

Garlic is good

If you feel you need a good excuse to enjoy that smelly herb, garlic, how about two? Forum magazine reports that garlic may be of value in treating digestive diseases and it might even help reduce your cholesterol count.

A group of Russian pharmacologists have isolated the active agent in garlic, called allicin. It seems to work as a very specific antibiotic, destroying the harmful bacteria while leaving the important

natural flora intact.

The other good news is that a German doctor has found that garlic can reduce cholesterol in the body. His volunteers who ate a fifty grams of garlic oil along with their butter had a much lower cholesterol count than those who ate butter alone.

If you want to use garlic for its health giving properties, eat it fresh, only, since they've been destroyed in garlic powder.

Moon's suicide cult

New West magazine has learned that the Reverend Sun Myung Moon's Unification Church has been instructing its faithful in suicide methods in response to threats to his cult posed by deprogrammers.

In his long rambling speeches to his followers Moon has suggested that they die for the Unification Church. "Without me" he says, "everything on earth will be nuffified. So who would you want to die, me or you?" And his

faithful shouted back, "Us!"

Many ex-moonies have told New West they were given detailed anatomy lessons on where to cut with the razor if the time came. One explained that if possible they were to make it look as if a deprogrammer had murdered them.

The magazine says that until now Moon's church has been protected by the First Amendment but the suicide counselling may nullify that protection.

American involvement

The Ayatollah Khomeini, Iran's exiled Moslem opposition leader said over the weekend that he has information that "Americans are involved" in the preparation of a coup to take over the Iranian Government when the Shah of Iran departs.

Details of that information are not available at this time, but Khomeini said that "The influence of the US in the Iranian Army is

well known...." It is difficult to imagine a coup that could take over without the influence of the Americans he said.

And he warned, "If there is bloodshed it will be seen as American bloodshed in Iran and this will be very harmful to the American people as well as its government. If the Americans don't want a coup they will have to stop it.

Would you believe

Would you drink seven-month-old milk? How about food made from animal blood or corn cobs and pre-digested by micro-organisms? It may not sound too tasty -- but according to a sobering report from the Federal Office of Technology Assessment (OTA), these and other culinary delights are in our future. Some of them are on the shelves right now.

OTA studied what will happen in the next 20 years, as the world population doubles and energy costs make food more expensive for Americans. It believes that as

food and money supplies shrink, there will be a lot of pressure to preserve the 20 percent of all U.S. produced food which is spoiled, spilled, or devoured by vermin.

Already, Canadians are buying something called UHT milk -- milk treated with ultra-high temperatures that will stay (quote) "fresh" in the bottle for seven months. According to OTA, "taste is a major problem." And in the U.S., we're now eating wheat bombarded with radiation to kill off little insects. (Newsprint)

Worry kills--so don't

We've all heard warnings about stress over the last few years. It can give you ulcers, weaken your heart, even put a damper on your love life. Now a University of Wisconsin researcher says it can also ruin your chance to live to a ripe old age.

Dr. Robert Samps latest project started out as cancer research, then Samps began to get interested in some of the people he was interviewing--those lucky types who live into their 90's with hardly

a health problem to speak of. Samps started to compare the happy oldsters in an effort to find their secret--and decided it was all in their attitude. They all had an easy going, level headed approach to life and tended to value families and friendships far more than career goals. Notably absent from the group were "hotshot business types".

Samps is already taking his own advice and has cut his own work week from six and a half days to five.

'upcomin'

FRIDAY, FEBRUARY 2

THE UNB FILM SOCIETY will present Eisenstein's "Strike" at 8 p.m. in the MacLaggan Hall Auditorium. Admission \$1.50 or by season ticket. MALAYSIAN STUDENTS SOCIETY presents cultural and scenic films on Malaysian. Free admission. All students invited. Tilley 102 8 p.m. EUS MOVIES presented "Clockwork Orange" Three showings, a special 3:00 p.m. afternoon matinee, 7:00 and 9:00 p.m. as well. \$1.50 or \$1.25 EUS members. Head Hall Theatre.

INTER VARSITY CHRISTIAN FELLOWSHIP: Wilbur Matthews will speak on "UNB and The Great Commission" at 7:30 p.m. All are welcome to Room 230 Marshall D'Avary Hall. Business meeting to follow.

