

## DOWN A THREE HUNDRED FOOT WINZE

FALL THAT WOULD HAVE MEANT DEATH, ORDINARILY.

Foreman of a New Mexico Mine Whose Clean Habits Undoubtedly Saved His Life.

The amount of "killing" that a man who has "lived clean" can endure is a very strange thing. Men have been shot through and through, mangled in machinery and torn by wild beasts, yet have lived to laugh over their narrow escapes. The foreman in a New Mexico mine still gives orders to his men after a fall that, according to all precedent, should have killed him.

Joe Kaldor is a very short but powerful man. He stands a shade less than five feet in height, has a body that is as compact as that of a pony mule, and is unswervingly temperate. He has never used liquor or tobacco, and he is said to be the unbeaten wrestling champion of the mine crew. Leading down from the thousand-foot level there is an old-worked-out winze in which the timbering has rotted. Not long ago the superintendent had light braces placed across the winze all the way down, wherever the need seemed greatest. He planned to retimber the winze later.

One day Joe was on the thousand-foot level, standing at the edge of the winze giving orders to some of his men. One of them, who saw that the foreman was very near the brink, said:

"Look out, Joe. You're getting mighty close to the dropping-off place, and that old winze is three hundred feet deep."

"Don't worry about me, Jack," said Joe. "My nerves aren't shot to pieces by forty rod whiskey, like yours."

The words were scarcely out of his mouth when a rock that weighed about two pounds dropped from the roof of the drift. It hit Joe on the head, and he swayed forward, then back. Before a man of the crew could move, he went over backward into the winze. The crew sprang to the edge and looked down. They saw Joe, on his side, just sliding off the first brace, which was only a short distance down. They watched him with fascinated eyes.

As he dropped off the timber his legs swung under and he hit the next brace, eighteen feet below on the other side. The impact of his body knocked the brace loose and sent it clattering down the winze. Rocking from side to side, now on his left, then on his right, to land on his back and over again to his face, he went out of their sight in the gloom of the winze. All the braces went with him, and the crash and clatter filled the shaft.

Back After Three Days.

The "kid" of the crew stood among the others, while-faced and frightened. He weighed a scant hundred and thirty pounds, and no other man there weighed less than a hundred and sixty-five. They had a half-inch rope that would reach the bottom. They asked the boy if he dared go down on that, and he nodded, with a gulp. They knotted the rope about his body, and he swung off, with four men holding the rope.

"It seemed like an all-day trip to me," he said afterwards. "I could feel my scalp crawling all the time, for I expected a rock to crack me as it had Joe. But I touched bottom at last in a tangle of brace timbers. I had my miner's lamp, of course, and I turned it on Joe. He was lying among the timbers as if he were asleep. I listened with my ear on his chest and heard his heart beat, and I got the rope on him as quick as I could. Then I signalled for them to hoist away, and they hauled him up. After that they got me out, and we carried him over to the main shaft and put him in the skip."

"When we had him on the surface we spread him out on the mill floor, and the superintendent called for whiskey. One of the men brought a bottle, and the superintendent tried to force some down Joe's throat. At that he gave a strangled sort of cough, opened his eyes, looked from one to the other of us and said, 'Give me water instead of that stuff. It tastes better and works better.'"

"We carried him over to his house and got him into bed, where the company surgeon examined him. Not a bone was broken nor was there an open wound, but you ought to have seen the purple bruises! He was a mass of these, all the way from where that rock had begun the trouble to his feet."

Joe was away from work three days, and then he came limping back to the skip. Although he was stiff and lame, he was able to direct his crew. In the three hundred feet that he fell he had taken a multitude of drops of ten to twenty feet, but none longer than that. He left the winze clear of its brace timbers all the way down.

"It was clean living that saved me just as much as the braces," he said again and again. "If I had been shot to pieces by disipation, I would have been dead before I was halfway down."

A basket baby couch allows the air to sift in from bottom and sides. In cold weather line it with several thick pieces of paper if you would keep baby warm.

## The Weekly Fashions



The lines of this suit make it appropriate for thin materials as well as woolen ones. The vest may be omitted if so desired. McCall Pattern No. 8179, Ladies' Coat Suit. In 7 sizes, 34 to 46 bust. Price, 20 cents.



This simple little dress, requiring so little material, has the popular pleated skirt and Empire waistline. McCall Pattern No. 7428, Girl's Empire Dress. In 5 sizes, 6 to 14 years. Price, 15 cents.

These patterns may be obtained from your local McCall dealer, or from the McCall Co., 70 Bond St., Toronto, Dept. W.

