

"YOU'LL SUFFER ALL YOUR LIFE"

That's What the Doctor Told Him

"Fruit-a-tives Cured Him"

Chesterfield, Ont., Jan. 29th, 1911. "For over twenty years I have been troubled with Kidney Disease, and the doctors told me they could do me no good, and that I would be a sufferer for the rest of my life."

The Big Little Things

By EUTH CAMERON

HOW very, very large are the little things of life! We were talking the other day about a woman who had carried herself wonderfully through a terrible ordeal of threatened disgrace imminent to the one she loved most dearly, and then had utterly failed in forbearance and graciousness towards a thoughtless but repentant friend, and some one said:



"She is one of those people who are splendid when there is any big occasion to be met, but failures in the little relations of life." Let some big trial, some great test demand their energies, and they immediately rise to the height of the need. But when the great moment is past, and it's just a case of enduring and forgiving the little pin pricks of everyday life, they fall ignominiously.

SHIPPING

ALMANAC FOR ST. JOHN, OCT. 24. A.M. P.M. High Tide... 10.27 Low Tide... 16.31 Sun Rises... 6.57 Sun Sets... 5.21 Time used in Atlantic standard.

PORT OF ST. JOHN.

Sailed Yesterday. Star Conqueror (Am), Pendleton, for Eastport, master, 10 hds herring. Star Governor Cobb, Allan, for Boston via Maine ports, W G Lee.

CANADIAN PORTS.

Quebec, Oct 23—Ard star Lake Erie, from London and Havre. Montreal, Oct 23—Ard star Englishman, from Bristol; Montreal, from London and Antwerp. Halifax, Oct 23—Sld star Durango, for St John.

BRITISH PORTS.

Avonmouth, Oct 23—Ard star Royal George, from Montreal. Liverpool, Oct 23—Ard star Laconia, from Boston. Avonmouth, Oct 23—Ard star Royal George, from Montreal. London, Oct 23—Ard star Ultonia, from Montreal. Liverpool, Oct 23—Sld star Lake Champlain, for Montreal.

FOREIGN PORTS.

Boston, Oct 23—Ard star Franconia, from Liverpool. New York, Oct 23—Ard star Russel H Pentz, from Bridgewater (N S); General Lauric, from Campbellton (N S); Lettie B Russell, from River Hebert (N S); Coral Leaf, from Spencer's Island (N S); John B Macwell, from St George (Me); Seguin, from South Gardner (Me); Vineyard Haven, Oct 23—Ard star Lillian Blavet, from Nova Scotia; Oregon, do. Gloucester, Oct 23—Ard star G M Porter, from Calais (Me); Seth W Smith, do. Salem, Mass, Oct 23—Ard star Fannie Prescott, from Two Rivers (N S); B B Hardwick, from Bear River (N S).

MARINE NOTES.

The schooner G. H. Perry, Donough, arrived in port yesterday with lumber from the condemned schooner J. M. Harlow, which went ashore at St. Martin with a cargo from River Hebert. The mud scow which was sunk several days ago in the channel, while proceeding out of the harbor, was raised at noon yesterday and placed on the crib work of the new wharf, where temporary repairs will be made. The scow is said not to be badly damaged.

Exhausted Nerves Sleepless Nights

Continually Grow Worse Until Dr. Chase's Nerve Food Restored Vigor and Strength.



Mrs. Campbell.

"What misery to lie awake nights and think of all sorts of things without being able to get the rest and sleep which is necessary to restore the nervous energy wasted in the tasks of the day. This symptom of sleeplessness is one of the surest indications of an exhausted nervous system. You must have sleep or a breakdown in certain. Dr. Chase's Nerve Food feeds the feeble, wanted nerves back to health and strength. In a few days you obtain the natural, restful sleep which helps so materially in restoring vitality to the nerves and strength to the whole body. Mrs. Sarah Campbell, 108 Alma Street, St. Thomas, Ont., writes: 'For months I was so bothered with nervousness that I could not sleep nights. There were other symptoms of exhausted nerves, but none caused so much misery, and I found myself continually getting worse. I began using Dr. Chase's Nerve Food, and it was not long before I noticed great improvement in my health. It built up the nervous system wonderfully, strengthened the nerves and enabled me to rest and sleep well.' Dr. Chase's Nerve Food, 50c a box, for \$2.50, all dealers, or Edmannson, Bates & Co., Limited, Toronto.

WHITE GIRL INFATUATED WITH JOHNSON, HELD AS A WITNESS



LUCILE CAMERON

Rockford, Ill., Oct. 24.—Lucile Cameron, who was found by her mother in company of Jack Johnson, the negro pugilist, is in jail here, held as a witness against Jeanette Dorr, accused by the government of violating the Mann "white slave" law. She reads every line in the Chicago papers that tells of the doings of the negro prizefighter and of the probability of his being killed by some angry white man, but she does not say a word about him.

GIRL IS SAVED FROM THE NET OF WHITE SLAVERS

Interested herself in social movements of kind. She had taken a particular fancy to Amy and was going to see that she not only found her friends, in safety, but also had a most enjoyable stay while in the city. Suddenly a third party put in an appearance. This time it was a man—immaculately dressed, well-mannered and most urbane. The "society" lady greeted this fellow very warmly, and introduced him as another "philanthropist."

