Social Notes of Interest

Mrs. Reginald Schofield and members of the I. O. D. E. and the Country St. Offends were present. During the step of the I. O. D. E. and the Country St. Offends were present. During the step of the I. O. D. E. and the Country St. Offends were present. During the step of the I. O. D. E. and the Country St. Offends were present. Delicone and the family residence, 19 Coburg street, and the step of the I. O. D. E. convention were constituted that the family residence, 19 Coburg street, and the family residence, 19 Coburg street, 19 Coburg stre

# Summer Loveliness In Frocks of Georgette and Printed Silks

Such delightfully styled frocks are an achievement in smart Fashion-Printed Silk Dresses that show beautiful colorings and exquisite designs with circular lines or silhouette, flimsy Georgettes so gracefuly styled in a bevy of attractive shades—the very flower of the new mode, all the newer ideas in trimmings involved by the foremost designers—types distinctly becoming for women and misses.

You'll be astonished when you discover their price low-

Special showing just now at our Annex, Charlotte street.

Annex, Charlotte Street, and 38 King Street

## The Borden Co. Limited

## That the Canadian Mother May Have Quick and Ready Information On Feeding Her Child BORDEN'S EAGLE BRAND MILK

In the following charts and data we provide the Canadian mother with the necessary information she may require for the use of Borden's Eagle Brand Milk for her child. You will note that the directions provide for a child from three days of age through until the child is 24 months old.

In addition to the directions for feeding Borden's Eagle Brand Milk, the mother should read carefully the suggestions which should be adopted in connection with the use of Borden's Eagle Brand Milk. The Borden Company Limited is proud of the fact that it has been helpful in the raising of many, many Canadian infants into sturdy boys and girls and men and women who are a credit to their country. For further information, do not hesitate to write direct to The Borden Company Limited—Montreal.

## TABLE OF DILUTION STRENGTH AND TIMES OF FEEDING "EAGLE BRAND" CONDENSED MILK

AGE	Hours Between Feedings	Feedings During the Night	Quantity At each Feeding	Quantity Fed in 24 Hours	Teaspoonfuls of "EAGLE BRAND" to ounces of boiled water	Feedings in 24 Hours
3 to 7	2	2	1 to 11 ozs.	10 to 15 ozs.	to 13 ounces water	10
Days 2 to 3	2	2	1½ to 3 ozs.	15 to 30 ozs.	1 teaspoonful "EAGLE BRAND" to 2 ounces water	10
weeks	3	1	21 to 31 ozs.	22 to 32 ozs.	22 teaspoonfuls "EAGLE BRAND" to 4 ounces water	9
6 weeks	28	1	3 to 41 ozs.	24 to 36 ozs.	8 teaspoonfuls "EAGLE BRAND" to 4 ounces water	. 8
8 to 5	8	1	4 to 51 ozs.	28 to 38 ozs.	4 teaspoonfuls "EAGLE BRAND" to 5 ounces water	7
Months 5 to 9	8 100	0	/ 5 to 7 ozs.	30 to 42 ozs.	5 teaspoonfuls "EAGLE BRAND" to 6 ounces water	6
Months 9 to 12	21	0	7 to 9 ozs.	35 to 45 ozs.	6 teaspoonfuls "EAGLE BRAND"	5

IMPORTANT.—In preparing feeding mixtures it is imperative that all utensils, bottles, nipples, etc., should be sterilized in boiling water before using. Use a dry spoon in removing contents from the can, and in measuring be careful to pour from can to spoon, allowing the milk in the spoon to level itself. Repeat this procedure with every spoonful measured, using the same spoon every time. This will insure accurate measurement and produce the best results.

### DIET FOR CHILD DURING THE SECOND YEAR

Usually after the twelfth month, the mother should select a diet schedule. Every new article of food should be carefully prepared, and given at first in very small quantities. All meals are to be given regularly, with nothing between meals. With many children this expansion of the diet list is attended with considerable difficulty. They are thoroughly satisfied with milk, and refuse all other form of nouralment. In such cases, withhold the milk until the more solid articles of food have been eaten. If both are given at the same time, the child will prefer the milk and when he has finished drinking it he will refuse the solid food. The following diet schedule will permit the mother to select a suitable meal from the foods listed. It is never advisable to make a change in diet during very hot weather.

### NOTE: One teaspoonful of EAGLE BRAND CONDENSED MILK added to one ounce of boiled water results in a mixture equivalent in nutritive value to whole milk. Whenever the word milk appears in the following diet, EAGLE BRAND should be diluted accordingly.

9 A.M.—The juice of one orange.

3 P.M.— Beef, chicken, or mutton broth, with rice or stale bread broken into the broth. Six ounces of milk, if wanted. Stale bread and butter or rusk and butter. Many children at the above age will take and digest appleaauce and prune pulp; when these are given, milk should be omitted.

