

On Their Return

The happy couple will be returning to the most wonderful music—with a host of famous artists to play for them—If among the wedding gifts there is a Mason & Risch Duo-Art Reproducing Piano.



MASON & RISCH
248 DUNDAS STREET.

EMBRO TRAIL RANGERS.
Embryo, Oct. 19.—The Trail Rangers met recently in the public school, Chairman McKay presided over the usual opening ceremonies. The rest of the evening was spent in a social manner, playing games, etc.

MISSOURI LADIES AID.
Thorncliffe, Oct. 19.—The ladies aid of the South Missouri Presbyterian church arranged a most delightful concert recently, which was given in Harding's hall, Thorncliffe. The choir of St. Andrew's Presbyterian church, Kitchener, under the leadership of the organist, Arthur Hannabon, put on the entire program, and it was greatly enjoyed by the large audience. Profitable proceeds were realized, and at the close of the concert a chicken supper was served to the entertainers by the ladies of the church.

WOMEN and THE HOME

TRAFALGAR CHAPTER MARKS SILVER JUBILEE TOMORROW

I. O. D. E. Members Pass Century Mark On Trafalgar Day.
HOLD SILVER TEA

Twenty-five years ago tomorrow, on Trafalgar Day, the first I. O. D. E. chapter was organized in London. Some months previously the order had been instituted in Canada and was gaining headway rapidly. When the movement reached London it found its first members in the Trafalgar chapter, named by Mrs. John Callard, the first regent.

Tomorrow this same chapter will mark its twenty-fifth anniversary with a silver tea in the Smallman & Ingram tearoom, Mrs. W. G. Bendle, the present regent, acting as chief hostess. This year, too, the National chapter, I. O. D. E., celebrated its quarter-century birthday. Honored guests at the tea will be chapter members of the chapter and officers of the Municipal chapter.

The Trafalgar chapter was originally known as the Maple Leaf league, a conservative women's organization, which had for its president Mrs. Joseph Marshall, with Mrs. T. H. Smallman as regent. It had been in existence for some time before the Boer war, and in the early days of the war did excellent Red Cross service in London.

Made I. O. D. E. Chapter.
With the establishment of the I. O. D. E. as a national, non-partisan organization in Canada during the Boer war the opportunity came to make the London Maple Leaf league a non-political society. And the Trafalgar chapter was formed, with Mrs. John Callard at its head. From that time until today the chapter has had an interesting history.

Facts gleaned from various sources have been compiled into an interesting little history by Mrs. Louise Harding, for over 20 years treasurer of the chapter. Among the chapter members were Mrs. L. Harding, Mrs. K. Draney, Mrs. A. Walker and Mrs. M. Logan, all still energetic workers in the chapter; the late Mrs. Higgins, and Mrs. Thorpe and Mrs. Bowman, no longer members. Mrs. Callard held the regency for 17 years, and then was followed by Mrs. M. J. Atkins, Mrs. E. J. Ram and Mrs. W. G. Bendle, the present regent.

During the South African war the chapter members did excellent patriotic work, continuing their endeavors throughout the years which followed. Many worthy causes were helped along by the Trafalgar members, and when funds for the soldiers' monument in Victoria park were being raised the chapter helped. During the four years of the great war the name of the Trafalgar chapter was the one that the public heard of because of the excellent work which



MRS. W. G. BENDLE, regent of the Trafalgar chapter, who will act as chief hostess at the silver anniversary tea which is being held at Smallman & Ingram's tomorrow.

was being done. The last big work of the chapter was the endowment of a room in the recently-erected War Memorial Hospital for Sick Children. Only one other I. O. D. E. chapter was organized during 1900 in London, and that was the Abigail Becker chapter, which is also carrying on splendidly.

Present officers of the Trafalgar chapter are: Regent, Mrs. W. G. Bendle; vice-regents, Mrs. W. H. McLeod, Mrs. M. Logan; secretary, Mrs. John Laughton; assistant secretary, Mrs. George Nightingale; treasurer, Mrs. L. Harding; educational secretary, Mrs. F. W. Leckie; standard-bearer, Mrs. A. Walker; Mrs. F. M. Atkins, Mrs. Lella Emery of Jacksonville, Fla., and Mrs. E. J. Ram.

