

erable to administer infusions of chamomile, anise seed, or some other similar aromatic substances, and as warm as they can be borne. In these cases the ingestion of mineral waters is likewise useful. Alkaline waters in small doses, half an hour to an hour after meals, increases the secretion of gastric juice and its acidity; hence their advantage in cases of dyspepsia attended with a subnormal amount of hydrochloric acid in the gastric juice. Even in those cases where there is an excess of this acid, the alkaline waters do good, and in these instances through a different mechanism: they influence the mucous membrane of the stomach, so as to diminish its congestive and inflammatory condition, which is often the origin of the hyperacidity. The same may be said

in regard to the use of bicarbonate of sodium, which should be administered during or after meals. A very good adjuvant in these cases of slow digestion is massage; this measure not only enhances muscular contraction of the walls of the stomach; but also increases the secretion of gastric juice, and manifestly modifies for the better chemical changes during digestion.—*Medical and Surgical Reporter.*

The American Electro-Therapeutic Association, will hold its Fifth Annual Meeting at "The College of Physicians and Surgeons of Ontario," in Toronto, Canada, on Tuesday, Wednesday and Thursday, Sept. 3rd, 4th and 5th, 1895. Dr. Emil Heuel, secretary, 352 Willis Avenue, New York City, U. S. A.

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