fervor, and I will help you to give Me your whole heart." Are you struggling with temptation, and after many falls growing weary of the struggle, tempted to think there is no use in trying any longer ? "Fear not," says our Lord, "My grace is sufficient for you; keep on trying, and you will conquer in the end." Are you trying to lead a devout life, yet dis-couraged at the little progress you are making, fearing lest your unfaithfulness to grace makes your unfaithfulness to grace makes your unfaithfulness to grace makes your unforthy of going so often to the sacraments ? Call not upon our Lord to depart from you---Fear not." He knows your good intentions, and makes every allowance for your wak-ness. makes every allowance for your weak-ness. The fact is that the best of us are un-worthy of even the least of God's graces, yet in spite of our unworthinese. He gives us every grace we need, yes, and more than we need, "full measure, pressed down and running over." And the more unworthy we are, the greater claims we have upon His generosity. Should the thought of our dise and weaknesses tempt us to despair, we have only to reflect upon His boundless mercy and goodness, and, approaching Him in loving confid-ence, we shall be sure of His help. If we fail in the end it will not be because God has not helped us, but because we have wil-fully and deliberately rejected His grace, which is always ready for us, if we only choose to accept it. Be not then eat down at the thought

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breat whilet still palpitating. That was the way in which recueant priests were dealt with by that bright occidental star good Queen Bess. "But the men of Cheimsford were a kindly people, and they did what in them lay to lessen the dying torments of the confessor of Christ, for "they very courtsously caused men to hang on his feet and set the knob to his ear, and suffered him to hang to death. Nay, more, they urged Ball, the hangman of Newgate, who had come down to fulfil his loathsome office, to use dispatch in the quartering of him 'lest, as they said, he should revive. And this they did for 'all the town loved him exceedingly,' and no man seemed in countenance to misilke him, but much sorrowed and lamented his death." About eight weeks after the Martyr of The fact is that the bast of ma see and in scatter in the fact is that the bast of God's great of God's God's







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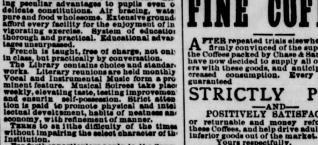
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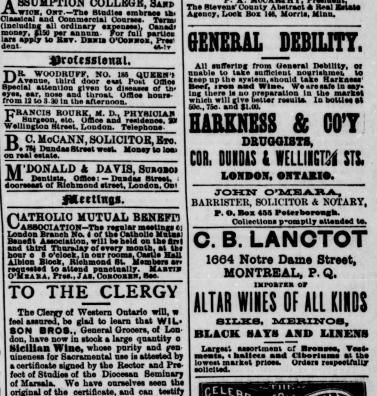
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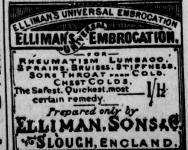
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