



Experienced mothers say Zam-Buk is best for children's injuries and skin troubles, because:

It is herbal—no poisonous mineral coloring.

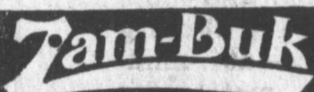
It is antiseptic—prevents cuts and burns taking the wrong way.

It is soothing—ends pain quickly.

It heals every time.

Just as good for grown-ups.

Sold at all stores and druggists.



BUSINESS AND SHORTHAND

Subjects taught by expert instructors at the

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Students assisted to positions. College in session from Sept. 2nd. Catalogue free. Enter any time.

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All Kinds of Implements furnished on short notice. Gasoline Engines suitable for all kinds of work.

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Good Work. Prompt Attention. Reasonable Prices. Estimates Furnished. Satisfaction Guaranteed.

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MABEL'S CHITCHAT

Scrappy Necks Avoided if Little Trouble is Taken.

A CURE FOR "SALT CELLARS."

Love of the Picturesque Makes Medical Cellars Both Popular and Scarce in the Shops—They Are Easy to Fashion at Home.

Dear Elsa—Ever since every woman has been displaying her front swan like and otherwise, I have been washed in high collars unfashionable and uncomfortable, particularly during the hot weather.

Well, my dear, I'm happy now and throat free. Now don't misinterpret this remark as Dick did, and look for my head on the couch, but be sensible and listen to what I've got to say on the subject.

To start out in real, advertising fashion. "Nobody need have a scrappy neck if they will take the trouble."

When doing the exercises the neck should be quite bare. The best place is to do them in one's kimono, night and morning, and to undo one's blouse at the throat during the day.

Now for the exercises: First, stand erect, look straight in front of you, then, keeping the body quite still, let the chin sink slowly till it reaches the chest.

Second, raise the chin, hold your head rather in the position of a hen drinking and then turn the head, first to the right as far as it will go, then to the left. Do this five or ten times.

Third, hold the head quite straight and take a series of short, quick breaths, puffing out the base of the throat with each breath. In addition to these exercises you can if you like massage the neck thoroughly with benzoinated lard every night: it makes the skin smooth and white, I have found.

While I'm prating of myself I know, Elsa, honey, that you are just dying to learn why I have not sent via parcel post the Medical collars you wanted.

Well, here's the reason: they're tremendously hard to find, for you must know that these picturesque neck addenda are having a wonderful popularity this season and it's almost impossible to get a Medical at a reasonable price at this late day.

Plaited frills and shaped lingerie materials can be bought as cheaply as 25 cents a yard. They are to be basted inside a coat collar or a dressy blouse waist. Such a finish is dainty and becoming particularly on a coat, as it keeps the unbecoming collar from close contact with the skin.

Until you hear from your very negligent friend use one of these frilly expedients and bless yours devotedly.

For Those Who Entertain. What has been served at company luncheons and dinners is so soon forgotten.

Every Woman is interested and should know the new Whirling Spray.

WATERBURY SUPPLY CO. WATFORD, Ont.

Can't Do Without Them

Gin Pills the only things that keep him well.



Enclosed please find 50c. for which kindly send me a box of GIN PILLS, as I don't feel that I can remain long without some of them in the house.

Richard Hamlyn. If you have any trouble in getting GIN PILLS in your neighborhood, write direct to us, enclosing the regular retail price, 50c. a box, 6 for \$2.50, and we will fill your order by return mail, at the same time giving you the name of a nearby dealer who handles GIN PILLS.

There is no other remedy in the world that acts so quickly and so effectively in relieving Pain in the Back, curing Kidney and Bladder Troubles, Suppression or Incontinence of Urine and driving Rheumatism out of the system.

Sample box free if you write us, mentioning this paper. National Drug and Chem. Co., of Canada Limited, Toronto.

Man-Tone Blood Tablets purify and enrich the blood—especially good for women and young girls. 50c. a box, 203

gotten by the hostess that she may unconsciously repeat her bill of fare for some of the same guests.

In it she records the names of the guests invited to a luncheon, ten or dinner, and on the same page the bill of fare for the meal, with a memorandum about the decorations for the table.

New Recipes. A cooling dessert is Latta, Roohk, which is nothing more than a sheet of fine fluff with any kind of water level that has a large spoonful scooped from the center, which is filled just before serving with cream de mouche, cordial, brandy or rum.

CASTORIA For Infants and Children. The Kind You Have Always Bought

Musical instruments composed principally of wood suffer more from the climate in India than any other wood structures.

While heating rugs it is an excellent and hygienic plan to fasten a handkerchief over the mouth and nose, which will prevent the inhaling of dust.

SHILOH quickly stops coughs, cures colds, and heals the throat and lungs.

