

HOME INTERESTS.

Conducted by HELENE.

The girls who win their way into the inmost recesses of others' hearts are not usually the most brilliant and gifted, but those who have sympathy, patience, self-forgetfulness, and that indefinable faculty of eliciting the better nature of others. Most of us know girls who have appealed to us in this way. We have many friends who are more beautiful and gifted, but there is not one of them whose companionship we enjoy better than that of the girl who never makes a witty or profound remark, but whose simple quality of human goodness makes up for every other deficiency. And if there came a time of real stress when we felt that we needed the support of real friendship, we should choose above all to go to this sweet girl, certain that we should find intelligent sympathy, a charitable construction of our position and difficulties, and a readiness to assist us beyond what we ought to take. Beauty of spirit is more than beauty of face or form, and remarkable intellectual qualities are not to be compared with unaffected human goodness and sympathy.

THREE SENSIBLE "DON'T'S."

Don't, my dear girls, begin dabbing your faces with creams and lotions one moment before you need. Pure soap and rain water are all the cosmetics necessary till you are 25 at least. After that, nightly applications of cold cream and an occasional dust of powder are permissible.

Remember, if the weather is really hot, that food is merely needed for repairs, and not for warmth. Therefore, cooling diet should be patronized. Eggs, fish, vegetables, fresh fruit and salads should form the staple diet. Barley water is a cooling and useful drink.

Don't, because you are married, think things do not matter; that you can wear shabby dressing-jackets, and present a cold-cream smeared countenance to your husband's astonished gaze. He may not say anything, but he thinks all the more, and lots of little rifts begin just that way.

ONE WOMAN'S BUSINESS SUCCESSES.

(John Talbot Smith, in September Donahoe's.)

An examination of the conditions showed that numerous authors all over the world were being robbed of comfortable fortunes by their slipshod methods of doing business. She put herself in communication with them, described their methods, compared them with hers, showed their losses and her gains, and finally won their patronage. They made her their business agent for America, empowered her to collect their royalties, to defend their interests, and to punish their invaders. When the business grew to such proportions that playwrights of the caliber of Haddon Chambers and Sydney Grundy committed to her their plays, she sought another territory. In France the dramatists regarded America as a barbarous and unprofitable field for their wares. If an American manager were eager to buy their productions, they sold to him outright for a song. Praise and blame and profit from the barbarous nation were all one to them. Miss Marbury almost shocked them by a picture of their losses through their own barbarous methods of business. They threw themselves into her arms and she became the agent of the society of dramatic authors. The French government rewarded her twice for her services to the French drama by decorating her with Les Palmes Academiques, and making her an Officier de l'Instruction Publique. Her own people having no decorations to give her have just let her alone, which after all is a great

deal to one who has acquired eminence.

ENAMEL FINISH FOR SHELVES.

An excellent idea for pantry shelves is to give them two coats of ordinary white paint and then a third finishing coat of white enamel. As soon as the enamel dries, wash it over with cold water and then it will harden quickly. Do not cover these shelves with oilcloth or paper, but leave them bare, and notice the improvement. As there are no covers under which crumbs, etc., can collect, there is nothing to encourage mice, and the enamel is easily wiped clean with a damp cloth. With enameled shelves it is never necessary to clean the whole pantry at once, for it keeps clean all the time.

HOW TO RENOVATE GILT FRAMES.

To renovate and brighten the gilt frames of pictures and mirrors that have become rusty and dingy, simply to wash them with a small sponge moistened with spirits of wine or oil of turpentine, the sponge only to be sufficiently wet to take off the dirt and fly marks. They should not be wiped afterwards, but left to dry of themselves.

HOW TO WASH CROCHETED ARTICLES.

Make a suds of warm (not hot) water and a good white soap when you wish to wash articles that are crocheted. Put in the article to be washed; squeeze (don't rub) till it looks perfectly clean; rinse it thoroughly through clean water until there is no soap left; squeeze the water out, but don't wring; shake gently, put in a cheesecloth bag and hang in a draft; shake often while drying. Handmade articles will retain their shape and look like new if these simple directions are carefully followed.

VIRTUES OF THE PINEAPPLE.

