

**MAGIC BAKING POWDER**  
CONTAINS NO ALUM  
MADE IN CANADA

The screws on the wringer should be loosened after every use; then the rubber should wear well for a long time. After using a fireless cooker, see that the radiators and also the wells are wiped perfectly dry.

Grind up all the left-over meat, boil in thin squares of noodle dough, boil ten minutes in tomato sauce. Palatable and economical.

Chop all vegetables for vegetable soup in a chopping bowl instead of wasting time and labor cutting them up.

Mission furniture should be waxed. Melt two ounces of white wax, then mix with four ounces of rectified turpentine. This should be stirred until it is cold. Apply to furniture with a rag and polish with woolen cloth.

When the custard curdles, beat with a rotary beater and it will become all right.

To make a tough steak tender rub it on both sides with vinegar and olive oil, thoroughly mixed, and allow it to stand two hours before cooking.

Shred codfish and chip beef and put them in jars so that they will be ready to cream without trouble. Slice bacon and wrap it neatly in waxed paper, or else pack the slices in a glass jar.

Franglais a New Tongue.

"Franglais" is a new language that you hear in France to-day. The word is made out of Francaise and Anglais, the French words for French and English—and the language itself is made out of a fearful jumble of words that were perfectly good when they played by themselves, but don't always mix.

Franglais is what you hear where Americans and English men and women without a very good knowledge of their hosts' own speech find themselves at work alongside of French men and French women—soldiers, nurses, relief workers, shopkeepers and all sorts of folk.

American Red Cross workers say that when you gather up several hundred little French babies who have hardly begun to speak any language at all and several hundred little ones who are speaking the universal and universally incomprehensible language of babyhood, the results are one degree harder to understand than grown-up Franglais.

Minard's Liniment used by Physicians

RAISIN DISHES.

Some Good Ways to Use Healthful Article.

Lemon-Raisin Pie may be tried for a change. Simply cook two-thirds cupful ground seeded raisins in one and one-quarter cupful water about twenty minutes. Mix two tablespoonfuls each of flour and cornstarch with two-thirds cupful sugar, dilute with four tablespoonfuls water, add to raisins and cook until smooth and clear.

Take from fire, add three tablespoonfuls lemon juice, grated rind of one lemon, one tablespoonful butter, and yolks of two eggs slightly beaten. Bake in crust

Had ship's anchor fall on my knee and leg, and knee swelled up, and for six days I could not move it or get help. I then started to use MINARD'S LINIMENT and two bottles cured me.

PROSPER FERGUSON.

Banana-Raisin Pie—Cook one-half cupful chopped seed raisins in one cup water until plump. Take from fire, add two tablespoonfuls tart cracker crumbs mixed with one tablespoonful sugar and one teaspoonful butter. Let stand covered until cold. Cut one large banana in thin slices, add two tablespoonfuls cinnamon, two tablespoonfuls lemon juice, three tablespoonfuls sugar, three-quarters teaspoonful lemon extract and grated rind one-half lemon. Combine mixture, add one well-beaten egg and two tablespoonfuls seeded raisins cut in pieces. Bake between two crusts.

Raisin Puffs—Cream one-third cupful butter, add two tablespoonfuls sugar, two well-beaten eggs, one cupful milk, two cupfuls baking powder and one-quarter teaspoonful salt, one cupful seeded raisins cut in small pieces and dredged with one-quarter cupful flour. Turn into buttered cups. Bake about 35 minutes. Serve the plain or whipped cream, sweetened and flavored to taste.

Raisin Cup Cakes—Two-thirds cupful butter, two cupfuls sugar, four eggs, one cupful milk, three and one-half cupful flour, four level teaspoonfuls baking powder, one-quarter teaspoonful mace, one teaspoonful lemon extract, one and one-quarter cupfuls seeded raisins cut in halves and small pieces, alike in muffin pans. Cover with frosting and put seeded raisins in centre of each.

Keep Minard's Liniment in the house

WORTH KNOWING.

When making lemon meringue pie and desiring a sugar coat on it, sift powdered sugar over the top before it is placed in the oven.

A bucket of clear water, with a handful of salt in it, will clean matting; rub the matting lengthwise.

A few drops of water added to the fat, and the fry pan covered, will keep eggs from becoming tough.

Try tacking white oncloth over the woodwork on your sink, being careful to pull smooth and tack underneath; this is handy when the sink is in bad condition.

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# A Packet of— "SALADA"

Tea, will go further on infusion and give better satisfaction than any other Tea obtainable. . . .

Not a shadow of doubt about this. TRY IT!

