

## TUMOR IN THE STOMACH

Completely Removed When She Took "Fruit-a-lives"

NEWBURY, Ont., April 18, 1914.  
"Some years ago, I was sick in bed, and thought I was going to die. I had a growth in my stomach, which the doctors said was a tumor and they said that the only thing to do was to go to the hospital and have the tumor cut out. I dreaded an operation although both doctors said it was the only cure. I said I would die before being operated on. At this time, my mother-in-law Alvinson sent me some "Fruit-a-lives" and induced me to try them as she had heard of another woman who had been cured of a similar growth in the stomach by taking "Fruit-a-lives".  
To please my mother, I began to take "Fruit-a-lives" with the happy result that she cured me. I have not been to see a doctor since and my health is first class.  
I recommend "Fruit-a-lives" every time I get a chance and I will be glad to have you publish this letter as some other women may now be a sufferer from the same trouble and "Fruit-a-lives" will cure her."  
Mrs. A. McDONALD,  
505 1/2 Ave. G, No. 10, St. John's, Nfld.  
At all dealers or sent on receipt of price by Fruit-a-lives Limited, Ottawa.

### White Ribbon News.

Women's Christian Temperance Union recently organized in 1914.  
Aim.—The protection of the home, the abolition of the liquor traffic and the triumph of Christ's Golden Rule in custom and in law.  
Moros.—For God and Home and Native Land.  
Bands.—A Knot of White Ribbon.  
Watchword.—Agiate, educate, or organize.

OFFICERS OF WOLFVILLE UNION.  
President—Mrs. L. W. Sleep.  
1st Vice President—Mrs. J. Kaye.  
2nd Vice President—Mrs. F. Fitch.  
Recording Secy.—Mrs. W. Mitchell.  
Cor. Secretary—Mrs. John Caldwell.  
Treasurer—Mrs. H. Fyso.  
Auditor—Mrs. E. Hutchinson.

**Road to Happiness.**  
This is the road to Happiness;  
Start now, from where you are;  
Turn to the right and keep straight on;  
And you'll not find it far.  
Along the Path of Willing Feet  
And over Heartsease Hill,  
Across the fields of Sweet Content,  
The stream of Glad Good Will;  
Then through the lane of Loving Heart,  
The gate that's called To-day,  
And down the steps of Little Things  
Into the Common Way.  
And take the Cloak of Charity,  
The staff of Wise Employ,  
A loaf of Bread of Daily Grace,  
A flask well filled with Joy;  
A word of cheer, a helping hand,  
Some good to give or share,  
A bit of song, a high resolve,  
A hope, a smile, a prayer,  
And in the Place of Duty Done,  
Beside the Door of Home,  
You'll find the House of Happiness—  
For happiness does not roam.  
—Anne Johnson Flint, in the Pacific.

### The Test of Education.

A professor in the University of Chicago told his pupils that he should consider them educated, in the best sense of the word, when they say yes to every one of the fourteen questions that he should put to them. It may interest you to read the questions. Hear they are:  
Has your education given sympathy with all good causes and made you espouse them?  
Has it made you public-spirited?  
Has it made you a brother to the weak?  
Have you learned how to make friends and keep them?  
Do you know what it is to be a friend yourself?  
Can you look an honest man or a pure woman straight in the eye?  
Do you see anything to love in a little child?  
Will a loquacious dog follow you in the street?  
Can you be high minded and happy in the weaver's drudgery of life?  
Do you think washing dishes and heating coal just as compatible with high thinking as piano playing or golf?  
Are you good for anything to your self? Can you be happy alone?  
Can you look out on the world and see anything except dollars and cents?  
Can you look into a used puddle by the wayside and see anything to tipple but mud?  
Can you look into the sky at night and see beyond the stars? Can your soul claim relationship with the Creator? — Popular Educator.

The use of liquor and its influence have done more to darken the human soul than any other force, and it is the duty of every citizen to use every means possible to bring about its complete abolition. — E. F. Traveler, President of National Right Hour League.

**CASTORIA**  
For Infants and Children.  
The Kind You Have Always Bought

### Rockefeller Family's Total Abstinence Record.

"Young men who want to get on in the world nowadays, do not drink," John D. Rockefeller, Jr., is reported by the Chicago Tribune on January 19, to have said to the Bible class of the Fifth Avenue Baptist church of New York City. He added, "great corporations do not employ men who drink." In the course of his talk, which dealt largely with the temperance and race problems he told the members of his class that his grand father and his father never touched intoxicating liquor, and were total abstainers as a matter of principle, and that he himself had followed their example.