SATURDAY, FEBRUARY 3

THE UNB FILM SOCIETY will present Eisenstein's "Strike" at 8 p.m. in the MacLaggan Hall Auditorium. Admission \$1.50 or by season ticket. UNB FORESTRY ASSOCIATION presents Mactaquac Sleighride 11:00 at SUB - Kent Manor presents post sleighride party at C.B.'s B.Y.O.B. & T. & W. & Food. EXTRAVAA-BEGINZA (Finnigan, Mad Hash (now called Space Paw), Molly Oliver) SUB 8:30 p.m. - 1:00 a.m. SUNDANCE DISCO at LBR (with the Disco Kid) 9 p.m. - 1:00 a.m. BEGINNING OF SNOW SCULPTURES. Get a group together and build a sculpture. Prizes for the best ones!

SUNDAY, FEBRUARY 4

CARIBBEAN CIRCLE MEETING: Student Union Bldg. Rm. 102 4 p.m. Purpose: To discuss plans for "Caribbean night".

OPENING CEREMONIES - 3 p.m. Outside SUB

PARACHUTE JUMP at 3:30 near SUB

WINTER CARNIVAL CAR RALLY Leaves and returns to SUB traffic circle. Starts at 1 p.m.

SERENDIPITY BY IVCF Room 26 SUB 8:30 - 11:30 p.m.

TUESDAY, FEBRUARY 6

BLOOD DONOR CLINIC - Ballroom by Pre-Med Society

CHFC in the Blue Lounge 8:30 - 12:00 (or later)

BINGO/FLEA MARKET Lady Dunn lounge 7 p.m.

BAHAMIAN 7 p.m. Lady Dunn Dining hall

TROPICAL TORCHLIGHT TOUR leaves SUB 8 p.m. Sunspot warm-up following.

HAPPY HOUR at the SUB 7 - 8 p.m.

FENCING CLUB MEETING Dance Studio. All welcome 7:30 - 9:30

BIBLE STUDY: Life of Jesus Christ; TV room (116), SUB; 8:30 - 9:15 a.m.

WINTER CARNIVAL FUN MEET organizational wrap up meeting of all members of the UNB Sport Parachute Club at 7 p.m. in Carleton 106

STUDENT WIVES ORGANIZATION OF UNB AND ST. THOMAS, and Maritime Forest Ranger School will hold a meeting at 7:30 in the Tartan Room, Alumni Center, UNB.

WEDNESDAY, FEBRUARY 7

FELLOWSHIP MEETING: Singing, Discussion, Prayer, Room 26 (Old Dining Room), SUB; 12:30 - 1:30 noon.

BUSINESS SOCIETY MOVIE "One on One" starring Robbie Benson and Annette O'Toole in Tilley 102 at 7 and 9 p.m. Admission \$1.50 \$1.25 (members).

HUMANITIES ASSOCIATION OF CANADA is sponsoring a free public lecture. Mary Pacey will speak on "The Literary Heritage of Fredericton," Tilley Rm. 28, 8:15 p.m. All welcome.

BLOOD DONOR CLINIC - Ballroom

THURSDAY, FEBRUARY 8

FENCING CLUB MEETING West Studio. All welcome 8:30 - 10:00.

UNB SURVEYING SOCIETY GUEST LECTURE SERIES: Mr. Louis Sebart on "Surveying Techniques before the Telescopic Theodolite". All interested welcome.

BIBLE STUDY: Life of Jesus Christ; TV Room (116), SUB 8:30 - 9:15 a.m.

THE ANTHROPOLOGY SOCIETY GUEST SPEAKER Raoul Andersen of Memorial University will give a paper titled, "The Use of a Personal Life History in the Understanding of the Grand Banks Deep Sea Fishery". Carleton Hall rm. 217 at 4:00 p.m.

EUS MOVIES PRESENTS the award winning movie "Coming Home" starring John Voight, Bruce Dern, Jane Fonda. Showings at 7 and 9 p.m. \$1.50 or \$1.25 EUS members. Head Hall Theatre.

REFRESHER COURSE for all beginning jumpers in the UNB Sport Parachute Club who have not jumped since before Christmas (or longer) and who wish to start again. The Box at 7 p.m. See you there!

FRIDAY, FEBRUARY 9

FIRST ANNUAL FREDERICTON PRESS CLUB RISK* TOURNAMENT deadline for registration Friday 9th at noon. Tournament planned for Feb. 18th at club headquarters at 180 St. John Street. Details about registration available at the Brunswickan Office in the SUB. (Contact Kathy)