

FELL AWAY TO A SHADOW.

All Her People Thought She Had CONSUMPTION.

Mrs. Wm. Martin, Lower Ship Harbor East, N.S., writes:—"I am sending you a testimonial of my cure by Dr. Wood's Norway Pine Syrup. Last May I took a cold, and it settled on my lungs. I got so bad I could not rest at night. I had two doctors to treat me but got no relief. "All of my people thought I had Consumption. I had fallen away to a shadow. I had given up all hopes of ever getting better again until my daughter went to a store one day and bought me a bottle of Dr. Wood's Norway Pine Syrup. After taking half of it I felt better, so I got two more, and thanks to them I am well to-day, and able to do my house work. I cannot say too much in its praise, and I shall always keep it in the house."

Dr. Wood's Norway Pine Syrup contains all the lung healing virtues of the famous Norway Pine tree which makes it the very best preparation for Coughs, Colds and all Throat and Lung Troubles. See that you get "Dr. Wood's" when you ask for it. There are many imitations on the market.

Price, 25 and 50 cents.

See that the name, The T. Milburn Co., Limited, is on the yellow wrapper.

"SOME HA'E MEAT AND CANNA EAT"

So Bobby Burns tersely describes the rich, but still poor, dyspeptics. But their case is not now so desperate as when Burns wrote. For the man who has the food now can eat without suffering for it, if he just follows the meal with a Na-Dru-Co Dyspepsia Tablet.

These remarkable tablets banish the troubles of the chronic dyspeptic—the man who is bilious—the sufferer from heartburn, gas on the stomach or occasional indigestion. You can eat hearty meals of wholesome food—and digest them, too—if you take Na-Dru-Co Dyspepsia Tablets.

Compounded by expert chemists, after probably the best formula known to medical science, they are quick and certain in their action, giving prompt relief from all forms of stomach trouble, toning up and strengthening the digestive organs and bringing about permanent cures.

A man is no stronger than his stomach. Fit yourself for your best work by taking Na-Dru-Co Dyspepsia Tablets. 50c. at your druggist's. National Drug and Chemical Co. of Canada, Limited, Montreal. 146

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3159 La Salle St., Chicago, Ill.

The Gambling Spirit

Irvine, February, 1913.

Dear Editor: As it is a long time since I have invaded the precincts of the correspondence column, I think I may venture to intrude again. How, now, my worthy friends, have we nothing more to discuss than the threadbare subjects of the evils of dancing, and country versus city life. Let us "forget it" for a while, and consider something new. In one or two of the late numbers of the Western Home Monthly I have noticed articles on "The Gambling Spirit of the West." It is very desirable to do away with reckless plunging in real estate or on the stock market, but how is it to be done? As some one has pointed out the crop of suckers is perennial and never failing, and no doubt will continue to be a source of profit to the watchful shark for a long time to come. Man is born with the gambling spirit. We may see this exemplified in the average small boy, who carries in his pocket his stock of marbles with which he intends to "clean out" another lad, or if his luck is poor he may get "cleaned out" himself. It is human nature to play with fortune, and like many other traits of humanity would take a good deal of uprooting before it could be finally eradicated. However, do you think it would be advisable to stamp out the gambling spirit completely? I think not myself. Is it not the gambling spirit which prompts the Prospector and Pioneer to brave the perils of the wilderness, and pit his strength against the forces of nature, in order to wrench wealth from her grasp, or hew out for himself a new home amidst the primeval surroundings? This applies to the business and industrial world as well. Is it not something of the gambling spirit which prompts men to pin their faith to a new enterprise or launch forth into new fields of industrial activity? In this great commercial age we see as successful men, not those who waited all their lives for a sure thing, but the men who were willing to take a reasonable chance on an idea and did not neglect to boost their idea at every opportunity. By all means let us have the gambling spirit remain with us; but let us temper it with good judgment, so that we will not be led to put our faith in enterprises or investments which a little cool thought convinces us are merely "wildcatting" schemes of the individual with which we are all more or less familiar, namely the "shark." Well, I think I have taken up enough space in these columns, so will bring this epistle to a close.

Onlooker.

Girls Like Homesteading

Sask., March 17, 1913.

Dear Editor: Will you allow two sisters to write to your page? We wanted to get the Western Home Monthly to see how to address our letter, but mother is so interested in the poor bachelor's letters and their troubles, that we couldn't get it away from her. We've taken the paper for about two years, and like it fine. We live on a homestead in the woolly west, and like it fine, and if women could have homesteads we would take up one sure. What do you say girls? We think we could do as good as any bachelors? Yes, perhaps three times better than some of them. We like dancing, and do not object to a quiet game of cards at home. Wishing the Editor and members success, we will sign ourselves

Geneva and Genevieve.

In Closer Touch

Ontario, March 9th, 1913.

