THE STERLING BANK
OF CANADA

Farm Production

Sterling Bank branch managers are equipped to give farmers useful information as to local and general conditions affecting farmers.

To farmers who contemplate extending their operaiions, we can be of special assistance.

Come in and see our manager the next time you are in town.

The Farmer-Banker Alliance

You go to your lawyer for legal advice; to the doctor for medical advice; why not to The Merchants Bank for financial advice?

If you want a loan to buy cattle, hogs or equipment—if you want information as to how to invest money—come to those who make a business of financial matters, and are in a position to give you sound and impartial advice.

THE MERCHANTS BANK
OF CANADA

Head Office: Montreal. Established 1864.

WATFORD BRANCH, • • F. A. MacLEAN, Manager.
ALVINSTON BRANCH, • G. H. C. NORSWORTHY, Manager.

What About That Wasted Five per cent?

Most of us fritter away at least five per cent. of our weekly wages in trifles.

If we stopped to reckon it up, we would find it hard to remember where the money went. If we could make that money earn more money without troubling to think out a plan or attend to details, we would consider that we had done a good stroke of business. The Government has made it possible for us to do that. Here is the plan:

You say to your employer: "Every week I want you to hold back five per cent. of my wages and invest them in War Savings Stamps. When you have bought a War Savings Stamp with my money, put it in my pay envelope. Go on doing that for a year." You will never miss that five per cent. which you had previously frittered away. But at the end of a year you will have a little package of Stamps which, in 1924, will be worth $5.00 for every $4.00 odd you pay for them now.

The guarantee of safety behind the War Savings Stamps is the whole Dominion of Canada.

In June W-S.S. Cost $4.05

BUY W-S-S WAR SAVINGS STAMPS

War Savings Stamps can be bought wherever this sign is displayed.

Make Your Savings Serve You and Serve Your Country—Invest Them in War Savings Stamps.

T. B. TAYLOR & SON

are pleased to inform the public that owing to the Government removing the restrictions on many lines of drugs and medicines that their stock is now very full and complete and customers may look for a gradual lowering of prices on many articles—especially European products— in the near future, and as we have SEVEN BUSY STORES to buy for our stock is naturally kept fresh and strong from the quick turnover.

Taylor's Throat and Lung Balm
Taylor's Stomach and Liver Cure
Taylor's Cream of Roses
Dr. Morrin's Rheumatism Capsules
—are all sold under a guarantee.

PHONE 38 R 2

Guide-Advocate

Watford, Ont.

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ADVERTISING RATES.

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Advertisers will be allowed a change of matter every two weeks. Weekly changes can be had at a slight extra cost. Copy of change must be in printer's hands by Tuesday noon.

LEGAL ADVERTISING:— 1st insertion per line, 10 cents, subsequent insertions 5 cents each time per line. Agate measure 14 lines to the inch.

BUSINESS CARDS—One inch and under, per year $5.00.

AUCTIONEER CARDS—$5.00 a year.

LOCALS—10c. per line each insertion. Minimum Charge 25 cents.

Advertisements without specific directions will be inserted till forbid and charged accordingly.

W. C. AVLESWORTH, Publisher.
T. HARRIS, Editor.

Guide-Advocate

WATFORD, JUNE 20, 1919

Control of Shipping by Railway Commission

Mr. J. E. Armstrong, M.P., for East Lambton, made a telling speech in committee of the House of Commons, on May 28th, in support of his bill to control ocean and lake shipping rates, contending that in the public interests shipping rates should be controlled as railway interests are, fully explaining why. The speech is too lengthy to print in full so we reproduce a few excerpts.

"During the war, every other country but Canada had control of its shipping. Practically every other country took measures to control its shipping but we apparantly made no effort in that direction. The farmers, maufactures, and shippers of Canada have been compelled to pay fifty, one hundred and fifty and two hundred per cent. more for the carriage of their goods by water than they formerly were compelled to pay. We are giving credits to Belgium, Italy Greece, and Rumania to the extent of tens of millions of dollars for the purpose of carrying the products of farm and factory to those markets. But when you take into consideration the enormous tolls that are exacted on the inland vessels, and on the ocean-borne commerce it is utterly impossible for us to expect, unless this amendment is accepted, that Canadian manufactures and shippers will receive the benefit which they should receive from the existing facilities. If this amendment is voted down it means keeping open the door for a futher exploitation of the country's resources"

* * * * *

Remember that Canada is going to do a greater business on water than ever before. I expect a great expansion of our foreign trade when we control our trade routes, and our manufacturers and our shipping will develop. We are spending money for the purpose of developing our ports. If this legislation passes it will help the man who tills the soil, and it will help the man who runs a factory or carries a dinner pail. If it should be defeated the responsibity must rest on the heads of those who vote against it. It is a safe, sane and business like proposition. It will provide control of our waterways in addition to the control of our railways. The shippers scattered throughout Canana cannot organize into a monopoly. We must therefore trust to the railway commission to look after their interests. I therefore appeal to every member of this committee to vote for this amendment. By doing so they will protect the interest of the many against the avariciousness and selfishness of the few."