10 P.M.-A tablespoonful of cereal jelly in 8 ounces of

12th TO 15th MONTH---FIVE MEALS DAILY 15th TO 18th MONTH--FOUR MEALS DAILY 18th TO 24th MONTH--FOUR MEALS DAILY

7 A.M.—Oatmeal, hominy, cornmeal, each cooked three hours the day before they are used. When the cooking is completed the cereal should be of the consistence of a thin paste. This is strained through a colander, which upon cooling will form a mass of jelly-like consistence. Of this give two or three tablespoonfuls, served with milk. 8 or 10 ounces of milk as a drink. Toast.

9 A.M.—The juice of one orange.

11 A.M.—A soft-boiled egg mixed with stale breadcrumbs, or one tablespoonful of scraped beef mixed with stale bread-crumbs and moistened with beef-juice. A drink of milk. Rusk or bran biscuit, or stale bread and butter.

3 P.M.—Mutton, chicken, or beef broth, with rice or

butter.

3 P.M.—Mutton, chicken, or beef broth, with rice or junket or with stale bread broken in the broth. Custard, corn-starch, plain rice pudding, junket, stewed prunes, baked apple or apple sauce.

6 P.M.—Farina, cream of wheat, wheatena (cooked two hours). Give from one to three tablespoonfuls, served with milk. A drink of milk. Rusk or stale bread and butter.

7 A.M.—Cornmeal, oatmeal, hominy (prepared as in the above schedule). Serve with milk, or with butter and salt. A soft-boiled egg every two or three days. Hashed chicken on toast occasionally. A drink of milk. Bran biscuit and butter, or stale bread and butter.

cuit and butter, or stale bread and butter.

9 A.M.—The juice of one orange.

11 A.M.—Rare beef minced or scraped; the heart of a lamb chop, finely cut. Chicken. Spinach, asparagus tips, squash, strained stewed tomatoes, stewed carrots, mashed cauliflower. Baked apple or apple-sauce. Stale bread and butter. After the twenty-first month, baked potatoes and well-cooked strained beans.

3 P.M.—Chicken, beef or mutton broth, with rice or with stale bread broken into the broth. Custard, cornstarch, or plain rice pudding, junket, stewed prunes. Bran biscuit and butter or stale bread and butter.

6 P.M.—Farina, cream of wheat, wheatena (each cooked two hours). Give one to three tablespoonfuls, served with milk, or with butter and salt. A drink of milk. Rusk or stale bread and butter.

The following suggestions have proved to be helpful when properly used with bottle feedings, and they may be used in conjunction with Eagle Brand Condensed Milk. Always pour the milk from the can into the spoon—allowing it to level itself but not run over. You can readily understand that by dipping the spoon into the can you get more than a level spoonful, because of the milk that would adhere to the bottom of the spoon.

When you have added the milk to the water stir thoroughly. This is important.

We recommend that you cover the can tightly with an inverted cup, and keep it in a cool, clean place.

When baby is four months old, give one teaspoonful of strained orange juice, diluted with equal quantity of boiled water, once daily before feeding time. Gradually increase the amount until you are giving the strained juice of a half of an orange undiluted, once daily before feeding time. Orange juice may be continued until child is old enough to eat other fruits as well as oranges.

#### OATMEAL JELLY

When baby is five months old, add one teaspoonful of oatmeal jelly to each feeding. Gradually increase the amount until you are adding three tablespoonfuls of oatmeal jelly to each feeding. To make oatmeal jelly add for our part of catheral light and for the contract of our part of catheral light and on the catheral to the catheral tables. four ounces of oatmeal to one pint of water; boil for three hours in a double boiler, and add enough water so when cooking is completed a thin paste will be formed. This while hot is forced through a strainer to remove coarser particles. When cold a semi-mass will be formed. Oatmeal jelly may be continued until child is old enough to eat

Oatmeal water very often relieves this co. dition. To make oatmeal water add one heaping tablespoonful of oatmeal to one pint of water, and boil for three hours in a double boiler. This will make a little more than half a pint of thick gruel to which add one pint of water that has been boiled. After straining mixture through fine strainer, you should have a little more than a pint of whitish liquid. This should be used with each feeding instead of the plain boiled water. If you find that this makes bowels too loose, dilute oatmeal water with plain boiled water.

Barley or rice water may be used instead of oatmeal water. If necessary two to three drops of plain codliver oil may be given twice daily added to the morning and night feedings.

### DIARRHEA

Give nothing but plain boiled water for twenty-four hours. Then start feeding with barley water, or rice water, to which has been added a little salt to improve the taste. If these feedings are retained, and bowel movements lessened, small amounts of very weak regular feedings may be started and gradually increased according to baby's condition. If your baby does not improve after trying the above suggestions, consult your doctor at once.

