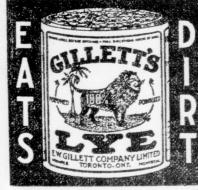
# A PAGE OF GENERAL INTEREST TO WOMEN



Compound

WON'T SHRINK WOOLENS Whenever the children suffer from earache think of

CEETEE UNDERCLOTHING

Guaranteed Not To Shrink.

SAVE YOUR HAIR 

Spend 25 Cents! Dandruff Disappears and Hair Stops Coming Out.

Try This! Hair Gets Beautiful, Wayy and Thick in Few Moments.

life; has an incomparable softness and is fluffy and lustrous, try Danderine.

Just one application doubles the beauty of your hair, besides it immediately disparticle of dandruff. cannot have nice, heavy, healthy hair you have dandruff. This destructive scurf robs the hair of its lustre, its strength and its very life, and i

everything else advertised, that if you sending the same, hoping they will help desire soft, lustrous, beautiful hair and some one. lots of it-no dandruff, no itching scalp and no more falling hair you must use Knowlton's Danderine. If eventually- My little boy used to be bothered so

"Silver Gloss"

> CO. LIMITED MONTREAL, CARDINAL, BRANTFORD, FORT WILLIAM. Makers of "Crown Brand" and 'Lity White' Corn Syrups, and Benson's Corn Starch.

For my "best" trade I know I am safe in recommending Century Salt. Its superior cleanliness, and its gleam ing whiteness-all proclaim purity far beyond the ordinary. Let us send you a bag.

"the Salt of the Century" is made by vacuum processes of proven superiority. For Table, Dairy and Farm use—always ask for Century Salt.

DOMINION SALT CO. Limited, . Sarnia

The Lights of 65 Years Ago

**EDDY'S MATCHES** 

SIXTY FIVE YEARS AGO THE FIRST CANADIAN MADE MATCHES WERE MADE AT HULL BY EDDY AND SINCE THAT TIME FOR MATERIALS AND STRIK-ING QUALITIES, EDDY'S HAVE BEEN THE ACKNOWLEDGED BEST.

WHEN BUYING MATCHES SPECIFY

EDDY'S

## Cynthia Grey's Mail-Box

[Correspondents are requested to make their inquiries as brief as possible, and to write on one side of the paper only. It is impossible to give replies within a stated time, as all letters have to be answered in turn. No letter can be answered privately.]

may be of some use. I will sign myse as before. MRS. McB.

"Blue Eves" to Spunk.

"Troublesome Jean."

perhaps one will do for both

2. Webster gives it as leg-a-tee.

yourself for it.

am I far enough advanced?

samples of penmanship that I get.

ey would hate to enlist for fear people

preparedness for man or

material in the whole wheat

grain in a digestible form. For

breakfast or luncheon with

berries or other fruits.

lthough I prefer khaki myself.

Is a Girl Scout.

Dear Miss Grey,—Sometime ago some-

BLUE EYES.

"Grandma's" Request.

Dear Miss Grey,—Would you please eprint the blood-purifying remedy gain for my benefit? I saved the clipting, but now I want it, it can't be Some of the ingredients were is.

If the one that is bothered with sick ssafras, burdock, Turkish rhubarb. I a corry to trouble you, but will try and nd a little help if you can make out

FIVE YEARS A GRANDMA. Ans .- Dear "Grandma," it would be solutely no trouble to print the forula-but I cannot find it either lease, oh please, won't someone having he clipping send it in to "Grandma" Your nice recipes are appreciated.

A Wasp Walst.

Dear Miss Grey,-As I am not very big hints. Hope we may help you in turn am coming to you for help. I am only some time. 9% inches around the waist, and 20 years old, weigh 101 pounds. Can any of the Cynthians beat that?

1. What do you think of my writing? 2. When is the Irish picnic at Port 3. Has "Twenty-One" left London yet,

Will close for now.

JACK-OF-ALL-TRADES. Ans .-- 1. It is just average.

2. August 16 8. Yes, has been in Camp Borden for weeks now

He'd Better Run.

Dear Miss Grey,—My heart goes out to all those with dear ones at the front. My only brother is over there, think "T. O." will soon have to change his name to "Twenty-Two." don't you? He is sure a jolly, goodhearted boy, and I would love to know the soon to know the soon to the soo him. I wonder what he thinks of Camp Borden. It just makes me boil when I think of sending our boys up there, if

other times are just lovely. Do you think I can help it, or is it just silli-

AFTER TWENTY-ONE.

ner—short and fat.

