

Fresh air, sunlight and sanitary facilities are needed in every home. Over-crowding, dark and poorly-ventilated rooms are enemies of health, and there is no reason why any new structure or remodelled old structure should not be of a type that will assure a healthy environment for the inmates.

Tuberculosis is essentially a house disease. The great percentage of cases is spread in the home from one member of the household to another. It can therefore be readily understood that overcrowding, lack of facilities for cleanliness, lack of sunshine, and all the other evils of unsanitary dwellings, with the resulting lowering of physical vitality, must play a prominent rôle in the spread of tuberculosis.

(6) School Health Service - On the request of the Protestant Board of School Commissioners a survey of the health service in their schools was made. A detailed report pointing out how the service might be improved was furnished.

(7) Health Education - As previously stated, the general public must know the value of community public health before they can be expected to support the health departments of the state and supply the "sinews of war" through their taxes.

The general public must also know the facts about personal hygiene in order that they may practise them. Personal health knowledge is only of value to the extent to which it is used. The Health League is helping in the spread of such knowledge in the following ways:-