

Cheerfulness in Wives.—Boz well remarks that a cheerful woman may be of great assistance to her husband in business by wearing a cheerful smile continually upon her countenance. A man's perplexities and gloominess are increased a hundred fold, when his better half moves about with a continual scowl upon her brow. A pleasant cheerful wife is a rainbow set in the sky, when her husband's mind is tossed with storms and tempests.

Labour Saving Soap.—The receipts for making this soap have been sold for from five to ten dollars—and the soap four pence per pound, but can be manufactured for about one penny. Take two pounds of Sal Soda—two pounds of yellow soap—and ten quarts of water—cut the soap in thin slices, and boil all together two hours; then strain it through a cloth, let it cool, and it is fit for use. Directions for using the Soap—Put the clothes in soak the night before you wash, and to every pail of water in which you boil them add one pound of soap. They will need no rubbing, merely rinse them out, and they will be perfectly clean and white.

Cheap Bread.—A method of kneeding Bread by which will be obtained from the same quantity of flour, a loaf better made, weighing twenty-five per cent. more:—This result is obtained by boiling for an hour a pound of bran in about twenty pints of water, taking care constantly to stir it with a stick, to prevent the bran from burning at the side or bottom of the vessel. After having strained this liquid through a linen bag or cloth, let it be employed hot to kneed with, in the common manner, instead of simple water.

The advantage of this bread is, that it weighs more, and is easier of digestion.

Erysipelas.—Dr. F. M. Robertson, of Augusta, Geo., reports in the July number of the Southern Medical and Surgical Journal, two cases of erysipelas, successfully treated by the external application of raw cotton.

Teeth.—Brush your teeth with cold water and a little Peruvian bark in the morning, again with water only directly you leave the dinner table, and let this also be the last thing you do on going to bed. More depends on the state of your teeth while sleeping, than during any other portion of the twenty four hours. Never pick your teeth with a pin, nor suffer any metal to come near them; crack no almonds or other shelled fruit between them, and when you are sewing, never on any consideration bite off a thread.

American Champagne.—For six gallons of water, take six pounds of clarified sugar, three ounces of ginger in powder, and two ounces of cream of tartar; then give the whole a good boiling; take it off the fire, let it cool to blood heat, and add to it the peel of six lemons, and five ounces of yeast, (which can be had of the bakers,) mix it well, settle for twelve hours, draw it off clear—bottle it, cork it tight, keep it until next day, and then drink American Champagne.

Society.—No one living thing in society can be independent. The world is like a watch dog, which fawns on you, or tears you to pieces.

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