## ALL TUCKERED OUT.

Ordinary household duties shouldn't exhaust a woman who has good health.

Doesn't take much work, though, this warm weather, to tire out, or even prostrate a woman who suffers from any derangement of the heart or nerves.

Every summer thousands of women break down in health.



Their daily work becomes a burden-They can no longer sit still and read or sew-

Even the joyous laughter of their own children distresses them.

The great majority can't go to the seaside to recuperate—

> Must struggle along as best they may. Is there any help for such?

## Milburn's Heart Nerve Pills.

This remedy supplies food for the exhausted nerve cells, enriches the blood, strengthens and regulates the heart and invigorates the entire system.

Any worn-out, run-down, tired-out, weak, nervous woman who starts using these Pills soon finds her health and strength returning.

Her appetite improves— She does not tire so easily-Sleep is sound and refreshing-

The ashen color of her face is replaced by the rosy tint of health-

Her heart beats strong and regular.

Such has been the record of Milburn's Heart and Nerve Pills in the hundreds of cases that have been brought to our notice.

Here is one woman's statement:-

Mrs. J. Delaney, who lives at 262 Brussels Street, St. John, N.B., says:—"Some time ago I became extremely indisposed. My blood became poor, and I was very much run down and suffered from loss of appetite, nervousness, pallor, sleeplessness and debility. I have tried a great many remedies but without securing relief. I was at last advised to use Milburn's Heart and Nerve Pills, and decided to give them a trial. I must say that from the first few doses I felt a distinct increase of strength. "My nervous system has been invigorated and regulated. Refreshing sleep comes to me every night. Day by day these wonderful pills have built up my run down system and have given strength and energy to my weakened frame. Other troubles from which I suffered, namely, indigestion and constipation, together with severe headaches, have been altogether removed. I know there are a great many people suffering just as I did, and it is my earnest wish that all should know that a reliable cure exists in Milburn's Heart and Nerve Pills."

Milburn's Heart and Nerve Pills are 50c a box, or 3 for \$1.25, at all Druggists or sent by Mail. T. MILBURN & CO. TORONTO.