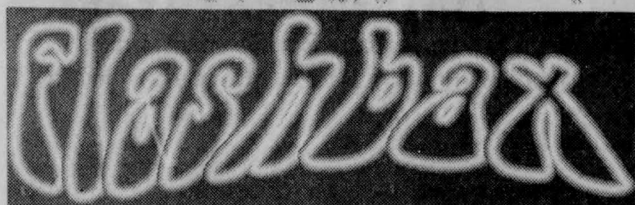


# CAMPUS



February 23, 1973

## UNB President Anderson to get \$92,000 mansion

EDISON STEWART

THE BRUNSWICKAN

The University of New Brunswick has purchased a \$92,000 residence for incoming President John M. Anderson. The BRUNSWICKAN has learned.

Fifty-eight Waterloo Row - a former residence of a Supreme Court Justice, Premier Robichaud, and Lieutenant Governor Wallace Bird - has an assessed value of \$55,169.

The purchase of the house was approved last Thursday at a Board of Governors meeting in Saint John. As far as we can determine the motion to purchase was passed with only one nay vote - that of Saint John Mayor Robert Lockhart. He charged the purchase was "extravagant."

The money for the purchase came from the sale of Sommerville House, also on Waterloo Row. Sommerville House was the Fredericton residence of Lord Beaverbrook, until he decided to give it to the university. It's purpose - the official residence of the President.



This is the President's mansion - 58 Waterloo Row -- that the Board of Governors voted to purchase last Thursday. The university and the President maintain that Sommerville House, donated by Lord Beaverbrook, was exchanged for this one, and so no money was lost. Saint John Mayor Bob Lockhart, however, calls the purchase "extravagant" in light of the university's present financial status.

But it has had several other duties. It was the residence of the UNB Law School until it moved to Ludlow Hall. The it was rented out to the provincial government. Thursday, the Board decided to sell Sommerville to the government for \$92,000. It now houses the New Brunswick Development Corporation.

The BRUNSWICKAN polled several members of the Board of Governors this week but only one - Mayor Lockhart - expressed disappointment with the Board's action. Lockhart told this newspaper Wednesday that he considers this to be "an excessive amount when the university is in financial difficulty. If we had a limitless supply of funds and everything was hunky-dory, well that would be a different situation."

He refused to comment on what any other Board member said at the meeting. I can only speak for myself, he said, "everything else is private."

Gordon Fairweather, MP for Fundy Royal and a member of the Board, said in an Ottawa interview that while he didn't make last week's meeting, "I would have made the same decision had I been there."

"Why is it New Brunswickers are always miserly for those who serve the province?" he asked. "It's a fairly sad commentary on the priorities of social issues facing New Brunswick."

"What, after all, is an acceptable house? \$40,000?, \$50,000?" He said he couldn't get "excited" about it. "The President's entitled to living accommodation. One of the conditions of getting a president, presumably, is living accommodation."

Student Governor Ken De Freitas wouldn't comment on the purchase. He did say, however, that he seconded the motion to buy the house.

## IN RESIDENCE



### Sandra Poirier: ARP

AARON MAC EACHERN

THE BRUNSWICKAN

Every residence is different in its own special way. Each residence is like a family and Harrison House is no exception.

Harrison House ARP (Academic Resource Person) Sandra Poirier classifies each house's atmosphere as the determining factor for the ARP's involvement. "Each residence has a different definition according to the atmosphere of the residence."

Poirier began by clarifying the actual role of an ARP in the residence community. An ARP is an intricate part of a residence, as a provider of knowledge and information. Poirier says, "One of the things we do is to try and create an environment which encourages the concept of having a residence as more than just simply a

place to make friends and meet people, which is however, very important." Poirier went on to say, "We also look to create an environment in which achievement is stressed. We are there to get students in touch with services they might need, a lot of students don't know where to go when they need help."

As far as academics go, ARPs look after setting students up with tutors and planning study sessions within the house, or with other houses. ARPs are in charge of holding Examination Preparation Workshops and talking about time and stress management with the students.

Poirier noted that ARPs serve a similar role as Proctors, the main difference being ARPs do not administer fines or discipline.

"Often we have students knocking on our doors at night if they need assistance, the same way they would with a Proctor. A lot of people come to ARPs because they know they aren't going to discipline them, then an ARP can relay information to a Proctor and the problems can be solved."

When looking at her two-year residence experience, Sandra Poirier reminisces through many great memories. A 2 hour presentation from S.W.A.T. (Students Without Aids Today) was highlight of Poirier's tenure as ARP. "The presentation was just amazing. It was invaluable to students as we have students from all backgrounds and we need to educate them all."

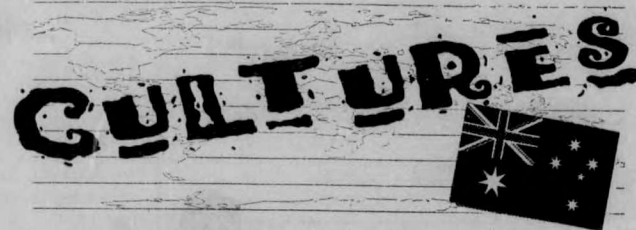
## Australia: Adrian Tout

DENNIS GERMAN

THE BRUNSWICKAN

The country in focus this week is Australia and the student is Adrian Tout. "I remember when I first arrived here. I was on the plane talking to the hostess and she asked me, 'You've come all the way to Canada, why are you going to Fredericton? You could go anywhere, but you chose Fredericton.' I said to go to school and she said, 'Fair enough.' As we were having our talk we were flying into Fredericton and all I could see was trees. Nothing but trees and I said to her, where's Fredericton? She said, 'there it is down there.' I said I can't see it. She said 'That's it, down there.' All I saw were small buildings and lots of trees. The first thing that struck me about Fredericton was how small it was. I thought for the capital it might have been bigger," says Adrian of his arrival. And small it is to Adrian who hails from Surfers Paradise (yes, that's the real name of the place) which has a population of approximately three hundred thousand. But to Adrian it's a "small town." Geez, this place must be an ant farm to him.

