

THE HOME

CHEERFULNESS AT THE TABLE.

An old lady who looked as though she might have belonged to the 'Sunshine Society' all her life, was asked by a friend for the secret of her never-failing cheerfulness. Her answer contains a suggestive lesson for parents. 'I think, said the clever lady, 'It is because we are taught in our family to be cheerful at the table. My father was a lawyer with a large criminal practice; his mind was harassed with difficult problems all day long, yet he always came to the table with a smile and a pleasant greeting for everyone, and exerted himself to make the table hour delightful. All his powers of effarm were freely given to entertain his family. Three times a day we felt this genial influence, and the effect was marvellous. If a child came to the table with cross looks, he or she was quietly sent away to find a good girl or boy, for only such were allowed to come within that loving circle. We were taught that all petty grievances and jealousies must be forgotten when mealtime came, and the habit of being cheerful three times a day under all circumstances had its effect on even the most sullen temper. Grateful as I am for all the training received in my childhood home, I look back upon the table influence as among the best of my life.' Much is said and written these days about 'table manners.' Children in well-bred families are drilled in knowledge of 'good form' as to the use of the fork and napkin; proper methods of eating, the various courses are decanted upon, but the most important grace or habit a child should have, that of cheerfulness at the table, is often neglected. The Orientals had no family ties of affection until they began to eat at a common table. Let the gathering at a mealtime be made the most happy hour of the day, and the influence on the children may be beyond estimation.—Northern Christian Advocate.

NOT BEGGARY, BUT COMMUNION.

'Yes, pray for me,' she said to the friend who called to see her in the hospital. 'But not in supplication. God knows what I want; he knows what is best to give. Don't ask him for anything; just help me lift up my soul.' 'And yet Jesus said, "Ask, and ye shall receive..." ' 'Yes, I know, and I have asked, and shall continue to ask. But I am just learning that asking for things is a very small part of prayer. And this has come upon me so suddenly, so bewilderingly. I do not feel at all sure that I know what I ought to say. Just thank him, and help me to look up.' So the friend prayed a prayer of gratitude and trust, and the weak, sick, but unconquered soul looked up and trusted. Sweet are the words of a Canadian poet: Lift up thy heart! Not as a beggar blind, With trembling hand holds up his cup; Abject, appealing for the uncertain dote; But as the thriving flowers receive the dew And draw from out the sun, toward which they lean, Its gold, transmitting these in turn To beauteous forms, to fragrance flung Upon the air, freely, to gladden the sedate passer-by.—'Youth's Companion'

LITTLE PETERKIN.

Come hither, little Peterkin, and hearken to my spiel; I've sat and heard you playing there with ball and hoop and reel; and thrice your mother, at the door, hath called you to her aid, for she is busy canning prunes, and making marmalade. And thrice you answered: "I'll be there in just a brace of shakes," which answers if not brazen lies, at least were daisy fakes; and here you play and hoop and reel, and gambol like a lamb, while mother wrestles with the stove and stirs her blamed old jam. I tell you, little Peterkin, you're starting all wrong; when mother calls, a little lad should line up for her strong. You have a lot of years ahead in which to romp and play, but mother's feet are drawing near the ending of the way. I've lived about a hundred years, and I've forgotten lots; the memory I carry round is kind o' blank in spots; but I remember mother well, and when she called I flew and left my play on eager feet, her little chores to do; and had I done the other thing in those dim, distant years, I could not speak of mother now without some bitter tears. So throw away the ball and reel, the hoop and skipping rope, and help your mother feed the stove and stir the toiling dope.—Walt Mason.

AFTER A DAY'S WORK.

Every one who possibly can should make her toilet in the afternoon when her work is done. It is very depressing to the husband returning home after a long and strenuous day to find his wife in a dress which is careless, slovenly or unbecoming. As his fiancée she did not think it too much trouble to dress beautifully that she might please him. Surely a husband is worth as much pains and care, and should be greeted by his wife in as becoming a dress as she can achieve. On his part, he should not consider it a burden to make some sort of preparation, and perhaps a change of dress, before sitting down to an evening meal. Children care more than mothers sometimes think about the way their mothers look. A little chap of six gazed pensively at his mother one day, and finally said: "Don't you think, mamma, that you would look as pretty as Fred's mother if you only had some pretty clothes to wear?" The mother took the hint and afterward dressed more charmingly for the satisfaction of her little son.—Portland Express.