## LISTLESS, PEEVISH GIRLS

When a girl in her teens becomes peevish, listless and dull, when nothing seems to interest her and dainties do not tempt her appetite, you may be certain that she needs more good blood than her system is provided with. Before long her pallid cheeks, frequent headaches, and breathlessness and heart palpitation will confirm that she is anemic. Many mothers as the result of their own girlhood experience can promptly detect the early signs of anaemia, and the wise mother does not wait for the trouble to develop further, but at once gives her daughter a course with Dr. Williams' Pink Pills, which renew the blood supply and banish anaemia before it has obtained a hold upon the system.

Out of their own experience thousands of mothers know that anaemia is the sure road to worse ill. They know the difference that good red blood makes in the development of womanly health. Every headache, every gasp for breath that follows the slightest exertion by the anaemic girl, every pain she suffers in her back and limbs are reproaches if you have not taken the best steps to give your weak girl new blood, and the only sure way to do so is through the use of Dr. Williams' Pink Pills.

New, rich, red blood is infused into the system by every dose of these pills. From this new, rich blood springs good health, an increased appetite, new energy, high spirits and perfect womanly development. Give your daughter Dr. Williams' Pink Pills, and take them yourself and note how promptly their influence is felt in better health.

You can get these pills through any dealer in medicine or by mail post-paid at 50 cents a box or six boxes for \$2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

## British Women and the War.

Some idea of the huge and important part British women are playing in the war is seen from the following figures:

One and a quarter million women doing work formerly done by men.

Eight hundred thousand women in munition plants.

Two hundred and fifty-eight thousand women on the land.

Eighty thousand women in government offices.

Forty thousand women somewhere in France working at military bases.

Sixty thousand women voluntary hospital workers.

Between six and seven hundred women patrols.

That is only part of it. There are also great numbers of home women who give part of their time to war activities.

The growth of wheat is quickened in the spring and grass seeding is more certain with a top-dressing of manure in early winter.

## Old Good-Byes and Howdy-Dos.

The old good-byes and howdy-dos! Now there's a theme to tax your muses. And make it switch from tears to smiles.

And back again to tears, the whiles; No polished rhyme, but just a strain As soft and low as April rain, That sings "good-bye" to kith and kin—

Then change your tune to Home Again!

Oh, who can dream the sort of rhyme That sheds the tears of leaving time? Good-bye to mother, smothered with dought—

The staunchest friend you'll ever know—

To home, to trees, the hunting pup, And crimson rambles climbing up, To twist around the heart of you, And tighter than they ever do!

And sing it soft and low to fit The parting and the pain of it— To fit the way a fellow feels When old familiar places cease.

Apart him on the wagon road—

The boyhood spots he's always known!

And make the tear that's in his eye To rhyme a fellow's last "good-bye."

Then chuck a faster tempo in To sing a fellow Home Again!— Back home again where he was rizz An' orter staid, as saying is!

His mother's greeting, father's, too, And friend's and neighbor's, "howdy-do!"

The extra chair and table set, That mother's keeping for him yet!

You poet chaps! You sit and dream, And seem to think the only theme That people like is in the skies!

Sit down by me and drop your eyes— Ease off a while and get your time In perfect pitch and tune with mine, Then try a sort of keener muse, On "Old Good-byes and Howdy-dos."

—John D. Wells.

## FOUND OUT.

A Real Scotsman Calls His Capital City "Edinboro."

When a man with social aspirations is discovered and proclaimed to be no gentleman, the shock to his vanity is usually severe. But Mr. Laurence Hutton, the English writer and friend of many distinguished men, once enjoyed—and he did enjoy it!—an experience not exactly the reverse, but certainly the same with a difference.

He was fond of telling the story against himself, and his American friend, Brander Matthews, has recently reported it.

When he was a very young man Hutton had filled for a short time a place in a wholesale produce company, which bought from the market gardeners and sold to the grocers. As his customers were plain people he always took off his gloves at least two blocks away from the store. One day a farmer came in and greeted him with a question about a rival commission house. Mr. Hutton explained that it was a competitor, and that therefore he knew little about it, but that, so far as he knew, the members of the company were gentlemen.

"That's just what I thought," replied the plainspoken farmer. "I ain't no gentleman myself, and I don't propose to do business with no gentlemen. I'll sell my goods to you!"

How a man of no manners vainly pretended to be what he was not, Mr. Hutton and Mr. Matthews once saw together on an Atlantic voyage; and Mr. Hutton helped to bring about his undoing with the rest of the company. The man was loud-mouthed and offensive and blatantly self-laudatory; he declared that he was a Scotsman, a sailor, a great traveller and a seer of strange sights.

