

think of such a thing; for there is a horse chestnut tree in their yard, and every one of those five boys has a sling-shot, and last fall, with one of those detestable little things, they killed my friend, Robin Red Breast." "Now, I have a bright thought,"

Piles Cured

Without Knife or Instrument

Sample Package Free so that We can Prove it to You.

"Every morning, for over 20 years, I never went to the toilet without fear and trembling, and I never left it without having suffered agonizing tortures. Many days I did not dare go at all, so much did I dread the terrible ordeal."



These are the exact words of a sufferer from piles, and we hear the same thing almost every day. It voices the sentiments of hundreds of thousands of others in this country to-day, for it is estimated that of every ten persons we meet in church, the street, or the theatre, seven are affected with piles.

Martyrs, and needless martyrs, too, for since the discovery of the marvelous Pyramid Pile Cure no one need suffer one moment longer. There is now no excuse for having piles, and if you continue to suffer from them you do not deserve a particle of sympathy, considering the chance we give you to prove it to your own satisfaction wholly free of cost to you.

Here is a typical case: Mr. Benjamin Shaw, Postmaster of Bland, New Mexico. He had suffered from aggravated piles for years, and was upon the eve of a serious surgical operation, believing that he had reached the limit, and that the operation offered the only possible means of relief and cure. Let us quote his own words in his letter of Oct. 31, 1905: "I was in great agony of mind and body. In the meantime, a gentleman told me of the virtue of your Pyramid remedy. I fortunately found it at a drug store, and by the next morning I did not feel that an operation was necessary, and in three days I was able to return home, and a complete cure was accomplished to my great satisfaction and the surprise of the physician."

Send to-day to the Pyramid Drug Company, 2272 Pyramid Building, Marshall, Mich., and get a sample package by return mail and then go to your druggist and get a box, the price of which is 50 cts., and get well without pain, trouble, or cutting.

said Mr. Sparrow. "We will build near the home of some boy or girl who goes to Sunday School. I have heard say that at Sunday School the children learn to be kind to everybody and to everything; so we will watch next Sunday, and see what children go to church; and then on Monday morning we will build near the home of one of these."

So that night, and the next, Mr. and Mrs. Sparrow slept under the leaves of a low-growing bush.

"It won't hurt us to go a night or two without a home," they said. "since we are to have a Sunday School boy or girl for a neighbour when we do build."

When Sunday came, a shower came also; but, for all that, Johnnie, and Fred, and Lill, and Sadie, and oh, so many boys and girls put on their waterproofs, and took their umbrellas, and started off to Sunday School.

"Now, we know who the good children are," said Mrs. Sparrow. "If these boys and girls love their Sunday School so much that the rain will not keep them away from it, they will love us birds, too, and won't try to hurt us."

So the next morning Mr. and Mrs. Sparrow built in the yard of Johnnie's home; and when Johnnie's Sunday School class met there for a birthday party, there was a whole nestful of little sparrows for them to look at; and Mamma and Papa Sparrow were not at all afraid to have them come near their babies.—Alice May Douglas.

A GIRL'S EDUCATION.

Sometimes it happens that a woman is practically compelled to play a man's part and perform a man's labour in the world; and when she does it well we honour her. But this is not her normal function; it is an exception, a dislocation of destiny. In her natural sphere we would not have her walk like a grenadier, nor shout like a sea captain. There is no more perfect heroine in Shakespeare's plays than Cordelia; and of her it is said that

"Her voice was ever soft, gentle and low, an excellent thing in woman."

'Tis an old-fashioned commendation, I know, but it has not yet lost its charm; and it is symbolical of other points of womanly excellence in the body—quiet and refined charms which we would be loath to exchange for a superficial and not particularly useful mannishness.

There is room for the same kind of discrimination, if I mistake not, in the intellectual education of a girl. Her mind is as good as the boy's mind, but there is usually a certain difference in the fibre, which suggests a possible variation in the way of working it, and in the distinctive purpose of its development.

For most girls the true purpose and the best result of education is not the mastery of some special branch, nor the acquisition of the encyclopædia of learning, but the

AT THE FIRST SIGN OF "SPRING FEVER" you should take ABBEY'S SALT.

It is the only spring tonic used in thousands of homes to purify and enrich the blood—relieve that feeling of languor—and revitalize brain and body. Highly recommended by the medical profession. 25c and 60c.

A morning glass puts the whole system in trim for the day.

