

Take A Scoopful Of Each— Side By Side

Take "St. Lawrence"
Granulated in one
scoop—and any other
sugar in the other.

Look at "St. Lawrence" Sugar—its
perfect crystals—its
pure, white sparkle—
its even grain. Test it point by point, and you will see that

**Absolutely
Best**

**St. Lawrence
Sugar**

**Absolutely
Pure**

is one of the choicest sugars ever refined—with a standard of purity
that few sugars can boast. Try it in your home.

Analysis shows, "St. Lawrence Granulated" to be "99.99/100 to 100"
Pure Cane sugar with no impurities whatever.

"Most every dealer sells St. Lawrence Sugar."

ST. LAWRENCE SUGAR REFINERIES LIMITED, • MONTREAL.



Afternoon Work Marion Winter

When a worried mother found that
her girls were setting their faces to-
ward town and planning to leave home
at the earliest possible moment, she
confided her troubles to a friend, who
had been most successful in keeping
her daughters about her, contented
and prosperous, until they went to
homes of their own.

"It's all in the afternoon work, in
my opinion," said the friend. "I have
made it the rule of my married life
not to work in the afternoon, in the
sense that many country housekeepers
work. Our girls always said we had
the hard work in the mornings and
the lady work in the afternoon; and
they enjoyed the plan immensely. We
never washed, ironed, baked, scrub-
bed, canned, or cleaned in the after-
noons, unless there was sickness in
the family or some rare emergency
called for extra duties. I know some
housekeepers say that can't be done;
but I have done it all my life. After
dinner I have a little nap, a ten min-
utes' bath and a clean dress, and then
I am ready for mending, sewing, vis-
iting, entertaining company or some
quiet task, like braiding rugs or doing
fancy work. What is not done by
noon is finished the next day, and we
accomplish just as much as our neigh-
bors."

THE MODEL HOUSEKEEPER

And she spoke the truth. She had
a neighbor who always considered
herself a pattern housekeeper: yet
that model housewife accomplished
no more than the one who took things
moderately. The pattern housekeeper
would rise at three-thirty on Monday,
don an old dress, wash, iron, scrub,
and probably bake, all in one day. The
family had three pick-up meals, serv-
ed by a tired, cross woman, and the
house was not set to rights after
Sunday at all.

The next day this woman would tri-
umphantly force her tired body to sit

all day at the sewing machine, and
would boast that she had gained a
whole day in which to make and mend.
Now, where does the difference come
in? If the heavy work is done in two
or three mornings, and the lighter
tasks saved for the afternoons, just
as much is accomplished as to shut
in and try to do everything one day
and be tired out the next. Moreover,
the pattern housekeeper is a semi-
invalid at 40, while her wise neighbor
at 45, looks almost as young as her
young daughters, and is healthy and
sweet-tempered, while the other is a
chronic fault-finder, made so by hard
work and mismanagement.

So if women in the country are real-
ly desirous of improving their homes,
they will look well to their afternoon
tasks. There is a vast difference to
young girls between ironing in a hot
kitchen after dinner, and sitting down
in a cool room or porch to sew. Leave
the hard tasks for the morning, and
the lighter ones for the afternoons,
and you will gain in health and happi-
ness, while you lose nothing at all in
the way of accomplishing your work
neatly and with dispatch.—Farm and
Home.

White gloves especially have an
annoying habit of tearing "at the last
moment." When you haven't time to
darn them. To temporarily mend a
rip, place a piece of courtplaster over
the under side. This will neatly close
the ripped seam and will wear for a
long time. *

If you desire to press a dress trim-
med with buttons or a placket fasten-
ed with hooks and eyes, this sugges-
tion may help you. Place a heavy
bath towel, folded several times, upon
the ironing board. Arrange your
dress, buttons down, and over it place
a damp cloth. Iron over this, and you
will not be able to detect marks or
smooth glossy spots caused by the
buttons. Treat the placket in the
same manner.

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Stop all laundry troubles. "Chal-
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dresy always. The correct dull
finish and texture of the best linen.
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They are made especially for Canadians. They stand hard wear. The material is warm, close-woven wool.

But you can buy a Catesby overcoat direct from London at less than half of what such a coat would cost if you bought it from your local tailor.

For this reason: When you buy from us you save the four middlemen's profits that come out of the cloth before it reaches your local tailor. Your local tailor buys only in single pieces from a third-hand jobber. We buy direct from the mill, and you get the benefit of this tremendous first-hand buying power.

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Send to our nearest Canadian office for a package containing 72 samples of overcoatings and suitings. When you get them, pick out the cloth you like best, take it to your local tailor and ask him what he will charge you to make you an overcoat or a suit of that quality of material. When he quotes his price, compare it with the price in the Catesby catalogue. We are satisfied to abide by the result. That's fair, isn't it? So send for the patterns to-day.

Remember, we ship your overcoat or your suit five days after your order gets to us in London, and the Catesby price includes payment of all duty and carriage charges by us. Write for the samples now, while the thought is in your mind. Address our Canadian office nearest you.

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Made to your measure of the finest
West of England or Yorkshire
cloth, from any of 72 fine patterns.

From **10.80** UP

OUR HOME

On Government

"The art of govern-
ment of all arts." I
note that I noticed o-
ing in the office of
it gave me something
in my way home, and
was ready to turn in
had come to the concl-
is an art that the coun-
employers men has nev-
usually manage to
my employers pretty w-
are a few who seem to
keep the hired man
place, they must look
to devour him all th-
around. Even when t-
mutual animosity in the
with too many, a lack
sneakiness that is com-
results from hired help

I know that farmers i-
of us don't like to tak-
dially from the hired m-
ses, I'm going to giv-
first place, Mr. Farm-
vivid or vexed at som-
farm, do not take r-
innocent farm hand by
words. He isn't to b-
well that if my best g-
back on me and I we-
quite on the boss, he w-
little bit.

Remember that if y-