# DYING FROM GALL-STONES

## Doctors Said Only an Operation Could Save His Life—"Fruit-a-tives" Enabled Him to Pass Nearly 200 Gall-Stones.

J. B. HARDING, Esq.

46 Grove Ave., Toronto, Ont., Jan. 10th, 1913.

"I suffered untold agony from GALL-STONES for the past three years and tried many doctors without getting relief. I also paid $5.00 for one bottle of medicine which was useless. At times the pain from these gall-stones was so great that I lost consciousness, and my condition was desperate. I was quite satisfied that I was dying and the doctors said I must be operated upon.

"During one of these very severe, acute attacks, I was given some 'FRUIT-A-TIVES,' and after taking a short treatment of this remedy, I passed gall-stones over an inch in length, and as many as one hundred and fifty or two hundred in number. 'FRUIT-A-TIVES' was the only thing that would relieve my pain. They are the greatest medicine in the world, and if there is anyone in Canada, or anywhere else, that suffers from gall-stones, I say, 'Let them take "Fruit-a-tives" and be cured.'

"If this testimonial will further the good work of 'Fruit-a-tives,' publish it with my full authority." J. B. HARDING.

Are you wondering how "Fruit-a-tives"—a medicine made from fruit juices, can cure Gall-stones? We will tell you. The Gall bladder is the reservoir for holding the Gall, or bile, secreted by the liver. If there is insufficient bile, then the bile in the Gall bladder is thick and easily forms stones. When the liver is weak, it secretes very little bile and then the Gall bladder is partially filled with a thick, jelly-like mass of bile and thus forms into lumps or stones. "Fruit-a-tives" stimulates the liver to secrete more bile, and this increased bile softens the Gall-stones and by overfilling the Gall bladder, forces the passage of the stones through the Gall duct—and thus cures the disease.

"Fruit-a-tives" is the only medicine in the world made of fruit juices. By a wonderful process, the medicinal properties of certain fruits are greatly intensified—then valuable tonics and antiseptics are added and the whole made into the pleasant tasting tablets known in every section of Canada as "Fruit-a-tives."

50c a box, 6 for $2.50, trial size 25c. At dealers or sent on receipt of price by Fruit-a-tives, Limited, Ottawa.


## RESCUES TWO GIRLS FROM DROWNING

### Whitby Man Performed Gallant Feat at Ontario Beach.

PORT HOPE, Aug. 1.—(Special.)—This afternoon about 4 o'clock two young ladies, Miss Winnifred Hollis and Miss Helen Paul, had a narrow escape from drowning. They were bathing with some other young people on the Ontario Beach at the foot of John street and got beyond their depth about twenty-five yards from shore altho unable to swim.

Some time elapsed before the onlookers realized that the girls were in danger and took steps to help them. The rescue was effected in the nick of time by Robert Rufe, C.P.R. civil engineer, and Charles Cancilla, a local fruit dealer.

Cancilla is the hero of three previous rescues from drowning during the last two years and he almost lost his own life in trying to save the girls, who made matters worse by clasping him round the neck.

Mrs. Charles Kerry rendered valuable service in resuscitating the young ladies previous to the arrival of Drs. Dickinson and Aldrich.

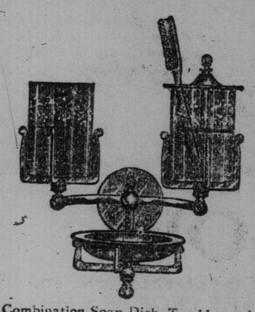
## TROOPS TRAMPLE U. S. FLAG WAVED BY GIRL

### Saskatoon Militia in Fever—Bugle Band at Once Resigned.

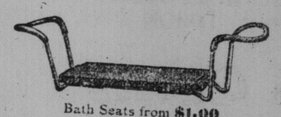
SASKATOON, Sask., Aug. 1.—The local militia are in a ferment today over a flag incident which disturbed a parade of the 105th Fusiliers. When the parade was passing down Second avenue a young girl in a passing automobile waved waved an American flag in front of one of the members of the bugle band. The man broke ranks and, snatching the flag, broke the staff in two and trampled it under his feet, the majority of the regiment also passing over it.