After an unusually protracted revelation of his peculiarities, this person left the smoking room one afternoon. The door banged behind him and a hush fell upon the crowd. Mr. Hutton waited a moment and then, addressing Mr. Matthews, but raising his voice a little so that it carried, he remarked:

"I have no desire to say anything against the gentleman who has just left us—but he is not a Scotsman, as he says he is. He says 'Edinboro.' Whereupon a quiet little man in a far corner looked up from his game of patience and contributed this:

"He ain't no sailor, neither. He spits to windward."

And then again silence enveloped the smoking room.

GERMAN UNREST AND WANT.

As Described by Escaped Serbian Prisoners.

A certain number of Serbian prisoners of war have succeeded in making their escape from Germany into Holland, whence they have come to London, says the Morning Post. These men were distributed in various parts of Northwestern Germany to do field work. They describe the state of affairs in Germany as very bad, particularly in regard to food shortage, but as not yet desperate. The German people are beginning to groan under the iron discipline of imperial militarism; they are irritable, and their nerve is undoubtedly shaken. The people were told that the war would be over this Christmas, and are depressed at the certain prospect of falsified hopes.

Every one is talking of peace, but talking in whispers to avoid arrest and possibly being sent to the front. The adult population, these men report, is not starving, but the mortality among the children, owing to poor feeding, is

very great. A large number of children have been sent to Holland, or distributed in the villages, in the hope that they may there survive this crisis. The most serious conditions prevail in the great towns, where frequently bloody conflicts occur between the famished mobs and the police. In the villages, however, one may see at any time starving people from the towns begging for bread. Nobody talks about the military operations, but every success, or reverse, makes itself felt among the people. "Very often we saw the whole family weeping," say these Serbian soldiers; "the gatherings together of families for meals were often the saddest occasions. Often we met people weeping—men as well as women—by the roadside."

Coffee, there is none; instead of coffee they are frying acorns and rye and drinking the liquid. The whole of the metal currency—nickel as well as silver—has been withdrawn, small stamps being used as substitutes.

Those who have failed to retain metal money have not profited, since it has been pronounced illegal tender and they themselves are prosecuted. Livestock for the army is requisitioned every month. The bread of a whole village is baked in one place, and is black as earth.

THE ONLY MEDICINE THE BABY NEEDS

Baby's Own Tablets is the only medicine a mother needs for her little ones. They are a gentle but thorough laxative which instantly relieves all stomach and bowel disorders thus banishing all the minor ills of little ones.

Concerning them Mrs. Jos. Levesque, St. Simon, Que., says: "Baby's Own Tablets are a marvelous medicine for little ones. They never fail to cure stomach and bowel troubles and neither my sister-in-law nor myself could use any other medicine for our little ones."

The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

HEART SHIELD FOR POLIO.

New Model of a Device to Protect Vulnerable Organ.

General Delorme, inspector general of the French army surgeons, strongly recommends to the Academy of Medicine the adoption of a steel corset for protecting the polio from bullets aimed at his heart. Ever since the war began scientists have been striving to perfect some metal protection for the soldier's heart, his most vulnerable organ.

Two surgeons, Daigre and Louppe, in December, 1915, had their models tried out but since each of the metal breastplates weighed twenty-six pounds they were discarded. These models covered the whole upper body and were extremely cumbersome.

Delorme's model is two millimeters in thickness, a light thing weighing not over a quarter of a pound and lying only on the left side of the chest, immediately over the heart. It is not calculated to stop bullets fired at close range, but it will turn all small projectiles at long range and will render shrapnel and shell splinters harmless.

It is sewn into the lining of the coat, at the left of the buttonhole, reaching to the collar of the coat so that it will not hamper movements of the arm.

MURINE Granulated Eyelids.

Sore Eyes, Eyes Inflamed by Sun, Dust and Wind quickly relieved by Murine. Try it in your Eyes and in Baby's Eyes.

YOUR EYES No Smearing, Just Eye Comfort

Murine Eye Remedy At Your Dispensary or by Mail. Write for Free Booklet. Ask Murine Eye Remedy Co., Chicago.

When measuring hay in stacks it is necessary to find the length, width, and the distance from the ground on one side, over the top, to the ground on the other side. Add the width and the "over" and divide by four. Multiply the result by the length. For hay in the stack ninety days, divide by 512, and for 120 days, divide by 485. The answer will be tons.