The partaking of a slice of pineapple after a meal is quite in accordance with physiological indications, since, though it may not be generally known, fresh pineapple juice contains a remarkably active digestive principle similar to pepsin. This principle has been termed "bromelin," and so powerful is its action upon proteids that it will digest as much as one thousand times its weight within a few hours. Its digestive activity varies in accordance with the kind of proteids to which it is subjected. Fibrin disappears entirely after a time. With the coagulated albumen of eggs the digestive process is slow; while with the albumen of meat its action seems first to produce a pulpy, gelatinous mass, which, however, completely dissolves after a short time. When a slice of pineapple is placed upon raw beefsteak, the surface of the steak becomes gradually gelatinous, owing to the digestive action of the enzyme of the juice.

Of course, it is well known that digestive agents exist also in other fruits, but when it is considered that an average-sized pineapple will yield nearly two cups of juice, it will be seen that the digestive action of the whole fruit must be enormous. The activity of the peculiar digestive agent is destroyed in the cooked pineapple; but unless the pineapple is preserved by heat, there is no reason why the tinned fruit should not retain the digestive powers. The active digestive principle may be obtained from the juice by dissolving a large quantity of common salt in it, when a precipitate is obtained possessing the remarkable powers just described.

Unlike pepsin, the digestive principles of the pineapple will operate in an acid, neutral, or even alkaline medium, according to the kind of

proteid to which it is presented. It may be assumed that the pineapple enzyme would aid the work of digestion in the stomach.—Lancet.

TIMELY HINTS.

When washing pink muslins or linens, instead of using bluing, take a piece of turkey red, soak it thoroughly in the rinsing water until this becomes pink. Then rinse the goods out in the pink water.

When cleaning glass use the regular metal polish, but put a little paraffine oil on the cloth. This will give a fine polish and will not tarnish.

When the cane chair seats are out of shape, turn up the seats and with hot water and soap wash the cane work until thoroughly soaked and leave the chairs to dry upside down in the air when the seats will become firm and tight again.

Matting may be cleaned with salt water, applied with a small brush. Rinse and dry thoroughly.

A little borax put in the water in which table linen or towels are to be washed will prevent them from fading.

Raw potato juice will remove stains from the hands and also from woollen materials.

To remove soot from the carpet spread the spots with table salt and let it remain on for a few minutes. Brush off the loose salt lightly into a dustpan and then brush carefully with a wide, clean, dry nail brush, following the grain of the carpet.

RECIPES.

To Dry Peaches.—Take ripe, juicy peaches, cut them in half, removing the stones. Do not pare them, as dried peaches are richer when the skins are left on, and the skins dissolve and are hardly perceptible after cooking.

Spread the halved peaches on a sunny piazza or table, and allow them to dry gradually until they are almost of the consistency of leather. They should be brought in every night at sundown or if the weather is damp or cloudy. They may also be dried in a large oven, if so desired.

Apples to be dried in this way should be pared and quartered, while cherries should be stoned, only the best fruit being selected for the purpose.

Cantaloupe Glace with Ginger.—Cantaloupes filled with ice cream are especially popular and delicious. Cut the melons in halves and chill. Serve each half on a pretty plate, on a bed of cracked ice. If desired add to the cream a spoonful of preserved ginger or gingers pears. Indeed, the ginger almost invariably goes with cantaloupes even without the cream.

Tomato Farcie.—Prepare a dressing by chopping cold meat seasoned with salt, pepper, mustard, cloves, lemon juice and a grated onion. Add to this two parts of bread crumbs and a little cold rice. Have some large tomatoes and cut off the tops, scraping out the inside, fill with the dressing. Make a sauce by putting half a pint of soup stock in a pan, with three tablespoonfuls of wine, one of currant jelly, a little extract of celery; thicken with flour and keep stirring until it is smooth and thick, then lay the stuffed tomatoes in and cook over the fire about ten minutes; put in a pan in the oven a few minutes to bake brown on top. Take up carefully and pour the gravy over.

FUNNY SAYINGS

WHAT A LIE IS.

A Sunday-school child was asked by his teacher in the course of the lesson: "What is a lie?"

"A lie," responded the infant with deliberation, "is—is an abomination to the Lord an' a very present help in trouble."

NOT A COMPLAINT AT ALL.

The good priest had come to his parishioner after the funeral of the latter's mother-in-law to express condolences.

"And what complaint was it, Pat," he asked sympathetically, "that carried the old lady off?"

"Complaint, did ye ask, father?" answered Pat. "There was no complaint from anybody. Everybody was satisfied."

A CASE OF ADAPTATION.

Two dusky small boys were quarreling; one was pouring forth a volume of vituperous epithets, while

the other leaned against a fence and calmly contemplated him. When the flow of language was exhausted he said:

"Are you troo?"

"Yes."