Adrian, who is here doing a Masters of Science in Engineering, arrived here in November of 1995, just in time for the snow. "I've never seen snow before. That's one of the reasons why I chose Canada. I just wanted to touch it. I was making footprints in it and snowballs out of it." The part of Australia that Adrian hails from experiences year



round temperatures on average of twenty to thirty degrees Celsius. A cold winter temperature would be fifteen degrees. So, I guess that means that Adrian is a virgin to winter sports. "I have gone ice skating and it's slippery. I've also gone skiing and it's also slippery."

I went skiing once with an Australian family and they were experienced skiers. I had been on the hills the whole day and figured I was okay. So, I was going down this hill when I realized that I was going to fast. I was going very fast and I didn't know how to snow plow. I ended up grabbing a total stranger to stop myself and in doing so I pulled them down with me." How's that for a first impression.

The education system is basically the same, except when you get to the end of grade twelve you are given a score. "How well you do with your score depends on whether you get into university or not. So only the top one percent will get into medical or law school. The top eight percent

will get into architecture or engineering. Schooling is free in Australia but they are now increasing the fees dramatically. So now they're not getting as many applicants and to battle that they are lowering the score. Now they're getting richer, dumber kids

instead of poorer, smarter kids. Not many kids get student loans either. We've got a system called the H.E.C.S. system, [pronounced hex], it stands for Higher Education Contributing Scheme. The way it works is that the government pays for you to go through school and you have a H.E.C.S. debt. You only start paying it off when you start making about \$25,000 a year and then it's only three percent of your wage."

Australia is more than just pretty pictures of koala bears and kangaroos. It has its problems too such as racism and destruction of natural habitat. We've all heard of the Outback but what about it's friendly inhabitants the Aborigines. Aboriginal people are to

Australia as Indians or the Inuit are to Canada. "The Aboriginal people are pretty hot in the news right now. They're looking to get spiritual land back. Ayer's rock has been reclaimed by them as well as other key areas. They're claiming as much as they can and there are a lot of people against that. Racism against Aborigines can be pretty nasty, there's a certain percentage of people who are quite racist against Aborigines. A lot of people do look down on them. As for destruction of natural habitat, it's happening to the rain forests and many people are opposed to it, including myself."

As for the night life, it seems that Canada is the only place where there are enforced closing hours. "Back in Australia the clubs close when people start going home. So, that would be around five or six o'clock in the morning. Your beer is the same percentage as ours. Like Keith's for example is 5.5, ours is the same and I don't drink Fosters. Everybody asks me if I drink it and I don't. I don't even like it!"

Sports are big down under. Australian rules football and rugby are the two biggest. Australian Rules Football is not like rugby. There tends to be more running, and kicking the ball in Aussie Rules Football. "I like to play golf back home. It's actually not uncommon for kangaroos to be on the golf course while you're playing. Sometimes they'll just sit on your ball after you've hit it and you'll literally have to start nudging them with your golf club to get them off it." Well, I think I could put up with some kangaroos sitting on my golf balls instead of me sitting on my butt after each time I slip and fall on the ice. In case your wondering, I've fallen four times and I'm still counting.

## Diets Don't Work

Diets don't work, but we don't get that message from the world around us. Our entire western society is on a diet fueled by the twin myths that slim and thin equal health - and that there is only one perfect body shape. (One at a time, that is. The fashion gurus change it every decade, just to keep us on our toes.)

Here are five steps to get started.

### 1. Understand Why Diets Don't Work

Diets actually make us work against our bodies as we try to avoid those natural hunger signals. Then we get strong food cravings when our bodies activate our protection system in reaction to the diminished food supply.

## body spirit

It is natural to assume that the less we eat, the better. When the inevitable binge occurs, society terms it "a lack of willpower." It is normal, because the body is reacting to a deprivation of essential fuel.

### 2. Stop Dieting

We usually experience an initial binge as a rebellion to the dieting process, but our weight will stabilize as we learn to tune into our bodies for hunger and fullness signals.

Many of us claim to be on a healthy balanced diet of 1200 calories a day. Well, stop the press! Even balanced diets are

set up to gain the weight back - and more.

### 3. Get Accurate Information

When we stop eating, we lose carbohydrates which are stored with water, and so we end up losing water, and our main energy source, we begin to feel tired. Then, unbearable cravings begin - our bodies' natural response to hunger. Our bodies are telling us to eat.

Protein, carbohydrate and fluids play important roles in keeping our bodies

properly fueled. If we are clear about their connections, we will have the flexibility to eat from our own needs.

### 4. Throw Away the Scales

What a false measure of success! Eating very little and then running to the scale to watch the needle go down is a common obsession. We're not losing weight, frequent trips to the bathroom should tell us that it is water that is being lost.

### 5. Accept Yourself

We are all unique. But self-acceptance is easier said than done when society tells us that it's normal to be on a diet and desirable to be model sized.

We must affirm our own strong characteristics and accomplishments, as well as, share our feelings with others so we are not alone in yearning to have our own appearance accepted.

By Linda Omichinski, RD

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