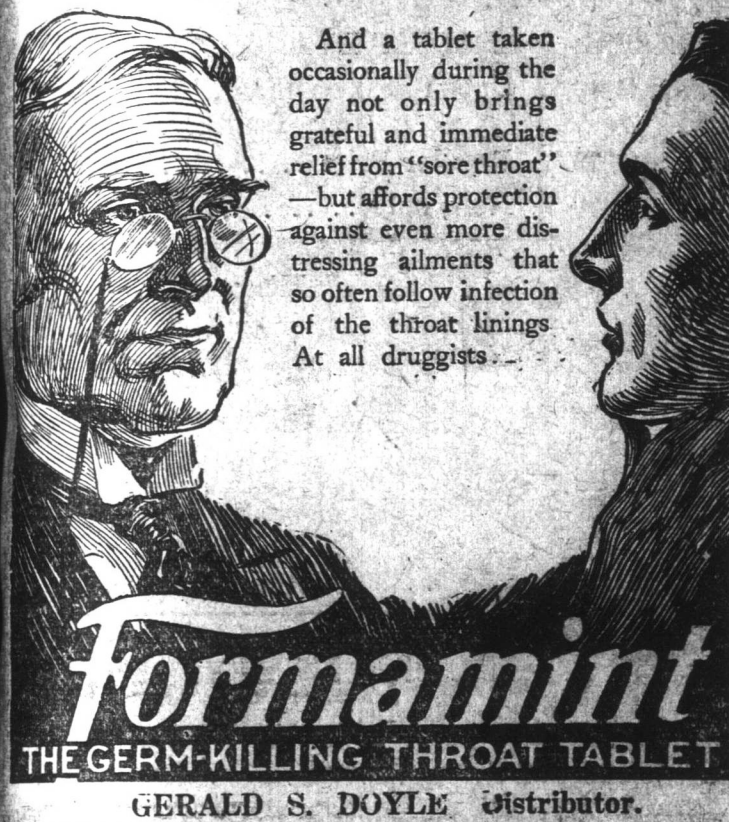


Don't Say— "Just a Sore Throat"

In a few days, you know, "just a sore throat" may be something much more serious. For science has proved that the throat is not only the first spot reached by infectious germs, but also forms the ideal soil for them to multiply on.

Throat protection, therefore, means germ destruction and is a duty that you owe your health. It is easily achieved by the regular use of Formamint—the germ-killing throat tablet.

Formamint (which is endorsed by over 5,000 American physicians) is the scientific way of disinfecting the mouth and the throat. Handy to have with you—pleasing in taste—it frees an efficient germicide that mixes with the saliva and so reaches where gargles cannot go.

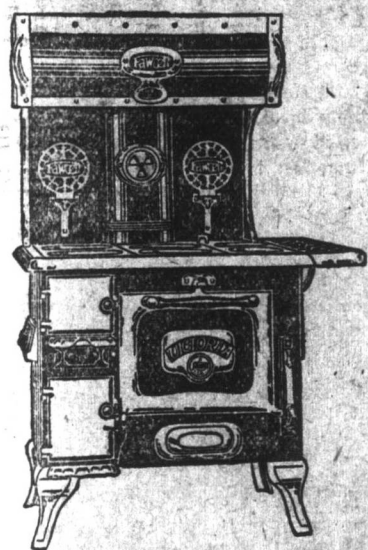


And a tablet taken occasionally during the day not only brings grateful and immediate relief from "sore throat"—but affords protection against even more distressing ailments that so often follow infection of the throat linings. At all druggists.

Formamint
THE GERM-KILLING THROAT TABLET

GERALD S. DOYLE Distributor.

VICTORIA RANGE



\$80.00
Hot Water Back \$10.00 extra

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194 WATER STREET.
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A grille of narrow gold links is the proper way to wear the scarf at a high waistline on a stock of is to cross it in the back and bring the ends down over the shoulders.

Reparations Must be First Disposed of Says MacDonald

Indisposition of the Pope Denied—Sun Yat Sen is Dead—Ten Charges of Conspiracy to Defraud.