Minard's Liniment Co., Limited

Gentlemen,—Last winter I received great benefit from the use of MINARD'S LINIMENT in a severe attack of La Grippe, and I have frequently proved it to be very effective in cases of inflammation.

Yours, W. A. HUTCHINSON.

New "Mustard" Gas.

The newest poison gas used by the Huns on the western front is that which comes from the nick-named "mustard" shells. When these shells explode the men in the vicinity feel a tingling of the eyes, which soon passes. However, the deposit clings secretly to the face and hands of the fighters, and when in moments of rest the men wash their hands and faces it begins eating into their skin at so rapid a rate that they roll and tumble in extreme anguish and terrible burns spread wherever the water has touched. If they are perspiring in battle the gas produces the same frightful burns and their arms pit become so seared and painful that they cannot keep at their work.

Minard's Liniment Cures Gargot in Cows

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## LIFT YOUR CORNS OFF WITH FINGERS

How to loosen a tender corn or callus so it lifts out without pain.

Let folks step on your feet hereafter; wear shoes a size smaller if you like, for corns will never again send electric sparks of pain through you, according to this Cincinnati authority.

He says that a few drops of a drug called freezezone, applied directly upon a tender, aching corn, instantly relieves soreness, and soon the entire corn, root and all, lifts right out.

This drug dries at once and simply shrivels up the corn or callus without even irritating the surrounding tissue.

A small bottle of freezezone obtained at any drug store will cost very little but will positively remove every hard or soft corn or callus from one's foot.

If your druggist hasn't stocked this new drug yet, tell him to get a small bottle of freezezone for you from his wholesale drug house.

RURAL GERMANY IS HUNGRY.

Dwellers in Hamlets Add Mutterings To Loud Complaints in Cities.

While the populations of large cities in Germany are uttering loud complaints on insufficient supplies of indispensable provisions, the Conservative organ, the Reichspost, declares that dwellers in the country districts and small towns also are suffering severely. It says:

"Besides rations of bread and potatoes, dwellers in the country and small towns receive every fortnight only 200 grammes of meat (about one-half a pound), often not even this amount. For growing-children there is no possibility of getting anything in place of meat. There is not even a regular supply of jam."

The correspondent says the lack of food suitable for children, especially milk for babies, forces parents to see them pine away.

If Stomach Hurts

Drink Hot Water

A Physician's Advice.

If dyspepsia, sufferers from gas wind or flatulency, acidity or sourness, gastric catarrh, heartburn, etc., take a teaspoonful of pure blueberry juice in half a glass of hot water immediately after eating, they would soon forget they were ever afflicted with stomach trouble, and doctors would have to look elsewhere for patients. In explanation of these words a well known New York physician stated that most forms of stomach trouble are due to stomach acidity and fermentation of the food contents of the stomach combined with an insufficient blood supply to the stomach. Hot water increases the blood supply and neutralizes the excessive stomach acid and stops food fermentation. The combination of the two, therefore, being marvellously successful and decidedly preferable to most other artificial digestants, stimulants or medicines for indigestion.

Some folks have toughened themselves by being out-of-doors in all sorts of weather; but nobody ever saw a plow, moving-machine or other farm tool that was made any better by that kind of treatment. It can't be done!

MONEY ORDERS

Remit by Dominion Express Money Order. If lost or stolen, you get your money back.

One of the most practical helps to the mother and housekeeper is a glass button bottle. This is fine to amuse small children. Having a screw top, little tots cannot open it and larger children will play by the hour pouring the buttons out, then picking them up and filling the bottle again. When looking for buttons to do the weekly mending you can see at a glance if there are any buttons the size you need.

Minard's Liniment Cures Distemper.

Save all the boxes that come to the house with groceries in them.

Begin the midday or evening meal with a good hot soup. It takes the sharp edge off the appetite and is a real economy. Save the water in which spinach, carrots, turnips, cauliflower, onions or asparagus has been cooked. To one quart of this liquid, use one cupful of milk. Season to taste and thicken with one tablespoonful each of flour and butter, rubbed together. It is wise to thicken and strain before adding the milk. If a richer soup is wanted, add another cupful of milk. For cream of celery soup, boil the leaves, roots and outer stalks of a bunch of celery. Strain the water and proceed in the same way.

DODD'S KIDNEY PILLS

FOR ALL KIDNEY DISEASES

GRAVEL, RHEUMATISM, BRUISES, DIABETES, BACKACHE

23 THE PHARMACY

WHERE WOMEN PROPOSE.

In New Guinea It Is Always Leap Year, Says English Writer.