"You ain't got nuffin' more to say?"

"No."

"Well, all dem tings what you called me you is."

HE DID AS HE WAS TOLD.

The boarders were alarmed one night by what sounded like a man running at a tremendous gait in one of the upper rooms. However, as it came from the second-floor front room of the new boarder, nothing was said. The next night the same running noises were heard; still it was thought best to say nothing. But the third night the noise differed: the boarders huddled together in the parlor as the chandeliers shook, as the man above apparently came down at intervals with a thump, thump that fairly shook the house.

Two men were delegated to see what was the matter.

"What in the world was the matter up here?" asked one of the men as the door was opened by the new boarder, apparently breathless.

"Why," came the answer between gasps of breath, "I'm taking my medicine."

"Medicine?" echoed the men.

"Yes," said the man, as he dropped into a chair from sheer exhaustion. "It's tougher on me than it is on you. But the doctor said I should take it two nights running, and then skip the third night."

A WIFE'S READY WIT.

A popular clergyman, says a story in the St. Louis Republic, saw a lady about to call, whom he was anxious not to meet. So he said to his wife, "I'll run upstairs, my dear, and escape till she goes away."

After about an hour he quietly tiptoed to the stair landing and listened. All was quiet below. Reassured, he began to descend, and called out over the balustrade:

"Well, my dear, you got rid of that old bore at last?"

The next instant a voice from below rooted him to the spot. It was the voice of the caller. Then came a response which sounded inexpressibly sweet to him. It was the voice of his wife:

"Yes, dear, she went away over an hour ago; but here is our good friend, Mrs. Blank, whom I am sure you want to meet."

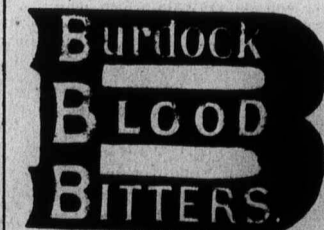
THE ART OF LETTER-WRITING.

A man, dictating a letter to another man with whom he quarreled, wrote thus:

"Owing to the fact that my stenographer is a lady I cannot say to you what I think of you; and as I am a gentleman I would not. But you, being neither, can readily guess what is in my mind."

PUBLICITY.

The Gospel injunction "to walk in the light as children of light" is the first intimation we have that publicity is a cure for crime. The worst sections of our great cities of Europe have been reformed by simply widening the streets and multiplying lamps. Sin is a child of darkness.



Turns Bad Blood into Rich Red Blood.

No other remedy possesses such perfect cleansing, healing and purifying properties.

Externally, heals Sores, Ulcers, Abscesses, and all Eruptions.

Internally, restores the Stomach, Liver, Bowels and Blood to healthy action. If your appetite is poor, your energy gone, your ambition lost, B.B.B. will restore you to the full enjoyment of happy vigorous life.

THE POET'S CORNER

THE SOUL'S MESSAGE.

To dream is sweet, but dreams cannot avail; We miss in dreams the possibility—And time slips from us, and the world goes by, Hope unfulfilled and life an empty tale.

From some old tome a legend I recall Of a lone prisoner in his gloomy cell, All light shut out save the slant rays that fell Through narrow loop-holes in the donjon wall.

And on that stone-work, in the sunshine gleams, He carved with rusty nail—Madonnas fair, Billowy fields, slim girls with braided hair, And woods, and flowers, and winding meadow streams.

Ah, what to us the profit! Seasons roll, The sands ebb from life's hour-glass one by one—Still we have failed to carve, when all is done, In sunshine gleams, the message of the soul.

—Eugene C. Dolson.

LET SOMETHING GOOD BE SAID.

When over the fair fame of friend or foe The shadow of disgrace shall fall; Instead Of words of blame, or proof of thus and so, Let something good be said.

Forget not that no fellow-being yet May fall so low but love may lift his head, Even the cheek of shame with tears is wet, If something good be said.

And so I charge ye, by the thorny crown, And by the cross on which the Saviour bled, And by your own souls' hope of fair renown, Let something good be said.

—James Whitcomb Riley.

THE WISH.

Should some great angel say to me to-morrow,

"Thou must re-tread thy pathway from the start, But God will grant, in pity for thy sorrow, Some one dear wish, the nearest to thy heart."

This were my wish, from my life's dim beginning: Let be what has been! Wisdom planned the whole; My want, my woe, my errors and my sinning, All, all were needed lessons for my soul.

—Ella Wheeler Wilcox.

EASILY GIVEN.