HAPPINESS AND MARRIAGE.

Happiness is simply an incident in marriage and it cannot be made the supreme end without arriving at the intolerable position that couples may, part as soon as their happiness ceases. The great end of marriage is the perpetuation and development of the spiritual life of the race. The good of society demands that we consider marriage a permanent bond. The individual's happiness is not of as much account as the welfare of the race. The best happiness is that which comes incidentally in the pursuit of growth and development. The best thing that husbands and wives can do for one another is to bring out the highest manhood and the highest womanhood each in the other. The social side of marriage

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and the individual side of it are not contradictory of each other. It must not be said the individual is sacrificed to a social end. The individual achieves his own highest good here as elsewhere in serving the social good.—Felix Adler.

TOMORROW'S BRIDGE.

There's a stream of trouble across my path. It is black and deep and wide. Bitter the hour the future hath. When I cross its swelling tides. But I smile and sing and say: "I'll hope and trust away; I'll bear the sorrow that comes tomorrow; But I'll borrow none today."

Tomorrow's bridge is a crazy thing; I dare not cross it now. I can see its timbers away and swing. And its arches reel and bow.

O heart, you must hope away; You must sing and trust and say; I'll bear the sorrow that comes tomorrow. But I'll borrow none today."

TO CHANGE ATMOSPHERE.

If the odors from cooking are unpleasant in any room of the house, try the following, which has been found to act like a charm. Put in a bowl-shaped vessel about ten cents' worth of salts, such as is used in "smelling salts," and cover, either with alcohol or ammonia. Keep this covered when not in use, as the liquid evaporates. Such a bowl put into a smoking room or "den" will make the atmosphere breathable by absorbing or destroying the odor of smoke and tobacco. One may cook onions or cabbage without the unpleasantness, and the smoker need not fear to sit in the "best room" and smoke.

CARROT A BEAUTY FOOD.

London, Sept. 20.—The health-giving virtues of the homely carrot are now extolled by food experts. The carrot, it is said, brings sleep to the insomnia sufferer. It is excellent as a nerve tonic and mental stimulant. It is also excellent for the complexion because of its tonic effect on the blood. But it should be properly cooked. It should be cut in strips and allowed to simmer, with butter, in a double boiler. By this method the tonic properties of the carrot are retained in cooler and no water should be added instead of being thrown with the waste.

Baked apples may be varied in several delicious ways. A little honey and butter can be buried in the hollows after removing the cores. Chopped nutmeats, mixed with thin strips of lemon and orange rind may

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take the place of the honey. The tops should be sprinkled with sugar and nutmeg or cinnamon. Apple meringues are merely glorified baked apples. Fill the hollows with quince jelly, cover with meringue and brown slightly in the oven. A pinch of salt added to apple sauce will remove the flat taste which is often noticeable, and bring out the flavor of the apples. Macaroni, with peanuts or peanut butter.—Wash over the paste by holding it in a colander under the faucet and turning carefully with a fork. Put a layer of the macaroni into a buttered baking dish, then one of ordinary white sauce and one of finely chopped peanuts or peanut butter. Repeat until the dish is full. Let the top layer be sauce sprinkled over with bread crumbs and dotted with butter. Bake brown.

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Little Girl's Narrow Escape

Daughter of Mr. Clifford Thompson Was Shot Last Week—Mr. Thompson and Another Thompson Have Close Call—Some One's Carelessness. (Sackville Tribune) While standing outside her home last Thursday evening, the daughter of Mr. Clifford Thompson, Mount View, was struck by a bullet from the rifle of some unknown person and escaped serious and perhaps fatal injury from a second bullet from the same weapon. The girl was struck in both limbs and one of the wounds inflicted is quite a nasty one. It is supposed that the shots must have been some distance away. Another of Mr. Thompson's daughters, Eva, was also with her father and sister at the time. Mr. Thompson was putting some potatoes into his cellar through a window when the bullets came. His daughter was standing beside him. As stated, one bullet struck the girl passing through the calf of one limb and cut into the other. The other bullet struck behind the two people and was imbedded in the house. Had the second bullet been but a foot or so more to one side there is no doubt that Mr. Thompson too would have been shot and from the direction which it took it is probable that had he been struck it would have been in the region of the stomach and a bad injury inflicted. Certainly, both Mr. Thompson and his daughters had very narrow escapes from grave injuries. Providence, alone and not any care on the part of the person handling the rifle, prevented a tragedy.

