usekeepers.

ound of beef, free from p it very fine; then two kewise pick and chop; currants nicely cleaned and and a half of apples, non, half a pint of sweet a few cloves and mace, ler; have citron, orange, d put some in each of

d fine and mixed with ed salmon, is said to be sandwich to be eaten at ould be seasoned with ttle vinegar. Sardines the chopped pulp and on, seasoned with salt hot toast or crackers. ne small can of fish.

r of Indigestion.

filling of cream puffs or of six ounces of fine gs, half an ounce of poat of new milk. Bring w in a pinch of salt, lour to a smooth paste, ng milk, pouring it on and stir it over a genen you lift it off the ed three sheets of best nto the custard, and ot stiff, add any flav-

nexpensive candy).pound of figs; when gh a sieve; return to ere boiled, and which cupful; stir in three and cook down slowrmed. Pour in pans take out on the paper, with powdered sugar.

take two grated cocoactioners' sugar, and juice of two lemons; into drops the size he centre of each cake lace on buttered tins, the tops are brown.

r, thin people should

bweb party goes unrty," and is oftenest in attractive way of The little guests on rmous spider in the cross the entire room, and projections is a attached at one end pider, with a wooden l upon. Each child thread through many to another big and little favour of bonoy. Sometimes the n on the spool, and al winder to follow to

e who are exposed to northern climate colds, coughs, sore ne best safe-guard is alsam at hand. It cure for such com-

Douglas Ford, Torrn's Cod Liver Oil Bark is free from obost as pleasant as olds it gives complete even in obstinate

—Dyspepsia arises ach, liver and bowures Dyspepsia and times in 100.

Children's Department.

Cat and Canary

My mother had both a favorite canary and equally beloved cat. The bird lived in her bedroom; and when alone, she let him fly about the room, for she could there shut out the cat. By chance, however, she found that Puss was as fond of the canary as she was; and to her surprise, on raising her head from her work one morning, she saw the bird perched upon the cat's body, without fear, and the cat evidently delighted. After that there was no further restraint, and the two pets were daily companions. Their mistress, however, received another fright, for Puss gave a slight growl, and siezing the bird in its mouth leaped on to the bed, her tail swelled out, her hair erect, and her eyes as big as four. The bird was, of course, given up for lost. But the fact was that the door being accidentally open, a strange cat had come in, and it was to save the bird that the cat had seized him, and as soon as the intruder was driven away she set the prisoner at liberty.

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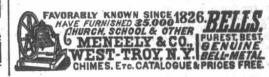
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