Children Cry
FOR FLETCHER'S
CASTORIA

Get the Thrift Stamp habit.

Slang Explained.

The saying, "not worth a continental," came from the fact that the Continental currency, issued by the Continental Congress, was worthless, or nearly so, during the American revolution and after. As the Continental Congress had no power to levy taxes it was unable to redeem its promises to pay. Besides, the country was flooded with counterfeits which could not be detected.

A Farmerette.

A farmerette was doing her bit as a hired hand on the farm, and found her work somewhat arduous. The second day she came to the boss and said, "Please, Mr. Farmer, it's so hard to milk a cow. Couldn't I start learning it by beginning with a calf?"

How s This?

We offer One Hundred Dollars Reward for any case of Catarrh that cannot be cured by Hall's Catarrh Medicine

Hall's Catarrh Medicine has been taken by catarrh sufferers for the past thirty-five years' and has become known as the most reliable remedy for Catarrh. Hall's Catarrh Medicine acts through the Blood of the Mucous surfaces, expelling the Poison from the Blood and healing the diseased portions.

After you have taken Hall's Catarrh Medicine for a short time you will see a great improvement in your general health. Start taking Hall's Catarrh Medicine at once and get rid of catarrh.

Send for testimonials, free.

F. J. CHENEY & CO., Toledo, Ohio.
Sold by all Druggists, 75c.

THE LYONS FAIR.

Showing of Canada at the Historic Exhibition.

The British Dominions have earned particular credit at the Lyons Fair, and so successful has been the effect of their enterprise that we may expect their regular appearance in the future. There is, of course, every reason why Canada should be especially welcome. It was the intrepid French explorers, Jacques Cartier, Frontenac and Champlain, who, in the 16th century, first settled in Canada, and the bonds of custom, language and history form an additional tie. Canada's participation is largely due to the active co-operation and help of Sir George Foster, Minister of Trade and Commerce; the Hon. Mr. Doherty, Minister of Finance, and the Hon. Mr. Sifton—all of whom are now in France as members of the British Peace Delegation. The Dominion exhibits — including those of the Canadian Manufacturers' Association, the Canadian Pacific Railway and the Canadian National Railways—occupy 72 stands covering the manufactures or industries of sixty firms. Agricultural machinery forms a prominent display in this section.

The Canadian manufacturers have set themselves the task of capturing German trade. In the case of spelter, the principal supply of which had previously been acquired by the Germans, the Canadians have established plants at Trail, B.C.; tungsten, necessary for the hardening of metals, another German monopoly, has been found in Nova Scotia, New Brunswick and the Yukon. The display of commercial minerals covers 267 varieties, and includes several specimens of asbestos. Quebec now furnishes 80 per cent. of the world's supplies of this commodity. The largest output of nickel comes from Ontario. The Province of British Columbia will soon house the immense shipbuilding yards of Yarrow (Ltd.), of Newcastle-on-Tyne, who are moving to Canada mainly to avail themselves of the unlimited supply of timber there, and also, no doubt, on account of labor troubles at home.

Considering that this is the first time that Canada has participated in the Lyons Fair, the Dominion's display is altogether commendable. Much of the success is unquestionably due to the energy shown in the undertaking by the Export Association of Canada, of British Columbia House, Regent street, London. Another asset has been the presence of the Canadian Trade Commissioner, Mr. Wendell McL. Clarke, as superintendent. He has been indefatigable in his efforts to secure a really good display — and has succeeded. The Canadians have had more advertising in France than any other foreign nation, and it has been due to the efforts of the General Publicity Agent of the Canadian Pacific and the Western Lines Railways, Sergeant Rankin.

The Canadian exhibits range from condensed milk, shown in attractive form by the Laing Produce & Storage Co., Lt., of Brockville, and canned vegetables and fruits and the macaroni of the Dominion Canners Co., of Hamilton, to the massive engineering plant of the Frost & Wood Co., Ltd., of Smith's Falls, and the railway cars and brake beams of the Canadian Car & Foundry Co., Ltd., of Montreal. Some remarkably good specimens of agricultural machinery are in view from the workshops of Maxwells, Lt., of St. Mary's; the Frost & Wood Co., Ltd., of Smith's Falls; Tudhope, Anderson & Co., Ltd., of Orillia; and the Massey-Harris Co., Ltd. Iron and steel manufactures are shown by E. T. Wright & Co., Ltd., of Hamilton; the McClary Manufacturing Co., of London, Ont.; electrical supplies by the Duncan Electrical Co., Ltd., of Montreal; axes, edged tools, saws, and farming implements by the Welland Vale Manufacturing Co., Ltd., of St. Catharines; iron and steel products by the Steel Co. of Canada; white lead and lead products by both Brandram-Henderson, Ltd., of Montreal, and the Pacific White Lead Co., Ltd., while the textile trades are represented by the Montreal Cottons, Ltd., and the Dominion Textile Co., Ltd., also of Montreal.