DAWE'S REPORT FIRST.
LONDON, May 14. Premier MacDonald told questioners in the Commons today that he would not consider calling a conference of the Inter-Allied war debt, until conclusions had been reached regarding the issue raised by the reports of the Experts' Committee.

JAP URGES POSTPONEMENT OF EXCLUSION.
WASHINGTON, May 14. Further steps were taken by the United States Government today to obtain a postponement of the Japanese exclusion. The President is understood to have presented again the administration's view that Japanese exclusion should be postponed until diplomatic negotiations can be conducted with Japan.

DEATH OF SUN YAT SEN CONFIRMED.
HONG KONG, May 14. Dr. Sun Yat Sen, President of the South China Government is dead.

EARTHQUAKE IN ERZURUM.
CONSTANTINOPLE, May 14. A violent earthquake is reported in the region of Erzurum. Several villages have been destroyed and about fifty lives lost.

VATICAN DENIES REPORTS.
ROME, May 14. The Vatican today issued a denial

of reports in circulation here that Pope Pius was indisposed. The reports had been given publication by the Tribune.

WINNER OF CHESTER CUP STAKES.
CHESTER, Eng., May 14. The Chester Cup Stakes of £2,550 and extras, at two and a quarter miles was won here today by F. Grotton's Rugeley by Rosendale, out of Royal Lord Derby's stable. Sierra Leone was second, and Sir H. Lawson's Njwani was third.

UNIVERSITY HONORS.
FREDERICTON, N.B., May 14. Forty-six degrees in course. In addition to an honorary degree to be passed by the Senate, will be conferred by the University of New Brunswick on Thursday. The graduating class, which is composed of forty-four members, draws nine of its members from St. John Law School and the first B.C.L. Degrees will be conferred. Ten young women will receive the degree of Bachelor of Arts and one Bachelor of Civil Law.

SMITH REMANDED.
TORONTO, May 11. Peter Smith, former Provincial Treasurer in the Ontario Government, was remanded for eight days, when he appeared in the police court this afternoon on ten charges of conspiracy to defraud the Province of Ontario.

Hale and Hearty at a Hundred

THE PATH TO HEALTHY OLD AGE.

(By Our Medical Correspondent.)
It is the natural desire of every normal human being to live as long as he can. When, therefore, he reads accounts of hale and hearty centenarians who are still enjoying life—not merely vegetating, but doing active and useful work—he is anxious to find out how it is done.

He is almost tempted to believe that these wonderful old folk hold some secret charm which defies the destroying agencies of Father Time, or that they have discovered the elixir of youth, in some magic food of their own compounding.

These fancies correspond in no degree with the facts of the matter. The most noteworthy of these facts is that twelve years at least have been added to the span of human life since many of us were children. This is to say, the average man lives longer than his grandfather did.

Centenarians' Secrets.
The attainment of a long life, provided it is an active, useful, and therefore a happy one, is a worthy ambition. It is never too early to begin this pilgrimage, so we must put into practice at once all those wrinkles which the wisdom of people who have achieved a dignified and enjoyable longevity have taught us.

The most important of the secrets they have revealed to us is that, having once started to run up a century, we must "keep going." Life is movement; stagnation is decay. There must be incessant activity of body and mind while awake, alternating, of course, with complete cessation of all but the automatic vital functions during sleep. It is those on whom life makes certain demands for physical or mental effort, to whom the problems of existence present some difficulties to be overcome, who are most likely to reach old age. Hard times have a hardening and stimulating effect on the human powers of resistance.

Once people find themselves in easy circumstances they grow "soft," and lose the power to react to any unfavorable state of affairs. Good health is only another name for the power to strike back when one is struck. A sick person is one who cannot strike back—who cannot react. Therefore one of the secrets of long life is the secret of hard hitting, whether in a mental or a bodily sense.

Another factor of vital importance is having some engrossing interest to live and work for, something that compels the body to live, and which contributes so much of the driving-power of human life. People with no object in life do not get very far on their course, having little to do but nurse their grievances and magnify their little ailments into big ones that carry them off. On the other hand, people with great responsibilities have no time to be ill, but give all their spare time to keeping well.