This is the second case within a couple of weeks in which people have nearly met with a serious injury because of the carelessness of others in handling firearms. Surely, the occurrence of last Thursday and the earlier occurrence at West Sackville should teach hunters the great necessity of every precaution in their search for sport.

Restelli, the Italian murderer, who it was thought had come to Nova Scotia, was found dead at Boston Saturday. Restelli killed three or four persons at Quincy, Mass.

JAPAN ANNEXES KOREA Seoul, Korea, Oct. 17.—The Korean people apparently have accepted annexation by Japan with complacency. The new order has been greeted by the Koreans, not with opposition, but with relief.

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AERONAUTS RESCUED FROM ALMOST CERTAIN DEATH.

Stayed up Seventy-two Hours and Covered a Thousand Miles Over a Rough Sea.

New York, Oct. 19.—Walter Wellman and the members of his ill-fated trans-Atlantic expedition in the dirigible America, who were rescued from almost certain death at sea, three hundred and sixty miles east of Cape Hatteras yesterday, believe that a voyage may yet be accomplished. The Wellman party are aboard the steamship Trent, which rescued the aeronauts when their dirigible was desperate. A heavy fog held back the Trent this morning and at nine o'clock she was about twenty miles east of Sandy Hook, proceeding slowly. The Trent will dock this afternoon. While the object of Wellman's venturesome trip was not accomplished he succeeded in creating a new world's record for dirigibles, being between seventy and seventy-two hours in the air and covering, according to Wellman, the 1000 miles over rough sea. ENGLAND CONGRATULATES. LONDON, October 19.—The British press editorially congratulates W. Wellman on his escape and compliments him on his daring attempt to fly across the ocean. The papers consider that his experiences will prove invaluable to the science of aviation and will stimulate the ambition of the workers in the same field. All agree that the failure of the enterprise shows the necessity of extended trial trips over the land before venturing on a voyage across the sea.

REAL ESTATE FOR SALE OR TO LET

Residence of Harry J. Crowe, situated on Granville St. opposite the Baptist Church. House contains nine Rooms, Modern Bathroom, Electric Lights and Furnace, Good Stable in rear. Apply to JAMES QUIRK, Bridgetown, Sep. 26th. 1910.

FOR SALE

The Payson property in Bridgetown, opposite St. James' Church. Apply to Mr. CHAS. PAYSON, 68 Warwick St. Boston, Mass. October 10th. Sins.

FARM FOR SALE

Situated one and a half miles, from Annapolis Royal. Consisting of one hundred and twenty five acres, twenty acres under cultivation, fine apple orchard, and one hundred and twenty pear trees just coming into bearing, eighteen acres marsh, extra good house water in the house, two barns and other out buildings. For further particulars apply to WILLIAM HARDWICK, Annapolis Royal, N. S.

Residential Property For Sale

Orchard home for sale on South Queen St., Bridgetown. Four acres orchard, yields one hundred to one hundred and fifty barrels apples, besides pears, plums and small fruit. House fitted with all modern improvements and heated with hot water. Will sell in whole or in part, or exchange for suitable town property. For terms apply to DR. A. A. DECHMAN, Bridgetown.

Small Place For Sale

Home, situated on Granville street West, Bridgetown, nine rooms with piazza and bay windows. Barn, Wagon House and other out buildings. Three quarters acre land, 75 Fruit Trees, apples, plums, pears. Short distance from two railway stations, churches and schools. Will sell right or easy terms, or would trade for farm. W. AVARD MARSHALL, Bridgetown, Aug. 15th.

FARM FOR SALE.

Situated one and one-half mile west of Paradise, containing one hundred acres of land. With two hundred trees in bearing, good pasture and hay land. For full particulars apply to J. C. YOUNG, Paradise.

HOUSE FOR SALE.

The subscriber offers for sale her cottage on the corner of Washington and Rink Street. Possession given at any time. For particulars apply to MRS. EDWARD MARSHALL, Bridgetown, Aug. 23rd, 3 mos.

FOR SALE.—Residence on Granville Street consisting of modern two-story house, stable, garden lot, fruit trees, etc. Apply to A. C. CHARLTON, Granville street West.

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A nice display of Silverware and Jewelry may be seen in the window of the NEW JEWELRY STORE IN THE LOCKETT BUILDING. You will find the prices as reasonable as the goods are pretty. Repairing a Specialty. ROSS A. BISHOP, Watchmaker and Jeweller

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