EMBRO KING'S DAUGHTERS.
Embryo, Oct. 19.—The annual thank-offering meeting of the King's Daughters was held recently in the Knox United church. Rev. Mr. Lane presided over the following program: Solos, Mrs. O. Stephens and Mrs. J. McKenchar, and an address by Miss Olive McKay of Woodstock, who is home on furlough. "The Present Agitation in China." The collection amounted to \$34.10. After the meeting refreshments were served.

Autumn Weddings

KECHNIE-SCHOTZHAUER.

Stratford, Oct. 20.—A pretty autumn wedding took place at the parsonage of the Centennial Evangelical church yesterday, when Alice Marie, youngest daughter of Mr. and Mrs. Daniel Schotzhauer of Milverton was united in marriage to Mr. Ezra Kechnie of this city. Rev. J. B. Denig officiated.

The bride and bridegroom were unattended, the bride wearing a lovely dress of gold satin with shoes to match. The bridegroom's gift to the bride was a beautiful muskrat coat. Mr. and Mrs. Kechnie left on a honeymoon to Toronto, Niagara Falls and Buffalo. On their return they will reside in Stratford.

BLOOM-SMITH.
Thamesville, Oct. 20.—The quiet wedding was solemnized at the United church, Thamesville, on Wednesday, Oct. 14, of Mr. Lloyd Bloom, son of Mr. and Mrs. Samuel Bloom, and Miss Ella Smith, daughter of Mr. and Mrs. Daniel Smith, who were joined in wedlock. The Rev. L. Bartlett officiated.

The young couple left for Claremont, Toronto and Niagara Falls on a short honeymoon. Upon their return they will reside in Dawn township.

MINIELLY-KERNOHAN.
Forest, Oct. 20.—A quiet but pretty wedding was solemnized at the Baptist parsonage, Forest, Wednesday, Oct. 14, when Marguerite, youngest daughter of Mr. and Mrs. John C. B. Kernohan, was united in marriage to Mr. William Minnielly, eldest son of Mr. William Minnielly, of Watlington township. Rev. Thomas Doollittle was the officiating clergyman.

They were attended by the bride's cousin, Miss Irene White, and Mr. John Pollock.

The bride was charming in her satin-faced canton crepe gown, with bead trimming and black picture hat. The happy young couple left by train for Toronto and Niagara Falls, and on their return will reside on the groom's farm, second line, N. E. L. Warwick.

SCHENK-HANNAH.
A quiet wedding was solemnized at the Presbyterian manse, St. Mary's, on Oct. 19, when Miss Helen E. Hannah of this city, was united in marriage to Mr. Emerson V. Schenk of Stratford. Rev. W. J. Burnett officiated.

The young couple are now enjoying a honeymoon trip to Toronto, Buffalo and Hamilton, and on their return will reside in Schenk's house in Stratford.

PROUTT-MAHON.
One of the most interesting weddings of this season was solemnized at New St. James' Presbyterian church Saturday afternoon at 7:30 o'clock, when Marguerite, youngest daughter of Mr. and Mrs. Angus Mahon of this city, was married to Mr. Milton Proutt of Detroit, Mich.

The church was prettily decorated with fall foliage, oak leaves, marigolds and chrysanthemums. The ceremony was impressively conducted by Rev. James Mackay, pastor of the church, assisted by Rev. A. S. H. Cree of the Church of the Redeemer.

The bride, who was given away by her father, wore a lovely gown of white silk velvet with rhinestone ornaments and a silk net veil and rhinestone bandeau. She wore white silk hose and white kid shoes and carried a shower bouquet of pink roses, fuchsia, orchids and lilies-of-the-valley. The bridesmaid, Miss Rena Wade, wore a becoming gown of Edina green georgette with fuchsia, gold, and silver trim, and a picture hat and a fuchsia scarf. She carried a bouquet of pink Ophelia roses. Mr. Earl Lundon of Detroit was best man, while Mr. E. J. Mahon, brother of the bride, and Mr. Myron Turner, brother-in-law of the groom, both of Detroit, were ushers. The wedding music was by Lohengrin was played by Mrs. King, and during the signing of the register Mrs. Eric Graham sang "Oh Fair, Oh Sweet and Holy."

