

**Take A Scoopful  
Of Each—  
Side By Side**

Take "St. Lawrence"  
Granulated in one  
scoop—and any other  
sugar in the other.

Look at "St. Lawrence"  
Sugar—its  
perfect crystals—its  
pure, white sparkle—  
its even grain. Test it point by point, and you will see that



**Absolutely  
Best**

*St. Lawrence*  
**Sugar**

**Absolutely  
Pure**

is one of the choicest sugars ever refined—with a standard of purity  
that few sugars can boast. Try it in your home.

Analysis shows, "St. Lawrence Granulated" to be "99.99 per cent. of  
Pure Cane sugar with no impurities whatever"

"Most every dealer sells St. Lawrence Sugar."

ST. LAWRENCE SUGAR REFINERIES LIMITED, MONTREAL.

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**Save you money**

Stop all laundry troubles. "Challenge" Collars can be cleaned with a rub from a wet cloth—smart and dressy always. The correct dull finish and texture of the best linen. If your dealer hasn't "Challenge" brand write us enclosing money. 25c. for collars, 50c. per pair for cuffs. We will supply you. Send for new style book.

THE ARLINGTON CO. OF CANADA  
Limited

54-64 Fraser Ave., Toronto, Can.  
6522

WATERPROOF

**GOLLARS**

**Afternoon Work**

Marion Wistler

When a worried mother found that her girls were setting their faces toward town and planning to leave home at the earliest possible moment, she confided her troubles to a friend, who had been most successful in keeping her daughters about her, contented and prosperous, until they went to homes of their own.

"It's all in the afternoon work, in my opinion," said the friend. "I have made it the rule of my married life not to work in the afternoons, in the sense that many country housekeepers work. Our girls always said we had the hard work in the mornings and the lady work in the afternoons; and they enjoyed the plan immensely. We never washed, ironed, baked, scrubbed, canned, or cleaned in the afternoons, unless there was sickness in the family or some rare emergency called for extra duties. I know some housekeepers say that can't be done; but I have done it all my life. After dinner I have a little nap, a ten minutes' bath and a clean dress, and then I am ready for mending, sewing, visiting, entertaining company or some quiet task, like braiding rugs or doing fancy work. What is not done by accomplish just as much as our neighbors."

**THE MODEL HOUSEKEEPER**

And she spoke the truth. She had herself a pattern housekeeper; yet that model housewife accomplished no more than the one who took things moderately. The pattern housekeeper would rise at three-thirty on Monday, and probably bake, all in one day. The family had three pick-up meals, served by a tired, cross woman, and the house was not set to rights after Sunday at all.

The next day this woman would triumphantly force her tired body to sit

all day at the sewing machine, and would boast that she had gained a whole day in which to make and mend. Now, who does the difference come in? If the heavy work is done in two or three mornings, and the lighter tasks saved for the afternoons, just as much is accomplished as to whirl in and try to do everything one day and be tired out the next. Moreover, the pattern housekeeper is a semi-invalid at 40, while her wife neighbor at 45, looks almost as young as her young daughters, and is healthy and sweet-tempered, while the other is a chronic fault-finder, made so by hard work and mismanagement.

So if women in the country are really desirous of improving their homes, they will look well to their afternoon tasks. There is a vast difference to young girls between ironing in a hot kitchen after dinner, and sitting down in a cool room or porch to sew. Leave the hard tasks for the morning, and the lighter ones for the afternoons, and you will gain in health and happiness, while you lose nothing at all in the way of accomplishing your work neatly and with dispatch.—Farm and Home.

White gloves especially have an annoying habit of tearing "at the last moment." When you haven't time to darn them. To temporarily mend the rip, place a piece of courtplaster upon the under side. This will neatly close the ripped seam and will wear for a long time. \*

If you desire to press a dress trimmed with buttons or a placket fastened with hooks and eyes, this suggestion may help you. Place a heavy bath towel, folded several times, upon the ironing board. Arrange your dress, buttons down, and over it place a damp cloth. Iron over this, and you will not be able to detect marks or smooth glossy spots caused by the buttons. Treat the placket in the same manner.

**Catesby's Overcoats  
Last Two or Three Seasons**

They are made especially for Canadians. They stand hard wear. The material is warm, close-woven wool.

But you can buy a Catesby overcoat direct from London at less than half of what such a coat would cost you if you bought it from your local tailor.

For this reason: When you buy from us you save the four middlemen's profits that come out of the cloth before it reaches your local tailor. Your local tailor buys only in single pieces from a third-hand jobber. We buy direct from the mill, and you get the benefit of this tremendous first-hand buying power.

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Send to our nearest Canadian office for a package containing 72 samples of overcoatings and suitings. When you get them, pick out the cloth you like best, take it to your local tailor and ask him what he will charge you to make you an overcoat or a suit of that quality of material. When he quotes his price, compare it with the price in the Catesby catalogue. We are satisfied to abide by the result. That's fair, isn't it? So send for the patterns to-day.

Remember, we ship your overcoat or your suit five days after your order gets to us in London, and the Catesby price includes payment of all duty and carriage charges by us. Write for the samples now, while the thought is in your mind. Address our Canadian office nearest you.

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Made to your measure of the finest  
West of England or Yorkshire  
cloth, from any of 72 fine patterns.

From 10.80 UP

**OUR HOME**

**On Governin**

"The art of govern  
rest of all arts."  
 motto that I noticed o  
ing in the office of  
It gave me something  
as my way home, and  
was ready to turn in  
had come to the concl  
is an art that the aver  
employs men has nev  
usually manage to  
my employers pretty w  
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keep the hired man  
wards, they must loo  
to devour him: all th  
ground. Even when t  
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with too many, a lack  
mercilessness that is co  
results from hired hel  
I know that farmers  
of us don't like to tak  
gally from the hired m  
ness, I'm going to giv  
first place, Mr. Farm  
worried or vexed at yo  
firm, do not take br  
innocent farm hand b  
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well that if my best g  
back on me and I we  
little bit.

Remember that if y

