

GOSSIP.

Register a strong "kick" when necessary, but don't grumble or sulk.

Keep the windows of your house as well as of your heart and soul, open.

She—You told me when we were married that you were well off.

He—I was, but I didn't know it.

First fit yourself to your surroundings, and then gradually but steadily better them. That is success.

Going away from home often makes us appreciate blessings we had overlooked in our everyday hurly-burly.

Change of scene is helpful because it brings change of thought. Get out of your mental ruts.

The Scotchman who wished he had been herding swine when his older brother was born so that he might have had the inheritance, is typical of a great many who would like to rearrange their birth-rights.

At no time in the history of the International Live-stock Exposition has everything pointed to such a grand display of live stock as that to be presented to the public on November 26th to December 3rd, this year, at Chicago. In the first place, there is no other show held in the world that so thoroughly comprehends the needs of the farmer, feeder and breeder, and no other show exists that is as capable of giving as liberal an education to these men as the international. It is a true exponent of the live-stock industry as it meets the requirements of the country. To attend the international this year and view the exhibits of bovine and equine aristocracy, as well as that which delights the sheep and swine man, cannot but make every man feel that his calling is ennobled by advancing such a cause.

GOOD WHITEWASHES.

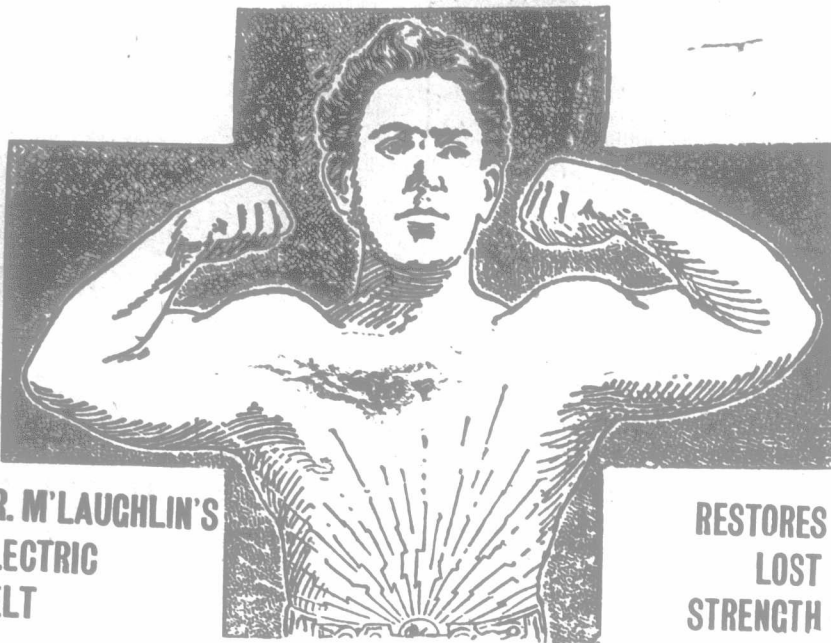
We are frequently asked how to prepare a good whitewash for use in stable and henhouses, and having noticed the following recipes published in a reliable English contemporary, and said to have been thoroughly tested, we give them for what they are worth. It is stated that they will not rub off, as does the ordinary lime and water mixture:

1. Slake in boiling water one-half bushel of lime, keeping it just fairly covered with water during the process. Strain it to remove the sediment that will fall to the bottom, and add to it a peck of salt dissolved in warm water; 3 lbs. of ground rice, boiled in water to a thin paste; $\frac{1}{2}$ lb. powdered Spanish whiting, and 1 lb. of clear glue, dissolved in warm water. Mix the different ingredients thoroughly, and let the mixture stand for several days. When ready for use apply it hot. If a less quantity is desired, use in the same proportions.