After the ceremony a reception was held at the home of the bride's parents, North London, where some fifty guests assembled to congratulate the happy couple. After a dainty luncheon the bride and groom left on their honeymoon trip to Chicago. They will reside in the city. The bride travelled in a black satin dress touched with ermine, green coat with squirrel and silver leather, and a small black hat with a feather push.

Among the out-of-town guests were Mr. and Mrs. Myron Turner, Detroit; Mr. and Mrs. Morris Nesbitt and daughter, Detroit; Mr. E. J. McMahon, Detroit; Mr. Sam Mahon, Thorncliffe; Mrs. Harding, Thorncliffe; Mr. and Mrs. A. Wheatcraft, Sarnia; Miss Jean Wheatcraft and Mr. Raymond Wheatcraft, Sarnia; Mr. Harry Proutt, Sarnia, and Mr. Earl Mahon, Detroit.

ROQUE-DESCHAMPS.
A wedding of local interest took place in Notre Dame church, Hull, at 6 o'clock on Saturday morning, when Delicia Deschamps, daughter of the late Moise Deschamps and Mrs. Deschamps of Hull, was united in marriage to Mr. Remi Roque, son of Mr. and Mrs. F. Roque of this city. Rev. Father P. H. Bourassa performed the ceremony.

The bride, who was given in marriage by her brother, Mr. J. F. Deschamps, wore a pretty henna cut velvet gown with a black corded silk coat and black hat. She wore Ophelia roses. She was attended by Mr. Jos Roque acted as witness for his brother.

Following the ceremony, a reception was held at the home of the bride, where a dainty breakfast was served. Later Mr. and Mrs. Roque left for Montreal, and on their return will reside at 25 Bridge street, Hull.

ENGLAND-HAMILTON.
The pretty home of Mr. and Mrs. Rodell Esselme, Niagara Falls, Ont., was the scene of a charming autumn wedding on Thursday evening, Oct. 15, promptly at 8 o'clock, when their youngest sister, Miss Mary Elizabeth Hamilton, became the bride of Mr. Clayton Harrison England, eldest son of Mr. and Mrs. R. England, Niagara Falls, Ont.

To the strains of Lohengrin's bridal chorus, played by Mrs. Clifford, cousin of the bride, of Mount Vernon, the pretty young bride entered the attractively-decorated drawing-room on the arm of her father, Mr. George M. Hamilton, and stood beneath a large white bell suspended from an arch prettily decorated

with autumn leaves, ferns and pink and white carnations. Rev. Walker of the Methodist church performed the ceremony.

The bride was beautifully gowned in ivory silk crepe with pearl trimmings over white silk, and wore a bridal veil of hemstitched net, cap-shaped, held in place with silver ribbon and orange blossoms. She carried a bouquet of Sunset and Ophelia roses, lily of the valley and maiden-hair ferns tied with streamers of white satin ribbons knotted with lily of the valley and ferns. Little Miss Mildred Esselme, niece of the bride, acted as flower girl, frocked in white organdy with pink trimmings, and carried a basket of maiden-hair fern and pink and white carnations.

The groom's gift to the bride was a check for \$400; to the pianist, a clover leaf-shaped bon-bon dish; to the flower girl, a set of lingerie; to the bridesmaids, a set of silver.

Immediately after the ceremony congratulations were extended to the young couple. The bride's eldest sister, Mrs. A. Logan, wore a handkerchief in brown silk chiffon crepe. Mrs. R. Esselme, sister of the bride, was gowned in brown silk crepe with gold bead trimmings.