Scientific Odds and Ends.

In 1916 the U. S. produced 54,200,000 tons of coke.

It is believed that kerosene was first used for lighting in 1826.

Until the year 1874 the Japanese used to vaccinate on the tip of the nose.

The press of the Oxford University has type for printing in one hundred and fifty languages.

The Newfoundlanders are said to have the finest physique of any British-speaking people.

Greater New York consumes at least one-twentieth of the food eaten in the United States.

The Amazon drains an area of two million five hundred thousand square miles—ten times the area of France—and in connection with the river and its tributaries are said to be fifty thousand miles of navigable water.

NO CURE, NO PAY  
(Cure Your Bronchitis, Coughs, Colds, Bronchial Asthma, and Hoarseness as We Cured Ours)

We have hundreds of testimonials from every part of Canada, testifying to the wonderful healing power of White Bronchitis Mixture. Mr. Clarke, 778 Indian Road, Toronto, coughed for 35 years with Bronchitis; it cured him. Mrs. Clarke, No. 4 Yorkville Avenue, Toronto, coughed for 15 years; one bottle cured her. John E. Gibbs, Fenella, suffered fifteen years with Bronchial Asthma, and says there is nothing like it. W. McE. Brayne, New Liskeard: It is the greatest mixture I ever took; send me three more bottles. The above are only a few names of the many thousands that have benefited by this great mixture. Write any of the above. They will be only too pleased to tell you more about it. The above mixture is sold under an iron bound money back guarantee to cure any of the above ailments. Ten times more powerful than any known preparation; acts like magic; one dose gives instant relief and a good night's rest without a cough. Price 50 cents; 15 cents extra for mailing; three bottles mailed free for \$1.50. Sold only by Buckley, The Druggist, 97 Dundas Street East, Toronto.

Worth Knowing.  
A delicious soda biscuit to serve with afternoon tea is made as follows: A tablespoonful and a half of butter, two tablespoonfuls of cream of tartar, one tablespoonful of soda, one pint of milk, a little salt, and one quart of sifted flour. Mix the flour, salt, butter and cream of tartar together; then dissolve the soda in the milk, and add the liquid slowly to the flour. Work the whole mixture together well, roll the dough out to a quarter inch thickness, and cut it into rounds about a size of a quarter. Bake brown in a quick oven.

A few drops of lemon squeezed in the water in which potatoes are boiled, just before they are done, will prevent them from turning black.

Vaseline will leave a stain that is hard to get out. Wash goods stained by vaseline first in warm water and soap, then a few drops of chlorinated soda rubbed on the spots will cause them to disappear.

Warm Though, Far North.  
It is difficult to realize, but it is none the less true (that the Murman coast of Russia is as far north as King William Land, where Sir John Franklin and his men abandoned the Erebus and the Terror. But the Gulf stream makes all the climatic difference. For that reason it is possible for Quebec to be much further south than London, and New York to be on the parallels of latitude of Spain and yet have winters of great severity.—Christian Science Monitor.

Fooled the Reporter.  
A good story concerning De Valera, the Sinn Fein leader, is going the rounds of London.

It appears that recently a certain London newspaper sent a reporter over to Ireland to take shorthand notes of one of his speeches. The audience objected, but De Valera was all smiles and urbanity.

"Let the gentleman remain," he said, "so far as I am concerned, he is at liberty to report my speech verbatim, if it pleases him."

De Valera advanced to the front of the platform. Eyes glistened, ears were all attention, and the reporter's pencil was poised in the air. De Valera bowed one more benign smile on the newspaper man, winked wickedly at his audience, and began his speech—in the Gaelic language.—Pearson's Weekly.

Beer Ancient Drink.  
Beer is believed to be one of the most ancient of drinks. Manuscripts written at least 3,000 years before the Christian era show conclusively that even at that primitive period the manufacture of an intoxicating liquor from barley or other grain was extensively carried on in Europe.

We paint our lives in fresco; the soft and fustle plaster of the moment hardens under every stroke of the brush into eternal rock—Sterling.

Pimple Face?  
Drive 'Em Away  
This Very Night

Simple and Inexpensive Way to Clear Up Sallow Complexion.

YOU GET RESULTS QUICKLY

An easy way to freshen up the dull, sallowest skin is to purify the blood, clear it of all humors, and enrich it by the regular use of Dr. Hamilton's Pills.

Not only will Dr. Hamilton's Pills put roses in your cheeks and brightness in your eyes, they will do wonders for your general health, and quickly make you feel and look like a new person.

