

Nostrils, by a partition boney on the upper part, and cartilaginous on the lower. The upper end of each nostril divides into two cavities, of which one goes to the Os-spongiosum, and the other opens behind the palate into the mouth for respiration. The ossa spongiosa fill the upper cavity of each nostril, the several lamina of which, being covered with a fine membrane on which the fibres of the olfactory nerve are spread, become the immediate organ of smelling. The cavity of the nose is covered with a glandulous membrane; its glands separate the matter we call mucus, which, with the hair growing on it, called vibrissi, prevent any filth from ascending too far into the nostrils.

The sense of smelling resideth in the nose; from the nostrils goeth two holes into the mouth, which are convenient in three particulars, firstly, that when a man's mouth is closed, either by eating or sleeping, air might come through them to the lungs, or he would be forced to keep his mouth open always. Secondly, they are helpful to a man's speech, for, when one or both of the passages are stopped, a man speaketh in his nose, as we commonly say. Thirdly, they are useful in cleansing the concavities of the nose, either by snuffing or drawing it through the mouth. By the sense of smelling we are often able to test the qualities of our food and drink, otherwise very often evil effects would be produced upon the system by partaking of food or drink of an inferior quality. Strong and violent odors are hurtful to the brain, whilst the temperate and good doth delight and comfort the brain. The pleasant odors of the flower garden may this month be enjoyed, and in just as great a measure of pleasantness as other senses possess. The taste enjoyeth things of pleasing taste; the hearing enjoyeth things pleasing to the ear; the eye enjoyeth things pleasing to the eye; so with feeling, and so with the sense of smelling. The herbs most adapted for use, in complaints of the nose, are wake-robin, flower de-luce, horsetail, shepherd's purse, willow, bistort, tormentil, cinquefoil, sow-bread. Polypus or tumor in the nose often occur, and is principally of three kinds; First, the fleshy or red polypus; second, hard, painful or malignant polypus; third, polypus of the mucus membrane of the nostrils. In the very first appearance of these, or any disease of the nose, bathing and poulticing with the above herbs will cure.