

Plain Talks to Women.

INJURIES & SKIN SORES—QUICK CURE.

A little child ran crying to her mother the other day with a nasty flesh wound and asked for Zam-Buk.

There lies a more powerful argument for Zam-Buk than even the scientists can bring. The child had had Zam-Buk before, and knew it eased pain and healed.

Zam-Buk works in two directions. Prevents worse results from a skin injury or skin disease (such as festering and blood poisoning) while it repairs the damage already done. Zam-Buk is entirely herbal, is pure, contains no trace of animal fat or mineral coloring. Surer and quickest known healer.



FATHER AND SON BENEFIT FROM USE OF THIS BALM.

Mr. Walter Adams, 177 Railway Ave., Stamford, says:—My son, William, while playing baseball about the back yard, cut his little toe on the sharp edge of a piece of tin. The toe was cut at the first joint, and almost severed from the foot. My wife hurriedly bathed it with warm water, and immediately applied some thickly spread with Zam-Buk. The healing balm quickly checked the flow of blood, eased and soothed the pain, and prevented inflammation and more serious trouble. It was used on the wound for several days, and the wound healed in a few days. I have since used Zam-Buk on my wife's rheumatic pain, and it has given her relief. True, the German Rheumatism, Prof. Harnisch, says:—

Mr. Lowe explained that \$40,000. Mr. Lowe explained

HER PHYSICIAN ADVISED

Taking Lydia E. Pinkham's Vegetable Compound

Colombus, Ohio. —I have been taking Lydia E. Pinkham's Vegetable Compound for some time, and I can do all my work again. I feel much better than I have for some time. My doctor told me it was good, and so I took it. I feel much better than I have for some time. My doctor told me it was good, and so I took it. I feel much better than I have for some time. My doctor told me it was good, and so I took it.

My financial returns. As to financial returns for my year in farming, as I said before, I started with less than \$1000 capital eight years ago. I have paid off over \$2000, besides the increasing value of place. The most of this has been paid in the last few years, and this year will see us clear, with farm and stock and implements worth four thousand. I have also made eleven payments on an endowment insurance policy of one thousand dollars, which will soon be payable.

Are you frequently hoarse? Do you have that annoying tickling in your throat? Do you cough annoy you at night, and do you raise mucus in the morning? Do you want relief? If so, take Chamberlain's Cough Remedy and you will be pleased. Sold by A. V. Rand.

DOMINION ATLANTIC RAILWAY.

and Steamship Lines to
St. John via Digby, and
Boston via Yarmouth.

On and after Oct. 30, 1909, Steamship and Train Service of this railway will be as follows:

TRAINS WILL ARRIVE WOLFVILLE (Sunday excepted)

Express from Kentville	8:35 a.m.
Express from Halifax	10:07 a.m.
Express from Yarmouth	4:03 p.m.
Express from Halifax	6:27 p.m.
Accom. from Annapolis Royal	12:30 p.m.

TRAINS WILL LEAVE WOLFVILLE (Sunday excepted)

Express for Kentville	8:35 a.m.
Express for Halifax	10:07 a.m.
Express for Yarmouth	4:03 p.m.
Express for Halifax	6:27 p.m.
Accom. for Annapolis Royal	12:30 p.m.

USE FERROVIM

A Splendid Tonic
Builds up the System
Strengthens the Muscles
Gives New Life

Fred H. Christie

PAINTER
PAPER HANGER

MINARD'S FAMILY PILLS

FOR THE CURE OF
BILIOUSNESS,
SICK HEADACHE,
COLIC, NAUSEA,
CONSTIPATION,
NEURVOSITY,
DEBILITY,
DYSPEPSIA,
AND ALL
DISORDERS OF THE
STOMACH,
LIVER AND
KIDNEYS.

HALIFAX AND SOUTH WESTERN RAILWAY.

Trains leave H. Wolfville

Express for Yarmouth Wednesdays and Saturdays	6:00
Accommodation for Yarmouth Monday, Tuesday, Thursday and Friday	7:10
Accommodation for Liverpool Monday, Wednesday and Saturday	8:00

Wm. Regan

HARNESS MAKER

Dr. de Van's French Female Pills—the Wife's Friend.