Centenarians are never faddy about their food. As a rule they have early in their careers found by practical experience what suited them best, and have always taken in moderation what they felt did them most good. Plain fare has been the rule. They have not been big eaters, and most of them have given medicines a wide berth. Neither vegetarianism, mixed feeding, teetotalism, nor moderate drinking has established a claim to be the one thing generally helpful for the centenarian. The personal factor must always be paramount in the determination of a suitable diet.

Habit of body has a bearing on length of life. A man may be stout or

Sore throat.
Hoarseness
Apply Sloan's Liniment to the throat and chest. It penetrates the inflamed parts and drives away the pain instantly. Of chemists 2/- and 4/-.

Sloan's Liniment
MADE IN CANADA

Oliver Curwood Story at the Nickel Wednesday and Thursday

May Jackson and Ernest Miller

Soprano. Baritone.
Singing everything from Opera to Jazz.
Programme: Duet "Whispering Hope." Solos: "Bedouin Love Song." "Love Sends a Little Gift of Roses." Duet: "Marcheta."

Bobbie Vernon in a Christie Comedy Scream
"TAKE YOUR CHOICE."

COMING:—Francis X. Bushman and Beverly Bayne in "MODERN MARRIAGE."

NOTE—Admission Prices are Twenty-five Cents at night. Matinees as usual.

James Oliver Curwood's Thrilling Story "God's Country and the Law"

A born thriller. It travels breathlessly along. A tale of stout-hearted men and beautiful women. Directed by Sidney Oleott.

"THE PATHE REVIEW"
The always interesting reel.

To-Night Only—At the Crescent To-Night

THE SENSATIONAL MOTION PICTURE

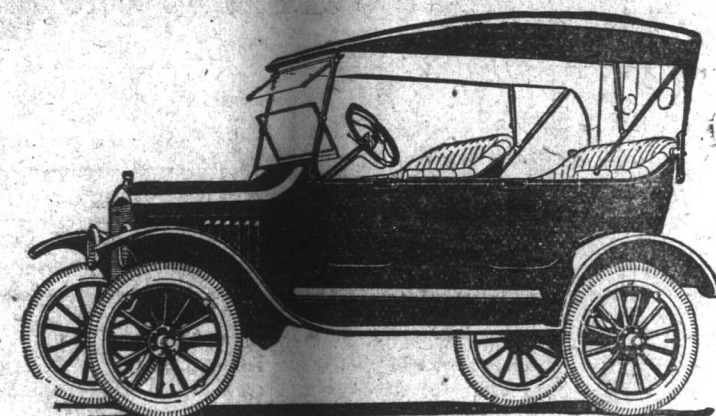
JOHN BARRYMORE IN "SHERLOCK HOLMES."

The most exciting Detective Story ever projected on a screen. Produced in 9 Stirring Acts—9

Friday Night!

USUAL BIG AMATEUR
CONTEST—DON'T MISS IT!

Friday Night!



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is a well established fact. Over Nine Million Fords are in use to-day. The best Cars for Newfoundland roads are Fords. Touring Cars, \$800.00 with self-starter, delivered St. John's. Terms if required.

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New and old friends will see in your choice of Stationery an expression of good taste and personality.
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FRENCH ORGANDIE
WRITING PAPER

"Reply by Return"

STOCK YOUR MIND WITH KNOWLEDGE AND LEARN TO USE IT QUICKLY.

"Please reply by return" is quite an ordinary phrase in a letter, and if the request be unheeded, when the matter is urgent, one is justified in feeling annoyed. The delinquent, if a trader, doesn't commend "himself," and, as likely as not, loses custom.

What of the conversational "reply by return"? If it is a gift to be able to launch a conversation, it is an equal, if not a greater, gift to be able to continue it, and "reply by return." Those who can, and do, commend themselves. And those who can't, or don't, do not. A vague or non-committal reply always annoys.

One employer, asked why he discharged a certain man, stated quite frankly that the man annoyed him.

"Whenever I asked him a question I could not get a straight and understandable reply!"

