

"War-Time Cookery"

FREE

Send name and address for new "War-time Cookery" This book contains recipes chosen by the judges as the best and most practical recipes submitted in our recent cash prize competition. It is intended to assist in the conservation of food and to effect savings in home cooking and baking.

Approved by Canada Food Board

ADDRESS

E. W. Gillett Co. Ltd.
TORONTO, CANADA

Worth Knowing.

Try roasting the morning egg (in the oven, of course) instead of boiling it, and you will like the change.

If a pinch of baking powder is added to the meringue for lemon pie it will not fall when done.

For spreading the butter on top of your fresh-baked bread which makes it such a pretty brown, buy a 10-cent paint brush and it will be found much nicer than paper or cloth.

To make receiving blanket for baby's bath, buy two yards Turkish toweling, cut in two, sew together lengthwise, then bind with piece of muslin two inches wide.

In making beef soup or lamb broth add the onions as soon as the meat begins to boil, and there will not be any scum rise.

In cooking macaroni, rice, oyster stew or milk for a custard, by greasing the kettle with a little butter it will never stick.

After washing the small silver, stand it for a couple of minutes in a kettleful of very hot, clean, soapy water containing a few drops of ammonia and you will always have bright spoons, forks and knives.

SPANKING DOESN'T CURE!

Don't think children can be cured of bad-wetting by spanking them. The trouble is constitutional and the child cannot help it. I will send FREE to any mother my successful home treatment with full instructions. If your children trouble you in this way, send no money, but write me to-day. My treatment is highly recommended to adults troubled with urine difficulties by day or night. Address:

Mr. M. Summers,
BOX 8, Windsor, Ontario

He Got Even.

He lived just over the Tweed border, and naturally hated spending money. Therefore, when a friend in the south sent him an unstamped letter he was much annoyed at having to pay two pence postage, says Tit-Bits. He was still more annoyed on opening the letter to find nothing in it save a single sheet, saying—"I am well—George." In return he procured a large flat stone, and, after having packed it in a wooden box, with many wrappings, despatched it, carriage forward. When his friend had paid more than three shillings carriage he sought for an explanation, and found it in a letter at the top of the package: "Dear George: When I heard that you were well this great load rolled off my mind!"

Minard's Liniment Relieves Neuralgia

It is better that a judge should lean on the side of compassion that severity—Cervantes.

The Four Winds.

O blow, ye Winds of Heaven!
The four winds roar and sing,
The ocean ways are clean again,
Free of the "Unclean Thing."

Free of murder in the dark,
Of cowardice and shame,
Of cowardice and shame,
Of deeds without a name.

Free for Yankee sailors,
Free for British tars,
Free for the gallant ships of France,
Clean for God's sun and stars!

Down from the "Banks" of "Georges"
Come the wild wind of the north,
Now all you sailors ship your nets,
Men of the sea go forth.

Over the wide Atlantic
Blows the keen wind of the east,
Set sail, raise steam, fill up your holds,
We have been the end of the Beast.

We are clean, cry the winds of the north,
O you great six masters fly,
Loaded with grain, a golden freight,
Even as was the Frye.

And the tender breeze southeast, south-west,
O fast, fast flies the foam,
And unseen angels sail with the ships
That are bringing the boys back home.

H. B. Thayer, in N. Y. Sun.

No Detriment.

Yeast—I see that blond typewriter of yours chews gum.

Crimsonbeak—Yes, I've noticed that.

"And don't you think it interferes with her work?"

"By no means, I had one before her who didn't chew gum, and her spelling was quite as bad."

In Tropical Countries

Liver Chill Very Common

In Northern latitudes also the liver is a very unruly organ and requires careful watching. The concentrated vegetable juices in Dr. Hamilton's Pills act directly upon the liver and stimulate its action to a normal basis. The blood is purified, the skin grows clear, headaches disappear and robust health is firmly established. No medicine for the stomach, liver or kidneys can compare with Dr. Hamilton's Pills, 25c box at all dealers.

HANDSOMEST MEN.

World's Palm Given to the Abyssinians.

"To speak of the pure old Egyptian type is as incorrect as to assert that the old type of the Pharaohs is extinct to-day," said Prof. W. Max Müller, of Harvard, in an address on "The Origin of the Ancient Egyptians" in the University of Pennsylvania Archaeological Museum recently. "The admixture of negro blood in the Egyptian race is a fact which is well established."

