of Ormonde, the Marquess of Ormonde, the Viscount of Montgomerie, and the Marquess of Dunbar.

Enormous Death Duties.

The amount of the death duties which the Rothschild family had to pay at Vienna after the death of Baron Albert de Rothschild was over five million dollars.

### JOHNSON'S

AMMONIAC LINIMENT

Used 102 years for internal and external ills.

A pure relief for coughs, colds, sore throat, cramps, cholera morbus, diarrhoea, cuts, burns, bruises, sprains, etc.

Prepared by J. C. Johnson, Boston, Mass.

For sale by all druggists.

Minard's Liniment Cures Diphtheria.

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