Fashions and Patterns

A Popular Model. 2353—Gingham, 22, 24, 26, 28, 30 and 32 inches waist percale, chambray, seersucker, flannelmeasure. Size 24 will require 3½ yards ette, lawn, drill, linen and gabardine, are nice for this style. The fronts are closed in coat style. The skirt has gathered of two lengths. The pattern is cut in 7 sizes: 34, 36, 38, 40, 42, 44 and 46 inches in silver or stamps. bust measure. Size 38 requires 7% yards of 36-inch material. The skirt measures about 21/2 yards at the foot. A pattern of this illustration mailed to silver or stamps.

A Comfortable Model. 2041—Girl's Under Waist and Drawers. If mothers will consult their little daughters, they may learn how comfortable and convenient, full and easy fitting undergarments may be. In the style here portrayed, we have endeavored to give ample fulness, without superfluous ma-

of 36-inch material. The skirt measures about 2 yards at the foot. This illustration calls for -two separate patterns, fulness. The sleeve may be in either which will be mailed to any address on receipt of 15 cents for each pattern,

A Dainty Dress for Mother's Girl. 2342—Batiste, voile, charmeuse, satin, taffeta, velvet, serge or gabardine could be used for this model. The tucks on any address on receipt of 15 cents in the skirt may be omitted. The dress may be finished without the bolero and with long or short sleeve. This style lends itself nicely to combinations of material. The pattern is cut in 4 sizes: 6, 8, 10 and 12 years. Size 8 requires 4 yards of 36-inch material. A pattern of this illustration mailed to any address on receipt of 15 cents in silver or stamps. A Simple, Becoming Style for the



terial. The waist could be fashioned in Little Miss. 2336-The guimpe and jean, flannelette, nainsook, muslin or dress may be of the same material, or, cambric, and the drawers of drill, linen, the guimpe could be of lawn, crepe, balawn, nainsook, muslin or cambric, or tiste or silk, and the dress of gabardine. canton flanel. In bloomer style, they challie, albatross, lawn, or other contrasare fine for winter wear, and with the ting material. In velvet or corduroy. ruffles are equally attractive. The pat- the dress will be nice with the girdle of tern is cut in six sizes: 2, 4, 6, 8, 10 and soft silk, that could match the guimpe. 12 years. It requires 1 yard of 36-inch Plaid or checked suiting would be very material for the waist, and 11/4 yards for serviceable, with a guimpe of crepe or the drawers, for an 8-year size. Ruffles lawn. The pattern is cut in 4 sizes: 2, on drawers will require about 21/2 yards 4, 6 and 8 years. Size 6 requires 3 yards of edging, 31/2 inches wide. A pattern of of 27-inch material for the dress and 21/4 this illustration mailed to any address yards for the guimpe. A pattern of this

A Splendid Business Dress. Waist- receipt of 15 cents in silver or stamps. 2325. Skirt—2326. Comprising Ladies' A Smart and Attractive Style. 2341—Waist Pattern 2325 and Ladies' Skirt This model is nice for charmeuse, taffeta, Pattern 2326. Serge, satin or gabardine satin, serge, corduroy and gabardine. could be used for both models, or the The fronts are finished with vest porand the skirt of serge. The skirt is a neck outline, to meet the collar. The good model for sports goods, velvet and skirt is gathered and trimmed with corduroy. The waist pattern 2325 is smart pockets. The pattern is cut in 3 cut in 6 sizes: 34, 36, 38, 40, 42 and 44 sizes: 16, 18 and 20 years. Size 18 inches bust measure. Size 38 will requires 474 yards of 44-inch material.

on receipt of 15 cents in silver or stamps. illustration mailed to any address on

waist could be of madras, crepe or silk tions that may be rolled in low or high require 314 yards of 36-inch material. The skirt measures about 2 yards at the The skirt pattern 2326 is cut in 6 sizes: foot. A pattern of this illustration



"Four Times a Day I Reach for Those Bubble Grains"

So one mother says, and doubtless thousands more do likewise.

In the morning for the breakfast dainty, or to mix with any fruit. At lunch-time or supper, for the bowls of milk.

After school, for hungry children. Salt or douse with melted butter, and Puffed Grains are confections.

At other times they are used like nut-meats-used in candy making or as garnish for ice cream. Again, they are used in soups.

Always they are whole grains with every food cell broken. Grains steam exploded-puffed to eight times normal size. Grains as flimsy as snowflakesas inviting as sweetmeats; yet fitted for digestion as grains never were before.

Too many people treat Puffed Grains like titbits. They serve them on special occasions, days apart.

They miss the real advantage. Children need more whole-grain diet, and this is the ideal form.



Puffed Wheat

Both 15c Except in Far West **Puffed** Rice

These are Prof. Anderson's scientific foods. The grains are shot from guns. After an hour of fearful heat, a hundred million steam explosions are caused in every kernel. Every food cell is thus fitted to digest.

These are four-fold better foods than whole grains cooked in ordinary ways. When they are also so delightful, why not serve them often?



Puffed Wheat in Milk



With Bananas

The Quaker Oals Company

Peterboro, Canada

Saskatoon, Canada

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with Signed ost Prepaid

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