Results That Reply.
Without a doubt, in social and business life, it is a great asset to be one of those who "reply by return." Some have the gift, others haven't. The former are those with alert and informed minds, and the power, possibly inherited, of quick thinking. Those who haven't the gift—you who read this may be one—can, however, acquire it. First, there must be the resolve that you will "reply by return" clearly, concisely, and without

circumlocution. But it is very possible that you will find your resolve handicapped by lack of matter. Your mind, in short, isn't sufficiently informed.

Well, you can remove that handicap easily enough; by stocking your mind with knowledge, special and general. That, of course, means study and application, but the results will make these worth while. You will be able to "reply by return." That, every where and always, commends itself—and you? You'll get on, and quickly.

DODD'S KIDNEY PILLS
FOR ALL KIDNEY DISEASES
RHEUMATISM, GRAVEL, BRISTLE'S DISEASE, GOUT, DIABETES, BACKACHE, NEURALGIA, MIGRAINE, ETC.
BOTTLED BY THE PROPRIETOR, 1087 THE PRINCE OF WALES

Choosing a Mate

GOOD LOOKS MAY FADE, BUT BEAUTIES OF THE HEART AND MIND, LIKE GOOD WINE, IMPROVE WITH KEEPING.

The men who marry nowadays are, as a rule, keenly sensible of the advantage of choosing a cultured girl instead of some frivolous little thing who hasn't outgrown the flapper stage and possibly never will.

They have studied other men's wives and realize what a terrible bore an ignorant girl can do. She is unreasonable and much more liable in middle life to grow acrid, nagging, and snappish and if not positively bad-tempered, than the versatile woman, whose interests are very varied. There is really no woman quite so perverse and provoking as the one without intellectual resources and whose position happens to be at variance with her ideas of comfort, or who, being comfortable, is conscious of the faint contempt and slight avoidance of those round her.

Wives are perfectly well aware when their husbands listen from po-

liteness alone. When this happens they grow more disappointed and crotchety than many a spinster.

Where The Clever Girl Scores.
Men of thirty and upwards are quite able to realize how great a part friendship plays in married life and how it deepens affection. On the other hand they know the difficulty of friendship with a woman whose early charms has passed away, and does not understand one word in six of what they say, and who is incapable of either sympathizing with their failures or understanding why they have scored a huge success.

Clever girls are much more likely to be free from senseless extravagance, perhaps the most annoying weakness which a wife can possess. The great majority of cultured girls are economical. Frugality has been their road to independence. They could not have had a career, in very many instances, if they had cost their parents too much. Realizing the true value of money, they expend it carefully and avoid debt like the plague.

They may not be so devoted to housekeeping as some of the unlettered are, meaning in the majority of cases endless and harassing interference with their helpers, but when they know their income they can keep house comfortably at an outlay well within it.

Men are well aware that there is no bore on earth to be compared with the woman who can neither talk nor listen, who has no mental interests, in common with her husband, and who thinks his friends satirical because they attend to her meaningless chatter with amused amazement. Men of the above type believe also that the educated girl is more capable of real affection and far less exacting than her sister of limited intelligence and education.

DANDRUFF

Minard's applied four times a week removes dandruff and stops hair from falling out.

MINARD'S
"KING OF PAIN"
LINIMENT

JEFF ATTENDS A HORSESHOW WITH THE PRINCE OF WALES.



IT'S TOUGH, MUTT, THAT YOU CAN'T GO TO THE HORSE SHOW TONIGHT! THE PRINCE OF WALES, ME AND YOU WERE TO HAVE THE ROYAL BOX!

IT'S THAT GOVT. THAT FOOT'S AS SORE AS A BOIL! EXPLAIN IT TO THE PRINCE!

TO THE HORSE SHOW, BAXTER!

RIGHT, SIR!

TOUGH LUCK! IT WOULD HAVE BOOSTED MY SOCIAL BATTING AVERAGE TO BE SEEN IN THE ROYAL BOX WITH THE PRINCE!

THE HORSE SHOW WAS GREAT, MUTT, BUT THE PRINCE HAD ANOTHER ACCIDENT!

FOR THE LOVE OF MIKE, DID HE FALL OFF A HORSE AGAIN?

NO, HE FELL OUT OF THE BOX!

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