Impossible to have headache, indigestion, or bilious fits if you tone the system with Dr. Hamilton's Pills. Neither will you have torpid liver, constipation, or bad breath.

Your whole body will be cleansed, purified, strengthened.

To get back lost looks and to restore failing health no better medicine for man or woman than Dr. Hamilton's Pills could be recommended. For forty years the Catarrhozone Co. have sold them under guarantee in 25c boxes.

REMEMBER THAT  
A Baker's Dozen of Reminders for the Home-Gardener.

Flower seeds should not be sown until May 1, even though the weather seems settled. While night remains cool, seeds lie inert and often rot. Sweet peas are an exception.

Meanwhile home gardens should not lie idle. April should be their busiest month.

Every minute spent in preparing beds for seeds or perennials brings its reward. Dig, turn, pulverize, sift soil if necessary, remove stones, old roots, etc.

Where soil is hard-baked and clayey, or sour and wet, well-rotted manure is essential.

Roots of perennials should not come in contact with manure. Mix well and place layer of soil above manure before planting.

Although hard-shelled seeds such as nasturtiums, sweet peas, etc., are benefited by an all-night soaking in tepid water, bulbs of gladioli, dahlias and cannas should never be soaked before planting.

The tips of cosmos, dahlias and chrysanthemums should be pinched off

THE BEST MEDICINE FOR LITTLE ONES

There is no medicine for little ones to equal Baby's Own Tablets. The Tablets are a mild but thorough laxative; pleasant to take; do not gripe and never fail to relieve the little one of constipation, indigestion, colic or any of the other minor ailments. Concerning them Mrs. Jos. Monzerolle, Eel River Ridge, N. B., writes:—"I believe Baby's Own Tablets are the finest medicine for little ones I have ever used. From my own experience I would recommend every mother to keep a box on hand." The Tablets are sold by medicine dealers or by mail at 25 cents a box from the Dr. Williams' Medicine Co., Brockville, Ont.

WANDERING LAKE.

Lake Lop-nor, the wandering lake of the desert of Tayla-makan, in eastern Turkistan, is the termination of the River Tarkin. Like a pendulum, the lake has swung from the south to the north of the desert, and back again, since the memory of man. The wanderings of the lake are a tradition handed down from father to son for centuries. The natives of the lake shore have always followed the waters.

Strange Body of Water in Turkistan.

At present Lop-nor is in the southern part of the desert; a shallow reedy body of water hardly deserving the name of lake. Murky and unpleasant, it furnishes a livelihood to the inhabitants of its banks, the majority of whom are fishermen. In their frail shallow boats they cut through the reeds, fishing and hunting for water fowl along the banks. In some places the reeds are too thick to admit the passage of the boat; in such cases, however, it is possible to walk over the water on rafts of dried and rotting stems. The chief natural delicacy is the eggs of the reed-birds.

RELIEF AT LAST

I want to help you if you are suffering from bleeding, itching, blow or protruding Piles. I can tell you how, in your own home and without anyone's assistance, you can apply the best of all treatments.

PILES TREATED AT HOME

I promise to send you a FREE trial of the new absorption treatment, and references from your own locality if you will but write and ask. I assure you of immediate relief. Send no money, but tell others of this offer.

MRS. M. SUMMERS, Box 18, Windsor, Ont.

EURASIAN CANAL.

French Engineer's Scheme to Use Euphrates.

Gustave Delfosse, a French engineer, has worked out a scheme for a canal from the Mediterranean Sea to the Persian Gulf, involving a revival of the proposal of opening the middle Euphrates to navigation on a large scale. His plans, which are based on surveys made on the spot from 1901 to 1912, and which were prepared during the years 1913 to 1917, provide for a canal 69 miles in length, with a width of 328 feet on the surface and of 230 feet on the bottom, and a uniform depth of 32 ft. 9 in. The canal would start from the Mediterranean at Suedich, following the course of the River Nahr-el-Asi to Lake Abiad, from which point a channel would be excavated to Khalat Beldis, where it would join the Euphrates, and thence, after stream, trained and improved, would provide the waterway to the Persian Gulf.

The scheme provides for a number of regulating dams of his own design, for which he claims the double advantage of not hindering navigation and of enabling constant levels to be maintained over great lengths. These dams, of which there would be one on the Suedieh-Khalat Beldis section and four between Khalat Beldis and the Persian Gulf, would consist of two massive piers having in their

faces broad grooves between which slides the steel calsson that constitutes the moveable dam.

As water is pumped into or out of this calsson sinks till its upper part is flush with the bottom of the canal or rises so as to block the channel entirely, or occupies any intermediate position that may be desired to regulate the flow of water. At the points where regulating dams of this kind are placed the channel would be gradually narrowed to about a third of its normal width.

