POOR DOCUMENT

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INTERESTING

— A Feature Page of Interest to Everyone

INSTRUCTIVE

Dorothy Dix

We Can Never Marry Our Ideal Man or Woman, Because No Such Person Exists - How Much Wiser to Make the Best of Our Human Partners Instead of Being Unhappy Because Dreams Don't Come True.

A WOMAN writes me that she is married to a man who is tender, kind and considerate to her, and who gives her every comfort and luxury, but that she is thinking of leaving him because he doesn't come up to her



If this lady's grievance is admitted as a just cause for breaking her mar-tiage vows, divorce will become univer-sal, for no man comes up to his wife's ideal of what a perfect husband should be. Neither does any woman approach within a million miles of a man's ideal of a perfect wife.

BEFORE marriage, both men and women indulge in dope dreams of matrimony, in which they exist in an earthly paradise that has none of the sordid difficulties of the workaday orld, and through which they wander hand-inhand with the godlike creatures who possess none of the nerves and tempers and cussedness that afflict ordinary human beings.

How people of ordinary intelligence can so befool themselves into believing that the marriage ceremony is going to wast them into Elysium and give them these godlings for wives and husbands is beyond explaining, but we all do it.

And we get the shock of our lives when we find out that no miracle has been wrought in our behalf, that matrimony is strewn with tacks for us just as it is for every one else, and that it does not take long for the halo with which we have crowned our brides and brides rooms to dim, and let us see them as more ordinary man

and bridegrooms to dim, and let us see them as mere ordinary men and women with their faults and defects thick upon them. SOMEBODY has said that every wife holds her husband responsible for the wreckage of the dreams of her girlhood. This is true. Many a bewildered man, doing his honest best to be a good and indulgent husband, wonders why his wife is disgruntled and discontented and utterly indiffer-

He would find the answer in the fact that she is taking out on him her disappointment in not realizing her impossible ideal. It is not what he does, or is, that she objects to. It is what he is not that she can't forgive. She feels herself cheated because her

SHE is not fair enough, nor just enough, to realize that no such human ing as her ideal man ever existed, for she had welded together in being as her ideal man ever existed, for she had welded together in her imagination every virtue and every charm that the whole conglomeration of mankind possess, and left out all of the faults and blemishes.

It sounds like a joke, but in sober truth every young girl dreams of marrying a man who will be as handsome as a movie actor; who will dance like Maurice, who will have the money-making talent of Mr. Rockefeller; who will be as soulful as a poet, as humble and patient as Job; who will be a perpetual lover, and who will never weary of petting parties and telling her how wonderful and beautiful she is, and that the first time he ever saw her he knew she was his predestined mate.

Of course, she coesn't get this wonder being, for the very sufficient reason that no such paragon has yet been born of woman. She finds when she is married that if her husband is a go-getter in the money line, he is art to be very short on sentiment and have little time for specning. Or she discovers that her dreamer who walks with his head among the stars is mighty art to be a poor walks with his head among the stars is mighty apt to be a poor provider. Or that her gay and handsome husband with the dancing feet is as easy on the eyes of other women as he is on hers, and that he isn't satisfied to two-step with his wife. Or that the husband who is an adept at love-making is generally a philanderer.

SO SHE wails and heats upon her breast and criest out that she is miserable, that her husband doesn't come up to her ideal, because he isn't every good things inctead of just one good thing. And she blames him, whereas the fault is really her own, in expecting and demanding more than any human being had to give.

Men are just as unreasonable about women as women are about men.

A man's ideal wife is a woman who stops the clock at 25 and A man's ideal wife is a woman who stops the clock at 25 and never gets a day cider; who never loses her hair, or her teeth, or her complexion, or her girlish figure; who is always beautifully dressed in dainty chiffons, that she conjures out of the air, and without his having to pay for them; who can walk the colic all night without looking sallow and bleary-eyed the next morning; who is always sweet and amiable and jolly and good-natured and that a creetly as he does or every subject: who is ready to stay who is always sweet and almade the best who is ready to stay thinks exactly as he does on every subject; who is ready to stay thinks exactly as he does on every subject; who is ready to stay think the wishes in if he wants to sit by the fire, or to go with him if he wishes to step out; who never desires any amusement herself, but realizes the necessity of his diverting himself; yet who can set a good table

and run a house without running up any bills. NEEDLESS to say, no such female marvel exists, and when the man finds that his domestic wife smells of bread and butter and babies, instead of black orchids, or that a fashion-plate wife costs money, and that his wife no more has the secret of perpetual youth than he has, why, then, he also in his secret soul calls marriage a failure, because he has failed

Sometimes he starts out to hunt her up among the flappers, and sometimes he revenges himself for his disappointment in being mean and grouchy to the poor soul he is married to, and who is breaking her neck

So when we talk about marrying our ideals we talk foolishness. There are no ideal men and women, and the part of wisdom is to make the best of the imperfect wives and husbands we have, instead of being disgruntled with them because they are not the embediment of our own remantic dreams.