The young man was instantly taken from the ranks, and at the conclusion of the parade was court-martialed and discharged from the regiment. The rest of the regiment immediately resigned.

The officers of the regiment held a consultation and the man was later reinstated, owing to the fact that the bugle band are to take a prominent part in the parade in honor of 600 delegates of the real estate board today.

Combination Soap Dish, Tumbler and Tooth Brush Holder.



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## CANADA NEGLECTS A WIDE MARKET

### Trade Pact With Philippines Is Suggested by Dr. Best.

### IS REVISITING TORONTO

### Has Lived in Land of Copra For Fourteen Years.

A great opportunity for Canada to secure as a market for her products a country whose population is of equal size to her own, and the splendid chance the Dominion has of obtaining raw materials for manufacture and many articles of food at a greatly reduced figure and in much larger quantities, is told in a striking way by a former Toronto boy, who left here in 1898 for the Philippine Islands to join the medical staff of the U. S. Army and who after passing thru the stirring days there until 1902, became identified with the U. S. Government Bureau of Agriculture in the Philippines.

He is Dr. William Robert Llewellyn Best. He was born in Pickering Township and is the son of James Best, an Uxbridge farmer. Graduating from Uxbridge High School he became a student at the Ontario Veterinary College at Toronto, and immediately on obtaining his degree left to become a member of the staff of veterinaries with the U. S. Army in the Philippine war.

**Away Fourteen Years.**

After a continuous residence of about 14 years on the islands, he returns to Toronto for a brief visit to relatives here. Roy C. Best, C. P. R. accountant at Toronto, is a brother. Two other brothers are in Saskatchewan. He has five married sisters residing in Toronto. Accompanying him is his wife, who joined him in the Philippines at the conclusion of the war and who returns after ten years' absence.

Both husband and wife are bronzed a dark brown from their long residence in the semi-tropics, and despite the excessively warm weather of the past few days, looked cool and comfortable. The suggestion that it was uncomfortably hot in Toronto at present caused them to smile. They are used to an average all year round temperature of from 90 to 95 degrees. "We are just in our element in this temperature and if the weather was cooler we would not feel warm enough," remarked Dr. Best. "I have worked hardest at times when the temperature was over the 100 degree mark."

**Bathing a Daring Feat.**

The doctor stated that the warm weather on the islands rendered it necessary to take a daily plunge. And most of the time this was taken in waters infested with crocodiles and alligators. The largest snakes to be found anywhere are prevalent on these islands and pythons and boa constrictors are numerous. The doctor said he remembered on one occasion having helped to kill a boa constrictor that measured more than 27 feet in length.

The many changes that had taken place in Toronto since Dr. Best left here fourteen years ago he described as truly remarkable. One of the principal changes was in the number of motor cars to be seen in the streets, and it was this that brought to his mind a great opportunity that is being neglected by Canadian manufacturers. About thirty-five different makes and more than ten thousand American motor cars are being used in the Philippines, and this mode of traveling is steadily growing with a constantly increasing demand for cars. Despite this fact, however, not one Canadian manufactured motor car is to be found on the islands.

**Canada's Opportunity.**

A thoro knowledge of conditions in the Philippine Islands had convinced him that one of the greatest chances which a young and growing country could wish to have was before the Dominion of Canada right now.

That chance lay in a reciprocal trade agreement between the two countries. The main reason the Canadian manufactured motor cars were not largely sold in the Philippines was because of the duty levied against them in comparison with the U. S. car. Many thousands of bushels of wheat in the form of flour were imported into the Philippines annually, and the demand there for this product was growing very fast. Here again with a trade arrangement between them would be a splendid outlet for a Canadian product, and in fact there would be a demand for all Canadian products and manufactures.

A great advantage could be obtained by Canada getting the raw material from the Philippines. The rubber industry is pursued on a very large scale there, but the commodity is shipped out in its raw shape. It is obtained in buckets after tapping the rubber trees and in the same buckets is shipped away. Why not let this rubber into Canada duty free and ship it back in the form of automobile tires, he suggested. Canada could obtain abundant supplies of the finest fruit from the islands.