Ans.—Answering your query (unprinted). I'd advise you to write the printed). I'd advise you to write the and I can save some for you.

This inustration cans for two separate patterns, which will be mailed possible to any address on receipt of 10 cents for each pattern in silver or stamps. secretary of the Woman's Emergency Corps, London, in regard to the position you wish to fill: Do not see there is any other way of getting what you wish, except by personal application. Stenography would not be demanded, but reguldity at figures, compatition to the secretary of the woman's Emergency and I can save some for you.

Personally I have no knowledge of these organizations, but understand that they are very helpful in training girls to discipline and resourcefulness.

She's Getting There. Stenography would not be built at figures, computing in-but rapidity at figures, computing in-terest, etc., would be a necessary has sent in the song "Where the River If you care for heavy hair, that glis-ens with beauty and is radiant with terest, etc., would be a necessary qualification, I think.

2. Several correspondents write me

Many Are Sad.

Dear Miss Grey,—May I peep into your Mail-Box once again? Poor "Aunt Nannie" is just feeling what so entrance next year.

AMHERSTBURG GRL.

Ans.—I have mailed you the song.

Think you are doing very well at school. You'll likely be trying for H. S. entrance next year.

Caution: Be careful to inclose above illustration, and send size of term wanted. When the pattern is entrance next year. overcome it produces a feverishness and itching of the scalp; the hair roots famish, loosen and die; then the hair falls out fast.

If your hair has been neglected and its thin, faded, dry, scraggy or too liy, get a 25-cent bottle of Knowlton's Danderine at any drug store or tollet counter; apply a little as directed and ten minutes after you will say this was the best investment you ever made.

If see where someone asked for to
many more of our true heroes are. I think it is just terrible for our soldiers or us soldiers who have fought our cause to come how and be used as they are. I do not think there are many homes but what there is a soul gone to their last rest, but we must not grieve for those gone; think of the others that are being sacrificed each day for the same ten minutes after you will say this was the said about our dear "Canda".

If see where someone asked for to
Magrees With "Florence,"

Dear Miss Grey,—Here I come again to add a few more queries to your long list. It is nice to have in your column people who can express their patriotism as well as "English Florence," but I am sure we all agree with her in what she said about our dear "Canda".

Hoping I have hurt no one's feelings, and best wishes to your Mail-Box, KANDY KID.

I see where someone asked for tosincerely believe, regardless of bacco coupons and as I have five, am writing.

> If the one that is troubled with hives will try this, I know she will get refief. much each summer, but has not had it

More Blouses, Lingerie and Skirts-more Table Linenmore Sheets and Pillow Cases - more Curtains - are starched with "Silver Gloss", THE CANADA STARCH than any other starch in Canada. Your grocer has it.

Laundry Starch



vigor. Eat Shredded Wheat ARE STILL DOING DUTY IN THE SHAPE OF

Made in Canada

#### ADVERTISER **PATTERNS**



Waist, 1700. Skirt, 1699. This model is evolved from taffets in a delightful ecru shade. It is composed of Ladies' Walst Pattern 1700 and Ladies' Skirt Pattern 1699. The waist could be of crepe, linen or baall reports of the place are true. They expect hardships when they get overseas, but they should not have them in sood old Canada. A lot of our boys are home on the harvest furlough now, and I think they are glad of it, too.

I can feel for the girl that said she tired of the boys after going with them for a while. I am just like that. After going with a fellow for a few times I begin to wonder what I can do so I won't have to go with him.

Dear Miss Grey,—Sometime ago sometime ago tiste, and the skirt of serge, wool pop-

do so I won't have to go with him I would like as many as I can have ure. The waist pattern is cut in six again, even with boys that I think at Oh, yes, here are some Surprise Soap sizes: 34, 36, 38, 40, 42 and 44 inches CANADIAN SCOUT.

Ans.—"Sunbeam" asked for the ribbons, and "Winn" for the soap ovals.

O.," I'm some runt.

The solution of the soap ovals.

The solution of the soap ovals.

This flustration calls for two septocol and screw down tops as soon as the address of each is received, I'll send your contributions on Do you coupons for some reader.