Five million dollars are to be spent by the British Government at an early date on cottages for laborers in Ireland. The news was naturally hailed with delight in every province in Ireland. A large number of cottage schemes have been held up for want of funds; but now, yielding to the pressure brought to bear on him by the Irish Party, the Chief Secretary proposes to introduce a short measure making financial provision for the completion of these which needed houses for agricultural workers.

DEBY, N. S.  
MIRAK'S LIMBENT CO. LIMITED.  
GENTLEMEN.—Last August my horse was badly cut in eleven places by a barbed wire fence. Three of the cuts (one) healed soon, but the others became foul and rotten, and though I tried many kinds of medicine they had no beneficial results. At last a doctor advised me to use MIRAK'S LIMBENT and in four weeks time every sore was healed and the hair has grown over each cut in fine condition. The Limbent is certainly wonderful in its working.  
Witness, PERRY BAKER.  
JOHN R. HOLDREN.

The California State Board of Education has revised the qualifications for high school teachers in that State, so that all such must possess bachelor's degrees from standard colleges requiring not less than eight years of high school and college training. In addition to this the applicant must have taken at least a year's postgraduate work in a university approved by the state board of education.

### Children Cry FOR FLETCHER'S CASTORIA

To the already long list of articles made of paper, there may be added paper cannons, which have recently been manufactured at the Krupp Gun Works in Germany for the special use of the infantry, says the Liverpool (England) Mercury.  
Their caliber is a little less than two inches, and the pieces are as light as a soldier can easily carry one. But the resistance is greater than that of a field piece of steel of the same caliber. It is not to be understood that these paper guns are in any way to replace those made of steel. The paper arms anticipated merely for use in situations where the movement of field artillery would be impracticable.  
Paper artillery on the field of battle seems an extraordinary thing; but it is hardly more so than paper wheels for freight cars on railroads appears when they were first introduced, or for that matter, than paper wallpaper was.

### ONLY SIXTEEN, GIRL VERY SICK

Tells How She Was Made Well by Lydia E. Pinkham's Vegetable Compound.

New Orleans, La.—"I take pleasure in writing these lines to express my gratitude to you. I am only 16 years old and work in a tobacco factory. I have been a very sick girl but I have improved wonderfully since taking Lydia E. Pinkham's Vegetable Compound and am now looking fine and feeling a thousand times better."  
—Miss AMELIA JACOBSON, 903 Tremont St., New Orleans, La.

St. Clair, Pa.—"My mother was alarmed because I was troubled with suppression and had pain in my back and side, and several headaches. I had pimples on my face, my complexion was sallow, my sleep was disturbed, I had nervous spells, was very tired and had no ambition. Lydia E. Pinkham's Vegetable Compound has worked like a charm in my case and has regulated me. I worked in a mill among hundreds of girls and have recommended your medicine to many of them."  
—Miss ESTER MARRAS, 110 Thwing St., St. Clair, Pa.

There is nothing that teaches more than experience. Therefore, such letters from girls who have suffered and were restored to health by Lydia E. Pinkham's Vegetable Compound should be a lesson to others. The same remedy is available to all.

If you want special advice write to Lydia E. Pinkham Medicine Co. (consultant), Lynn, Mass. Your letter will be opened, read and answered by a woman and held in strict confidence.

**Boston & Yarmouth Steamship Co., Ltd.**  
Summer Service  
Shipments Prince Arthur and Prince George.  
Six trips per week in each direction between Yarmouth and Boston.  
Leave Yarmouth daily except Sundays at 8:00 p.m. for Boston. Leave Boston daily except Saturdays at 10:00 a.m. for Yarmouth.  
Tickets and Staterooms at Wharf Office.  
A. R. WILLIAMS, Agent, Yarmouth, N. S.  
Milled & Laminated Corn Goggles

### THE "ENTRE NUS"

How Invitation by Cross-Eyed Man Mixed Things Up.