Following the signing of the register, a dainty buffet luncheon was served in the decorated dining-room. The wedding cake centered the table. The young couple left amid showers of confetti on a honeymoon trip to Detroit and points west, the bride travelling in a dove-colored silk crepe gown trimmed with pearl and gray fur pearls with hat to match, and black marvellous coat with beaver collar. Guests were present from Detroit, London, Glanworth, Springfield, Mount Vernon and Niagara Falls.

The bride was the recipient of many lovely gifts, including several substantial ones.

Mr. and Mrs. England will be at home to their friends after November 5 at their residence in Niagara Falls.

CLUB NEWS

SOLDIERS WIVES' LEAGUE.

Mrs. E. A. Seely-Smith, president of the Soldiers' Wives' league, has called a meeting of the league to take place at the officers' mess at the armories on Thursday afternoon. The winter's program will be drawn up at the time and arrangements will be discussed for a benefit bridge to be held this autumn.

SKATING CLUB.
A meeting of the skating club has been called for Thursday evening at the armories, when the election of officers will be held.

MAY QUEEN REBEKAHS.
A splendid meeting of the May Queen Rebekah lodge was held last evening, when over 300 attended the school of instruction, arranged in connection with the regular meeting by the district officers. Mrs. Birch, noble grand, presided.

Special guests of the evening were Mr. Watson, St. Thomas, past president of the Rebekah assembly of Ontario; Mrs. Newkirk, Port Stanley, district deputy president; Miss Bond, Mount Brydges, district deputy president; Mrs. Rose, West Lorne, district deputy president. Other visitors were Mrs. Bryan, Windsor; Mr. and Mrs. McLaren of Brantford; Mr. Bro. Hargreaves, London; past district deputy grand master, and Bro. Major-Gen. George Shaw, London.

During a short business session arrangements were made for a euchre to be held tomorrow afternoon in the Alma Block, with Mrs. E. A. Seely-Smith as sponsor. An invitation was also accepted to attend the school of instruction being arranged in St. Thomas on Nov. 3.

Refreshments were served at the conclusion of the evening.

JANEY CANUCK CHAPTER.

The members of the Janey Canuck chapter, I. O. D. E., were entertained for their regular meeting at the home of Mrs. Walter Glasford last evening. Plans for a bridge for which Mrs. (Dr.) S. A. Moore is loaning her home on St. George street, to be held on Thursday afternoon, were completed. Mrs. Glasford was appointed the telephone convener, while Mrs. W. B. Schott will be in charge of the refreshments.

LUCASVILLE W. I.
Lucasville, Oct. 19.—The Lucasville women's institute met recently at the home of Mrs. F. Shaw and spent a profitable afternoon. As it was grandmothers' day the entire program was given by them. Mrs. Wm. Milliken of Corunna, a former member, read an interesting and instructive paper on "Home Making and Home Keeping of Fifty Years Ago." Mrs. Andrew Hossie read a story, "Grandmother's." Mrs. McRitchie sang an old-fashioned song entitled, "Grandmother's Advice."

Roll call was answered by each member displaying a relic that had been her grandmother's. There were some rare old pieces of china and embroidery shown, as well as shawls, candle snuffers, candle molds and carded wool ready for the spinning wheel. There was also a display of quilt blocks and crochet work by Mrs. Leckie and Mrs. Atkin.

The roll call for the next meeting is to be "Thanksgiving Thoughts," and the hostess will be Miss Mildred Leckie.

BROOKDALE W. I.
Embryo, Oct. 19.—The Brookdale women's institute met recently and entertained the Embro and Braemar chapters. Mrs. Young presided, and gave words of welcome to the visiting societies. A splendid program was rendered. Papers were given by Mrs. Simon on "Moral Instruction in the School," and Mrs. R. M. Ross spoke on "Reading As An Education." A solo was rendered by Mrs. Wm. Forbes.

The following delegation was appointed to go to the annual convention being held at London: The president, Mrs. D. Leckie and the secretary, Mrs. D. Dunneil. The Embro society, led by Mrs. D. Leckie, and two from the Braemar society, to act as judges for the Hal-lows' social to be held on Friday night, Oct. 23, at Embro. The following were appointed: Mrs. James McKay and Mrs. W. E. Young and Mrs. J. Young of Brookdale. After the meeting tea was served.