Abbey's Effer- vescent Salt

quickening of the imagination, so that they shall be able to comprehend more clearly and to sympathize more deeply. "The advantage of study, I suspect," wrote James Russell Lowell to a young woman for whom he felt a warm affection, "is not in the number of things we learn by it, but simply that it teaches us the one thing worth knowing—not what, but how to think." That is true for boys, but it is even more emphatically and importantly true for girls.

They are not going to be inventors, or discoverers, or lawyers, or philosophers, or chemists, or theologians—at least not in the majority of cases. They are going to be women; and that means that they will have a special need and use for the power of thinking in companionship. The man who is intellectual, who has some hard work of brain to do, or who is engaged with some knotty problem of knowledge, does not want

When Vitality Is at Low Ebb.

If you watch the newspapers for the next few weeks you will find that the death record is a large one, and made up largely of persons in advanced years and of weak constitution.

Vitality seems to be at low ebb at this time of year. A little over-exertion, a little unusual exposure, a little neglect of the body and health is undermined.

If you could but realize the reconstructive and upbuilding influence of Dr. Chase's Nerve Food it would be easy to convince you of the wisdom of using this preparation at this season of the year.

No physician can give you a better restorative than Dr. Chase's Nerve Food, for it is prepared in accordance with the most modern and scientific principles, and contains in condensed form the most potent restoratives known to medical science.

By noting your increase in weight while using Dr. Chase's Nerve Food you can prove for a certainty that new, firm flesh and tissue is being added to the body; 50 cents a box, at all dealers, or Edmanson, Bates & Co., Toronto.

The Home Bank of Canada

8 KING ST. W. 78 CHURCH ST.
522 QUEEN ST. W.

TRANSACTS A GENERAL BANKING BUSINESS
Savings Accounts
a Specialty

Sterling Exchange Bought and Sold

Drafts issued payable at all leading points in Canada and the United States

Savings Department of Church St. and Queen St. Branches open every SATURDAY EVENING, 7 TO 9 O'CLOCK

JAMES MASON, General Manager

The Toronto General Trusts Corporation

Acts as
EXECUTOR or
ADMINISTRATOR

THE Officers of the Corporation will be pleased to consult at any time with those who contemplate availing themselves of a Trust Company. All communications will be treated as strictly confidential.

Wills appointing the Corporation Executor are received FREE OF CHARGE.

J. W. LANGMUIR,
Managing Director,
59 Yonge St., Toronto.

(Branches at Ottawa and Winnipeg.)

The RELIANCE

LOAN & SAVINGS CO. of Ontario

HEAD OFFICE: TORONTO

84 KING ST. EAST,

DEPOSITS

SUBJECT TO CHEQUE WITHDRAWAL

3 1/2 per cent. interest allowed on deposits

of one dollar and upwards, compounded half-yearly.

DEBENTURES issued for \$100 and upwards, for terms from 5 to 10 years; interest at 4 per cent. per annum, payable half yearly.

Moneys for the above may be forwarded by mail.

HON. JOHN DRYDEN, J. BLACKLOCK,
President. Manager.

training of the intelligent woman to take the place of a man or a library of science; he wants her to his labouring and often and weary mind; he sees the meaning of his encourage and enlighten sympathy. And the man and stupid does not write on the hearth, or skirts beside him; he events he needs, the business of a more thoughtful who will gently surprise his dullness, and refresh intelligence with the thinking and reading form of solid chunks but in the fine cord wisdom.

Now, it would be an ambition to attempt a particular course of study, the only means of power of sympathy. There is but one way to learn the multiplicity of irregular verbs in rules of Latin grammar as we rather stupidly meaning thereby that nothing to do with memory. But when this region of merchandise packed into the minimum broader fields of study, there is more teaching. The right seems to me, is to studies which are stimulating, broadening their influence, and so much for mere personal culture. The main, the old lines be called "the lit which the boys, for reason, seem to be

On this point I find interesting and hurt by the president's university.

"Another phenomenon some concern," says a increasing proportion compared with women and general co-studies women at the ascendant. So culture courses have member apiece. tendencies continue result, one for woman the specially educated subjects, hitherto greatest possible development of the other for bread and butter men at our college butter students.' Dyke, in Harper's

IF YOU Rheum

Cut, Lumbago, Sciatica, etc. You fall to cure you, you free a trial package cured me and thousands of over 30 years or deception, but an honest test without spending money. John A. S. 306-308 Broadway