CANADIAN SCOUT.

bust measure. The entire dress to quites 7% yards of 44-inch material for quites 7% yards of 44-inch material for the skirt measures bust measure. The entire dress re-

Please send above-mentioned pattern, as per directions given below, to: Shannon Flows," for me, so am send

ing you a stamped addressed envelope Please thank her, and thanks to Age (if child's or misses' pattern) I am 12 years old and am in Sen. IV. Measurement: Bust..... Walst..

1. Please pass your opinion on my

2. Do you recognize my writing? I and I'm glad you brought yours along signed a different pen name before. and didn't stay outside the Mail-Box Could you please print for me a any longer. You write very legibly.
 ecipe for chocolate fudge? PATTY.

Ans.-1. You write very well, Dear Miss Grey,-Once again I my 2. No! It is similar to quite a few ask for your kind assistance. I we to take a trip to Goderich by wheeli 3. A fudge recipe is: Two cups yel-3. A fudge recipe is: Two cups yellow sugar, good half-cup milk, two tablespoons of ground cocoa, lump of butter; boil over the fire until a little dropped into cold water will form a soft ball; remove from stove, add a teaspoon of vanilla and chopped nut meats if desired; beat until smooth; can find and I do love the lafteride. if desired; beat until smooth; can find, and I do love the lakeside. Should Not Snub.

Should Not Snub.

Dear Miss Grey,—Have noticed so many of our young girl readers speak-ing of refusing to walk with men in the country of the intend taking the ride in spite ing of refusing to walk with men in the country of the intend taking the ride in spite in the country of the king on the "Glorious Fourth of Univ." I do not quite understand the tents. I have seen as many as 1,000 but I intend taking the ride in spite favors. ing of refusing to walk with men in civilian clothes. I wonder if they thought the boys would enlist just to

he have been snubbed that way say forward to him at once.

Wants "Sarah's" Address. her'd endist for the sake of a girl. I've beard many opinions on that line, and standard many opinions of the standard many opinion in afraid we hurt the cause more than to exchange for patchwork pieces. in arraid we hurt the cause more than have plenty of dress goods pieces (wool) of, are do though I prefer khaki myself. I'm afraid I'm too late to send a are small). I would be glad to exmy letter is getting long. so will close.

Am afraid cooler. As B4,

Ans.—"Sarah" didn't send her adparedness"? The best mercury has ing again!

Found the Formula, that comes from living in possibly the one requested by (I think) this week the battle has been parilla, two ounces of sassafras, one and we were sitting at dinner there w that tax bodily strength and one-half ounces of Turkish rhubarb, one two English aircraft went over ounce mandrake, two ounces burdock.

Boil this in two quarts of water, and noise of the propeller we could Biscuit, the food that contake two teaspoonfuls before meals. Spoken to the man standing at the body-building.

This was sent in by a reader some time of the standard of the spoken to the man standing at the body-building. tains all the body-building ago, and recommended very highly.

In Canning Time.

me time again.

I will try and help a little now. I by two French and one English fly some time again. will give you a recipe for crabapple catsup. I have made it for three or four years, and we like it as well as the catsup. I have made it for the four years, and we like it as well as the catsup. tomato catsup. I can also give some very plain; it fairly shakes the earth good tomato relishes if you wish for here. The battle is still at fever height

nem, tried and good.

Now for one question. Can you give whether any of you know what kind of me a good way to can peas and corn? evenings we have in this part of the

### Daily Bible Question Club

By Rev. T. S. Linscott, D. D. (All Rights Reserved.) The six daily studies for this week enstitute the International S. S. Lesson for next Sunday. Read the Bible Story on which this study is based, as you ponder the following questions:

"The Riot at Ephesus." Acts, rix., Golden Text-"The Love of Money

is a Root of All Kinds of Evils." Verses 23-27. If the spread of thristianity hurts a class of business nen, should we compensate the losers?

6. If Demetrius had become a Chrisian, would it have been in his business interest in the long run? . May a man be true and honorable who protests, for business reasons, against the application of Christian principles to the community? Give your reasons. (This is one of the questions which may be answered in writing by

and oblige. Wishing the page all the success that's going, I will sign my A PRETTY CANARY. Ans.—'Unexpected Visitor," please send a stamp for "Canary's" envelope. This will be better than sending the

members of the club)

That catsup recipe is a fine one your tomato relishes would be most welcome, too, with tomato time ap-

Here are two methods for canning corn, both sent in by readers of our page: Cut corn from cob, pour on enough boiling water to nearly cover, add salt enough to make it too salty to making sure there is water above the corn in the jars. When wanted to use pour water off. Add hot water for a ready to use. Corn put up in this way

has never been known to spoil. The second one is: Have canned mine this way and never lost a jar: Fifteen cups corn cut off cob, one cup granulated sugar, one cup salt, one

screw on lids loosely; place on wood This iliustration calls for two sep- cool and screw down tops as soon as

> Her First Visit. Dear Miss Grey,—This is my first visit to the Mail-Box. I am not coming for any help, but will try and give some. I was asking for a cure for diarrhoea in oung chicks. We have over two hun dred young chicks, and have been very rhoes remedy.