GRAND OLD LADY IS NINEY-FOUR

Mrs. Payne, Mother-in-Law of St. Thomas Smith, Honored at Payne's Mills.

Payne's Mills, Oct. 19.—The friends, neighbors and relatives of Mrs. Payne's Mills' oldest lady, Mrs. S. E. Payne, met to celebrate her 94th birthday in the community hall of that place on Friday evening. A large number gathered, and a delicious supper was served. Speeches were made and a beautiful bouquet was presented to Mrs. Payne, who, still queenly in spite of her years, made a most gracious reply. A feature of the banquet was a huge birthday cake set with 94 candles.

Among those present were Mr. and Mrs. Sturgeon Payne and Marion, Mr. and Mrs. Thos. Baker and Miss Blanche Baker, South Delaware; Mr. and Mrs. Stanley Sharon, Mr. and Mrs. Kelley of Lambeth; Mr. Alex. Lyle, who is near the 90 mark; Rev. Geo. Gilmore and Mrs. Gilmore of London. Following is the address presented to Mrs. Payne:

"We, your friends and neighbors, have gathered here to honor you on your 94th birthday. Having lived long and well, we congratulate you. We love you as one who has come a long way—one of our dear old people who has seen much that is sunny and much that is sad in life, and yet has succeeded in keeping faith sweet and strong."

Led Christian Life.
"We honor you for your exemplary Christian life. Surely there is no greater thing than to have lived well. We are reminded of your zealous service in the cause of temperance, the benefits of which the young of our community are reaping today. Your allegiance also to the church and Sunday school and the ever-willing efforts put forth there have borne fruit that must be a joy to you in your declining years. We have learned from you that patience and persistence in common things through the days and years is a mark of true living."

"We know there are many people who can work under pressure for a little time, but who tire of the monotony and slack in their duty by-and-by, falling at last because they cannot endure it. You, however, too, people who begin many noble things but soon weary of them and drop them out of their hands. They may pass for brilliant men, even men of genius, but in the end they have for biography only a volume of fragments of chapters, not one of them finished. Such men may attract a great deal of attention, while the tireless plodder working beside them receives no praise, no commendation. But in the records of life, written in God's book, it is the latter who will shine in brightest splendor."

"Noble deeds are held in honor, But the world sadly needs Hearts of patience to unravel, The worth of common deeds."

Make Presentation.
"We are most happy to be gathered on this occasion, and we trust you may be spared to see many more birthdays. As a small expression of our respect and love for you we ask you to accept these flowers and may their beauty and fragrance remind you of the lovely life and of the promise of glorious things in the life to come, for God has said 'with long life will I honor him,' and 'henceforth there is laid up for me a crown of righteousness.'"

Mrs. Payne's maiden name was Sarah Ellen Sharon. She was the daughter of Thomas Sharon and Jane Sutton. She was born a mile west of the village in 1831 on the farm, until a few years ago, occupied by her brother, F. H. A. Sharon. Mrs. Payne was a descendant of L. E. Loyallist, stock her forefathers having emigrated from Scotland and settled in Pennsylvania, from whence they moved to Canada, Thomas and Henry Sharon having walked from Niagara Falls to St. Thomas.

Was School Teacher.
Having fitted herself for a school teacher, she received her certificate from Judge Elliot of London, and taught school in this village in a building on the opposite side of the road from the one now in use. She made the trip each day on horseback. Mrs. Payne also taught in a school, not standing now, for many years. It was situated one mile north of the village and a log building, where Mrs. Thompson, Absolom Gilbert's sister, was one of her pupils. Widened the corners on the gravel road was another school where she taught youth "reading" and "rithmick," not omitting morals and manners.