Bold Operators in Montreal Frustrated By Quick Action of C. P. R. Brakeman

(Montreal Herald.) That agents of the dread white slave traffic are aggressively at work in Montreal and that unscrupulous young ladies arriving in the city by train are imperilled by more than usually daring band of these unscrupulous vultures was evidenced this morning. A Three Rivers young lady, who had just arrived in Montreal, was accosted by a well-dressed couple at the Place Vigor station, but was rescued before she could be whisked away in the taxi-cab in which she had been invited to journey to her destination. Carrying a suit-case and a hat-bag, Amy Bouclier stepped from the day-coach of the Three Rivers train at Place Vigor, assisted by a brakeman who remarked her beauty and fragile appearance so much that he kept an eye on her in the crowd. She had not gone the length of the car towards the waiting room and the station exit when a young woman collided with her, presumably by accident. She was profuse in apology, putting herself in considerable trouble to compensate for the slight derangement which the stranger's apparition sustained. Posing as Society Worker Then the young woman seemed to take a particular interest in the new arrival. She spoke to her most kindly and freely offered her services as guide and friend which the stranger unwittingly accepted. Introductions were mutual, Amy being informed that her new found friend was a prominent young society woman who in-

FEEL BULLY? TAKE CASCARETS TONIGHT

A 10 Cent Box Will Keep Your Liver Stomach and Bowels Clean, Pure and Fresh for Months

Sick headache, biliousness, dizziness, coated tongue, foul taste and foul breath—always trace them to torpid liver, delayed fermenting food in the bowels or sour, gassy stomach. Poisonous matter clogged in the intestines, instead of being cast out of the system, is reabsorbed into the blood. When this poison reaches the delicate brain tissue it causes congestion and that dull, throbbing, sickening headache. Bile, cathartic pills, oil and purgative waters force a passage for a day or two—but they don't take the poisons out and have no effect upon the liver or stomach. Cascarets immediately cleanse and regulate the stomach, remove the sour, undigested and fermenting food and foul gases, take the excess of bile from the liver and carry out of the system all the congested waste matter and poisons in the bowels. Cascarets tonight will surely straighten you out by morning. They work while you sleep—10-cent box from your drugist means your head clear, stomach sweet and your liver and bowels clean and regular for months.

WHAT IS TREASON?

Toronto Star—Some Canadian canners want American tomatoes admitted free of duty, because the supply is short in Canada. The Borden government has been obliged to go to Washington to obtain facilities for carrying grain on the American railway. Canadian manufacturers insure their premises in American companies. The imports for the last four months from the United States were nearly \$145,000,000, or about two-thirds of the total imports. A large proportion of the imports from the United States are raw material for our manufacturers. A large proportion of the shareholders of the C. P. R., who will participate in the melon, are American citizens. But it is high treason for the farmer in Macdonald, Manitoba, to want to sell his wheat in the United States.

COLD IN THE CHEST?

Rub Well With Zam-Buk!

For had colds on the chest, rub the chest and between the shoulders well with Zam-Buk at night. If you suffer from catarrh or cold in the head, just insert a little Zam-Buk at the base of the nostril, and as the balm becomes warm, inhale the healing essence which vaporizes. Sores in the nostril, which are sometimes set up by catarrh, will yield to Zam-Buk treatment. Mrs. N. S. Babcock, of Matawatsch, Ont., says:—"For a long time I had a very disagreeable sore on the inside of the nostril, which gave me great pain and caused much annoyance. I feared it would turn to cancer, and all I tried proved unavailing. I was ordered to try Zam-Buk, and I am glad to say that the sore that defied all other remedies was overcome by one box of Zam-Buk and is now quite healed."

Zam-Buk will also be found a sure cure for cold sores, chapped hands, frost bite, sores, eczema, blood-poison, piles, cuts, and skin injuries generally. All druggists and stores, 50c a box, or Zam-Buk Co., Toronto. Try Zam-Buk Soap, 25c a tablet!

Only One "BROMO QUININE" that is Laxative Bromo Quinine Cures a Cold in One Day, Grip in 2 Days.

MORE BIG VALUES

Every time you come to Marcus' it means money saved. Every time you select something here it means better FURNITURE than you can buy for the same money elsewhere. Let us prove this statement by actual demonstration.



Combination Desk and Bookcase—a very useful article—where your room is not very large \$17.80. Comfortable Leather Seat Rocker, well made, well finished... \$2.90. Chiffonier, Oak, British Bevel Plate, has 4 Large Drawers, Large Double Door and Double Top \$18.45. Dinner, Fancy Carved Back, Saddle Seat... 69c.