2. A good whitewash for use on outside work may be prepared as follows: Slake in boiling water one half-bushel of lime, and strain as before. Add to this 2 lbs. of sulphate of zinc and 1 lb. of salt, dissolved in water. If any color but white is desired, add about 3 lbs. of the desired coloring matter, such as painters use in preparing their paints. Yellow ochre will make a beautiful cream color, and browns, reds and various shades of green are equally easily obtained.

3. Another excellent wash, lasting almost as well as ordinary paint, may be prepared for outside work as follows: Slake in boiling water one half-bushel of lime. Strain, so as to remove all sediment. Add 2 lbs. of sulphate of zinc, 1 lb. common salt and $\frac{1}{2}$ lb. whiting, thoroughly dissolved. Mix to proper consistency with skimmed milk, and apply hot. If white is not desired, add enough coloring matter to produce the desired shade. Those who have tried this recipe consider it much superior, both in appearance and durability, to ordinary washes, and some have not hesitated to declare that it compares very favorably with good lead paints. It is much cheaper than paint, and gives the houses and yards to which it is applied a very attractive appearance.

Get Some Life Into You!



DR. M'LAUGHLIN'S
ELECTRIC
BELT

RESTORES
LOST
STRENGTH

What's the use of dragging your legs about like a wooden man? Feel like a man of spirit. Away with the pains and aches; off with this wretched feeling as if you were 70 years old and had one foot in the grave. Ginger up! Feel young and full of glee. That's the way a man ought to feel. Come and let me put life into your nerves; let me give you a new supply of youthful energy. Let me make you feel like throwing your chest out and your head up and saying to yourself: "I'M A MAN!" Let me give you back that old feeling of youthful fire, vim and courage. I can do it, so that in two months you will wonder that you ever felt as slow and poky as you do now. Act to-day. Life is sweet, so enjoy every minute.

Show me the man who would not be a better man than he is. It matters not how the rocks and shoals of life have worn the edge off the spirit of joyousness, have dulled the enthusiasm of youth, and left the nerves less vigorous, the eye less bright, the step less springy, the mind less forceful, and the general vitality less powerful than they ought to be at your age; you want to be strong.

Hard work wears, excesses and worry, disappointment and other cares of life drain away the vim and snap of perfect manhood. Electricity applied my way restores them. It makes men feel young; it renews the fire of youth, the spice of life.

DR. McLAUGHLIN'S ELECTRIC BELT

Does this naturally. I know that the foundation of all manly strength is Electricity, and that Electricity alone will renew the vigor of youth. I have applied it for over twenty years, and have cured thousands of weak men in that time. Every town knows my cures. My book tells of many grateful men who were cured by my Belt after every kind of medical treatment had failed.

MY BELT CURES
TO STAY CURED

Nervous Weakness, Pains in Back and Limbs, Rheumatism, Kidney and Stomach Trouble, Varicocoele, Loss of Strength, and all the effects of wasted force in men and women.

Cured of Rheumatism.

Dr. McLaughlin:

Dear Sir: Your Belt has cured me of Rheumatism and severe pain in the hip joints, from which I had suffered for two years. I have only worn your Belt for two weeks, but the change has been wonderful. I can go upstairs two at a time now, and I could hardly walk before. I tried many other remedies before, and have found the right one in your Belt for me. Wm. Wilson, cook on steamer "Macassa," Hamilton.

FREE BOOK

My 80-page beautifully illustrated book will be sent, closely sealed, free by mail to all who will call or write. It has full information and plenty of proof.

DR. M. S. McLAUGHLIN, 130 Yonge St., Toronto. Office Hours:—9 a.m. to 6 p.m.; Wednesday and Saturday till 8:30 p.m.

