

HOUSEHOLD.

What Wonderful Love.

(By Laura Macdonald.)

Where'er the world over my dwelling
I know that my Father is there
In no place however forsaken
Can I be away from his care.

Though poor I have been on my journey
Oft lonely and burdened with care
No way have I travelled so dreary
That He did not walk with me there.

When almost my courage has left me,
Too hard seemed my burden to bear
He sent a sweet message to cheer me
Until I remembered his care.

If even the small fitting sparrow
Is watched by its Maker above
I know that he never will fail me;
I lean on his wonderful love.
West Gore, N.S.

'Must-be-dones' First.

The nervous tension under which so many women suffer might be lightened by systematically separating, every day, the things that must be done that day from the things that might wait over, and getting the must-be-dones out of the day, off one's mind, before they begin to press and crowd.

It often happens, perversely enough, that the most important thing is also the smallest, and the housekeeper's temptation is to put it off till late in the day, and seize the earlier hours for some larger piece of work. But the small thing that must be done—if it is no more than writing a note of regret or putting the finishing touches to a guest's room—is capable of causing as much distress, left too late and subjected to the unexpected hindrances that afternoon interruptions may bring, as something ten times its size.

Promptness in disposing of it will relieve the pressure sensibly.

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Selected Recipes.

WHIPPED CREAM SAUCE.—Whip a pint of sweet cream, add two egg whites, well beaten; sweeten and flavor to taste.

PRUNE SHORTCAKE.—Stew slowly a pound of prunes until they are soft, put them in a colander to drain, and return the liquid to the dish, adding half a cup of sugar. Meanwhile remove the pits from the prunes, add the liquid, and simmer together about ten minutes. Make a crust with half more shortening than for biscuit, bake in one piece, split and butter after baking, spread with the prunes and serve with or without sweetened cream or whipped cream sauce.

CALF'S LIVER, SPANISH STYLE.—Have half a pound of liver sliced half an inch thick, and four thin slices of bacon. Also a Spanish onion and a pinch of dried herbs. Flour the slices of liver and fry them a nice brown on both sides. Transfer to a stewpan, with the fried bacon on top. Slice the onion and fry it in the bacon fat and sprinkle this over the onions, adding the seasoning and the herbs. Pour the fat from the frying pan, rinse it out with half pint of stock, pour this over all, cover closely and simmer for three-quarters of an hour. This may be cooked in a casserole.

To Allay Thirst.

Physicians say, as one told an amateur nurse recently, that the use of cracked ice, to hold in the mouth and allay thirst, has been entirely superseded by glycerine and lemon juice in equal parts. The ice, it has been found, but renders the mouth more parched, as does (to use a familiar example of childhood) the eating of snow. The lemon juice and glycerine is likewise recommended for a slight cough, which it will do much to relieve, besides being extremely agreeable to the taste.

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THE 'NORTHERN MESSENGER' is printed and published every week at the 'Witness' Building at the corner of Craig and St. Peter streets, in Montreal, by John Redpath Dougall and Frederick Dougall, both of Montreal.

All business communications should be addressed 'John Dougall & Son,' and all letters to the editor should be addressed Editor of the 'Northern Messenger.'