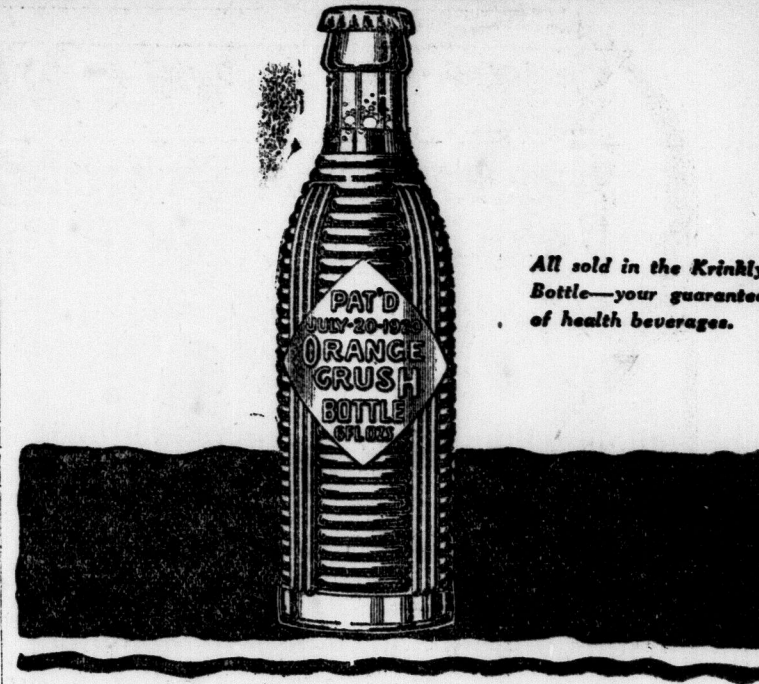
In 1851 she was married to Frederick Payne, who was born in Wiltshire, England, and a son of Henry Payne. He came to this land with his parents when 3 years of age. The family moved into the house purchased from one Squire Matthews, which is still standing on the old homestead at Payne's Mills. It is occupied by Sturgeon Payne and family and Mrs. Payne, son of Mrs. Payne, having gone there as a bride, has lived in the same house for 75 years. Mr. Payne, her husband, died in 1915.

Her Family.
Four sons and three daughters were born to them: John, in British Columbia; Sturgeon, at home; George, in Niagara Falls; Alfred, deceased; Mrs. W. St. Thomas Smith, St. Thomas; Mrs. Thos. Baker, South Delaware, and Clara, who died in youth.

There are 21 grandchildren, two of whom made the supreme sacrifice in the great war. Mrs. (Rev.) J. MacGillivray of Toronto, is a granddaughter. There are also fourteen great-grandchildren. Nephews and nieces are: Stanley Sharon of Payne's Mills; Floyd and Ahley Sharon of California; Mrs. Kelley of Lambeth, and the Misses Humphrey of Middlemarch. Mrs. Payne's brother, F. H. A. Sharon, died in 1924 in Canmore, Alta., in his 92nd year.

All her life Mrs. Payne has been recognized in the community as a strong Christian character. She early identified herself with the Methodist church and for 60 years taught and worked in the Sunday school.

IN HANDS OF LIQUIDATORS.
London, Oct. 17.—The affairs of the British Empire exhibition at Wembley are to be placed in the hands of liquidators. This decision was arrived at today by the exhibition authorities.



What the Krinkly Bottle Means to You

"WHY insist on the Krinkly Bottle? What's the difference?" you ask.

Just the difference between the true flavor of the orange, brought out in all its rare deliciousness by Ward's secret process—and—no body knows what.

When you buy a drink, look for the name Orange-CRUSH blown right into the glass of the Krinkly Bottle. That's your guide to the genuine. That's your assurance that every drop is pure, good for you, delicious and big value for your money. The Krinkly Bottle is your only safeguard. Insist on it.

Nationally advertised—sold everywhere. The handy way is better still—from your dealer, by the case of 24 bottles.