FREE
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OVER 44 INCHES IN
LENGTH

5 inches wide, made in the latest New York style from fine-selected full furred skins, with six large lovely black tails, ornamented with a handsome silver-plated Neck Chain, is elegant and high class in appearance. In order to quickly introduce Dr. Armour's Famous Vegetable Pills, the grandest remedy on earth for the cure of Indigestion, Rheumatism, Weak and Impure Conditions of the Blood, Constipation, Nervous Disorders, Kidney Complaints, Catarrh and all Female Weaknesses. They build up the system. We want a few honest agents in each locality to receive our handsome Furs. Don't send any money. Just send your name and address and agree to sell 8 boxes at 25c. a box. We trust you and send them by mail postpaid. Each customer who buys from you is entitled to a handsome extra present from us. You can sell the 8 boxes quickly. When sold, return us the money, \$2.00, and we will send this lovely Fur Scarf at once. Don't delay. If you answer promptly, and sell the goods and return the money quickly, we give you an opportunity to secure, as an extra present, a handsome Fur Muff or "Gold" Watch, Free, without selling any more goods. Address The Dr. Armour Medicine Co., Dept. 111 Toronto, Ont.

Next week will have its problems, but is it wise to give up this week also to them?

"I suppose Grigglesby was fired with enthusiasm when he took up the duties of his new position?" "No, he seemed to get lazier every day. Finally he was discharged." "You don't say?" "Yes. He wasn't fired with enthusiasm at the start, but he was at the finish."

An Irishman who had been out of a job many weeks found in the river that flowed through his town the body of the keeper of the railroad drawbridge. He immediately betook himself to the superintendent of the division and applied for the vacated job, saying that he had seen the body of the former keeper in the river. "Sorry," said the superintendent, briefly, "the place has been filled. We gave it to the man who saw him fall in."

HEALTHY SUNSHINE.

It has for some years been known that sunlight acts as a destroyer of many of those pathogenic organisms which are popularly known as germs. Some time ago an ingenious experimentalist demonstrated this fact in a very convincing manner by preparing a "culture" of these germs on a flat surface and exposing it to sunlight beneath a stencil plate, with the result that he obtained an image of the cut-out part of the stencil in dead germs, the rest of the prepared plate being still alive. The Massachusetts board of health has recently carried out a series of experiments in order to ascertain how far sunlight is able to cleanse water affected with the undesirable germs which result from sewage contamination. The two organisms dealt with more particularly were the colon bacillus and that associated with typhoid. They found that both species were quickly destroyed by free access to sunlight, thirty minutes to an hour being sufficient to sterilize a culture when spread out in a thin layer, as in the photographic experiment already detailed. In the case of the typhoid bacillus from 95 to 99 per cent. were quickly killed by exposure to direct sunlight, but there were always a few hardy individuals which required for their destruction an extended time.

CRUMBS OF WISDOM FROM "CLD GORGON GRAHAM.

"It's been my experience that when an office begins to look like a family tree, you'll find worms tucked away snug and cheerful in most of the apples."

"When a man makes a specialty of knowing how the other fellow ought to spend his money, he usually thinks in millions and works for hundreds."

"When an ass gets the run of the pasture, he finds thistles."

"No man's a failure till he's dead or loses his courage, and that's the same thing."

"I'm hopeful, but I'm a good deal like the old deacon back in Missouri, who thought that games of chance were sinful, and so only bet on sure things—and I'm not betting."

"Trouble postponed always has to be met with accrued interest."

"Don't hurt anyone if you can help it, but if you must, a clean, quick wound heals soonest."

"It's better to see ten bores than to miss one buyer. A house never gets so big that it can afford to sniff at a hundred pound sausage order, or to feel that any customer is so small that it can afford not to bother with him. You've got to open a good many oysters to find a pearl."

"You can buy a lot of home happiness with a mighty small salary, but fashionable happiness always costs just a little more than you're making."

"It's always been my opinion that everybody spoke American while the Tower of Babel was building, and that the Lord let the good people keep right on speaking it. So when you've got anything to say to me, I want you to say it in language that will grade regular on the Chicago Board of Trade."

"It isn't what a man's got in the bank, but what he's got in his head, that makes him a great merchant."

"Look in a man's eyes for honesty; around his mouth for weakness; at his chin for strength; at his hands for temperament; at his nails for cleanliness."

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