The speaker corrected many popular misconceptions about the historic lands. "You apply the term Hamitic to all blacks," he continued. "Sons of Ham to the discriminating scholar of African conditions means white people, not black. African residents do not begin to call a man black until he is chocolate or copper colored."

"The degrees range all the way down to dull coal black. All shades lighter than copper, such as the tan of the American mulatto are called white. The yellow girl is the complimentary way to address or to paint a lady over on the Nile."

"The handsomest people in the world are the Abyssinians, slender, high-browed, copper-hued—these people who have reduced stealing to a science and begging to a fine art. The color of the healthy man is a black and greenish bronze hue, of a shade often seen in statues, but generally believed not to be found in real life."

"These men, by the way, have the most luxuriant hair in the world, and yet they never can grow more than the scantiest, scrawniest beard."

Philadelphia Record.

Minard's Liniment for sale everywhere

Even the football player isn't crazy about kicking the bucket.

LOOK FOR EDDY'S NAME ON THE BOX

Whenever you buy matches, see that the name "EDDY" is on the box. It is your best guarantee of safety and satisfaction. More than sixty years of manufacturing experience is back of it.

EDDY'S MATCHES

Keep the fires burning in millions of Canadian homes. There is a match for every purpose among the 30 to 40 different Eddy brands. Now that the tax on matches practically doubles their cost, it is more than ever a real economy to see that Eddy's name is on the box.

The E. B. Eddy Co. Limited

Hull, Canada

Also Makers of Indurated Fibreware and Paper Specialties

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A HORRIBLE CRIME.

Teuton Conqueror Tried to Destroy Siberian Race.

Prof. Voyslav M. Yovanovitch, of the University of Belgrade and a representative of the Serbian Government in Washington has made public a memorandum presented to the International Socialist Bureau in Stockholm by the Serbian Parliamentary Deputy T. Katslerovitch, and the General secretary of the Serbian Labor, Dushan Popovitch, treating of Serbia's martyrdom and the enemy's efforts to destroy the Serbian race. The memorandum says, in part:

"The greatest crime of the Austro-Hungarian and Bulgarian authorities in occupation consists in the internment of the most inoffensive and peaceful people, among them a great number of women and children. These internments are wholesale massacres. In the territory occupied by Austria-Hungary more than 150,000 Serbian citizens, among them several thousand men over sixty years of age, several thousand women, and even children of from eight to fifteen years old, have been interned."

"This appalling number does not include 150,000 Serbian prisoners of war, who share the fate of their interned brothers in Austria-Hungary. Being interned in Austria-Hungary or in Bulgaria is in reality equivalent to being indirectly sentenced to death. About 30 per cent. of these unfortunate people have already died. Those who are left lead a wretched existence, a prey to atrocious sufferings and to

For Spanish Influenza

THE LINIMENT THAT CURES ALL AILMENTS—

MINARD'S

THE OLD RELIABLE—TRY IT

MINARD'S LINIMENT CO., LTD.

Yarmouth, N. S.

Illusage baffling description, while waiting for certain death.

"In the numerous concentration camps, which contain on an average several thousand persons, the occurrence of ten, twenty and thirty deaths a day is the rule, but there are some especially in Hungary, where the death rate is from two hundred to three hundred a day. There are concentration camps where half of inmates have died. This is not a case of an epidemic, which has claimed countless victims. They died of cold and hunger."

"Most of those who still survive must be looked upon as dead. Only a small number of persons with extraordinary powers will be able to live on and work after the war."

"All that has been said of the Austro-Hungarian administration applies equally to the Bulgarian. The latter is even far worse."

"Cross the Moravia, and you find yourself in Asia. The Bulgarian part of occupied Serbia has no such thing as a court. Only recently a court was established at Nish, which has to suffice for the whole occupied territory of Serbia, and the people, which is recruited from the dregs of the population, is all powerful there. The personal liberty and life of every Serbian citizen depend exclusively upon the arbitrary power of some Bulgarian police agent or gendarme!"

"The Serbs in this region are condemned to a veritable state of slavery, such as they endured 200 years ago under the Turks. Such Serbs as the Bulgars did not succeed in murdering in Serbia itself have been transported in great numbers to Asia Minor."