> I will sign myself, A. E. L. Ans.—Referred to "Sall Ford." Thanks for helping, and may we oblige

BIG BARGAINS FOR A WEDNESDAY MORNING CLEAN-UP CHILDREN'S WEAR

GIRLS' DRESSES 39c



22 Colored Print Dresses, heavy quality in brown and white, blue and white stripes; yokes trimmed with blue; pleated skirts; sizes 8, 10 and 12 years. Regular \$1.00 values, on sale Wednesday morning at ......39c

Children's Lawn & Duck Dresses Regular \$1.50 and \$2.25 For 75c

20 Lawn and Duck Dresses; all white and color trimmed in odd lines, but good styles; sizes ranging from 2 to 12 years; \$1.50 and \$2.25 values to clear Wednesday morning at .... 75c

Children's Lawn Dresses Worth \$1.00 For 50c

8 only Lawn Dresses; embroidery trimmed; in sizes 2, 4 and 6. Regular \$1.00 Wednesday morning price ......50c

## SPECIAL SALE OF LADIES' HOSE

Ladies' fine colored silk-ankle hose (seconds) in pink, sky, champagne, taupe, battleship and silver grey. Regular 50c a pair, on sale Wednesday morning for ....29c

Children's Cream Lustre Coats Worth \$2.25 to \$2.75 For \$1.75 These coats in sizes 2, 3 and 4 years; lined throughout, and nicely trimmed with silk braid. On sale Wednesday morning.

Children's Light Colored Middies, Regular 50c For 35c

These are smart little middles in neat blue stripes, copen and navy on a mixed ground of white and blue, with one pocket and laced front. On sale Wednesday morning at, 35c

A Big Silk Bargain For Wednesday Morning

Odd and broken lines of plain and fancy silks, including corded Japanese wash silks, fine brocades and colored raw silks, in lengths from 1 to 15 yards; 32 to 36 inches ON DISPLAY IN WINDOW.

GENTS FOR THE LADIES' HOM! JOURNAL PATTERNS. PHONES 115-116.

# Daughters of the Empire



the boys has got a camera and took a the dump carts come for the refuse of photo of the remnants of your old favorite, the 70th Battalion Band. They There is a place to burn old cloth, located out our band to form one large shoes, etc. We have practice twice a Pack all your troubles in your old kit Canadian contingent band to go to day, after playing the boys down to London for the big review of Fusiliers' parade. fourth, as the first is our Dominion Day, unless it was on account of the have the girls walk with them? I'm afraid not, for boys are proud and independent that way. I've known boys who have been supplied that way. I've known boys and any information received I shall the Boys I will have to constitute the 10,000 troops. Band, something like 200 men. The rem nant of the 70th, now named "the Pumpkin Centre Band." under the

I will write you a little to let yo block for "Aunt Nannie," but will inchange for the flags; pieces are all new know something of what we see and close a dime for lining, and send my goods. How relieved everyone must hear every day—especially as the war love and regrets as well. Am afraid have been Monday, when it turned is on proper. I wrote a letter to the our trip from leaving London until we landed in camp here. Our reputation Are You For "Pre- dress, but as soon as she does, I shall landed in camp here. Our reputation forward yours. Yes, the slump in the followed us to England, and we have mercury has made life seem worth liv- held it all through, and will try and endeavor to do so in the future. battalion is about all at the front, and the rest of the officers that are to woman is the preparedness I have located a formula which is at present leave in the morning. All 'Five Years a Grandma," and which I hot; and we are only seven miles from harmony with law. In Sum- told her the other day I had lost: Two Dover, and can hear the roar of the mer cut out the heavy foods ounces dandellon, two ounces of sarsable guns every day. On Thursday, as four or five-story building. A sh time ago we saw the German m In Canning Time.