A Thought

We beseech you, brethren, that ye they begin by paging him—well, not at increase more and more; and that ye study to be quiet, and to do your own business, and to work with your own hands, as we commanded you .- I Thes.

THE old proverb about having too many irons in the fire is an abominable old lie. Have all in, shovel, tongs and poker .- Adam Clarke.

Fads of The Famous.

FRANK B. KELLOGG

Diplomats are expected to play golfbut not very well. Frank B. Kellogg is the exception. I is whispered that this was partly responsible indirectly, for his promotion from American ambassador at London to Secretary of State.

As the story goes, he gained such prestige on the diplomatic golf links in London that he was better able to "put over" the United States program at the famous London Conference, which was followed by his promotion to the State Department

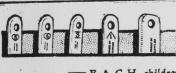
This may not be altogether accurate but there is no doubt that Kellogg takes his golf with awful seriousnes and regularity. And thereby hangs an-Washington discovered the other day that the Secretary of State was the only cabinet officer not planning a sum mer vacation away from the hot and

in the nation's foreign relations were Investigation revealed no "diplomat! incidents" on the horizon. It also revesled that Kellogg preferred the old

humid capital. Press and public jump-

ed to the conclusion that crucial events

strange links of the summer resorts. Persons desiring to find the Secretar;



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way trains. They call him "Lightfoot." They say the name was given him back in 1890, or thereabouts. How strange it sounds now. A gaunt figure in clothes that fit with suspicious looseness. Hair a mixture of grey and white. But his mustache trimmed with

incongruous immaculateness. His age is easily 70. Perhaps even more. He appears almost every night out of the crowds that elbow their way along Broadway. At Times Square he clatters his clog shoes down the subway stairs. He waits for a train that has no conductor. There are strict rules covering hat passengers on subway trains. But they are constantly broken by the wise ones. A few moments after the train starts

he is slipping into the steps of an Irish reel or an old time clog. His wooden soled shoes tap in rhythmic contrast to the rattle and bang of the train. The passengers crowd about in a circle and watch, more out of curiosity than in-He rides for two stations, quickly

passes a hat and, amid a burst of applause, slips out. Then he rides back. So it goes through the evening. Back and forth. Over and over again his little program of clog steps. Once he danced to crowded theaters n the great white way from which he darts into the half-lit subway station. once the houses rocked with applause and he took his bows gracefully. That was when he won the title of "Lightfoot." Faded badges beneath the ill-fitting coat tell the story of conquests in the days when the clog was a favor-There's something about the old-

fashioned steps that stirs the senti-

ments of the watchers. A white-haired old man who all but sneers at the antics of the Charlestoners drops a dollar bill n the quickly passed hat.
An old "hoofer." Once a hoofer always a hoofer, says Broadway. Even those who grow prosperous like to step upon the slick floor of night club dance halls and show their skill. The rhythm of the dance gets into their blood. And sometimes it is well that this is so. For old "Lightfoot"-ironic sobriquet-finds it his livelihood.

AND the street gamins who sneak subway rides as jump on the back of autos or as, when I was a lad, we stole rides on sleighs. I was a lad, we stole rides on sleighs. They creep under the turnstiles when no one is looking, hop aboard a subway and ride back and forth. It's a great game when there's none other to play. Watching them I wonder what is written for the future of these urchins of the New York streets. Certainly their wits must be sharper at 10 than are the wits of others twice their age in the small towns. Literally they live their wits from the first day they toddle forth into congested streets. newspaper survey says that the daring

young bandits are, after all, so few in

A Few Suggestions Are Offered to The Fall Bride



Above is shown a table decorated for the bridal breakfast with (left) heart-shaped drop decorated with autumn leaves which may be used in place of bell over table. Right, another centerpiece consisting

trousers. Artificial flowers are used for The same simplicity that character-By MRS. MARY MORTON IT ever so elaborate or just as the bride's bouquet and her veil is izes the decorations should be carried At each place is a "lamp post" of out in the wedding breakfast. Sandsimple as it possibly can be, the maline ribbon,

ding in "Little Women," where the rich guest said to her husband afterwards that it was the prettiest wedding she had ever attended, but the didn't are bridal couple. This is a large heart out butter a pinch of the left above the table is on-other suggestion for a pendant over the bridal couple. This is a large heart out butter a pinch of the left above the bridal couple. that it was the prettiest wedding she had ever attended, but she didn't see why, as it couldn't have cost much.

The table set here might be used for the care and edged with a ruffle of the edge of the care and edged with a ruffle of the edge of The table set here might be used for the bride, an announcement dinner or for the bride.

A pre-wedding shower for the bride, an announcement dinner or for the bride.

Bright the same. Streamers of ribbon and autiques of the same. Streamers of ribbon and autiques of the bride the same. Streamers of ribbon and autiques of the bride.

Bright the same of the bride the same o an announcement dinner or for the difficulty of the bridal table at the wedding table. As Flowers may be substituted for the oughly and then work in the sugar and

an announcement dinner or for the bridal table at the wedding table. As crepe paper is extensively used in the decorations you can see that the cost would be slight, but the effect is pretty and may be elaborated as much as one cares to.

