

# The Canadian Courier

A National Weekly

Published at 12 Wellington St. East, by the Courier Press, Limited

VOL. XV.

TORONTO

NO. 25



## Refreshing Sleep

A glass or two of the "Beer That Builds" at bed time, will bring restful, refreshing sleep. The tired business man—the woman who is nervous and run-down—will find this tonic and food most beneficial. Rich in food value—easily digested—and extra mild.

# O'Keefe's



Special  
EXTRA  
MILD  
STOUT

Your dealer should have it. Don't take a substitute but insist on having the genuine O'Keefe brew.

The O'Keefe Brewery Co. Limited, Toronto.

If your dealer will not supply you, phone us Main 728 or Main 4455, and we will see that you are supplied at once.

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Loose Leaf & Account-Book Makers  
King & Spadina  
Toronto

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