"The Bulgars have made up their minds to deport and exterminate everybody from that part of Serbia who is capable of national resistance, in order to Bulgarianize what is left of the population. These methods of denationalization, which the Bulgars have borrowed from the Turks,

can have but one result, the barbarous extermination of the innocent and defenceless Serbian population."

The authors of the memorandum have both been eye-witnesses for two years of the conditions they describe.

Getting Past Dundee.

A Highland farmer handed a rather frail looking box to a porter at a small railway station in Scotland. "Dae ye think it is strong enough to trust in the van?" he asked. "I doot it's noo," replied the porter, "but we will see." He lifted the box high in the air and let it fall with a crash. "It'll get that here," he said. "An' it'll get that!"—giving it another bang—"at the junction. An' at Dundee it will get that!" The third "that" burst the box, and its contents were scattered over the platform. The porter shook his head. "Na," he said. "I think it winna get past Dundee. If it's goin' farther, it's no strong enough."

Best Persian Camels.

The best Persian camels are the powerful one-hump kind, which are bred in the Province of Khorassan. This animal can carry a burden of 600 pounds at the rate of 20 miles a day. The ordinary Persian camel, however, will carry 400 pounds at the rate of 15 miles a day.

BABY'S BATTLES FOR HEALTH

Mothers you can win the battle for the health of your little ones if you will fight it with Baby's Own Tablets—the ideal childhood medicine. The Tablets are a mild but thorough laxative which never fails to banish constipation, indigestion, worms, colds or simple fevers or any other of the minor ills of little ones. Concerning them Mrs. J. P. Hypell, Causapscal, Que., writes:—"Baby's Own Tablets are a great medicine for children. They quickly cured my baby of constipation and I can highly recommend them to other mothers." The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

Napoleon's First Love.

The little French town of Auxonne is not associated in the popular mind with Napoleon; but, as Miss Betham-Edwards reminds us in "Unfrequented France," he spent some years of his childhood there. In the Auxonne he twice narrowly escaped drowning, and here, too, as narrowly, so the story runs, marriage with a bourgeoisie maiden called Manesca. Two ivory counters bearing this romantic name in Napoleon's hand writing enrich the little museum."

Bit of Finnish History.

Finland, which has declared its independence from Russia, has long been a buffer state between the latter and Sweden. After Peter the Great conquered Finland in 1721 and annexed its easternmost province, Viborg, Sweden made repeated but unsuccessful efforts to regain this province. Finally Alexander I., in 1809, brought all the Finnish territory under the Muscovite yoke. Since about 1890, however, Finnish liberties have been greatly curtailed. The powers of the Finnish diet were canceled and its constitution practically abrogated. In 1903 a Russian dictator was appointed and the country flooded with Russian spies; arbitrary arrests and banishments became daily occurrences; no means of Russification was left untried. The Finns are of Mongolian extraction and number about 3,000,000.

PEELS OFF A CORN WITHOUT ANY PAIN

Is it magic? no, scientific—a wonderful combination discovered that will shrivel up the toughest old corn you ever saw. The name of this remedy is Putnam's Corn Extractor. It's a corker the way it loosens a corn; makes it peel right off in a solid lump without the slightest pain. Results talk. Putnam's gives results and costs but a quarter. Sold everywhere.

Over 100,000,000 People in Europe Face Starvation

Reliable Experimental Station tests show that Fertilizers have increased yields of grain, potatoes, etc., from 25 to 130 per cent.

The 1917 Report of the Board of Agriculture, England, records the fact that in a general report from English farmers who undertook to grow more food, 40 per cent. of the farmers make SPECIAL mention of the great service rendered by fertilizers.

You can help stave off famine and make profit yourself by preparing to fertilize your spring crops and to top-dress your fall wheat next spring.

Write for our Free Bulletin on Crop Increase.

The Soil and Crop Improvement Bureau of the Canadian Fertilizer Association.

1111 Temple Building. TORONTO, Ont.

KEEP YOUR SHOES NEAT
2 IN 1
SHOE POLISHES
LIQUIDS
PASTES
PRESERVE THE LEATHER

ISSUE NO. 50, 1918

WANTED.

WOOLLEN MILL HELPS WANTED—Filter on blankets, this is a first-class steady position at high wages. For particulars, apply to Slingsby Mfg. Co., Ltd., Brantford, Ont.