By ADELE MENDEL.  
"Don't say another word about the dance, I beg of you," said Beatrice. "I simply can't bear to hear any more about it."  
"Since when are such subjects too frivolous for your ears?" queried Drusilla, raising her eyebrows and looking up from her fancy work.  
"Especially when in all your fiery and glory you most likely, will lead the grand march with Charles."  
"Nothing of the kind," answered Beatrice in a I-don't-care-what-happens tone.  
"Didn't you have a new gown for the occasion?"  
"Yes, and I'll wear it if only to show some people that I can't be stunned by their audacity."  
"But if you're not going with Charles, who is?"  
"Hattie Weston."  
"Incredible! Why, only last week Charles remarked in his nonchalant way, 'What do you girls see in Hattie?' She reminds me of the brook that flows forever, with her incessant talking!"  
"Drusilla, when a young man talks to you about a dance and asks your opinion on all details, and then at the eleventh hour asks another girl, do you think he can ever justify his conduct?" asked Beatrice.  
"No, and I simply can't understand it," admitted Drusilla.  
"Are you sure?"  
"Positive. Hattie and I met Charles on the street. He came towards us in his usual cordial way, and stopped to say to Hattie, 'I'm going to take you to the "Entre Nus" affair. Hattie must have had some inkling as she didn't appear surprised, and only said, 'I thank you, what time will you call for me?'"  
"For a moment I felt the keen insult that he should invite her in my presence, and then I said, 'I'm going with Jesse Tompkins.' You know how always pestering me to go with him, so I knew I could rely on his taking me. We left Charles at the corner."

ALL FOR THE SAKE OF BETSY  
When Col. J. J. Astor jeopardized His Yacht and Passengers for a Dog.

Some years ago Col. J. J. Astor and his yacht Nourmahal and his son, Vincent, were reported lost at sea. The New York correspondent of the Cincinnati Times-Star writes. "Every one got excited about it—especially in New York newspaper offices. It was a New York newspaper, you may remember, which ran the headline 'The Nourmahal and Her Crew.' The story of the wreck of the Titanic: 'Col. John Jacob Astor Lost at Sea; Two Thousand Others Also Drowned.'  
The Astor part of the headline was in very large pink letters and the rest was comparatively modest type. The paper began to talk about sending out searching expeditions. The government dispatched a cruiser to search for Astor. Now Richard Barry tells the story of that episode for the first time. "Astor was very fond of his pet dog," says Barry. "The pet dog hated the sea. The second day out on the cruise the dog began to moan. Astor told the captain of the yacht to point her nose for shore. 'I'll take Betsy off and give her a rub,' said the master of millions. 'They landed that day on the Carolina shore and Betsy got her run. But one run wasn't enough for her. Each day, as they voyaged south, Betsy was taken on land to stretch her legs. Finally they were off the Honduras coast, and Betsy began to howl for a frolic. The captain protested that the coast line was insufficiently charted, and that the Nourmahal was in danger of being wrecked if he was obliged to run in too near."  
"No matter," said Astor. "Betsy isn't happy."  
"So they put in, and shelled the Nourmahal on a rock, and every one works 'nearly as soon as they are cited because it wasn't possible to hear from the Astors, and it cost the yacht owner a good many dollars to get her out. But he didn't care. He was fond of Betsy—and Betsy had her run."

### EGGS COOKED TO SUIT HIM

How John Randolph Had Them Boiled With Assistance of Striving of Servants.

Most persons who eat eggs at all are particular about them. The boiling of an egg seems a simple matter, but many a temper rapped by the cook's failure to observe the correct number of minutes and seconds that the process should occupy.  
That very original man, John Randolph, is said to have invented a method of getting his eggs cooked exactly to his taste that worked perfectly. As in the case in many country homes, he had a separate kitchen in a separate building at some distance from the house, and servants were plenty.  
When the "sage of Bonhoke" took his seat at the breakfast table there was a line of servants from the dining room to the kitchen. Mrs. Randolph, the mother of the statesman, held an open watch in her hands, and "In!" exclaimed Mr. Randolph, and the word "in" was passed from mouth to mouth until it reached the waiting servant who dropped the eggs into the water. After the requisite number of seconds the holder of the timepiece signaled that the cooking was done.  
"Out!" went forth the command in like manner, and the eggs were quickly removed.  
The system required six or seven servants to cook one egg. But Randolph was accustomed to eat eggs and this was the only way that he could get it cooked to suit him.

### Cash Store.

Barbours in CANNED GOODS THIS WEEK  
Get my prices. You will be sure to buy. I want the money, and you want the goods.  
**C. W. STRONG**  
Wolfville.  
**AUTOMOBILE For Hire!**  
Careful Driver and Moderate Prices.  
Phone 83-2.  
G. H. Buffee,  
Wolfville, N. S.