J. Marcus, 30 Dock St.

Daily Hints For the Cook

FILLED COOKIES. Two cups rolled oats, 3 cups flour, 1 teaspoon salt, 2 cups sugar, 1 cup shortening cup sour milk, 1 teaspoon soda dissolved in the milk, 1 pound washed and seeded dates. Cream the sugar and shortening, mix flour, oatmeal and salt and add milk. Mix stiff. Roll the dough very thin, cut with cookie cutter and lay on each one a pressed date and another layer of dough. Sprinkle the top with sugar. PANCAKES. One tablespoon cornmeal, one tablespoon hot butter, poured over the meal, one teaspoon salt, one teaspoon soda dissolved in two tablespoons hot water. Stir all this together vigorously; it will swell the cornmeal and soften it making it digestible. Take now a bowl of sour milk and sufficient flour (white) to thicken, adding alternately a little sour milk and little flour into the mixture, beating nimbly with a wooden paddle, such as having three or four slugs, as it mixes quicker. Add beaten egg Fry in butter.

For Home Bread Makers

Thousands of letters from satisfied users of White Swan Yeast Cakes prove that it is good reliable yeast. If your grocery doesn't sell them advise White Swan Spices & Cereals, Limited, Toronto, Ont., and ask for free sample. EDITORIAL ADVERTISEMENTS. (New Glasgow Chronicle.) The Evening News says that were Diogenes in New Glasgow with his lantern he might search all night in vain for a wise member of the council. That may be so, but Diogenes, if he were here in search of a fool editor, could find him without the aid of a lantern by going into the old building at the Southwest corner of Archibald and Forbes streets.

Big Price for Montreal Property

Carrick's, Limited, have purchased from the Hon. Robert MacKay, four lots, situated at the southeast corner of St. Catherine and Bishop streets, Montreal, for \$238,575. The same property was bought by the Hon. Mr. MacKay on Feb. 3 last for \$268,000, and a promise of sale was made to Carrick's, Limited, ten days later. The area of the block is about 12,263 square feet. The property is opposite that upon which the postal department may erect the new St. Catherine street office.

This Will Stop Your Cough in a Hurry

Save \$2 by Making This Cough Syrup at Home.

This recipe makes 16 ounces of better cough syrup than you could buy ready made for \$2.50. A few doses usually conquer the most obstinate cough—stops even whooping cough quickly. Simple as it is, no better remedy can be had at any price. Mix two cups of granulated sugar with one cup of warm water, and stir for two minutes. Put 2 1/2 ounces of Pinex (fifty cents' worth) in a 16-ounce bottle; then add the Sugar Syrup. It has a pleasant taste and lasts a family a long time. Take a teaspoonful every one, two or three hours.

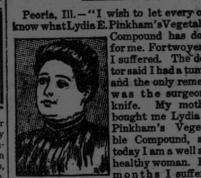
You can feel this take hold of a cough in a way that means business. Has a good tonic effect, braces up the appetite, and is slightly laxative, too, which is helpful. A handy remedy for hoarseness, croup, bronchitis, asthma and all throat and lung troubles.

The effect of pine on the membrane is well known. Pinex is the most valuable concentrated compound of Norwegian white pine extract, and is rich in quassal and all the natural healing pine elements. Other preparations will not work in this form.

This Pinex and Sugar Syrup recipe has obtained a great popularity throughout the United States and Canada. It has often been imitated, though never successfully. A guarantee of absolute satisfaction, or money promptly refunded, goes with this recipe. Your druggist has Pinex, or will send it for you. If not, send to the Pinex Co., Toronto, Ont.

SAVED FROM AN OPERATION

How Mrs. Reed of Peoria, Ill., Escaped the Surgeon's Knife.



Peoria, Ill.—"I wish to let every one know what Lydia E. Pinkham's Vegetable Compound has done for me. Forty years I suffered. The doctor said I had a tumor and the only remedy was the surgeon's knife. My mother bought me Lydia E. Pinkham's Vegetable Compound, and today I am a well and healthy woman. From inflammation, and your Sanative Wash relieved me. I am glad to tell anyone what your medicines have done for me. You can use my testimonial in any way you wish, and I will be glad to answer letters."—Mrs. CHRISTINA REED, 105 Mount St., Peoria, Ill.

Mrs. Lynch Also Avoided Operation

Jessup, Pa.—"After the birth of my fourth child, I had severe organic inflammation. I would have such terrible pains that it did not seem as though I could stand it. This kept up for three long months, until two doctors decided that an operation was needed. Then one of my friends recommended Lydia E. Pinkham's Vegetable Compound and after taking it for two months I was a well woman."—Mrs. JOSEPH A. LYNCH, Jessup, Pa. Women who suffer from female ills should try Lydia E. Pinkham's Vegetable Compound, one of the most successful remedies the world has ever known, before submitting to a surgical operation.

Advertisement for Wrigley's Spearmint Pepsin Gum. Features include: "BUY IT BY THE BOX - of any dealer. It costs less.", "It offsets effects of oversmoking. It's also a substitute for smoking. Heartburn and flatulence disappear before this soothing mint juice. It refreshes your mouth before smoking—cools it afterward. Your breath is purified—your appetite sharpened—your digestion aided. Take it home tonight. Pass it around after meals. Make sure your family has beneficial enjoyment. It costs little by the package, but less by the box of twenty packages.", "Look for the spear", "The flavor lasts", "Made in Canada Wm. Wrigley Jr. Co., Ltd. 7 Scott Street, Toronto, Ontario".