The bride and groom stand in the middle of the table under a large wedding bell made of cardboard and tied with a maline bow. Both are dressed in crepe paper, the bride's dress being composed of so many stiff paper ruffles tomposed of so many stiff paper ruffles foundation. To the center of the heart decoration fasten a ring which is cut of cardboard, re-enforced with paper. Back raint is a good substitute marking the dinner coat and stitute marking the dinner coat and piece are very effective.

wedding should be the happiest event possible for the young couple concerned. Where there is not a surplus of money the whole affair may be managed inexpensively and still be delightful. Don't you remember Meg's wedding in "Little Women," where the rich guest said to her husband afterwards.

At each place is a "lamp post" of wire with white paper twisted around it and a small bell for the lantern. Flowers and vines may be used profusely to elaborate these simple decorations, and nothing is lovelier than the fall flowers and autumn leaves.

To the left above the table is on. Here are recipes for both calcar the same out in the wedding breakfast. Sandwiches, a simple salad, cake and coffee may constitute the meal, or meat paties or salad, peas, rolls, coffee, ice ream or ices and the cakes—the latter, of course, being indispensable to a proper wedding.

YOU think you have a lot of troubles,

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Wrigley's is also a delightful refreshment enjoyed by people of all ages.

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SHE'S just like 10,000 other girls in this country-and Colleen gets paid something like \$7,500 every week for being that way. Colleen's success is ample proof that doll-like beauty and high-hat airs are not necessary to stardom. Her triumphs are a result of "being herself." Miss Moore is pretty to be sure-but her beauty is such as might be found in

housands of other girls. "I always try to portray character that are within the scope of every girl,' declares Colleen. "Also I insist that my stories tell a tale of every-day life. They must be full of reality-not absurd, improbable yarns." In that paragraph Miss Moore sums up the "why" of her popularity. It is a simple matter for her followers to vision themselves in her shoes. And

may enjoy an hour and 15 minutes of this blissful imagination. "I always get the tough breaks," complained the "queen" of the First National lot. "Every time my friends sign for a new picture they spend from 10 days to two weeks getting new clothes made. But for my last three pictures all I have done is visit the property room and say 'let me look over your old clothes.' And my cosumes were picked from those garm-

terrupted by the waiter for our dessert orders. "I'll have some apple pie a la mode," said Colleen.

"I'm getting a chance to show off owear a blond wig, too. And I don't like being a blond—I don't seem to be ines," the picture we are filming now.



That floord us for a count of sever Apple pie a la mode on top of chicken them are very pretty. la king-and she was told to stop

THE RHYMING

of sorrow and much of song;; joy in a task well done; laughter of children and lilt of birds, kindly handclasps and loving words, thus does the journey run Glimpses of gardens where poppies bloom, breezes that bring us a faint bearing the twilight sense of peace, bringing their promise that cares will cease, soothing the soul for sleep; all of these borne on the day's swift wings, longing and laughter and sacred things, memories sweet as musk; song of the ark with the dawning bright; tender hands that make burdens light; kisses at star-strewn dusk. Something of sorrow and much of song, dreaming and love to the years belong, shadows sometimes and strife; yet in the picture such beauty lies, ever men watch it with eager eyes, only a glimpse of life.

WORK AND DOLES. John Bull makes the pointed stateent that, while grown men are kept idle on the dole, girls from 14 to 16 years make most of the uniforms for the army, navy and police. Of the 60,000 persons engaged in the clothing industry in Britain, the majority are

girls of about 15 years. I wear three new dresses and all of "I know I'll like it much better than When we came up for air Col-



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THE third dance . . . and tired, utterly tired . . . sinking into the first chair—there perhaps to spend the rest of the evening. This was not the vivacious girl she had been a few years ago. Then thirty dances would have been her portion. What tragedy was this, that she, so young, should seem so old.

What tragedy indeed is constipationone of the worst diseases to afflict the human race. It saps strength. It thieves beauty. It poisons. It ages its victims long before their time. But the hopeful part of it isconstipation can be safely and permanently relieved without the use of habit-forming pills and drugs. Kellogg's ALL-BRAN is the answer.

No matter if constipation has become chronic, Kellogg's ALL-BRAN will bring permanent relief. This is why: Bran—ALL-BRAN-goes completely through the system without changing fiber. It is what doctors call a bulk food, a necessary aid to regular elimination.

Eat at least two tablespoonfuls of Kellogg's ALL-BRAN every day-in chronic cases, with every meal. If eaten regularly, it is guaranteed to bring permanent relief, or your grocer returns the purchase price. Its delightful nutty flavor makes it good as a cereal. Serve with milk or cream alone or with fresh or preserved fruit; with other cereals or cook in hot cereals; use in soups, or in the recipes given on every package.

Look out!

Products which are only part bran are doubtful. They bring only partial resultsoften hone at all. Don't take unnecessary chances. Kellogg's ALL-BRAN is ALL. BRAN-100% bran. That's why doctors recommend it. Sold by all grocers and served in leading hotels and restaurants. Made by Kellogg in London, Canada



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