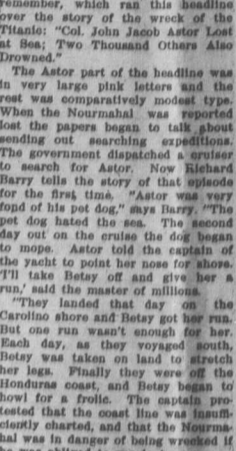
### Good Salesman Wanted

For every town and district where we are not represented  
Furs are bringing high prices, and heavy stock is in demand.  
Make big money this Fall and Winter by taking an agency.  
Experiences not necessary, free equipment, exclusive territory, highest commission paid.  
Write for full particulars.  
**Stone & Wellington**  
Footstall Numerals  
TORONTO MONTREAL OTTAWA

"Then you prefer that dwarf's attentions to mine?" he exclaimed in a jealous rage.  
"Just as much as you prefer Halle to me," I replied.  
"But I don't and never will," he protested, looking at me tenderly. "I asked you for tonight, not her."  
"How can you do that?" he asked, looking at me. "How can you deliberately say that when I heard you invite her?"  
"Didn't I look at you, when I said I'm going to take you to the dance?"  
"Then I laughed and laughed until I could not laugh any more."  
"What was so ludicrous about that?" interrupted Drusilla, in his own heart and soul he was in reality staring at me. "That's where all the trouble came up."  
"Oh, how disconcerted Halle would be if she knew."  
"The never will. The best part of our quarrel was the reconciliation."  
"It's always been my pet aspiration to see you two married," said Drusilla.  
"Well, your wish will soon come true."  
"Beatrice," asked Drusilla, "won't it be dreadful if you are married if Charles should say loving things to you and look at another woman?"  
"I won't mind that ever again," declared Beatrice vehemently. "Because Charles says all other women look alike to him except me. So there!"  
(Copyright, 1912, by W. G. Chapman.)

### FOR SALE BY WM. C. BLEAKNEY

Concrete Tanks and Troughs Never Rot or Leak



THE most practical tanks, whether for water or sewage, are built of concrete. They never rust, rot, dry out or leak. They never need new hoops or paint. They last a lifetime and seldom require repainting, which makes them the cheapest tanks that can be built.

Clean, Sanitary Watering Troughs are just as necessary as the animals that drink from them. The farmer's best interests are being served when his stock is insured a plentiful supply of clean, clean water from a trough that is permanent and sanitary.

Farmer's Information Bureau  
Canada Cement Company Limited  
822 Herald Building, Montreal

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Without any obligation on my part send to the address below your Spring and Summer Catalogue.

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R. J. Whitten & Co. HALIFAX  
Receivers and Sellers of All kinds of Farm Produce.  
Consignments Solicited  
Prompt Returns.  
**COAL**  
If you want good Coal promptly delivered give us your order.  
Old Sydney, Springhill, Glouville, Hard Coal, Kingdings.  
**Burgess & Co.**  
Leslie R. Farn, ARCHITECT.  
AYLEBOPF, N. S.  
Get your Printing at this office.

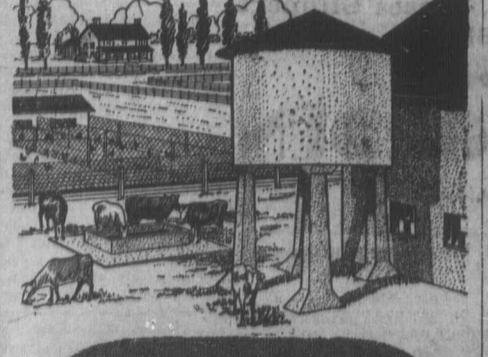


## Five Roses Flour

Not Bleached Not Blended

LAKE OF THE WOODS MILLING COMPANY, LIMITED, MONTREAL

FORSALE BY WM. C. BLEAKNEY



### Concrete Tanks and Troughs Never Rot or Leak

THE most practical tanks, whether for water or sewage, are built of concrete. They never rust, rot, dry out or leak. They never need new hoops or paint. They last a lifetime and seldom require repainting, which makes them the cheapest tanks that can be built.

Clean, Sanitary Watering Troughs are just as necessary as the animals that drink from them. The farmer's best interests are being served when his stock is insured a plentiful supply of clean, clean water from a trough that is permanent and sanitary.

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Receivers and Sellers of All kinds of Farm Produce.  
Consignments Solicited  
Prompt Returns.  
**COAL**  
If you want good Coal promptly delivered give us your order.  
Old Sydney, Springhill, Glouville, Hard Coal, Kingdings.  
**Burgess & Co.**  
Leslie R. Farn, ARCHITECT.  
AYLEBOPF, N. S.  
Get your Printing at this office.

May be the dough had forgotten to rise. Or had risen quickly overnight and fallen again. To rise no more. Twice weak flour, of course. Meaning weak in gluten. But FIVE ROSES is strong, unusually strong. With that glutinous strength which compels it to rise to your surprised delight. Stay strong too. Being robust, elastic. And the dough feels springy under your hand. Expands and creases as you work it. Bakes the wonderful smooth texture—soft outside. Great in the breaded form of such dough. Your dough! Try the good flour.

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