The Presbyterian Review.

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Toronto, July 11, 1895.

How to Spend Vacation.

WHEN one can get away from the cares of home life, or business life, or professional life, the question often arises, how shall I spend my vacation? and after all, that is a question of great moment, for it means just this: how can I get the greatest amount of good out of my time and out of my available money? Very few who go for a holiday have unlimited supplies at their disposal. Those who have, make life a holiday. It is those who are circumscribed by definite limits, and who may even feel at times pinched and pressed, and on these the burden of life weigh heavily, who most urgently need a rest.

In answer therefore to the question here propounded, we may say.

1. Choose the best place to go, that is, the best place for you. Judge for yourself. See that it is a change. One that gives escape from the ordinary conditions of daily life. One that brings into the eyes new scenes, into the heart new songs, into the hands new service and into the whole being new sweetness. The outing and the airing ought to sweeten everything. A freshness should steal into the spirit. The renewing of the Spirit, whence the entire man is strengthened is the chief thing. So the man cooped up within the burning streets of the city should go into the cool lanes of the country, and the man tied to his desk should seek the mountain paths, where oxygen abounds; the man in the country to the busy town to see the works of the artist, and listen to the cultivated and captivating orator; the man who lives far inland to the sea shore, or across the ocean, so that body and brain may be invigorated. Change of conditions and of the current of thought have a wonderful renewing power.

II. Go light, i.e., carry as little baggage as possible, The less there is of incumberance the better. Many a holiday is spoiled by the lead of luggage carried. Have as little to look after as may be. The gentleman who can step forth in his suit of grey without aught else, save change of linen is in first-class circumstances to enjoy vacation. He has little to distract attention. His mind is free to take in all that comes to it. He can turn himself any whither.

III. Carry Religion with you. Many a one leaves this precious commodity at home when he goes abroad, which may show that at home it never really amounted to much. Our religious life, if ours at all, cannot be laid aside, for the simple reason that it is our life. Be true to yourself and to God, in letting your light so shine before men that they may see your good works

and glorify your father who is in heaven. Cultivate your sp:ritual life away from home as well as at home, Do not be ashamed to carry your bible with you, nor yet to take time to read it. Meditate on God's word and this will sweeten everything. We try in too many things to be without God, and so we lose the blessing that lies in the heart of everything. Our motto should be God and—God first—the Kingdom of God first—and every thing else of value to us shall be added to that.

One of the greatest blunders we make is to leave Goú out of our reckoning and go on regardless of consequences. It is never safe to leave God out. He should enshrine our whole life.

IV. Have something improving for what would be vacant hours. While much time may be given to vegetation, yet it is hardly wise to let all the time go in that way. Do you paint in watercolor? then bring home a bit of scenery on your block. Do you work in oil? then transfer a view to you canvas. Are you given to study? then master some book of note. Are you skilled in decorative art, working with the crochet needle, or embroidering with silk or linen? then do something to remind you pleasantly of your holiday. Are you interested in public affairs or in some particular business? then bring home some new ideas for improving either the one or the other. We have known ladies do lovely fancy work, and ministers read important works, and business men get hold of excellent suggestions, in their vacation, so that they came back with hands full, hearts and heads refreshed and reinvigorated, ready for the work awaiting themstronger and better every way.

A holiday misspent is an evil and not a good. A holiday rightly used is enjoyable in the present and a delightful memory through all the future.

The New Hymnal.

In view of the labors of the Hymnal Committee, now extending over a period of nearly two years, it was naturally expected by many in the church, that the new "Book of Praise" would be issued during the present year. We observe, however, from the Committee's Report, which was adopted by the General Assembly, that there is to be another year's delay, with a view, if possible, to arrive at a common finding with the Committee representing the established, Free, and United Presbyterian Churches of Scotland. This we think a wise conclusion, and we trust that our readers will think so too. It will be within the memory of many, that at the time of the Pan-Presbyterian Council at Toronto, representatives of the various Presbyterian Churches throughout the British Empire met together and talked over the feasibility of having one hymn-book for all the Presbyterian Churches of the Queen's dominions. A committee was thus appointed, to represent the matter to all the Churches interested. This was done in due course, with the result that the work was undertaken by Hymnal Committees appointed by the different Church Courts, and they have been working to this end during the past two years. It must be gratifying to our church to know that there is the most cordial spirit of co-operation existing between the Committees concerned, and that though they have worked apart for the most part, yet there are over 350 hymns in common to the two Draft Hymnals. About