WOOLLEN MILL HELPS WANTED—Experienced napper operator on woolen and union blankets and heavy cloths. Steady position, highest wages paid. Apply to Slingsby Mfg. Company, Ltd., Brantford, Ont.

HELP WANTED—MALE

MEN WANTED—TEAMSTERS, leading mill men, and men to work in the bush. Apply to the Wallaceburg Coverage Co., Limited, Wallaceburg, Ont.

HELP WANTED—FEMALE

MAID FOR GENERAL HOUSEWORK, small family. Apply to Mrs. Davis, 354 Hess Street, South, Hamilton.

MISCELLANEOUS.

IT IS ALWAYS SAFE TO SEND A Dominion Money Order. Five dollars costs three cents.

FOR SALE—BEAGLE AND FOX hounds, cross, eleven months. Males twelve, females ten, Wood, Woodlawn, Islington, Ont.

FOR SALE.

FOR SALE—BUSH LOT 84—LOT 3 concession 10, Tecumseh; 100 acres near Beeton. Apply John McCoy, 46 King Street East, Hamilton.

FARMS FOR SALE.

TOWNSHIP OF MARKHAM—CLOSE to Elgin Mills postoffice; one mile from Metropolitan car line; containing 100 acres; good buildings and barns; price \$12,000.00; must be sold to close an estate; terms arranged.

COUNTY OF NORFOLK—CLOSE TO town of Watford; we offer to close an estate, three farms, two of 100 acres each and one of 400 acres; fair buildings and houses; price \$50,000.00; terms arranged; immediate possession can be given.

UNION TRUST COMPANY, LIMITED, Richmond and Bay streets, Toronto.

There is more Catarrh in this section of the country than all other diseases put together, and for years it was supposed to be incurable. Doctors prescribed local remedies, and by constantly failing to cure with local treatment, pronounced it incurable. Catarrh is a local disease, greatly influenced by constitutional conditions and therefore requires constitutional treatment. Hall's Catarrh Medicine, manufactured by F. J. Cheney & Co., Toledo, Ohio, is a constitutional remedy. It is taken internally and acts thru the Blood on the Mucous Surfaces of the System. One Hundred Dollars reward is offered for any case that Hall's Catarrh Medicine fails to cure. Send for circulars and testimonials.

F. J. CHENEY & CO., Toledo, Ohio. Sold by Druggists, 75c. Hall's Family Pills for constipation.

To Prevent Potato Rot.

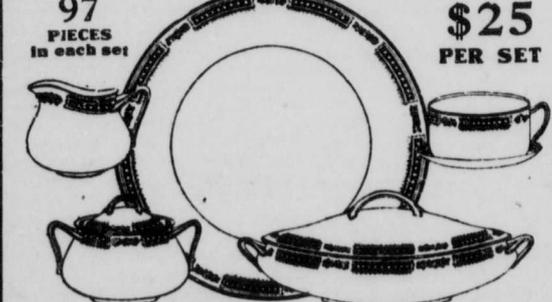
Pick over your potatoes about three or four weeks after you have stored them away. The wet weather this season increases the tendency to rot and unless the diseased potatoes are at once separated from the healthy, there will be a heavy loss. Many potatoes that look good when harvested will decay after being in storage a few weeks.

Potatoes should be stored in a cool dry place. The cooler the atmosphere, providing of course, freezing is not permitted, the better they will keep.

Minard's Liniment Cures Dandruff.

You never can tell. Some fellows seem inclined to shorten their days even with this daylight saving stunt.

97 PIECES in each set \$25 PER SET



Send us \$25 by registered mail and we will promptly ship to you a full set of 97 pieces of the well-known Johnson Bros. finest English semi-porcelain tableware, a set of dishes that you will be proud of. Order any one of the following decorations:

- 1st.—"OXFORD"—(Plain pure white with gold bands).
- 2nd.—"EVESHAM"—(Blue conventional design on golden yellow bordered ground)
- 3rd.—"CARLTON"—(Blue conventional border band with pink rose inset).
- 4th.—"KINGSLEY"—(Brown conventional design with pink flower inset).

The illustration shows the "CARLTON" decoration design. All of these designs are kept in open stock and new pieces of the same patterns may be purchased at any future time. All dishes packed by expert packers and we pay the freight to any station in Ontario. Order at once and have them for Christmas dinner. Address: STANLEY MILLS & CO., Hamilton, Ont.