Obtain the very best barley flour. Add one rounded tablespoonful to one pint of water. Boil for thirty minutes, strain; then add enough water to make one pint.

Add one tablespoonful of rice to a pint of water. Boil three hours, adding water from time to time so that you will have one pint of rice water at the end of the three

#### LIME WATER

It is seldom necessary to use lime water with Eagle Brand Milk but should there be undigested particles of food in the bowel movements (which seem to be otherwise normal) or should there be vomiting of large curds shortly after feeding—or colic—it would be then advisable to try lime water. Obtain freshly prepared lime water at the Druggists, of which add 1 to 2 teaspoonfuls to each feeding.

COLIC OR VOMITING

These conditions may be due to over feeding, or constipa-tion. Reduce quantity of food and use constipation for-mula, or lime water formula, as given above.

Made Canada Clip and this

preserva sheet

Borden's Eagle Brand Milk-note the picture of the can and take no

The Borden Co. Limited 180 ST. PAUL STREET WEST MONTREAL

# The Furniture Finish

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brings back to your furniture the brand-new look
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Open Friday nights. Close Saturdays at 1.

### Social Notes

Mr. and Mrs. Charles Philps, who have spent several months in Los Angeles, Cal., are occupying their cottage at Ononette for the summer months.

Mr. and Mrs. Charles Lea and children, of Moncton, are the guests of Mrs. Lee's parents, Mr. and Mrs. Harold Climo, Dorchester street.

Miss Marjorie Lee, Wellington Row, is leaving today for Gagetown, where she will visit Mr. and Mrs. Gabriel de Veber.

Mrs. H. B. MacDonald, Chatham, convener of child welfare, New Brunswick I. O. D. E., is the guest of Mrs. Frank N. Robertson at Ononette.

Mrs. C. W. Bell, of Moncton, formerly of Saint John, is a visitor in the city. Miss Edith Burchill, of Nelson, N. B., is visiting in the city, the guest of Mrs. Roy Sipprell.

Mrs. Albert Smith and two children, Hilda and Percy, of Milltown, Mc., are spending two months here visiting Mrs. Smith's sister, Mrs. Percy Young, 178

Miss Fern Spragg, 90 Victoria street, entertained friends at her home on Thursday evening in honor of Miss Margaret Johnston. The drawing room was prettily decorated in pink and white. Streamers from a pink and white canopy, which formed a seat for the guest of honor, were run to various parts of the room. Hidden at the ends of these streamers were many

### Advise Women

to adopt new hygienic method and retain freshness this way; true pro-tection; discards like tissue

ARGELY on medical advice, women are abandoning the old-time "sanitary pad" for a new way that supplants uncertainty with positive protection.

Sheer frocks and ill-timed social engagements no longer remain as worries. Lost days are fewer, and health better. It is called "KOTEX." Ends the insecurity of the old-time sanitary pad. Five times as absorbent! And deodorises—ends ALL fear of offending.

You get it at any drug or de-partment store simply by saying "KOTEX." You ask for it without Costs only a few cents. Eight in 10 better-class women employ it. Proves the risk of old ways.

KOTEX

lovely gifts for the bride-elect. Bridge was enjoyed at five tables. Miss Florence Lingley assisted the hostess in serving dainty refreshments. "For She's a Jolly Good Fellow" followed by three cheers for our guest of honor, brought the evening to a close.

Miss Alice Ketchum has returned to the city after spending two weeks in Boston.

Hope

(Woodstock Sentinel-Review.)

at Ononette for the summer months.

Mrs. C. T. Nevins left last week for Montreal, where she is visiting her daughter, Mrs. Roy Lewis. Mrs. Nevins expects to motor to New York before returning to Saint John.

In rec cneers for our guest of honor, brought the evening to a close.

Mrs. Hollis G. Case and little daughter, Mrs. Roy Lewis. Mrs. Nevins two months in the city visiting Mrs. Case's father, George Burger, Rothesay avenue.

(Woodstock Sentinel-Review.)

Figures are quoted to show the prosperity of Canada. It is is to be hoped that the time is not far off when the ordinary person will not need the aid of figures to satisfy him that the country is prosperous.

## Notice to Housewives Of Saint John

An opportunity to buy Jams, Jellies and Marmalades at wholesale

prices.

Commencing Monday, June 14, Stevenson's Jams, Jellies and

#### Marmalades

will be sold direct from factory to consumer.

This method of distribution will give the user the benefit of a wholesale price.

In order to place these high grade products before all Saint John housewives, agents have been appointed to call at every home.

The Company's Store, 87 Union street, corner Hazen Avenue, will be open for

RETAIL trade at

WHOLESALE prices.

A good opportunity is now presented for Saint John people to support a Saint John industry producing an unequalled commodity.

WATCH FOR OUR AGENTS.

Glasses worn in time, while using the eyes intensively, will often prevent the actual need to wear glasses continuously in later life.



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