Dear Miss Grey.—As I saw in your corner that "Unexpected Visitor" had some sunkist orange wrappers to spare, I would like to get some four dozen. I will address and stamp an envelope to you. I am sorry I have no cracker-jack coupons or I would gladly expenses but perhaps I could help her about tea-time we saw three German carrying the British ensign that dropchange, but perhaps I could help her about tea-time we saw three German machines very high that were chas

and of the little at a quarter to ten o'clock. Then we all kinds of pets, including a pet you gave us to shave by. This always keeps you camp wherever it can get a nip of the land of the land

Bandsman Bell. day. Now one of and rubbish is gathered up every day; this:

This is the can that holds the coffee you hear so much about SEAL BRIDE



In %, I and 2 pound cans. Whole-ground-pulverizedalso Fine Ground for Percolators. 166

troops every Sunday go to church, or view returned in the night or early

London with you, ing sitting on the trench of the tent in the afternoon, where the Royal Gren- House for the royalty, and in the even-

It is not worth while:

And smile, boys, smile. This whole country for nearly ten As long as you have a lucifor to light your pipe, Smile, boys, smile,

What's the use of worrying For it never was in style. Pack all your troubles in your old ki And smile, boys, smile."

July 5, 1916. We have just finished practice, and witnessed quite a sight. There was a sham battle going on about a mile from us, and it is some battle ground. The heavy artillery was on the hill, with the machine guns in the draft and about 1,000 boys in khak! on the flats. They kept advancing in skirmish lines. First thing we knew up went a mine. We could see the earth thrown up and a great smoke. They advanced with fixed bayonets, and it looked as if one line was throwing gas bombs the smoke seemed to follow close to th ground; then the charge up the ! and rifle firing, also the machine gu were blazing away in good shape, ar was quite a sight. There was war going on the best part of the night from the report of

big guns, and in the evening we saw aircraft, and later we saw them using sight. We could hear aircraft, but evening bulletins down town gave an account of a whole army laying down and being taken prisoners by the French and British. And the poor Germans say they had had nothing : eat for four days, and had to sur render or be killed. They told of a big German general being killed, and the roops refused to go to his funeral There was another big lot of troo left during the night, and this morni we did not have a commissioned off the sergeant-major filled the dutle After sending up two or three time for the acting adjutant, there was quite a bunch of seldiers marched into our lines with packed saddles and fix I expect likely the adintant had to receive them, so that could not come down the same as

at least to an open air service. There the morning, but we have not seen any will be as many as from 20 to 30 bands, of the boys to find out how the parand we have the church service to play ade came off. Well, our little Tommy A LETTER FROM THE 70TH.
To Our Old London Friends, I. O. D. E. Shorncliffe Camp, July 4, 1916.

Dear Friends: It has been left to me to write to you. We have often spoken of the last night we spent in London with you, ing sitting on the trench of the tent of the first in the first in the first is the hymns.

A LETTER FROM THE 70TH.

World in regard to the twilight, but I have seen the boys come in from a have of the King," and made a great hit. They were told the Canadian band was the would come to a plece of straight road we would play a march. Last Sunday our little Tommy Jones returned home, and we have the church service to play in as a member of our Pumpkin Centre Band got a were told the King," and made a great hit. They were told the Canadian band was the would come to a plece of straight road we would play a march. Last Sunday our little Tommy Jones returned home, and we have the church service to play in a sa de came off. Well, our little Tommy Jones returned home, and the King, "and made a great hit. They were told the King." They bes

> camp wherever it can get a nip of the green grass on the camp trenches. This is about the only place a little grass always mentioned in the tent where I hold forth every day. Now one of and rubbish is exthesed up and rubbish is extended of aircraft flying to the trench lines from England during the cannonading. With best regards to all the L O. D. I remain yours, as of old,

BANDSMAN GEO. BELL, 124888. 70th Battallou.

Note Your Increase By making the blood rich and red Dr. Chase's Nerve

cells and tissues and nourishes the starved erves back to health and vigor. By noting your crease in weight while positively the benefit being derived from this great food cure.

Food forms new



SPECIAL SALE OF ALL SUMMER GOODS

Mowers, etc., all reduced cent for quick clearance. H. Wolf & Sons

265 DUNDAS STREET.

TOMATOES

Choice "Trellis," per lb. . . 206 Main & Collyer usual, I understand the massed troops | TELEPHONE 283ta P. O. BOX 878