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Less restraint has been used during the year just closed than ever before in the history of this Asylum; and I hope to reduce it still more in the future, if I do not (as I hope I may) succeed in dispensing with it entirely. Eighty-seven patients were subjected to more or less restraint, as against 93 in the previous year. The total amount of restraint used amounted in the aggregate to 15,5401 hours, as against 24,403 hours last year. The total residence of patients at the Asylum was 7,148,904 hours, and the percentage of restraint .217—as against .363 last year. With an average population of 816, our average amount of restraint was 1.773, as against 2.776 last year; so that we had, on the average, 1 person in restraint for every 459 in residence, as against 1 for every 275 last year.

SUNDAY SERVICES.

Since the Asylum was first opened ten years ago, until within the last few months, the ministers of the Church of England belonging to the city have in turn preached here every Sunday. As there are only four churches of this denomination in London, each clergymen attended three months of every year. This they did cheerfully without any pecuniary compensation, and I have no doubt they would have gone on indefinitely, doing the work on the same terms. But this seemed to me to be too much to accept from them, however willing they might be to do it. I have therefore, in the course of this year, asked the ministers of all the other Protestant churches to join with the clergymen of the Church of England in this work. They have, without a single exception, most kindly consented to do so, and at present our pulpit is supplied by all the Protestant clergymen of the city in turn. By this arrangement each one has a service about every seven months; the