When frying bacon put a teaspoonful of Orleans molasses in the pan. The bacon then comes out crisp, brown, sweet and devoid of that strong flavor which usually characterizes it.

A hydroplane built in Belgium of steel instead of wood is said to have attained a speed of forty-five miles an hour.

A REAL ASTHMA RELIEF.—Dr. I. D. Kellogg's Asthma Remedy has never been advertised by extravagant statements.

It is a temperance lecturer was enthusiastically denouncing the use of all intoxicants.

CUTTING VENEERS.

Three Methods Are Used—Sawing, Slicing and the Rotary Cut.

Veneer is very thin paper. The raw material is usually purchased in logs of random lengths. Some are cut into fitches and in turn sawed into thin sections called sawed veneer.

The structure of the wood, the size of the logs and the use for which the veneer is designed largely determine the process employed. Some foreign woods are very hard and, like soft domestic woods—the conifers, for instance—often produce the best veneer when sawed, while for other woods the slicing method is preferred.

The rotary cut process is similar in principle to the slicing process. The log, after being steamed, is revolved against a fixed knife the length of the log and wide sheets are shaved off.

Veneers are cut into a number of thicknesses. The domestic woods, rotary cut, range from five-sixteenths to one-fiftieth of an inch and the imported woods from three-sixteenths to one-thirty-fourth. In the sawed and sliced products the thickest veneer is five-sixteenths.—Indianapolis News.



LOVELL'S BAKERY Pure and Good

We make all our Jams and Fillings. We know they are Pure and Good. We exercise the Greatest Care in choosing the Best baking powder, soda and everything we use.

WE GUARANTEE OUR WEDDING CAKES TO PLEASE

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SOCIETIES. Court Lorne, No. 17, C.O.F.

Regular meetings the Second and Fourth Mondays of each month at 8 o'clock.

FRANK TRUNK RAILWAY TIME TABLE. Ernie leave Watford Station as follows:

Accommodation, 27 8:44 a.m. Accommodation, 29 9:45 a.m. Chicago Express, 5 9:27 p.m.



Veterinary Surgeon. J. MCGILLICUDDY, Veterinary Surgeon.

CIVIL ENGINEER. W. M. MANIGAULT, ONTARIO LAND SURVEYOR AND CIVIL ENGINEER.

Auctioneer. J. F. ELLIOT, Licensed Auctioneer, For the County of Lambton.

INSURANCE. J. H. HUME, AGENT FOR FIRE, ACCIDENT AND SICK BENEFIT COMPANIES.

THE LAMBTON Farmers' Mutual Fire Insurance Company. (Established in 1875)

Farmers, Attention. WE HANDLE COCKSHUTT IMPLEMENTS!

EVERYTHING NEEDED ON THE FARM. Call and let us talk matters over.

CAMERON & GRAHAM OPPOSITE HOWDENS' GROCERY, 127-41.

FRANK TRUNK RAILWAY TIME TABLE. Ernie leave Watford Station as follows:

Accommodation, 27 8:44 a.m. Accommodation, 29 9:45 a.m. Chicago Express, 5 9:27 p.m.

Ontario Limited, 46 7:43 a.m. Accommodation, 28 12:33 p.m. New York Express, 2 3:00 p.m. Accommodation, 30 5:16 p.m.

C. Vail, Agent Watford

Skin Sufferers

We want all skin sufferers who suffered for many years the torturing disease and who have sought relief in vain, to read this.

We, as old established druggists, community, wish to recommend a product that has given many relief. It may be that your agony product is a mild, simple wash, patent medicine concocted of worthless drugs, but a scientific poultice made of well known ingredients. It is made in the Laboratories of Toronto and is called D. D. D. Prescription for Eczema.

"Blue"

of telegraphing you the It may be that your agony product is a mild, simple wash, patent medicine concocted of worthless drugs, but a scientific poultice made of well known ingredients. It is made in the Laboratories of Toronto and is called D. D. D. Prescription for Eczema.

Dr. Pierce's Golden Medical Discovery will give the required aid, made strong. The liver will purify and carries renewed organs of the body. No more "blues." Life becomes again, and hope takes place.

Insist on getting Dr. Pierce's Golden Medical Discovery Sold by dealers in medicine.

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We have the following give you close prices on: SUNRISE, First FIVE ROSE ROYAL HOUSE HORTON HARVEST QUE GOLD DUST RED ROSE, High NEW ERA, Sp

Get our Prices. They will receive prompt attention. C. B. MILLER

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Flour, Oatmeal, Flaked Wheat, Feed, Grain.

INTERNATIONAL FOR HORSES, CALDWELL AND THREE DIFFER

ALL KINDS OF Crapping and

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