Dear Editor: I would like to say a word about your valuable and interesting paper. I have been a reader (but not a subscriber until now) for some little time, and I must say the more I read the Western Home Monthly the more interested I become in it. Each page is interesting and instructive, and brings one in closer touch with Western Canada than any other paper I know. There are some good ideas exchanged through the correspondence columns. Some have suggested a name for the club. I think a very fitting one would

Personal Influence a Marvelous Power in Business and Society

The Rev. James Stanley Wentz writes eulogistic letter to discoverer of new and remarkable system for developing the mental powers, controlling thoughts and actions of others, curing disease without drugs and reading the secret desires of people though thousands of miles away

British and American Physicians Unite in Endorsing Extraordinary Method

WONDERFUL BOOK DESCRIBING THIS STRANGE FORCE AND A CHARACTER DELINEATION POST FREE TO ALL WHO WRITE AT ONCE

The National Institute of Sciences of London, England, has appropriated \$25,000 toward a fund for the free distribution of Prof. Knowles' new book, "The Key to the Development of the Inner Forces." The book lays bare many astounding facts concerning the practices of Eastern Yogis, and explains a wonderfully simple system for the development of Personal Magnetism, Hypnotic and Telepathic Powers, and the curing of diseases and habits without drugs. The subject of practical character reading is also extensively dealt with, and the author describes a simple method of accurately reading the secret thoughts and desires of others though thousands of miles away. The almost endless stream of letters requesting copies of the book and character delineations indicate clearly the universal interest in Psychological and Occult Sciences.

That Prof. Knowles' system is exciting the interest of the brightest intellect of the present day is clearly shown by the scores of recommendations, among which the following, from representative British publications, the clergy and the medical profession are striking examples:

The Christian Age—"Professor Knowles' System has cured disease, corrected bad habits, strengthened memory, and proved highly beneficial in the cultivation of personality and Personal Influence."

The London Weekly Times—"Professor Elmer E. Knowles' Complete System of Personal Influence and Healing provides the embryo enthusiast with just such knowledge as could be adapted to his own personal circumstances and inclinations."

The London Mail—"Professor Knowles' System embraces a great deal of erudition in a form which can be readily grasped by all who have the ability to read and understand simple prose. No better help towards success in life could be desired."

Modern Society—"No modern investigator along psychological lines has received so large an amount of praise as that accorded to Professor Elmer E. Knowles for his marvelous System of Personal Influence and Healing. Here at last is a man who is at once a great scholar, a born teacher and a practical helper—for the instruction papers reveal a nature which is sympathetic and of good fellowship for an ambitious, yet largely misguided population."

The Rev. James Stanley Wentz says:—"No one can give the system a careful perusal with out becoming satisfied that in giving this knowledge to the world Prof. Knowles is actuated by the earnest desire to uplift and benefit mankind. I heartily recommend this course to all who desire to develop and cultivate their inner forces."

A leading London physician, Dr. R. N. Pickering, M.R.C.S., L.R.C.P., L.S.A., in a letter to Professor Knowles, says:—"I consider your system the most complete and accurate literature upon the subject. You have treated the science with much ability."

A prominent American physician, A. W. Fisher, M.D., Ph.D., M.E., Principal of the

Douglas Institute, writes:—"Your system is very useful to me in my practice."

"Rich and poor alike benefit by the teachings of this new system," says Prof. Knowles, "and the person who wishes to achieve greater success has but to apply the simple rules laid down."

That many wealthy and prominent people owe their success to the power of Personal Influence there is no the slightest doubt, but the great mass of people have remained in utter ignorance of these phenomena. The National Institute of Sciences has therefore undertaken the somewhat arduous task of distributing

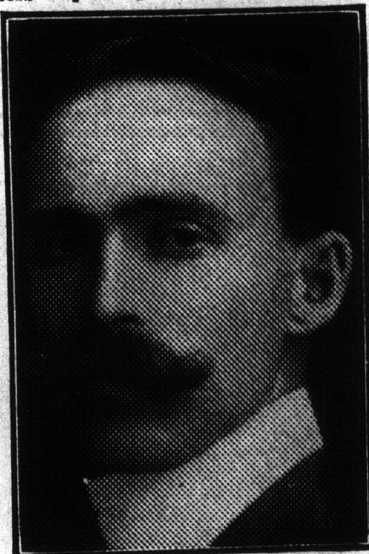
broadcast, without regard for class or creed, the information heretofore possessed by the few. In addition to supplying the books free, each person who writes at once will also receive a character delineation of from 400 to 500 words as prepared by Prof. Knowles.

If you wish a copy of Prof. Knowles' book and a Character Delineation, simply copy the following verse in your own handwriting:

"I want power of mind,
Force and strength in my look.
Please read my character
And send me your book."

Also send your full name and address (state whether Mr., Mrs., or Miss), write plainly, and address your letter to:—

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No. 258, Westminster Bridge Road, London,
S.E., England. If you wish you may enclose 10 cents (stamps of your own country) to pay postage, etc.



Professor Elmer E. Knowles, author of the book "The Key to the Development of the Inner Forces."



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