**Increase in Exports.**

Other big crops, the products of which would be in demand here, include the hemp crop. This had increased more than fifty per cent. under American occupation. Copra, or the dried meat from the cocoanut, which is now shipped in large quantities to Europe for and from which the oil for soaps, etc., is obtained, has increased ten per cent. Sugar cane has increased twenty-five per cent. The finest tobacco grown was to be found there, but strange to relate it could not be obtained in Canada.

For the plowing and harvesting of these crops a large number of agricultural implements were required, and it was here again the opportunity for the Canadian manufacturer could be found. Canadian apples would also find a ready market.

### MACKAY'S MAJORITY 200.

EDMONTON, Alta., Aug. 1.—When the polls at Fort McMurray and Fort Vermillion have been heard from Hon. A. G. MacKay, member-elect for Athabasca, will have a majority over Major Woods, defeated Conservative candidate, of about 200 votes. There were twelve polls in the constituency, and ten that have come in give MacKay a majority of 155 votes. In every poll he has a majority of from 10 to 17.

### Q.O.R. Advance Guard Leaves

Preparatory to the annual Civic Holiday camp, a small detachment of the Queen's Own Rifles left the armories at 3 o'clock yesterday for Long Branch to put up tents and arrange the place of encampment.

The next few days will be given over to tactical instruction and shooting practice under camp discipline. It is expected that about 150 men of the regiment will leave with the main body today.

## TORONTO WOMAN INJURED IN WRECK

### Mrs. Heaslip of Kendal Avenue Suffered in Thousand Island Railway Collision.

KINGSTON, Aug. 1.—(Can. Press.)—A Grand Trunk freight train and a passenger train on the Thousand Island Railway collided near Gananoque this morning and one of the passengers, Mrs. W. T. Heaslip of 27 Kendall avenue, Toronto, was badly injured. Several ribs were broken. She was on her way home from Toronto after visiting at Tremont Park. The freight was backing up and as the accident occurred on a curve the engineer on the passenger train did not have time to stop his train. Henry Abrahams of Gananoque was the engineer and he jumped and saved his life. The fireman, Henry Case, Gananoque, also jumped, but was badly injured. All the injured, it is expected, will recover. The engine was knocked off the track. Sheriff McCamer of Brockville was one of the many passengers who suffered a severe shaking up.

### PREMIER BACK IN OTTAWA.

OTTAWA, Ont., Aug. 1.—Premier and Mrs. Borden arrived in the capital at noon today from St. Andrew's. They were met at the station by Hon. Messrs. Perley and Kemp and conveyed by auto to the premier's residence. The Premier stated that he expected to be in the capital for several days and has not yet definitely decided upon his holiday program thereafter. He stated this morning that a cabinet council had not been fixed for today, but that he and his colleagues would meet tomorrow to discuss a number of questions awaiting disposal. The premier appeared to be in fairly good health when he arrived this morning.

### Trimmings to Adorn a Cake

Much of the joy of cake making comes in the icing. Having provided a delectable foundation, you may proceed to dress it up in a host of guises, says McCall's Magazine. On one kind of cake many different icings may be tried. For the cake part itself there must be rigid adherence to rule, but upon the icing you may exercise your ingenuity. Once having acquired the basic idea explained here, you may work out many variations, especially along the line of decoration. There is opportunity for really artistic work that will delight the creative spirit.

There is endless variety possible in the flavoring. One need only be careful to have it blend well with the cake itself. For instance, a banana icing that would be delicious on an orange cake would ruin a chocolate dainty food. One must adapt the ornament to the foundation. Nuts and fruits, both fresh and candied, aid not only in flavoring, but in schemes of decoration that will give each cake a distinction of its own.


The Whiskey for Particular People

A choice, mellow, light and digestive whiskey from the Emerald Isle. A beverage for refined tastes, as it is neither raw, strong or heavy. For use at meals or with soda-water.

Burke's ☆☆☆ IRISH Whiskey

has maintained its reputation for uniform excellence for over 60 years.