Orange-CRUSH Lemon-CRUSH Lime-CRUSH

Also O.C. Ginger Ale and O.C. Grape

These are the six ingredients of Orange-CRUSH—

- 1.—The natural fruit oil of oranges
- 2.—The natural fruit acids of the citrus fruits (oranges, lemons, limes)
- 3.—Orange-juice
- 4.—Pure carbonated water
- 5.—Certified food color
- 6.—Pure cane sugar

Free



This Baby Welfare Book and this Baby Record will be sent you free on request. Write The Borden Co. Limited, Montreal. Eagle Brand is the natural food for babies when mother's milk fails.



WELLINGTON RESIDENCE WILL FORM GIRLS' CLUB

Plans Being Made by Future Members For Halloween Party This Month.

The good times and team work done through club work is soon to be introduced into the Y. W. C. A. residence on Wellington street, of which Miss H. E. Sutherland is house secretary. At a recent rally of the club girls of the Y.W.C.A., one of the girls from the residence announced that soon a club was to be formed for the benefit of the schools, and within the next few weeks it is to be definitely organized.

The club's object has not been decided upon, but it is expected that some particular line of work will be taken up. The girls will also arrange social evenings for the winter months, and the indoor-evenings will greatly add to the homey touch at the Wellington street residence. Already the girls are very busy arranging for a Halloween party, to be given on the 30th of October. This will be the first social event of the season and is being anticipated by the future members of the new club.

One minute's boil is all you need today for perfect JAMS and JELLIES



FLOWERS

That Are Flowers For Autumn Weddings. "Say It With Flowers" THE WEST FLORAL CO. 249 Dundas St. Tel. 2187

Sure Way to Get Rid of Blackheads

There is one simple, safe and sure way that never fails to get rid of blackheads: that is to dissolve them. To do this, get two ounces of peroxide powder from any drug store—sprinkle a little on a hot wet cloth—rub over the blackheads briskly—wash the parts and you will be surprised how the blackheads have disappeared. Big blackheads have a mixture of dust and dirt and secretions that form in the pores of the skin. The peroxide powder and the water dissolve the blackheads so they wash right out, leaving the pores free and clean and in their natural condition.—Adv.

His nerves are paying the price



HE struggles hard to keep his old-time alertness. Something is wrong, but there never seems time to check up with the doctor. Gone that steadiness of thought and purpose. Strange spells of quiet follow sudden jumpy and irritable outbursts. Worn-out, frayed, his tired nerves no longer react to drug-stimulants such as tea and coffee. Today his nerves are paying the price. He's dead on his feet!

Tannin and caffeine found in tea and coffee are harmful. With you these agents may work fast or slow. Yet sooner or later their poisonous effects are certain, sure!

How much better to drink delicious Instant Postum—to have you and your family assured of rested nerves—better sleep—improved digestion. All this Instant Postum assures, because its rich, friendly warmth is free from all health-destroying stimulants. Instantly made in the cup at a cost of about half-a-cent. If you prefer, there's Postum Cereal made by boiling or percolating twenty minutes. At your club, restaurant or on the train ask for Instant Postum. Carrie Blanchard, famous diet expert, makes you a free offer. Mail the coupon today.

Carrie Blanchard's Offer

"I want you to try Postum for thirty days. I want to start you out on your test by giving you your first week's supply."

"It seems to me that it would be a wise plan for mothers, particularly, to think of this test in connection with the health of their families."

"Will you send me your name and address? Tell me which kind you prefer—Instant Postum or Postum Cereal (the kind you boil). I'll see that you get the first week's supply right away."

Canadian Postum Cereal Co., Ltd., 45 Front Street East, Toronto, Ont.

I want to make a thirty-day test of Postum. Please send me, without cost or obligation, the first week's supply of

INSTANT POSTUM ☐ Check which POSTUM CEREAL ☐ you prefer.

Name.....

Street.....

City.....Prov.....

Instant Postum

"There's a Reason"

You know how many children do not like the taste of milk. You know how they like to have the same drink as the "grown-ups." You know, too, how good it is for them to have a hot drink! Make Instant Postum for them, using hot milk instead of boiling water! They'll like the taste immediately! And they'll get the food elements of the wheat, plus the nourishment of milk, in a hot drink that is economical and so easy to make!

Children love Instant Postum made with milk.