Good, Better or Best?

A VITAL DIFFERENCE IN BREADS

QUALITY you know is comparative. Just as much so in bread, as in woollens or linens.

ROYAL HOUSEHOLD FLOUR is made of Manitoba Red Fife Wheat, which is especially rich in high quality gluten.

Hutchinson's Express & Livery

UP-TO-DATE IN EVERY RESPECT.

Hang Week's Wash in a Few Minutes on a Hill Clothes Dryer

Hilsley & Harvey Co., Ltd.

PORT WILLIAM, N. S.

FREEMAN'S NURSERY

WOLFVILLE

PEOPLE use ML Floorglaze for the hulls of sailboats and motor-boats, and are satisfied with the way it looks and lasts.

PEOPLE use ML Floorglaze on vehicles, too, and find it looks better and lasts longer than any kind of varnish or paint.

PEOPLE find that ML Floorglaze helps housewives keep floors dust-free because the surface stays glass-hard and glossy.

ML FLOORGLAZE is the best thing you can get to help renovate the whole house.

White Ribbon News.

Woman's Christian Temperance Union first organized in 1874.

At the protection of the home, the abolition of the liquor traffic and the triumph of Christ's Golden Rule in custom and in law.

Officers of WOLFVILLE UNION

President—Mrs. Walter Mitchell.
1st Vice President—Mrs. B. O. Davison.
2nd Vice President—Mrs. R. V. James.
3rd Vice President—Mrs. J. B. Hammon.

ROYAL HOUSEHOLD FLOUR is made of Manitoba Red Fife Wheat, which is especially rich in high quality gluten.

Is it Much?

Is it much or is it little
God has given you to do
Is it what you would have chosen?
Never mind, 'tis best for you.

The Hypocrisy of Rum.

The friends of the saloon make much ado over what they term the hypocrisy and the operations of no-licensing laws.

Electric Restorer for Men.

Restores every nerve in the body to its proper tension; restores vim and vitality.

Children Cry FOR FLETCHER'S CASTORIA

BEARINE

FOR THE HAIR

H. LEOPOLD

(Successor to Leopold & Schöfeld.)
Livery and Boarding Stable.

Try this Sure Dye

Way
DY-O-LA

Children Cry FOR FLETCHER'S CASTORIA

Gleaned by the Way.

Neglected Colds, Pain in the Chest, and all diseases of the Lungs, are cured by using Allen's Lung Balsam.

Feared Paralysis.

Mr. F. A. Kritz, who writes, "one year ago I was a complete nervous wreck, could not rest or sleep, had indigestion and terrible headaches and constantly feared paralysis."

The Value of Turpentine.

When all else fails the physician recommends the healthy patient to take a trip to the turpentine groves as a cure for rheumatism and other ailments.

Men Wanted To-Day.

Men who put character above wealth.
Men who possess opinions and a will.

CASTORIA

For Infants & Children.
The Kind You Have Always Bought

THE POVERTY OF WEALTH.

Most men long to wealth and pray for it. But wealth is not the greatest blessing.

"No, my dear boys," said the new teacher. "I don't approve of using a strap (cathartic) and long continued applications. No," said the gentleman, when the noise subsided, "I am firmly convinced that a stout case is more effective."

"I was born in poverty, and would not exchange its sacred memories with the richest millionaire's son who ever breathed. What does he know about mother or father? These are mine names to him. Give me the life of the boy whose mother is a nurse, a seamstress, a washerwoman, a cook, a teacher, a girl and saint all in one, and whose father is a guide, exemplar and friend. No servants to come between. These are the boys who are born to the best fortune. Some men think that poverty is a dead-end bluff, and that wealth leads to happiness. What do they know about it? They know why one sister they thought the other. I have lived both, and I know there is very little in wealth that can add to human happiness beyond the small comfort of his. Millions of men who through one man's experience see that wealth is apt to take the sinner away. In the Sallow's Magazine.

Dr. de Van's French Female Pills—the Wife's Friend.