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ONE FOOT UPON THE STAIR.

BY D. H. R. GOODALE. he little child that stands, me foot upon the stair, utatretching timid hand To hands that meet him there, ompels miy coward heart His fears to share; his, Lord, is all my part_ One foot upon the stair.

One look upon the stair, o all my days I climb, With one foot on the stair, ure that the tasks of Time Etternity upbear; o God I raise my eyes, By urgent prayer one step achieved, I rise, My foot upon the stair, abildoor telight usat

As children, twilight past, Led by the mother, go To sink in sleep at last, So we forget our woe; We turn and breathe good night, And vanish there, Still looking toward the light, One foot upon the stair.

THE HOME.

The Mother's First Work.

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wed. For such households a number of very esptable and healthy deserts may be de with milk, butter and eggs, all of ich will be found economical and easy prepare. We give the following re-set, from which a selection may be de to furnish variety during the win-

r: BATTER PUDDING.—One egg, one cup of gar, two tablespoontuls of butter, two ond a half cups of flour and one teaspoon-i of baking powder. Mix well, pour in mold and steam one hour. Serve with -d sume

Chrocotare Pin.—Take four tablespoon fuls of chocolate, one pint of boiling water; let is ainmer for tire minutes and add the yelks of two eggs, two tablespoon fuls of corns starch and six tablespoonfuls of sugar; mix and boil until thick. Line gegs with powdered sugar; apread on top of the pin and set in the oven to brown. Serve cold. "Stoak Pin.—Two cups of brown sugar, haf a cup of butter, half a cup of cream, there eggs. Flavor with extract of lemon. Bake in creats without a top. "CREAM PIN.—Beat the whites of two eggs and tablespoonful of four and a tea-cory of aurar together; add a pint of, cream. Bake in deep pie pans. Grate nutneg over the top. "CREAM PIN.—Beat a cup of sugar, three eggs and acup of bouter together, favor with lemon. Bake in a zich cruit and egge very light, mix the yelks with boil ing mik; add the gelatine, sweeten and favor. Four the whites of two words beaten, over the top. Four in jolly. molds. "CREAMP RESE.—Cut slices of sponge eake and fit in the bottom of a moid, fil wind en pint of whipped cream, sweet-ened and favored, mixed with two eggs and half a pound of augar. Seton ico.— *Farm and Pireside*.

and a half cures of flour and one tesspoon in a mold and steam one hour. Serve with hard sauce. MoLASSIS FUDDING.—One cup of molass see, one of sweet milk, four of flour, with tesspoonfuls of baking powder, half a cup of butter. Boll or steam two hours. Serve with lemon sauce. CREAN FUDDING.—Mix half a cup of butter. Boll or steam two hours. Serve mith enon sauce. Sweet moles, come of seen in the subject. CREAN FUDDING.—Mix half a cup of crean, mix with the white of an egg Pour in a buttered diab, bake five minute. Serve with rokes ance. Swow matt. Pronvo.—Boll one quart of whites of heeggs to a froth, add four easy half of four eggs with throw hiles of the eggs to a froth, add four easy and thickeen with rice four easy control four with a spin of ni little balls over the pudding. Set in a buttered bake. East with builtes balls over the pudding. Set is a quart of milk, add a guart of mike state and bake. East with but. Forstore to traste and bake. East with builtes alls over the pudding. Set is a pound of butter and siz eggs half a pound of butter and siz eggs flour in plepans lined with rich crust.

Cough-Cures Are abundant; but the one best known for its expraordinary amoryne and expectorani qualities is Ayer's Cuerry Pectoral. For nearly half a century this preparation has ueen in greater demand than any other rem-sly for colds, coughs, tronchitis, and rath than and trouchitis, and po-eneral. a than eight months companied with hem-and the expectoration over me up, but



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Frank a new boyed. Frank Lane is a bright boy of twelv He belongs to the Loyal Temperano Legion, and the rest of the boye regar him as a fine orator. He has man original ideas, and an easy flow of word When Frank has a speed as spart of the programme at the Legion, the other boy are sure to be on hand to hear. Yeste day I went in and heaged Frank's speed



My Medical Discovery seldom takes hold of two people alke! Why? Becaus no two people have the same weak spot. Beginning at the stom-date it goes searching through the body for any hidden humor. Nine times out of ten, inward humor makes the water spot. Perhaps it's only a little sediment ten, **Im Wakerd Rimmor** makes the weak spot. Perhaps it's only a little secdiment left on a nerve or in a gland; the Medical liteovers glides it right holms, and you find quick happiness from or open one, well settled somewhere, reindy to dight. The Medical Discovery begins the dight, and you think it pretty hard, but soon you thank me for making something that nas reached your weak spot. Write me if you want to know more about it.

JAMES CURRIE,

Amherst, Nova Socia, — General Agent for the — Mew Will. ILMS''S Survivo Machiness Also, PTANOS and ORGANS. Machine Needles, Oli, and Parts, always on hand.

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WANTED,

J. B. DOYLE Manager Portland.



T has been a hard fight. The long, cold Winter, combined, with the severity of the storms, has produced countless colds and tended to destroy health. The constitution, weakened by resistance, repels with less and less vigor each attack of the enemy. But the supreme struggle is yet to come. The enemy holds in reserve the March winds with which to deal the fatal blow. The cry comes up for reinforcements. "Send for Scott's Emulsion of Cod Liver Oil with Hypophosphites of Lime and Soda." Wonderful how such reinforcement does increase the resisting power, heal the lungs, cure the cough and restore to health. Use now SCOTT'S EMULSION.

CAUTION! Be sure you get the genuine SCOTT'S EMULSION. "Palatable As mills.", Put up always in salmon color wrapper, and prepared only by Scott & Bowne, Mfg. Chemists, New York and Belleville.

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