Some very beautiful and remarkably low-priced wall papers are displayed by the firm of Stauntons, Ltd., of Toronto; if these could be introduced into the United Kingdom there would be a great demand for them. It is understood, however, that in the present condition of the trade the entry of these beautiful Canadian productions is impossible.

The ready-made houses shown by W. H. White, of Montreal, are extremely well designed, and there should be a large demand for them by settlers in Canada. They would also be welcome in France.

A Quarrel.

Even the school children suffer from it. A teacher in one of the Toronto schools looked up from her desk the other day to find a little girl standing before her bathed in tears and sobbing away as if all the sorrows of the world had descended upon her. "Why, Gladys, what's the matter?" she asked. "I—I want my seat changed," wailed the youngster, and she pointed at the mischievous urchin who sat beside her, "he called me a bad name!" The teacher began an investigation. "Aw, he didn't call her nothin'," volunteered another of the male species. "He just told her she was a Bolsheviki."

Warts are unsightly blemishes, and corns are painful growths. Holloway's Corn Cure will remove them. m

SPECIALIST SAID HE MUST OPERATE

She Took "FRUIT-A-TIVES" Instead, And Is Now in Perfect Health.

MME. F. GAREAU

153 Papineau Ave., Montreal.

"For three years, I suffered great pain in the lower part of my body, with swelling or bloating. I saw a specialist, who carefully examined me and gave me several tonics to take, which did not help me. Then he told me I must undergo an operation. This, I refused to permit.

I heard about '*Fruit-a-tives*' and the wonderful results it was giving because *this medicine is made from fruit juices*, so decided to try it.

The first box gave great relief; and I continued the treatment, taking six boxes more. Now, my health is excellent — I am free of pain and swelling—and I give 'Fruit-a-tives' my warmest thanks".

MME. F. GAREAU.

50c. a box, 6 for $2.50, trial size 25c. At all dealers or sent by Fruit-a-tives Limited, Ottawa.

Ed. Howe Wisdom

The age-long fight for the under dog has never helped him. It was never intended to help him.

I should say youth is a thing not to be proud of, but rather a thing to be grateful for.

I tremble when anyone begins a statement by saying: "Candidly, I want to say," etc. It usually prefaces something disagreeable.

Some people always use the I-am-about-to-shed-tears voice.

For years we have been telling how quick on the trigger we are; and how slow we really are!

The policy of phrases, alas, is not succeeding in Russia, where it has been given a complete trial.

You know how unreliable you are; well your word is as good as anybody's.

Formerly the American watchword was liberty, now it is propaganda.

It there is nothing creditable to be said about an American, he'll make up something.

I have never seen a painting or statute that impressed me as much as a wild crabapple tree in early bloom. Nature is always more interesting to me than art representing it.

I know a good fellow who is bright and intelligent, and whom I greatly respect, but when I receive a letter from him, his bad spelling shocks me.

How men love to put on their coats and quit, as protest against their treatment! How men love to declare war! How men love to raise the devil! And how soon they realize that once the devil is loose, it is extremely difficult to get him back in chains again!

Mother Graves' Worm Exterminator will drive worms from the system without injury to the child, because its action while fully effective, is mild. m

The frankness with which a seventeen-year-old girl refers to herself as an old maid is certainly amusing.

ARE THE DAYS OF MIRACLES OVER?

IS SUPERSTITION AND FALSE BELIEF TO OVERSHADOW FACTS ANY LONGER?

When a woman who has been sick for years becomes well after taking a certain scientific preparation—can you deny that the remedy must be good?

Read these extracts taken from a letter written to us by Mrs. H. Cross, of 362 King Street West, Toronto:—

"I suffered for several years with inflammatory Rheumatism and could hardly get up or down stairs. My husband bought me a box of Templeton's Rheumatic Capsules, and almost immediately I felt relief. The swellings started to go down and the stiffness left my knees. I might say that previously to using T.R.C.'s I had tried almost everything under the sun without success. I am a happier and wiser woman now, and I cannot thank you enough for the aid T.R.C.'s have given me."

It's the same story from hundreds of other Rheumatic sufferers. They tried T.R.C.'s and T.R.C.'s fixed them up. If you suffer, try them.

Sole Agents for Watford, J. W. McLaren, druggist, the Rexall Store, or if you live out of town mail $1.04 to the above address or to Templetons Limited, 142 King street west, Toronto, and capsules will be sent postpaid.