The World-wide Whiskey

On sale at all leading Wine Merchants.

Canada's Greatest Charity

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Supported by Voluntary Gifts.

Not a single applicant has ever been refused admission because of poverty.

In Making Your Will REMEMBER THE MUSKOKA FREE HOSPITAL FOR CONSUMPTIVES

The following form will serve: I give, devise, and bequeath to the Muskoka Free Hospital for Consumptives the sum of $.....

Further particulars may be had by addressing Secretary, 347 King Street West, Toronto, Canada. Phone Adel. 1540. 63

FOR WOMEN'S AILMENTS

Dr. Martel's Female Pills have been the standard for 20 years, and for 40 years prescribed and recommended by Physicians. Accept no other. At all druggists. 2467

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LIQUID EXTRACT OF MALT.

The most invigorating preparation of its kind ever introduced to help and sustain the invalid or the athlete.

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Largest, best-appointed and most centrally located. $3 and up per day.

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E. PULLAN BUYS ALL GRADES OF WASTE PAPER

ADELAIDE 780. Office: 490 Adelaide W.


### CIVIC HOLIDAY OUTINGS

Civic Holiday is an outing opportunity that is always eagerly seized on by residents of Toronto, nor are any conveniently reached resorts more popular than those along the Niagara-St. Catharines Line. Reduced rates are in force from the city to Port Dalhousie, St. Catharines, Niagara Falls, Port Colborne, Buffalo and all intermediate points; good going August 2, 3 and 4, return August 5.

On Sunday, August 3, the "Garden City" will leave Port Dalhousie at 11 a.m., returning from Toronto at 2.00 p.m.; and on Monday, August 4, will leave Port Dalhousie at 8.30 a.m., instead of 8.00 a.m. In addition to the regular service on this day, the "Garden City" will leave Port Dalhousie at 8.00 p.m., while the "Dalhousie City" will leave Toronto at 10.30 p.m., thus giving an extra service in each direction.

Intending travelers on the above days will be well advised to be on hand in good time before each sailing, so as to assure accommodation, while baggage should also be checked as much in advance as possible. For rates, tickets, and all information, apply to the Yonge st. wharf, Main 2553, or to the city ticket office 52 King street east, Main 5179. 456

## PRESS CRITICIZES ENGLISH GIRLS

### English Press Filled With Condemnations — Young Women Have Champions.

### ARE BLASE AND BORED

### Fury of Controversy Is Only Equaled by Its Futility.

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LONDON, Aug. 1.—Criticism of the young English woman of today is epidemic in the London press. Her lack of manners, of charm and grace, her mannishness, her brainlessness — in fact, everything about here is held up to scorn.

This is an unusual manifestation, and undoubtedly is due to a reaction from the suffragette movement. Singularly enough, the "flapper," as the young girl just before getting into long frocks is called, comes in for the severest censure for her repellant, saucy precocity, and her brazen attempts to divert young men's attention from her elders.

Old-fashioned people wonder what sort of woman she will be since she is growing blase and bored before she even puts her hair up.

The athletic craze among girls is also condemned. The golf girl, who is delighted with herself in her woolen blazer, her tight dress almost up to her knees, is pronounced by Gen. Hildrich, a well-known connoisseur of dames, as ungraceful, untidy and unattractive.

Then the mother are scolded for losing control of authority in their efforts to appear as young as their daughters.

But the women of today are not without their champions, who compare them favorably with the mid-Victorian mothers, with their hysterics, false blushes and pretended prudery and insincerity.

### BANK BRANCH AT STRATFORD

A branch of the Metropolitan Bank has been opened in Stratford under the management of J. C. Massie.


The Perfect Egyptian Cigarette

Maspero Frères

Cairo, Egypt

No. 22, plain . . . . 10 for 15c
No. 31, cork tipped . . 10 for 15c
No. 37, plain . . . . . 10 for 25c
No. 41, plain . . . . . 10 for 50c

Maspero Cigarettes are universally recognized as being the most perfect Egyptian Cigarettes on the market. They are smoked all over the world.