It was only a sunny smile, And little it cost in the giving, But it scattered the night Like morning light And made the day worth living, Through life's dull warp a woof it wove

In shining colors of light and love, And the angels smiled as they watched abode, Yet little it cost in giving.

It was only a kindly word, And a word that was lightly spoken, Yet not in vain, For it stilled the pain Of a heart that was nearly broken. It strengthened a fate beset by fears And groping blindly through mists of tears,

For light to brighten the coming years, Although it was lightly spoken.

It was only a helping hand, And it seemed of little availing, But its clasps were warm, And it saved from harm A brother whose strength was failing.

Its touch was tender as angel's wings, But it rolled the stone from the hidden springs And pointed the way to higher things Though it seemed of little availing.

A smile, a word, or a touch, And each is easily given, Yet one may win A soul from sin Or smooth the way to heaven. A smile may lighten the falling heart A word may soften pain's keenest smart.

A touch may lead us from sin apart— How easily each is given! —Unidentified.

But this judgment, to have its full weight, must be, like the jury of twelve, fully instructed upon the facts and the evidence. As to the facts, the public press can generally be relied upon to present them fully and impartially. We hear a great deal about the yellow press in these days; but it sins not in suppressing facts, but in distorting them. The daily papers want the facts and they print them. The public, sitting as a supreme jury, can get at the facts in the public print. As to the value and import of the evidence the pulpit can be relied upon to judge them fairly. The newspapers and the preachers do for the jury of the public what the attorney does for the jury of twelve. This united function of the press and pulpit we call "publicity"; and it is this that some of our wisest statesmen now rely upon to reach and remedy some of the most gigantic ills that afflict and scandalize our times.

Public opinion is the nearest approach to an infallible judgment that we have. It has always found adequate and authoritative expression in the pronouncements of the Church. The call of the verdict of public opinion, enlightened by publicity, is little short of an appeal to Rome. When the process becomes incorporated in our manners and laws we shall enjoy in a measure the blessings of a ready and satisfying solution of disputes which the world could claim when the world was Catholic and Roman. The age is getting back to the center of the Church's unity by very strange and roundabout ways.—Western Watchman.

How to Cleanse the System.—Par-melee's Vegetable Pills are the result of scientific study of the effects of extracts of certain roots and herbs upon the digestive organs. Their use has demonstrated in many instances that they regulate the action of the liver and the kidneys, purify the blood, and carry off all morbid accumulations from the system. They are easy to take, and their action is mild and beneficial.

OUR BOY

Dear Girls and Boys: The letters came in so fast I was afraid the corner to have a very deserted but the morning mail brought encouragement. Maude can hardly find time to easily understand that, do take up so much of the wish to thank Maude for invitation to visit her in was there some weeks route to Roberval and en self very much in the city. Agnes McC. has ju birthday. I feel that I ing the sentiments of all when I extend to her wishes for many happy the day. Too bad th will be obliged to leave order to assist with the is nice to be a little he does break one's interes when it has to be left a picked up as the occasi How nice Ethel T. must her new frock and bo is a very lucky little gi mamma who can teach sons at home. Lillian T. of a great many letter but, like myself, she w pointed. What a splen her papa must have Agnes C., when she com real for her holidays, w jolly visit with her Li Lillian and Ethel. Su will feel that more th thinking about him and ciate the kind thought girls who would so lik the place of his little at school, and for whor lonely. Next week wi nounced the winner of promised for the best gular correspondent. Your loving AUN

Dear Aunt Becky: You cannot imagine t took in reading all the little cousins. I can h time now to write regu have settled down to o earnest and my lessons busy. There is a grand now in aid of the orph and we have a good d it. I read Lily T.'s let delighted to hear she gotten the good old tim together. I would love and Ethel, as I know sure of enjoying myself I was sorry to read J as he said he could ne his sisters, and I know lonesome. I would lov as I hardly ever knew to have a brother, consists of eight girls. to see the corner is h up with letters, as I would be a great de once school had begun. I would like to see Becky, and you may b ever came to Quebec a welcome visitor.

Well, I think my le long, dear Aunt Becky want you to grow ric I will close with lov cousins. I remain, Your loving ni

Quebec.

Dear Aunt Becky: As I have a few spa thought I would wr an going to have a b to-morrow. I was th Friday, and I am goin party on Sunday, for have one on Friday a to school. We will se potatoes, and I think stay home from sch fun picking them, fo get the bags full the them to the house and ride up and down th bye. Your loving n

Lonsdale, Que.