So far as proposals of marriage are concerned, in New Guinea it is always leap year. There, according to an English writer, the men consider it beneath their dignity to notice women, much less to make overtures of marriage. Consequently the proposing is left to the women to do.

When a woman of New Guinea falls in love with a man she sends a piece of string to his sister, or if he has no sister to his mother or another of his lady relatives. Then the lady who receives the string tells the man that the particular damsel is in love with him. If the man thinks he would like to wed the lady he meets her alone and they decide straight away whether to marry or drop the idea. In the former case the betrothal is announced. The man is branded on the back with charcoal, while a mark is cut into the woman's skin.

No breach of promise actions are possible in New Guinea, though if the lady is jilted her friends may hunt her lover up and "go" for him. On the other hand, if the woman proves faithless she is liable to be beaten by her betrothed.

LEMON JUICE IS FRECKLE REMOVER

Girls! Make this cheap beauty lotion to clear and whiten your skin:

Squeeze the juice of two lemons into a bottle containing three ounces of orchard white, shake well, and you have a quarter pint of the best freckle and tan lotion and complexion beautifier, at very, very small cost.

Your grocer has the lemons and any drug store or toilet counter will supply three ounces of orchard white for a few cents. Massage this sweetly fragrant lotion into the face, neck, arms and hands each day and see how freckles and blotches disappear and how clear, soft and white the skin becomes. Yes! It is harmless.

Never prune grape-vines until late February or early March. In fact, all pruning had better be delayed, if possible, until the severe winter weather is over.

Minard's Liniment Cures Colds, Etc.

The gradual exhaustion of the anthracite coal resources of the United States means a higher price each year for this class of coal.

The Soul of a Piano Is the Action. Insist on the

"OTTO HIGEL" PIANO ACTION

Get the Most Out of Your Maple Grove

This you can do by installing our "Champion" Evaporator, made in 22 different sizes. Hundreds of farmers make money every year by using our famous machine. They know it stands for no waste, fullest returns and best syrup and sugar.

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Cuticura Soothes

On retreating touch spots of dandruff and itching with Cuticura Ointment. Next morning shampoo with Cuticura Soap and hot water. This treatment does much to keep the scalp clean and healthy and to promote hair growth.

Sample Each Free by Mail. Address post-card: "Cuticura, Dept. N, Boston, U. S. A." Send by dealers throughout the world.

Itching Scalps

to try Lydia E. Pinkham's Vegetable Compound as she had taken it with good results. I did so, my weakness disappeared. I gained in strength, moved into our new home. My daughter asked me if these facts are useful you may publish them for the benefit of other women."

—Mrs. M. O. JOHNSON, Route D, Box 190, Richmond, Ind.

Machinery For Sale

1 WHEELLOCK ENGINE, 18x42.

New Automatic Valve Type. Complete with supply and exhaust piping, flywheel, etc. Will accept \$1,200 cash for immediate sale.

1 ELECTRIC GENERATOR, 30 K.W., 110-120 Volts D.C.

Will accept \$425 cash for immediate sale.

1 LARGE LEATHER BELT. Double, Endless. 24"inch x 70 ft.

Will accept \$300 for immediate sale, although belt is in excellent condition and new one would cost about \$600.

PULLEYS, Large size.

26x66—\$30; 12x60—\$20; 12x48—\$12; 12x36—\$8.

2 BLOWERS OR FANS, Buffalo make.

One 10 inch, other 14 inch discharge—\$30 each.

REAL ESTATES CORPORATION, LTD.

60 Front St. West, Toronto

## ROYAL YEAST

MADE IN CANADA

MAKES PERFECT BREAD

No more water-power development should be allowed on the St. Lawrence river until a power survey has been made of the river and a comprehensive plan worked out for power development on the whole waterway.

Minard's Liniment Cures Diphtheria.

Little things are not to be despised. Given time enough, a sack of grain will empty itself through a small mouse-hole.

MISCELLANEOUS

CANCER, TUMORS, LUMPS, ETC.

Internal and external, cured without pain by our home treatment. Write us before too late. Dr. Bellman Medical Co., Limited, Collingwood, Ont.

Articles Wanted for Cash

Old Jewellery; Plates; Silver; Curious Miniatures; Pictures; Needlework; Laces; Old China; Cut Glass; Ornaments; Watches; Rings; Table Ware.

Write or send by Express to B. M. & T. JENKINS, Limited, ANTIQUE GALLERIES, 28 and 30 Colborne Street, Toronto, Ont.

Bruises and Sprains

Have Sloan's Liniment handy for bruises and sprains and all pains and aches. Quick relief