M. Delfosse puts the cost of the canal and its appurtenant works at \$24,000,000 (about \$320,000,000), and considers that it could be completed ready for traffic in seven years. The gross revenue from international traffic he estimates at a minimum of \$5,800,000 (about \$75,000,000) on the basis of a daily entry of 50,000 tons from the Mediterranean, and of 30,000 tons from the Persian Gulf, and a charge of 5f. (4s. 2d., about \$1) ton for the whole transit of the canal.

Ask for Minard's and take no other.

Sculpture by Photography.

A progress for producing bas-reliefs by photography is the fruit of the invention of an Italian scientist. The basis of the invention is the property possessed by a film of chromium gelatin of swelling in proportion to the intensity of the light falling upon it. The swelling is greater with a low than with a high intensity, so that the light passing through a photographic negative produces upon a chromium gelatin plate a positive in distinct relief.

The transparency of an ordinary negative, however, is not truly proportional to the relief of the original model, but by an ingenious automatic device involving double exposure this difficulty is avoided and a negative is obtained having its lights and shades correctly graded to produce the effect of relief.

SMITH GOT WISE

A sore corn, he said, was bad enough, but to have it stepped on was the limit. He invested in a bottle of Putnam's Painless Corn Extractor, and now wears a happy smile. Corn is gone—enough said. Try Putnam's Extractor, 25c at all dealers.

"STEEL"

Origin of Word is Wrapped in Mystery.

It appears that we do not know whence the word "steel" came, nor even the original meaning thereof. A leading authority claims the word as having started in England; he appears to be mistaken, when an examination is made of all the records.

When the word first made its appearance in English or Anglo-Saxon, it had become a proper name on the continent, showing the general diffusion of the term. We are equally disappointed in the Greek and Roman classics. They knew how to harden soft iron, but had no name for the finished product we call steel.

The Greeks obtained a good brand of steel from Chalybes at Sinope; that brand they called "chalybs" or "chalybes," and the Romans adopted the term. But the common people did not use the word, which occurs mainly in poetry. It was so employed by Aeschylus, about 475 B. C., and in Latin by Virgil, a few years before the Christian era.

When the writers of good Latin prose wished to convey the idea of fierceness from your own locality if you will but write and ask. I assure you of immediate relief. Send no money, but tell others of this offer.

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Scientific Discovery by Cat.

While the cat has often served the purposes of science, it has generally been not to her own comfort and frequently with the loss of her life. One cat in Australia, however, proved her usefulness in the advancement of human knowledge without being compelled to sacrifice herself on the altar of science.

This cat belonged to a member of an expedition into the interior of Australia. One day she brought to her master a strange little animal which she had captured among the rocks. The man handed the animal over to the naturalist of the party, who saw at once that pussy had made an important discovery. The animal she had caught was a new and apparently rare species of the tribe of insect eating marsupials belonging to the great family of which the giant kangaroo is the most conspicuous representative.

The Social Fabric.

To uphold the social system women submit to uncounted tests of their constancy. They endure physical discomfort, ennui, the peril of cold drafts and damp places, hours of weariness and moments of acute annoyance for the sake of what, to a man, is an unimportant social matter. And even though at times she feels that it would matter little if the whole social scheme of things should perish—and that instantly with fire and bloodshed if need be—rather than require so much of her, she stands to her colors.

Minard's Liniment Lumberman's Friend.

It is fine for cleaning cans - says the dairyman

**Comfort Lye**

RENEW IT AT PARKER'S

The clothes you were so proud of when new—can be made to appear new again. Fabrics that are dirty, shabby or spotted will be restored to their former beauty by sending them to Parker's.

**CLEANING and DYEING**  
Is Properly Done at Parker's

Send articles by post or express. We pay carriage one way and our charges are reasonable. Drop us a card for our booklet on household helps that save money.

**PARKER'S DYE WORKS, Limited**  
CLEANERS AND DYERS  
791 Yonge Street - - - Toronto

**DRS. SOPER & WHITE**

SPECIALISTS  
Piles, Eczema, Asthma, Catarrh, Pimples, Dyspepsia, Epilepsy, Rheumatism, Ekin, indigestion, Blood, Nerve and Bladder Diseases.

Call or send history for free advice. Medicine furnished in tablet form. Hours—10 am to 1 p.m. and 2 to 6 p.m. Sundays—10 am to 12 noon.

Consultative Free  
**DRS. SOPER & WHITE**  
25 Toronto St., Toronto, Ont.

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